



**OAKLAND COUNTY
2019-2020
SENIOR RESOURCE
DIRECTORY**



Table of Contents

Adult Day Care Services.....	5
At Home Assistance Resources	7
Crisis Intervention and Counseling Services	11
Dental Services	14
Disease and Wellness Information and Support Groups	17
Driving Safety & Resources	21
Elder Abuse and Neglect.....	23
Emergency Preparedness	24
Financial Assistance.....	27
Food, Clothing & Shelter.....	30
Geriatric Assessment Centers & Case Management	33
Guardians/Conservators	35
Home Delivered Meals	37
Home Repair and Weatherization.....	39
Home Safety and Medical Equipment	41
Hospitals and Physician Referral	46
Housing	
Assisted Living	49
Downsizing, Relocation, Organization.....	53
How to Select the Right Housing	54
Independent Living	61
Nursing Homes & Rehabilitation Facilities	67
Resources & Assistance.....	71
Legal Assistance	75
Medicaid and Other Michigan DHS Programs	79
Medical Care, Home Health and Hospice Services	81

Medicare and Social Security	85
Medication Disposal	86
Oakland County Health Division Services	90
Pests & Nuisance Animals	93
Prescription Resources	96
Senior Centers	99
Senior Resource Information	103
Sharps Disposal	107
Transportation	109
Utility Assistance	120
Vaccines and Immunizations for Older Adults.....	123
Veteran’s Services.....	127
Vision and Hearing	130

2019 - 2020 Oakland County Senior Resource Directory

Oakland County Health Division is pleased to provide this directory as a service to the community. Many programs and services were identified to assist you in locating resources that address specific areas of need for senior citizens, their families and caregivers.

Oakland County Health Division does not endorse any agency or service listed in the directory. This is not a complete listing of agencies that may offer senior services. Information is verified up to the date the resource guide was placed on the website. Revisions are made periodically but information may be outdated or change at any time after posting.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Adult Day Care Services

Adult day care services provide care and supervision plus memory stimulation and recreational activities for older adults with memory deficits. Hours of service and fees vary with each facility.

Alzheimer's Association Detroit Area Chapter

25200 Telegraph Ste 100 Southfield MI 48033 248-351-0280 www.alz.org/gmc
(24hour helpline) 800-272-3900

Bloomfield Twp. Senior Adult Day Services (Friendship Club)

4315 Andover Rd Bloomfield Hills 48302 248-723-3530 www.bloomfieldtwp.org
Friendship Club members or their primary family caregiver must be Bloomfield Township residents.

Brown Center Adult Day Care Programs

Jewish Vocational Service-Rose & Sidney Diem Building
29699 Southfield Road Southfield 48076

248-233-4000 www.jslmi.org

Jewish Community Campus-Dorothy & Peter Brown Center

6720 West Maple Road W. Bloomfield 48322 248-592-5032 www.jslmi.org

Catholic Charities of Southeast Michigan Adult Day Health Services

3300 South Adams Road Auburn Hills 48326 248-537-3300 www.cssoc.org

City of Farmington Hills Senex Program

28600 Eleven Mile Farmington Hills 48336 248-473-1872 www.fhgov.com/Activities/Programs/Adults-50-Better/Senex-Adult-Day-Program.aspx

Kathelene's Compassionate Adult Day Health Services

25820 Orchard Lake Rd. Farmington Hills 48336 248-313-2275 www.farmingtonhillsaduldaycare.com



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Older Persons' Commission Adult Day Service

650 Letica Rochester 48307 **248-608-0261** www.opcseniorcenter.org

Quality of Life Center Adult Day Health Care

3252 University Dr. Suite 140 Auburn Hills 48326 **248-364-4064** www.qualityoflifecenter.net/about.html

Waterford Senior Center – Encore Adult Day Services

3621 Pontiac Lake Road Waterford MI 48328 **248-682-9450** www.waterford.k12.mi.us/pages/51377/waterford-senior-center

Near Oakland County

Angel Gardens Assisted Living, Adult Day Care & Respite Care

38910 Six Mile Rd Livonia 48152 **734-464-2772** <http://www.angelgardensassistedliving.com/day-and-respite-program-1.html>

Macomb County Adult Day Services (Macomb residents only)

21885 Dunham Rd, Suite 6 Clinton Twp. 48036 **586-469-5580** <http://mca.macombgov.org/>

Trilogy Health Services: Shelby Crossing Health Campus

13794 21 Mile Rd. Shelby Twp. 48315 **586-532-2100** <https://www.trilogyhs.com/senior-living/mi/shelby-township/shelby-crossing/service-options>

Stonegate Health Campus

2525 Demille Blvd. Lapeer, MI 48446 **810-356-4096** <http://www.trilogyhs.com/browse-locations/item/stonegate-health-campus>

The Oaks at Woodfield

5370 East Baldwin Rd. Grand Blanc 48439 **810-498-3154** <http://www.trilogyhs.com/browse-locations/item/the-oaks-at-woodfield>



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

At-Home Assistance Resources

Friendly Visiting/Telephone Reassurance/Other

Catholic Charities of Southeast Michigan Senior Companion Program

855-882-2736 <http://ccsem.org/services-for-seniors/> (Also accepting applications for companions)

Faith in Action

248-820-3767 <http://faithinactionoakland.org/index.html> Household chores, errands, minor repairs, transportation

Interfaith Volunteer Caregivers

586-757-5551 www.ivcinfo.org Household chores, errands, minor repairs, transportation, respite care, snow removal

Lighthouse of Oakland County

248-920-6000 www.lighthouseoakland.org Food & utility assistance

Check with your local senior center for other available local services

Personal or Non-Medical Home Care

Assistance with personal care, meals, light cleaning, laundry, etc. Fees for services may vary

Michigan Home Care Guide from the Area Agency on Aging 1B

800-852-7795 www.MichiganHomeCareGuide.com Connects you to home care options

Same Address-Area Agency on Aging 1-B

Safety, daily living, personal care, and medical monitoring services that make life easier-all from one trusted source.

248-262-9999 www.sameaddress.com

Affordable Assistance from Oakland Livingston Human Service Agency

A variety of services available such as cleaning, yardwork, home organization, grocery shopping, minor repairs and more

248-209-2675 www.affordableassistance.org



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Affordable Home Care

248-419-5010 or 800-968-8195 www.affordablehomecare.org Serving Oakland, Macomb, Wayne

A&E Homecare

248-601-0777 www.aehomecareco.com Serving Oakland, Macomb, Wayne

Ameristaff

248-288-2270 www.ameristaffservices.com Serving Oakland, Macomb, Wayne

Angels at Home Care

877-735-1050 www.angelsathomecare.com Serving Southeast Michigan

Ascension Home Care

248-656-6757 <https://healthcare.ascension.org/> Serving Rochester area and surrounding communities

Balanced Home Care

248-528-2600 www.balancedhomecare.com Serving Oakland and Macomb

Beaumont Helping Hands

248-743-6667 www.beaumont.edu/centers-services/geriatrics-older-adult-services/helping-hands/

Better Life Home Care

248-444-3353 www.betterlifehomecare.com Serving Southern Oakland County

ComforCare

248-623-6500 www.comforcare.com/michigan/oakland-livingston Serving Northern & Western Oakland County

Comfort Keepers

866-680-3540 www.comfortkeepers.com Serving Oakland County



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Griswold Home Care

800-474-7965 www.GriswoldHomeCare.com Serving Oakland, Macomb and Genesee

Hannah's Home Care

248-312-0040 www.hannahshomecare.com Serving Oakland, Macomb, Wayne

Home Instead Senior Care

248-221-1251 www.homeinstead.com Serving Oakland County

Hope at Home

800-462-5632 www.hopeathomehealthcare.com Serving Oakland, Macomb, Wayne

Jewish Senior Life-Jcare

248-661-1836 www.jslmi.org

Oakland Livingston Human Service Agency (OLHSA) Community Living Program

248-209-2600 www.olhsa.org Serving Oakland and Livingston Seniors

Oak Med Private Duty Nursing

313-972-1014 www.oakmedllc.com Serving Oakland, Macomb, Wayne

Senior Helpers

248-865-1000 <https://www.seniorhelpers.com/> Serving Wayne, Oakland, and South Macomb

Seniors Helping Seniors

248-969-4000 www.seniorshelpingseniors.com/ Serving NW Oakland, S. Lapeer & Holly, Grand Blanc

Synergy Home Care

877-432-2692 www.synergyhomecare.com Serving Southeast Michigan



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

TLC Senior Care

248-363-4082 www.tlcseniorcare.com Serving Oakland and Southeast Michigan

Visiting Angels

800-365-4189 or 248-649-8890 www.visitingangels.com/lakeorion Serving Eastern Oakland County

248-957-8331 www.visitingangels.com/southfield Serving Southern Oakland County

Other Services

Serenity at Home

248-225-2420 (Juliana) <https://www.serenityathome.org/> Home organization, concierge, home transition
313-268-1642 (Laura)

Check with your local senior center for other available local services



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Crisis Intervention and Counseling Services

Crisis Intervention

Common Ground

800-231-1127 www.commongroundhelps.org

- 24 hour crisis helpline
- Counseling & support services
- Referrals to local mental health agencies
- Mental health and substance abuse assessment services

Haven

877-922-1274 www.haven-oakland.org

248-334-1274

- Domestic Violence & Sexual Assault services
- Counseling program
- 24 hour crisis and support line

National Suicide Hotline

800-SUICIDE (784-2433) www.suicide.org
800-799-4889 (Text Telephone)

National Suicide Prevention Lifeline

800-273-TALK www.suicidepreventionlifeline.org 24-hour hotline for anyone in suicidal crisis or emotional distress (8255)

Counseling Services

Catholic Charities of Southeast Michigan Counseling and substance abuse services

855-882-2736 <http://ccsem.org/>

Auburn Hills	Lake Orion	Pontiac	Royal Oak	Southfield	Waterford
248-537-3300	248-693-7526	248-338-4250	248-548-4044	248-552-0750	248-666-8870

Easterseals Senior Reach Program (Counseling & case management referrals for 60 years+ Oakland County residents)

800-757-3257 www.eastersealsmichigan.com

Crisis Intervention and Counseling Services

06/01/2019

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248-475-6400

Jewish Family Services (Some programs are for Jewish adults only. Check for eligibility)

248-592-2313

www.jfsdetroit.org

Support services for older adults

Individual, group & financial counseling

Oakland Family Services www.oaklandfamilyservices.org

Counseling services for homebound older adults

Mental health and substance abuse counseling and treatment

Pontiac

Berkley-no sliding scale here

Rochester Hills

Walled Lake

248-858-7766

248-544-4004

248-853-0750

248-624-3812

Oakland Mediation Center

248-338-4280

<http://mediation-omc.org/>

Helps residents resolve disputes (i.e. divorce, guardianship, employment mediation) in a peaceful, respectful manner

Oakland University, Rochester

248-370-2633

www.oakland.edu/sehs/cc/

Free counseling services by graduate student interns (some restrictions apply) M-Th 9a-9p F & Sat 9a-3p

Grief Counseling

American Hospice Foundation

www.americanhospice.org

Library of resources

Angela Hospice

866-464-7810

www.angelahospice.org

734-464-7810



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Hospice of Michigan

888-247-5701

www.hom.org

Check with your local senior center, local funeral home or Hospice to find support after the loss of a loved one.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Dental Services

A-One Day Dentures

248-577-1300	www.aonedentures.com	Same day dentures, repairs
28437 Greenfield Rd.		
Southfield, 48076		

Baker College Dental Hygiene Clinic

586-790-5238		Exam, x-rays, cleaning & fluoride,
34401 S. Gratiot, Clinton Twp.		periodontal cleanings

Detroit Mercy Dental Center- UD-Mercy

313-494-6700	http://dental.udmercy.edu/patients/	Basic and emergency dental services
2700 Martin Luther King Jr. BLVD		and dental outreach clinics.
Detroit 48208		

Michigan Donated Dental Services

800-589-2632	www.smilemichigan.com	
3657 Okemos Rd		
Ste. 200		
Okemos 48864		
Coordinated through Michigan Dental Association. Non-profit. Private dental offices throughout the state. Must be unable to afford dental treatment and be permanently physically or mentally disabled, chronically ill or elderly. Must need extensive dental work - no routine or emergency care.		

Dental Solutions

866-272-7515	www.edentalsolutions.com	
For \$9.95/month/household, you receive 20% to 50% off most General Dentists' & Specialists' standard fees.		
This is not an insurance plan. Discounts on vision, hearing, Rx and chiropractic services also available.		

Mott Community College Dental Hygiene Clinic

810-762-0493	www.mcc.edu/health_sciences/hs_dental_health_clinic.shtml	
1401 E. Court St., Flint 48503		By appointment only. X-rays, cleaning and fluoride. Cash or personal check.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

OCC Dental Hygiene Clinic, Highland Lakes Campus

248-942-3260

7350 Cooley Lake Rd.

Waterford 48327

Exam, x-rays, cleaning and fluoride. First appointment is about 3 hrs.

For adults and children without insurance. No insurance billing done.

Oakland County Health Division Dental Program

248-858-1306

www.oakgov.com/health/services/Pages/Dental.aspx

Portable Dental Services

586-873-5567

www.portabledentalservices.com

Serving Macomb, Oakland and limited areas of Wayne Counties. Private pay only. For homebound or disabled. Services available include dentures, partial dentures, extractions, fillings, cleanings, crowns, bridges, root canals and other dental treatments. Call for payment/insurance information. No discount for uninsured.

St. John Detroit Hospital, Oral Surgery and Dental Clinic

313-499-4775

7633 E. Jefferson, Suite 70

Detroit 48214

Oral and maxillofacial surgery residency training program. Disabled, handicapped, seniors, nursing home residents, children under 18, low-income, referrals, extractions, exams, emergency care. Medicaid, payment plans, reduced fees.

Superteeth Walk-In Clinic

586-759-5353

23105 Van Dyke, Warren

www.superteeth.net

No appointments necessary - open 5 days a week

Tri County Dental Health Council (Referral Services)

248-233-4410

www.dentalhealthcouncil.org

Gives information, names and phone numbers of places that offer lower cost dental services in Wayne, Oakland, and Macomb counties, and dentists who accept Medicaid. Monday through Thursday 10:30a-4:30p.

University of Michigan School of Dentistry

734-763-6933

www.dent.umich.edu



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

1011 N. University, Ann Arbor 48109

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Disease and Wellness Information and Support Groups

Disease Information (May also offer support groups)

Alzheimer Association

www.alz.org/gmc or www.alz.org 800-272-3900

Alzheimer Association Safe Return Program

www.medicalert.org/safereturn 800-432-5378

American Cancer Society-Michigan

www.cancer.org 800-227-2345 248-663-3400

American Diabetes Association

www.diabetes.org 800-342-2383 248-433-3830

American Lung Association

www.lungusa.org 800-586-4872 248-784-2000

Crohns & Colitis Foundation

www.ccfa.org/chapters/michigan 248-737-0900

Epilepsy Foundation of Michigan

www.epilepsymichigan.org 800-377-6226 248-351-7979

Karmanos Cancer Institute

www.karmanos.org 800-527-6266

Leukemia and Lymphoma Society

<https://www.lls.org/> 800-955-4572 248-581-3900

Mesothelioma Center

www.asbestos.com 855-901-5014

Michigan Parkinsons Foundation

www.parkinsonsmi.org

800-852-9781

248-433-1011

National Institutes on Aging

<https://www.nia.nih.gov/health>

National Multiple Sclerosis Society-Michigan

www.nationalmssociety.org

800-344-4867

248-351-2190

American Heart/ American Stroke Association

www.americanheart.org

800-242-8721

248-936-5800

www.strokeassociation.org

888-478-7653

Wellness Information

Oakland County Health Division

www.oakgov.com/health

248-858-1406

Centers for Disease Control and Prevention

www.cdc.gov/aging

800-232-4636

TTY 888-232-6348

Michigan Protection and Advocacy Services

www.mpas.org

800-288-5923

517-487-1755

Assists the disabled

Council of Citizens with Low Vision International

www.cclvi.org

844-460-0625

Alcoholics Anonymous

www.aa-semi.org

Hotline: 877-337-0611

248-332-3521

Narcotics Anonymous

<https://michigan-na.org/>

Hotline: 877-338-1188

or 248-543-7200

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Gamblers Helpline

<http://1.usa.gov/1SHee51> 800-270-7117

Smoking Cessation (State Quitline)

www.michigan.gov/tobacco 800-784-8669

Smokefree.gov

www.smokefree.gov An online step-by-step cessation guide with printable information

Stop Smoking (Freshstart)

www.cancer.org 800-227-2345

The Vista Center for the Blind & Visually Impaired

www.vistacenter.org 650-858-0202

Support Groups

Alzheimer's Association

www.alz.org/gmc or www.alz.org 800-272-3900

Alzheimer's Support Group

800-272-3900
https://www.alz.org/events/event_search?etid=2&cid=0

American Liver Foundation

www.liverfoundation.org 800-465-4837 312-377-9030

Arthritis Foundation-Michigan

www.arthritis.org/michigan 844-571-4357 248-649-2891

Association for Macular Diseases, Inc.

<https://www.macular.org/> 888-622-8527

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

American Council of the Blind

www.acb.org

National

800-424-8666

202-467-5081

Michigan

231-759-8734

Blinded Veterans Association

www.bva.org

800-669-7079

Grandparents Raising Grandchildren

www.raisingyourgrandchildren.com

Hearing Loss Association of America (Michigan Chapter)

www.hearingloss.org

301-657-2248

Caregiver Action Network

www.caregiveraction.org

202-454-3970

Family Caregiver Alliance

<https://www.caregiver.org/>

800-445-8106

Caregiver support groups may be offered at senior living locations or by senior centers. Check the facilities in your area for resources.

Bereavement and Coping with Loss

Check with your local senior center, funeral home or Hospice to find support after the loss of a loved one.

Common Ground (for referrals)

<https://commongroundhelps.org/>

800-231-1127



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Driving Safety & Resources

A&A Driving School & Drivers Rehabilitation Center of Michigan

734-422-3000 www.AA-driving.com Certified Driver Rehabilitation Specialist-Plymouth, Livonia & Shelby Twp.

AARP Driver Safety Program

888-227-7669 www.aarp.org/drive or In-class driving improvement course for motorists' age 50 and older.
www.aarp.org/home-family/getting-around/driving-resource-center/driving-welcome/

AAA Foundation for Traffic Safety

202-638-5944 <http://seniordriving.aaa.com> Tools for driving assessment and education

CarFit

info@car-fit.org www.car-fit.org CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them.

Keeping us Safe

877-907-8841 <https://www.keepingussafe.org/> Self-Assessment program and Workbook

St. Joseph Mercy-Oakland Hospital (outpatient rehab)

248-758-7720, <http://www.stjoesoakland.org/g/driver-evaluation> Assessment and on-the-road evaluation of drivers who have a disability or illness that limits ability to drive. Call for information/cost. Doctor's prescription required.
Press 6

William Beaumont Hospital, Royal Oak

248-655-3200

Driver Rehabilitation Program works with Beaumont's Vision Rehabilitation Program. Includes training in adapted vehicles, hand controls, left-foot accelerator, adaptive mirrors, and driver simulation.

University of Michigan Health System Drive-Ability Program

Driving Safety
06/01/19

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

734-998-7888

Comprehensive and individualized clinical driving evaluations for patients with physical, visual, perceptual and/or cognitive impairments that may impair their driving safety. Doctor's prescription required.

State of Michigan Secretary of State

888-767-6424 www.michigan.gov/sos

On the website, click on **Drivers License and State ID** area and then click on **Losing Your Privilege to Drive**. Click on [Michigan's Guide for Aging Drivers and Their Families \(SOS-194\)](#) to view the publication, *Great Lakes, Great Years; Safety From Shore to Shore* (52 pgs)

Check with a local Senior Center for available driver safety courses

For automobile modification information see the *Home Safety and Medical Equipment* page.

There are many organizations that have developed resources to help older drivers and their caregivers make driving decisions. One example, the Hartford Advance 50 Team, together with the MIT AgeLab, created free publications to help families address sensitive subjects and foster meaningful family conversations about older driver safety. For more information, visit www.thehartford.com/mature-market-excellence.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Elder Abuse and Neglect

Adult Protective Services

The goal of the Adult Protective Services Program is to assist those persons 18 years or older who have been abused, neglected, or exploited and who are vulnerable and unable to take the necessary steps to correct their situation. A vulnerable adult is someone who because of physical or mental incapacity lacks the abilities required to manage their own property or affairs.

Physical Abuse

Is harm to an adult's health or welfare caused by another person. An example of abuse is: An older woman resides in the home of her son and is being beaten by him.

Psychological Abuse

Is threatened harm in which a person is manipulated, humiliated or otherwise made to feel distress. An older man is told that if he does not stay in his room he will be tied to the chair.

Neglect

Is harm caused when an adult is unable to make safe decisions to care for themselves (self-neglect) or when a caregiver who is responsible for the care of another adult does not provide adequate care or protection. An example of neglect is: A physically disabled man is left in front of the TV all day without a meal or access to toilet facilities.

Exploitation

Is the misuse of an adult's funds, property, or personal dignity by another person. An example of exploitation is: An elderly woman's son is using her money for his own needs without her knowledge or approval.

Adult Protective Services :

All Adult and Children's Protective Services abuse and neglect complaints should be called into the State of Michigan's Centralized Intake line. Reports are confidential and the callers name is not shared with the alleged victim.

855-444-3911

http://www.michigan.gov/mdhhs/0,5885,7-339-73971_7119_50647---,00.html

Emergency Preparedness

Emergency Numbers:

For Police/Fire/EMS

Dial 911

When you call from a land line phone, the 911 dispatcher knows your exact location. When you call 911 from your cell phone, the signal goes to the tower that you are closest to and then sends that call to the dispatch center nearest the tower. The dispatcher will know the location of the tower, but not your exact location. When calling for emergency services from a cell phone, be prepared to give them your exact location, if you are able. If you are not certain of the location you are calling from it is important for you to look around and give the dispatcher as much information about your location as possible such as landmarks like a bank or restaurant.

ICE- In Case of Emergency

Put ICE in your cell phone and make it easier for emergency personnel to contact your family in case of an emergency. Make new contact entries on your cell phone with the words “ICE 1” or “ICE 2” for the people that you want contacted in emergency situations. For example add “ICE 1 Wife” or “ICE 2 Son” to your list with their phone numbers. Make sure these people know your medical history. If you do not have a cell phone, carry a card in your wallet with similar information.

Emergency Radio Broadcast stations:

WJR 760 AM

WWJ 950 AM

Emergency Information Websites:

Local:

www.oakgov.com

www.oakgov.com/health

State:

www.michigan.gov/michiganprepares

www.michigan.gov/mdhhs

National:

www.ready.gov

www.emergency.cdc.gov

International:

www.who.int

Other:

www.redcross.org

www.redcross.org/preparedness/cdc_english/evac-plan.html

Outdoor Warning Siren:

Oakland County Homeland Security tests the outdoor warning siren system on the first Saturday of each month at 1:00 p.m. Siren tests are **NOT** conducted during December, January or February due to winter weather.

Make an Emergency Kit! Keep it portable, easy to grab and go.

Water: minimum one gallon per person per day. Keep a supply for at least 3 days.

Food: at least a three-day supply of non-perishable items, a manual can opener and some simple utensils

Radio: battery-powered or hand crank. Also consider a NOAA weather-alert radio and have extra batteries for both.

Flashlight with extra batteries

First Aid Kit containing bandages, antibiotic cream, scissors, sanitizer, instant ice pack

Surgical Mask or cotton t-shirt to help filter air

Personal sanitation supplies such as garbage bags, plastic ties, paper products, latex gloves, moist towelettes.

Important family documents including copies of ID, insurance cards, Social Security, bank account and charge card numbers, medical records and a list of prescriptions. Keep in a waterproof container.

Special Items such as prescription medications, pet foods and supplies. You may also need denture items, an extra pair of eyeglasses, hearing aid batteries. Consider adding a change of clothes and shoes, hats, gloves, blankets, extra keys and cash. If you own a cell phone, bring it and its charger.

Make a Plan!

Discuss with your family a safe location where you may all meet in the event you are suddenly displaced from your homes by a disaster.

See the information above under the heading ICE to assist the authorities in contacting your loved ones.

Identify an out-of town contact. In some local disasters it may be easier for everyone to get through to Aunt Millie in California than to call each other across town. Make sure everyone knows who to call.

If you text message, texts may be another way to communicate when phones are down.

Depending on the nature of the emergency, be ready to evacuate if you are told to by authorities. Have your emergency kit ready to take with you. Stay tuned to TV or above radio station for emergency broadcasts and instructions.

Keep yourself up-to-date on flu shots and other immunizations.

Additional planning ideas:

Consider two kits: In one, put everything you will need to stay where you are and make it on your own. The other should be a lightweight smaller version you can take with you if you have to get away.

Wear medic-alert bracelets to help identify your medical disabilities. Order by phone or on line. 888-633-4298 www.medicalert.org

Consider having backup oxygen, wheelchair batteries or other extra supplies pertinent to your own condition in case there is a several-day period of time when you cannot access these supplies. If you depend on electricity for your oxygen supply or to power a ventilator or other life-sustaining equipment, consider purchasing a generator and have a back-up plan for where to go for prolonged outages. Discuss with your local emergency services.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Financial Assistance

Limited assistance with medical and household utility expenses

For information about health care services for those without insurance, call Oakland County Nurse-on-Call at 800-848-5533.

Jewish Family Services

248-592-2313	25900 Greenfield, Ste 405, Oak Park 48237	www.jfsdetroit.org
248-661-1836	6555 West Maple Rd, W. Bloomfield 48322	

Lighthouse

248-920-6000	46156 Woodward, Pontiac 48342	www.lighthouseoakland.org
248-920-6100	Basic Needs Assistance	

248-620-6116	5850 Dixie Hwy, Clarkston 48346	www.lighthouseoakland.org
--------------	---------------------------------	--

Serves Addison, Brandon, Groveland, Holly, Independence, Oakland, Oxford, Orion, Rose, Springfield and parts of Waterford.

Oakland Livingston Human Service Agency

248-209-2600	196 Cesar Chavez, Pontiac 48343	www.olhsa.org	In Holly, call 248-209-2722
248-542-5860	1956 Hilton Rd, Ferndale 48220	www.olhsa.org	

Salvation Army

248-334 2407	469 M. L. King Blvd, Pontiac 48342	www.salvationarmyusa.org	
248-585 5600	3015 N. Main St. Royal Oak 48073	www.salvationarmyusa.org	Contact: Captain P. Mount

Southfield Human Services Department: Serves residents of Southfield and Lathrup Village

248-796-4540	26000 Evergreen, Southfield 48076	www.cityofsouthfield.com/
--------------	-----------------------------------	--

Check with your local senior center for other local resources

To find out if you qualify for **Home Heating Credit** contact the Michigan department of Treasury.

517-636-4486	www.michigan.gov/treasury enter "Home Heating Credit" in search box
--------------	---



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Department of Human Services

www.michigan.gov/mdhhs

Assists with Medicaid, Food Stamps, Utility bill assistance, Nursing Home coverage

For information, contact the Oakland County DHS office listed above your zip code.

District 2- Madison Heights 30755 Montpelier Madison Heights 48071-4698 248-583-8700	
48008-10	Birmingham
48017	Clawson
48025	Franklin/Beverly Hills
48030	Hazel Park
48067-68, 73	Royal Oak
48069	Pleasant Ridge
48070	Huntington Woods
48071	Madison Heights
48072	Berkley
48076	Lathrup Village
48083-85, 98	Troy
48220	Ferndale
48237	Oak Park
48301-03	Bloomfield Twp.
48304	Bloomfield Hills
48307-09	Rochester Hills

District 3- Southfield 25620 W. 8 Mile Southfield 48033-3749 248-262-6400	
48033-34	Southfield
48075	Southfield
48165	New Hudson
48167	Northville
48178	South Lyon
48320	Keego Harbor
48322-25	W. Bloomfield
48327	Waterford
48331-34	Farmington Hills
48335-36	Farmington
48356-57	Highland
48374-77	Novi
48380-81	Milford
48382	Commerce Twp.
48383, 86	White Lake
48387	Union Lake
48390	Walled Lake
48393	Wixom

District 4- Saginaw St. 51111 Woodward Ave Pontiac, MI 48342 248-975-5200	
48003	Almont
48306	Rochester
48321, 26	Auburn Hills
48328-29	Waterford
48330	Drayton Plains
48340-43	Pontiac
48346-48	Clarkston
48350	Davisburg
48359	Orion Twp
48360-62	Lake Orion
48363	Oakland Twp
48366	Lakeville
48367	Leonard
48370-71	Oxford
48430	Fenton
48442	Holly
48462	Ortonville

Tax Help

IRS

800-829-1040

www.irs.gov

Accounting Aid Society

Assists low income file tax returns.

313-556-1920 3031 West Grand BLVD, Ste. 470,
866-673-0873 Detroit 48202

www.accountingaidsociety.org

AARP

Ask a question or find tax help in your community

888-227-7669

www.aarp.org/money/taxaide/

To find out if you qualify for **Federal Earned Income Tax Credit** contact the Internal Revenue Service.

800-829-1040

www.irs.gov

Credit Counseling

GreenPath Debt Solutions

GreenPath will work with you to build a personalized plan of action for regaining control of your debt.

800-550-1961

www.greenpath.com

Successful Aging through Financial Empowerment (SAFE)- A service of the Wayne State Institute of Gerontology Center for Financial Health & Safety

Helps older adults identify and combat financial scams and resolving issues following identity theft.

313-664-2608

<https://iog.wayne.edu/outreach/success-after-financial-exploitation--safe->

Assistance for Veterans: See the Veteran's Services page

Food, Clothing & Shelter

Food & Clothing

To find Food Bank locations go to: www.pantrynet.org

Community Sharing

Provide food, clothing and other items for residents of Milford and Highland plus residents of Stratford Villa and Commerce Meadows mobile home parks in Wixom. Contact Community Sharing for financial guidelines.

248-889-0347 www.community-sharing.org 5061 Duck Lake Rd,
Highland 48357

Gleaners Community Food Banks of Southeast Michigan

866-453-2637 www.gcfb.org Wayne, Oakland, Macomb,
Livingston
Monroe

Lighthouse Emergency Services

248-920-6000 www.lighthouseoakland.org 46156 Woodward Pontiac
48342
5850 Dixie Hwy, Clarkston
48346

Neighbor for Neighbor

Provides food, clothing and other items for residents of the townships of Groveland, Davisburg, Holly, Rose, Springfield, White Lake north of M59

248-634-0900 www.neighborforneighbor.net 495 Broadway, Davisburg

Oakland Livingston

Human Service Agency www.olhsa.org

248-209-2600 196 Cesar Chavez, Pontiac



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

		48342
248-542-5860	Located within Renaissance Vineyard Church	1841 Pinehurst, Ferndale 48220

Open Door Outreach Center

Provides food, clothing & other items for residents of Commerce, Sylvan Lk., Walled lake, Waterford, West Bloomfield, White Lake, parts of Wixom.

248-360-2930	http://opendooroutreachcenter.com/	7170 Cooley Lake Rd. Waterford 48327
--------------	---	---

Salvation Army

248-334-2407	www.salvationarmyusa.org Contact: Lt. John Fetzer	469 M. L. King Blvd, Pontiac 48342
--------------	--	---------------------------------------

248-585-5600	Contact: Captain P. Mount	3015 N. Main St. Royal Oak 48073
--------------	---------------------------	-------------------------------------

Yad Ezra

Food Pantry- kosher food and other items for low-income Jewish families in Southeast Michigan

248-548-3663	www.yadezra.org	2850 W. 11 Mile Rd. Berkley 48072
--------------	--	--------------------------------------

For information on meals for seniors who cannot make their own at home, see the Home Delivered Meals page.

Call Oakland County Nurse-on-Call at 800-848-5533 for other resources

Call the senior center in your area for other local resources including Focus Hope Food Programs

Michigan’s Coordinated Access to Food for the Elderly (MiCAFE): Helps you understand what benefits you are eligible for and how to apply. Call MiCAFE at 877-664-2233 or www.elderlawofmi.org/micafe

Shelter- temporary housing

Oakland County Housing Counseling keeps a list of shelter locations

248-858-5402

<https://www.oakgov.com/advantageoakland/communities/Pages/Housing-Counseling-and-Homeless-Services.aspx>

American Red Cross

313-833-4440

www.redcross.org/mi/detroit

During inclement weather or power failure:

Call your local city, village or township office to find out the warming or cooling centers in your area

For more resources and information:

Call Oakland County Nurse on Call at 800-848-5533 for other resources

Call 211, United Way of Southeast Michigan's information resource line

Geriatric Assessment Centers & Case Management

Geriatric Assessment Centers

Senior Assessment Center at Botsford Commons	248-426-6930	21450 Archwood Cir Farmington Hills 48336	http://botsfordcommons.org/senior-assessment
William Beaumont Hospital Geriatric Evaluation Clinic	248-551-0615	1949 W. 12 Mile, Ste. 100 Berkley 48072	http://www.beaumont.edu/centers-services/beamont-medical-group/geriatrics/ A referral from a physician is required.
Detroit Medical Center- Rosa Parks Geriatric Center	888-264-0102	4201 St. Antoine UHC 5B Detroit 48201	www.dmc.org/our-services/senior-health/rosa-parks-geriatric-center-of-excellence-and-senior-er
Ascension Genesys Hillside Center for Behavioral Services	810-603-8800	8435 Holly Road Grand Blanc 48439	https://healthcare.ascension.org/
Turner Geriatric Clinic	734-764-6831; 877-865-2167	4260 Plymouth Rd. Ann Arbor 48109	www.med.umich.edu/geriatrics

Care/Case Management

Assisting older adults to maintain independence at home, coordinate living arrangements and health services, or simply provide companionship and supervision, when the caregiver can't be there. Check the phone book or Area Agency on Aging at **800-852-7795** for more information.

Eldercare Solutions	248-592-1944	Available 24/7	www.eldercaresolutionsofmi.org
Aging Answers	248-855-1072		www.aginganswers.info
Senior Solutions	866-776-1869		www.oakwood.org/seniorsolutions



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Assistance with Services and Housing Placement

A Place for Mom	866-518-0936	www.aplaceformom.com
Senior Care Management Solutions of Michigan	248-763-6319	http://seniorcmsolutionsmi.com/

Guardians/Conservators

What is a Guardian?

A **Guardian** is a person who is given authority by the Probate Court to be responsible for the personal and physical well being of an adult who is called a **Legally Incapacitated Individual (LII)**. The Guardian has the same powers and duties over that LII as parents have over their children. A prospective Guardian may be nominated by petition (filed with the Probate Court) or may be named in a will.

When is a Guardian needed?

When the individual lacks sufficient understanding or capacity to make or communicate informed decisions about his or her personal well being because of impairment by reason of either:

- Mental illness
- Physical disability
- Mental deficiency
- Physical illness
- Chronic use of drugs
- Chronic intoxication

How do I become a Guardian?

To become a guardian, you must file a petition, pay the fee, serve interested persons, and appear at a hearing. Generally, anyone may petition to become guardian.

What is a Conservator?

A **Conservator** is a person who is given Probate Court authority to be responsible for the assets (called an “estate”) of an adult, who is called a **Protected Individual (PI)**. A Conservator may be nominated by a petition filed with the Probate Court

When is a Conservator needed?

When the individual is unable to manage his or her property or business affairs effectively because of either:

- Mental illness
- Chronic intoxication
- Mental deficiency
- Confinement
- Physical illness
- Detention by a foreign power
- Physical disability
- Disappearance
- Chronic use of drugs
- Age or physical infirmity

How do I become a conservator?

To become a conservator, you must file a petition, pay the fee, serve interested persons, and appear at a hearing. Generally anyone may petition to become conservator.

Since the above described legal procedures and duties can substantially affect the rights of Legally Incapacitated Individuals or Protected Individuals, as well as to subject the Guardian or Conservator to personal liability, it is recommended that a person who is seeking to be appointed (or who is actually appointed as a Guardian or Conservator) consult with an attorney.

For more information, contact the Probate Court.

Oakland County Probate Court Staff members are available to serve you by mail, telephone and fax. Their website has many fact sheets and brochures to help you.

Oakland County Probate Court Mailing Address:

248-858-0260

1200 North Telegraph Rd., Dept. 457 www.oakgov.com/probate
Pontiac, MI, 48341-0457

Other Information:

Advance Directives & Durable Power of Attorney for Healthcare www.americanbar.org/groups/law_aging.html

Home Delivered Meals

Available to older adults who cannot leave home due to illness, frailty or disability, without regard to income. Must be age 60 and older. An in-home assessment is required to determine need.

Bloomfield Township Senior Services	www.bloomfieldtwp.org/seniors	248-723-3500
Bloomfield Township, City of Bloomfield Hills (Ages 62 and above only)		
Oakland Meals on Wheels	www.aaalb.org/programs-services/meals-on-wheels/	248-689-0001
Berkley, Beverly Hills, Birmingham, Clawson, Ferndale, Franklin, Hazel Park, Huntington Woods, Lathrup Village, Madison Heights, Oak Park, Pleasant Ridge, Royal Oak Township, Southfield, Troy. <i>You may be added to a waiting list before you will receive service.</i>		
City of Farmington Hills	www.fhgov.com/Activities/Programs/Adults-50-Better/Nutrition-Services.aspx	248-473-1825
Farmington, Farmington Hills		
Jewish Family Services-Kosher Mobile Wheels	http://www.jfsdetroit.org/find-help/older-adults/kosher-meals-on-wheels/	248-592-2313
<i>Kosher Home Delivered in:</i> Farmington Hills, West Bloomfield, Oak Park, Southfield		
Older Persons' Commission	https://www.opcseniorcenter.org/meals-on-wheels	248-608-0264
Addison Township, Auburn Hills, Brandon, Independence Township, Lake Orion, Oakland Township, Orion Township, Oxford, Rochester, Rochester Hills		
Pontiac Meals On Wheels	https://www.pontiacmealsonwheels.net/	248-738-9393
Bloomfield Township, Keego Harbor, Pontiac, Sylvan Lake, West Bloomfield		
Waterford Senior Center	www.waterford.k12.mi.us/pages/51377/waterford-senior-center	248-682-9450
Waterford Township		

Western Oakland Meals on Wheels

www.womow.org

**888-886-8971 or
810-632-2155**

West Bloomfield, Commerce, Davisburg, Groveland Township, Highland, Holly, Lyon Township, Milford, New Hudson, Northville (N. of 8 Mile), Novi, Novi Township, Rose Township, South Lyon, Springfield Township, Walled Lake, White Lake, Wixom

Liquid Nutrition:

Check with the Meal Program in your area to see if they provide liquid nutrition.

There may be a location in the community where seniors can eat a meal and socialize with others. Congregate meal sites are often available in local senior centers and senior housing sites. See the list of senior centers or contact **Area Agency on Aging 1B at 800-852-7795** for a site listing. www.aaalb.org/programs-services/meals-on-wheels/

Other sources for meals that are delivered to the home:

Mom's Meals

www.momsmeals.com

877-508-6667

Meals are in sealed packages and are shipped in a cooler to your home. Stay fresh in the refrigerator for 14 days. Special diets available. Meals are approximately \$6.99/meal (\$7.99 for pureed). Accepts Medicaid Waiver & Gov't Meal Programs.

Schwan's

www.schwans.com/

888-724-9267

Home-delivered frozen foods



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Home Repair and Weatherization

Oakland County Community & Home Improvement Program

Help low and moderate income homeowners make needed repairs to improve the safety, energy conservation and structural preservation of the home; Housing counseling (including homeless services).

248-858-0493

<https://www.oakgov.com/advantageoakland/communities/Pages/default.aspx>

Rebuilding Together Oakland County

For low income Oakland County residents who are elderly, disabled, military veterans or families with children. Work is done yearly on the last Saturday in April.

248-482-8061

<https://www.rebuildingtogethersem.org/>

Habitat for Humanity

Helps people in need by building and renovating houses and creating homeownership opportunities.

248-338-1843

www.habitatoakland.org

Senior Home Assistance Repair Program (SHARP)

For information, residents of the following locations can call:

Auburn Hills Senior Center

Clawson Parks & Rec

Madison Heights Senior Center

Troy Senior Center

248-370-9353

248-589-0334

248-545-3464

248-528-2929

SHARP is available in several locations and helps seniors who are 60+ and physically challenged individuals in making home repairs and maintenance. Volunteers provide the labor and the homeowner provides supplies.

Community Housing Network

248-269-1335

<https://communityhousingnetwork.org/other-services/home-modification-and-repairs/>

Oakland Livingston Human Service Agency (OLHSA) Home Injury Control Program

Provides some home chore services for an hourly fee, including installation of grab bars, smoke detectors, railings and more.

Pontiac 248-209-2600

Ferndale 248-542-5860

<http://www.olhsa.org/olderadultservices>

Holly 248-209-2722

Oakland Livingston Human Service Agency Energy Services Program

Home Repair & Weatherization

06/01/2019



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Help make your home more energy efficient and save money on utility bills.

248-209-2689

www.olhsa.org

For resource information about ramps, see the *Home Safety & Medical Equipment* page.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Home Safety and Medical Equipment

Safety Monitoring and Emergency Alert Equipment

Equipment for home safety, monitoring, personal emergency call systems and more

AT&T Accessibility Resources

800-772-3140 <https://www.att.com/features/accessibility.html>

Logic Mark-Life Medical Alerts

800-519-2419 <https://www.logicmark.com/products/unmonitored/freedom-alert/>

Grand Care Systems

262-338-6147 www.grandcare.com

Guardian Alarm

800-782-9688 www.guardianalarm.com

Medical Alert System

855-272-1010 <https://www.medicalcarealert.com/>

Guardian Medical Monitoring

800-782-9688 www.guardianmedicalmonitoring.com

Lifeline- Phillips

855-681-5351 <https://www.lifeline.philips.com/>

Critical Signal Technologies

888-557-4462 www.criticalsignaltechnologies.com

Safety Equipment, Home Modification and Ramps (permanent & rental)

Making changes in a home to increase safety, accessibility and independence



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

ATXchange - website to loan, buy, sell, or donate medical equipment. (Facilitated by Michigan Disability Rights Coalition)

517-333-2477 or 800-578-1269 ext. 315

<https://atxchange.org/welcome.aspx>

Sun Medical Equipment

248-619-3681 or 800-782-3394

www.sunmedicalstore.com

CAPS Remodeling

248-246-1669

www.capsremodeling.com

Disability Made Easy

248-569-1580

1729 E 14 Mile Rd., Ste.

<http://dmeasap.com/>

855-363-2727

250

Troy 48076

F. Lax Construction

248-547-1914 or 800-547-1914

<http://flaxco.com/>

Michigan Ramps

855-647-2677

www.michiganramps.com

Oakland Livingston Human Service Agency (OLHSA) Home Injury Control Program (age 60 and older)

248-209-2722Holly

<http://www.olhsa.org/olderadultservices>

Specialistic Construction, Inc.

888-253-4367

PO Box 369 Highland

www.gospecialistic.com

48357

Transitions Remodeling

248-260-2468

27260 Haggerty,

www.transitionsremodeling.com

Farmington Hills 48331

Tub Transformations LLC (convert your bathtub to a walk-in shower)

248-660-5174

www.tubtransformations.com

Home Safety & Medical Equipment

06/01/2019

Medical Supplies and Equipment

Includes wheelchairs and other mobility equipment, hospital beds, bath safety equipment, diabetic supplies, incontinence supplies, wound care products, oxygen and respiratory products, and more. Find out if the supplier accepts Medicare assignment or if they are an approved provider with your insurance company. Some equipment requires a prescription, so check with your health care provider. See the telephone directory for other medical suppliers.

Binsons Medical Supply

888-246-7667 www.binsons.com

Sun Medical Equipment

248-619-3681 or 800-782-3394 www.sunmedicalstore.com

MI MED Affordable Medical

248-648-0675 www.mi-med.com
7688 Highland Road, Waterford, MI 48327

Wright and Fillipis

800-482-0222 www.firsttoserve.com

Resources for used wheelchairs, walkers and other medical equipment

Church of the Holy Family

248-349-8553

Faith in Action of Oakland County

248-820-3767 www.faithinactionoakland.org

Lighthouse Emergency Services

Pontiac	Clarkston	www.lighthouseoakland.org
248-920-6000	248-620-6116	



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Loan Closets

Find a loan closet in your county

<https://loanclosets.org/michigan/oakland>

World Medical Relief

Equipment available for low-income clients. Doctor's prescription required. Small handling fee.

313-866-5333

www.worldmedicalrelief.org

Medication Dispensing Devices

Critical Signal Technologies

888-557-4462

www.criticalsignaltechnologies.com

Guardian Medical Monitoring

800-782-9688

www.guardianmedicalmonitoring.com

MedEx Direct

877-899-6337

www.medexvip.com

Home/Automobile Modification

Advantage Mobility Outfitters

800-990-8267

www.advantagemobility.net

Creative Mobility Group

248-577-5430

<http://creativemobilitygroup.com/>

Disability Made Easy

248-569-1580 or 855-363-2727

<http://dmeasap.com/>

Gresham Driving Aids

800-521-8930

www.greshamdrivingaids.com

United Cerebral Palsy: Allows people with disabilities, seniors or their family to purchase assistive technology devices or services including vehicle modification, and training to use the equipment.

517-203-1200

www.ucpmichigan.org



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Mobility Works

877-275-4907 r 248-565-0240

www.mobilityworks.com

1604 East 14 Mile Rd., Madison Heights 48071

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Hospitals and Physician referral

Beaumont Hospital-Royal Oak

248-898-5000	3601 W. 13 Mile Rd.	Emergency	Physician Referral	www.beaumont.org
	Royal Oak 48073	248-898-2000	800-633-7377	

Beaumont Hospital-Troy

248-964-5000	44201 Dequindre Rd.	Emergency	Physician Referral	www.beaumont.org
	Troy 48085	248-964-5111	800-633-7377	

Beaumont Hospital-Farmington Hills (formerly Botsford Hospital)

248-471-8000	28050 Grand River Ave.	Emergency	Physician Referral	www.beaumont.org
	Farmington Hills 48336	248-471-8566	800-633-7377	

Ascension Providence Rochester Hospital

248-652-5000	1101 W. University Dr.	Emergency	Physician Referral	https://healthcare.ascension.org/Locations/Michigan/MIROC/Rochester-Ascension-Providence-Rochester-Hospital
	Rochester 48307	248-652-5311	888-904-4325	

Ascension Genesys Hospital

810-606-5000	1 Genesys Parkway	Emergency	Physician Referral	https://healthcare.ascension.org/Locations/Michigan/MIGRA/Grand-Blanc-Ascension-Genesys-Hospital
	Grand Blanc 48439	810-606-5933	800-327-6262	

Henry Ford Hospital-West Bloomfield

248-325-1000	6777 W. Maple Rd.	Emergency	Physician Referral	https://www.henryford.com/locations/west-bloomfield
	West Bloomfield 48322	248-325-0300	877-434-7470	

Henry Ford Hospital

313-916-2600	2799 West Grand Blvd.	Emergency	Physician Referral	https://www.henryford.com/locations/h
--------------	-----------------------	-----------	--------------------	---



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Detroit 48202	313-916-1545	877-434-7470	entry-ford-hospital
Huron Valley Sinai Hospital			
248-937-3300 1 William Carls Dr.	Emergency	Physician Referral	https://www.dmc.org/our-locations/huron-valley-sinai-hospital
Commerce 48382	248-937-3400	888-362-2500 Ext. 2	
Karmanos Cancer Institute			
800-527-6266 4100 John R			www.karmanos.org
Detroit 48201			
McLaren-Oakland Hospital			
248-338-5000 50 N. Perry St.	Emergency	Physician Referral	www.mclaren.org
Pontiac 48342	248-338-5332	248-338-5274	
McLaren-Oakland Emergency Center			
248-922-6880 5701 Bow Pointe Dr.	Emergency		http://www.mclaren.org/clarkston/emergency-services.aspx
Clarkston 48346	248-625-2273		
Pontiac General Hospital			
248-857-7200 461 W. Huron	Urgent Care		www.pontiacgeneral.com
Pontiac 48341	248-857-7257		
Ascension Providence Hospital, Southfield Campus			
248-849-3000 16001 W. 9 Mile Rd.	Emergency	Physician Referral	https://healthcare.ascension.org/Locations/Michigan/Southfield-Providence-Providence-Park
Southfield 48075	248-849-3331	866-501-3627	
Ascension Providence Hospital, Novi Campus			
248-465-4100 47601 Grand River Ave.	Emergency	Physician Referral	https://healthcare.ascension.org/location



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Novi 48374	248-465-3030	866-501-3627	ns/michigan/novi-providence-providence-park
-------------------	--------------	--------------	--

**Ascension Macomb-Oakland Hospital,
Madison Heights Campus**

248-967-7000	27351 Dequindre Rd. Madison Hts. 48071	Emergency 249-967-7660	Physician Referral 866-501-3627	https://healthcare.ascension.org/Locations/Michigan/Madison-Heights-Saint-John-Oakland
--------------	--	---------------------------	------------------------------------	---

St Joseph Mercy Ann Arbor

734-712-3456	5301 McAuley Ypsilanti, MI 48197	Emergency 734-712-3000	Physician referral 800-231-2211 800-372-6094	http://www.stjoeshealth.org/annarbor
--------------	--	---------------------------	--	---

St. Joseph Mercy Oakland

248-858-3000	44405 Woodward Ave. Pontiac, MI 48341	Emergency 248-758-7000	Physician Referral 800-231-2211 800-372-6094	www.stjoesoakland.org
--------------	---	---------------------------	--	--

University of Michigan

734-936-4000	1500 E. Medical Center Dr. Ann Arbor, MI 48109	Emergency 734-936-6666	Physician Referral Cancer Center 734-647-8901	www.med.umich.edu
--------------	--	---------------------------	---	--

For information about available health care services for those without insurance, contact the Oakland County Nurse on Call at 800 848-5533

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Assisted Living

Assisted Living Facilities are almost always privately paid.
Some long-term insurance policies may cover a portion of the costs.

Auburn Hills

D *H* *⌚* Harbor Chase 3033 N. Squirrel 48326 248-403-8599 www.harborchase.com

Bingham Farms

D *⌚* Arden Courts 24005 W. 13 Mile Rd 48025 248-644-8100 www.hcr-manorcare.com

Bloomfield Hills

Samaritas Senior Living 6257 Telegraph Rd 48301 248-723-6275 www.samaritas.org/seniors
⌚ St. Elizabeth Briarbank 39315 Woodward Ave 48304 248-644-1011 <http://www.briarbank.com/default.htm>
D *⌚* Sunrise-Bloomfield 2080 S Telegraph Rd 48302 248-939-5822 www.sunriseseniorliving.com
D *⌚* Sunrise-Bloomfield Hills 6790 Telegraph Rd 48301 248-939-5818 www.sunriseseniorliving.com
D *H* *⌚* Cedarbrook of Bloomfield Hills 41150 Woodward Ave 48304 248-955-4956 www.cedarbrookofbloomfieldhills.com

Clarkston

D Autumn Ridge 5700 Water Tower Place 48346 248-625-0500 www.autumnridgeofclarkston.com
D *⌚* Heather Pines 8541 N Eston 48348 248-394-0734 <http://www.heatherpines.com/>
D Pine Tree Place 5480 Parview 48346 248-620-2420
D The Pines 7550 Dixie Hwy 48346 248-922-7000 <http://www.pslgroupllc.com/>

Commerce Township

D *H* *⌚* Westlake Health Campus 10735 Bogie Lake Rd 48382 248-363-9400 <https://www.trilogyhs.com/senior-living/mi/commerce-township/westlake/>

Farmington Hills

Assisted Living
06/01/19

D Dementia/Memory care available
H Continuum of Care facility

R Mentally Ill Adults
⌚ Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

\mathcal{D} \mathcal{H} \textcircled{C}	Botsford Commons	21450 Archwood Circle 48336	248-426-6903	www.botsfordcommons.org
\mathcal{D} \mathcal{H} \textcircled{C}	Brookdale Farmington Hills North	27950 Drake 48331	248-823-7630	www.brookdaleliving.com
\mathcal{D}	Courtyard Manor	29750 Farmington Rd 48334	248-539-0104	www.courtyardmanor.com
\mathcal{D} \textcircled{C}	Farmington Hills Inn	30350 W. 12 Mile Rd 48334	248-851-9640	www.seniorsrus.org
\mathcal{D} \textcircled{C}	Sunrise at North Farmington Hills	29681 Middlebelt 48334	248-538-9200	www.sunriseseniorliving.com

Lake Orion

\mathcal{D} \textcircled{C}	Orion Manor	1814 S. Lapeer 48360	248-814-6714	www.orionassistedliving.com
\mathcal{D} \textcircled{C}	Pineview Manor	2888 Baldwin Rd 48359	248-814-6714	www.orionassistedliving.com
\mathcal{D} \textcircled{C}	Silverbell Manor	1241 Silverbell 48360	248-814-6714	www.orionassistedliving.com

Madison Heights

	Cambridge East Healthcare Center	31155 Dequindre 48071	248-585-7010	www.savaseniorcare.com
--	----------------------------------	-----------------------	--------------	--

Novi

\mathcal{D} \mathcal{H}	Continuing Care at Fox Run	41000 13 Mile Rd 48377	800-573-2285	www.ericksonliving.com
\mathcal{D} \textcircled{C}	Waltonwood Twelve Oaks	27475 Huron Circle 48377	248-567-2074	www.waltonwood.com

Oak Park

\mathcal{D}	Coville Assisted Living	15100 W Ten Mile Rd 48327	248-661-1836	http://www.jslmi.org/residences/coville-apartments
---------------	-------------------------	---------------------------	--------------	---

Oxford

	Independence Village of Waterstone	701 Market St 48371	248-243-4588	www.independencevillages.com/community/oxford-mi/
--	------------------------------------	---------------------	--------------	--

Assisted Living
06/01/19

\mathcal{D} Dementia/Memory care available
 \mathcal{H} Continuum of Care facility

\mathcal{P} Mentally Ill Adults
 \textcircled{C} Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Rochester Hills

		Freedom Place Rochester	3565 S. Adams Rd 48309	248-430-8397	www.americanhouse.com
		Pomeroy Living Rochester	3466 W South Blvd 48309	248-564-2200	https://www.pomeroyrochester.com/
					
		Sanctuary at Bellbrook	873 West Avon 48307	248-656-6300	www.bellbrookrochesterhills.org
		Sunrise of Rochester	500 East University Dr 48307	248-601-9000	www.sunriseseniorliving.com
		Waltonwood at Main	1401 N Rochester Rd 48307	800-239-0147	www.waltonwood.com
		Waltonwood-University	3250 Walton Blvd 48309	248-266-0924	www.waltonwood.com

Royal Oak

		Chester Street Residence	1725 Chester St 48073	248-439-6800	www.chesterstreetresidence.com
		Waltonwood	3450 W 13 Mile Rd 48073	248-658-8716	www.waltonwood.com
		Royal Oak House	1900 N. Washington 48073	248-585-2550	www.royaloakassistedliving.com

Southfield

		Park at Franklin	28301 Franklin Rd 48034	248-301-2359	http://www.parkatfranklin.com/
		Franklin Terrace	26962 Franklin Rd 48034	248-358-0212	www.franklinteraceseniorliving.com
		St. Annes Mead	16106 W 12 Mile Rd 48076	248-557-1221	www.stannesmead.org

South Lyon

		Cambian Senior Living	52365 10 Mile Rd 48178	248-344-0001	www.cambrianseniorliving.com
--	--	-----------------------	------------------------	--------------	--

Troy

		Brookdale Troy	4900 Northfield Pkwy 48098	248-267-9500	www.brookdaleliving.com
		Brookdale Troy	4850 Northfield Pkwy 48098	248-952-5533	www.brookdaleliving.com
		Sunrise of Troy	6870 Crooks 48098	248-293-1200	www.sunriseseniorliving.com

Waterford

Assisted Living
06/01/19

 Dementia/Memory care available
 Continuum of Care facility

 Mentally Ill Adults
 Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

🏠	Canterbury on-the-Lake	5601 Hatchery Rd 48329	248-674-9292	www.canterburyonthelake.com
🏠	Clausen Manor	2300 Watkins Lake Rd 48328	248-674-4732	www.lourdesseniorcommunity.org
🏠	Mendelson Home	2450 Watkins Lake Rd 48328	248-618-6362	www.lourdesseniorcommunity.org
	Waterford Oaks Senior Care	3385 Pontiac Lake Rd 48328	248-681-4788	www.waterfordoaksseniorcare.com
🏠	Waterford Oaks Senior Care	3387 Pontiac Lake Rd 48328	248-682-6788	www.waterfordoaksseniorcare.com

West Bloomfield

🏠	Fleischman Residence	6710 West Maple Rd 48322	248-661-1836	www.jslmi.org
🕒	Townehall Place	4460 Orchard Lake Rd 48323	248-683-1010	https://www.townehallplace.com/
🏠	Sunrise of West Bloomfield	7005 Pontiac Trail 48323	248-738-8101	www.sunriseseniorliving.com

White Lake

🕒	Independence Village of White Lake	935 Union Lake Rd 48386	248-360-7235	www.independencevillages.com
---	------------------------------------	-------------------------	--------------	--

Wixom

🏠	Courtyard Manor Wixom	48578 Pontiac Trail 48393	248-669-5263	www.courtyardmanorwixom.com
---	-----------------------	---------------------------	--------------	--

Adult Foster Care Homes provide care to adults who need assistance with tasks of daily living. Many are located in private homes or small facilities. To locate a home, go to www.michigan.gov/lara, click on *Community & Health Systems* in the left column, then *Adult Foster Homes*. Under *General Public*, click on *Search for Adult Foster Care and Homes for the Aged* to search for a location.

Some independent living apartments may have available services to assist with tasks of daily living. See the *Housing: Independent Living* page. Other services such as short-term stays, respite care, hospice care and more may be available. Check with each facility for options.

Assisted Living
06/01/19

🏠 Dementia/Memory care available
🏠 Continuum of Care facility

🏠 Mentally Ill Adults
🕒 Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Downsizing, Relocation, Organization

These businesses may assist clients and their families with organizing important papers & information, clearing clutter, packing, moving and set-up in a new home, disposing of un-needed household goods and more.

As You Wish Organizing, LLC

586-244-3071

Organizing, downsizing, estate closure, safety

www.asyouwish2organize.com

Moving Forward, LLC

248-889-3559

Planning, packing, unpacking and organizing your new home

www.movingfwd.com

Parents Changing Spaces

844-772-7368 or 248-875-2052

Assistance in finding the right housing option in senior living

www.parentschangingspaces.com

Simplify It, LLC

248-417-4312

Theresa@SimplifyItLLC.com

Downsizing, clutter control, relocation and moving help

www.SimplifyItLLC.com

How to Select the Right Housing

Definitions of Housing

Independent Living

- Housing/ apartments for retirees/senior adults
- May offer meals and other support services
- Must meet local health, safety, and zoning codes
- No licensing oversight
- Payment is private, some may offer options for those with a limited income

Home for the Aged

- Provide room and board, recreation, supervision, personal care
- Payment is private
- Licensed by the Michigan Department of Human Services

Adult Foster Care

- Homes that provide room and board, supervision, personal care
- May specialize in the care of certain populations i.e. elderly, developmentally disabled, chronic mental illness, etc.
- Licensed by the Michigan Department of Human Services
- Payment is private although some may accept SSI
- To locate a home, go to www.michigan.gov/lara , click on *Community & Health Systems* in the left column, then *Adult Foster Homes*. Under *General Public*, click on *Search for Adult Foster Care and Homes for the Aged* to search for a location.

Assisted Living Facilities

- Larger facilities that provide 24-hour protective oversight and supportive services (services offered can vary from facility to facility)
- Not licensed except must meet local health, safety, and zoning codes
- Payment is private, some funds may be available for support services

Nursing Home

- Facilities that provide 24-hour nursing care and medical supervision
- Services also include short term admission for someone who is recovering from an acute illness or injury
- Levels of care include skilled (requires the skill and judgment of a licensed professional) and basic (provides necessities of daily living)
- Licensed by the Michigan Department of Licensing & Regulatory Affairs
- Payment is private, Medicare (Skilled care), Medicaid (basic care)

Continuum of Care Facilities

- Facilities offering two or more levels of care at the same location
- May require a long-term contract be signed prior to admission guaranteeing housing and services as long as resident lives
- May involve an entrance fee in addition to monthly fees

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Resident Assessment Criteria			
Description	Independent	Assisted	Nursing Home
Mobility	Capable of moving about independently. Able to seek and follow directions. Able to evacuate independently in an emergency. Ambulatory with cane/walker. Independent with a wheelchair but needs help in an emergency.	Ambulatory with minimal or no assistance. Requires occasional assistance to move about, but usually independent.	May require assistance with transfers from bed, chair, toilet. Requires transfer and transport assistance. May require positioning and turning in bed and wheelchair.
Nutrition	Able to prepare own meals. Eats meals without assistance. Minimum of at least one meal a day available. Able to plan, purchase, and prepare own meals.	May require assistance getting to dining room and/or requires minimal assistance such as opening cartons or other packages, cutting food or preparing trays.	May be unable or unwilling to go to dining room. May be dependent on staff for eating/feeding needs. May be totally dependent on staff for nourishment, including reminders to eat and/or requires feeding.
Personal Care	Independent in all care including bathing and personal laundry.	May require assistance with bathing or hygiene. May require assistance, initiation, structure or reminders. Resident may complete the task.	May be dependent on staff for all personal hygiene.
Housekeeping	Independent in performing housekeeping functions (includes making bed, vacuuming, cleaning and laundry), or, may need assistance with heavy housekeeping, vacuuming, laundry and changing linens.	Housekeeping and laundry services provided.	Housekeeping and laundry services provided.
Toileting	Independent and completely continent, or, may have incontinence, colostomy or catheter, but independent in caring for self through proper use of materials/supplies.	Same as independent living. May have occasional problems with incontinence, colostomy or catheter. May require assistance in caring for self through proper use of materials/supplies.	May have problems with incontinence, colostomy, catheter, and require assistance. May be dependent and unable to communicate needs.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Description	Independent	Assisted	Nursing Home
Medications	Responsible for self-administration of all medications.	Able to self-administer medications. Facility staff may remind and monitor actual process. May arrange for family or home health agency to establish a medication administration system. Facilities, staffed by RNs and LPNs, can administer medications to residents.	Medications administered by licensed personnel.
Mental Status	Oriented to person, place, time. Memory is intact, but may have occasional forgetfulness without a consistent pattern of memory loss. Able to reason, plan and organize daily events. Mental capability to identify environmental needs and meet them. Able to manage finances.	May require occasional direction or guidance in getting from place to place. Orientation to time, place or person may be minimally impaired. May need assistance to manage finances and planning/organizing daily events.	Judgment is likely to be poor. Resident may not attempt tasks that are not within capabilities. May require strong orientation and reminder program. May need guidance in getting from place to place. Disorientation to time, place and person, or memory, is severely impaired. Usually unable to follow directions.
Behavior Status	Deals appropriately with emotions and uses available resources to cope with inner stress. Deals appropriately with other residents and staff.	May require periodic intervention from staff to facilitate expression of feelings in order to cope with inner stress. May require periodic intervention from staff to resolve conflicts with others in order to cope with situational stress.	May require regular intervention from staff to facilitate expression of feelings and deal with periodic outbursts of anxiety or agitation. Maximum staff intervention is required to manage behavior. Resident may be a physical danger to self or others. Expectations are unrealistic and approach to staff may be uncooperative.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Assisted Living Facility Checklist

QUESTIONS	Y	N	COMMENTS
ASSISTED LIVING LICENSING AND FINANCIAL INFORMATION			
Is the facility licensed?			
Is there an application fee or security deposit? Are they refundable?			
Is a signed contract for care/cost required?			
Can a contract be terminated by the resident/family?			
For what reasons will a contract be terminated by the facility? How much notice is given?			
Is there a refund policy?			
What services are included in the monthly rate?			
Are additional services available? What are the costs?			
What utilities are included in the monthly rate?			
What will happen when the resident's funds run out?			
Is the resident's personal property insured by the facility?			
May residents manage their own finances?			
FACILITY CHECKLIST			
Is the environment clean and well maintained?			
Is the atmosphere warm, friendly, homelike?			
Is there more than one type/style of housing unit?			
Are units furnished or unfurnished?			
Is there a 24hour emergency response system/staffing?			
May residents smoke in their room or in public areas?			
Is a kitchen area/unit provided?			
If there is no kitchen, may residents keep food in their unit?			
Is there a policy regarding pets?			
Is phone/cable TV available? How is it billed?			
Is the facility well designed for residents' mobility? (wide hallways with handrails)			
Is there safety equipment including bathroom grab bars and emergency pull cords?			
Is there a safety program that allows residents to indicate that they are in at night/up in the morning?			
Is there a generator in case of power outages?			

QUESTIONS	Y	N	COMMENTS
ASSISTED LIVING FACILITY CHECKLIST (continued)			
Is there a visitation policy?			
How many meals are provided in the monthly rate?			
Are the meals provided both balanced and appealing? Are beverages and/or snacks available between meals?			
Are special requests for food honored?			
May residents have their meal brought to their room?			
Are guest meals available? How much notice required?			
Is there a private room for entertaining guests?			
Are there overnight facilities for families?			
STAFFING/SERVICES			
Is the staff friendly, caring, and attentive?			
Is the direct care staff employed by the facility or another agency? Who supervises them?			
Is staff trained in assisting/caring for seniors?			
Are criminal background checks completed on all staff?			
Are resident's needs reassessed periodically?			
When care needs change, are alternatives discussed with the resident and/or family?			
Is there a policy on response to medical emergencies?			
Is staff available to give twenty-four hour assistance activities of daily living?			
Is there onsite medical care available?			
Are there medication policies? (administration, storage, reminders)			
Is transportation service available? Do they provide group trips for errands and/or individual appointments?			
Is there an organized activity program? Are there planned activities outside the facility?			
What housekeeping and laundry services are provided in the monthly rate?			

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Nursing Home Checklist

QUESTIONS	Y	N	COMMENTS
NURSING HOME LICENSING AND FINANCIAL INFORMATION			
Is the facility certified for Medicaid and/or Medicare?			
Is it private pay only? What is the daily rate?			
What services are covered in the daily rate?			
Will the facility provide assistance with Medicaid application when/if needed? Note: Under federal law, Medicare and Medicaid approved nursing homes cannot require anyone other than the resident to guarantee payment.			
Is there a waiting list for a Medicaid bed?			
Is a current licensing review, dated within past fifteen (15) months, posted in a prominent location?			
FACILITY CHECKLIST			
Does the facility have the level of care that is needed (i.e. skilled nursing, custodial care, therapies)?			
Are there security measures in place to prevent residents from wandering from the facility?			
Does the nursing home appear clean and well kept?			
Are the residents clean, well groomed and appropriately dressed?			
Are the rooms clean, tidy and odor free?			
Is there storage for personal belongings?			
Is personal furniture, etc., allowed in resident rooms?			
Is a nurse call system by each bed that the resident can reach?			
Are there handrails in the hallways and grab bars in the bathrooms and shower areas?			
Did you observe the facility during a mealtime?			
Are residents given assistance with meals, if needed?			
Are snacks/beverages available between meals?			
Are there quiet areas where residents can visit with family and friends?			
Are there any visiting restrictions?			
Is the facility near the residents' family/friends?			
Is personal laundry done by the facility or by family?			

QUESTIONS	Y	N	COMMENTS
NURSING HOME STAFF			
Do staff seem attentive to residents' needs?			
Do residents seem to be treated with respect and kindness?			
Does the ratio of staff to residents comply with licensing requirements?			
Are criminal background checks completed on all staff?			
SERVICES			
Is there a physician on staff? May the resident be seen by their own physician in the facility?			
Is there a psychiatrist available for consultation?			
Are foot care services available in the facility?			
Are physical, occupational and speech therapies available?			
Is there a social worker on staff to assist with Medicaid applications, family conferences and discharge planning?			
Is there a recreation activity director?			
What recreational activities are available in the facility?			
Are any activities held outside the facility?			
Are <u>all</u> residents encouraged to attend or included in events?			
TRANSFER AND DISCHARGE			
Are residents transferred or discharged from the facility when their care needs change?			
Are residents transferred or discharged from the facility when their money runs out?			
What is the policy for holding a resident's bed when they are hospitalized?			

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Independent Living

Auburn Hills

\$	Meadow Creek Village	2185 South Blvd. 48326	248-253-8640	www.nationalchurchresidences.org
	Meadows of Auburn Hills	3131 N Squirrel Rd 48326	248-924-9833	www.dhsmgt.com

Berkley

	Oxford Park Towers	2345 Oxford, 48072	248-504-4431	www.oxfordparktowers.com
--	--------------------	--------------------	--------------	--

Birmingham

	All Seasons	111 S. Elm St. 48009	248-237-3861 248-566-6486	www.allseasonsbirmingham.com
♥	Baldwin House	200 Chester, 48009	248-971-0956	www.baldwinhousebham.com

Bloomfield Hills

⌘	Cedarbrook of Bloomfield Hills	41150 Woodward 48304	248-955-4956	www.cedarbrookofbloomfieldhills.com
♥	Samaritas	6257 Telegraph Rd. 48301	248-723-6275	www.samaritas.org/home

Clawson

\$	Clawson Manor	255 W. 14 Mile Rd. 48017	248-435-5650	www.clawsonmanor.org
----	---------------	--------------------------	--------------	--

Commerce

⌘	West Lake Health Campus	10735 Bogie Lake Rd. 48382	248-363-9400 248-716-4623	https://www.trilogyhs.com/senior-living/mi/commerce-township/westlake/
---	-------------------------	----------------------------	------------------------------	---

Farmington/Farmington Hills

♥🕒	American House	24400 Middlebelt Rd 48336	248-327-3336	www.americanhouse.com
⌘ ♥	Botsford Commons	21450 Archwood Cir 48336	248-426-6903	www.botsfordcommons.org
\$	Carrington Place	35250 Freedom Rd 48335	248-471-1780	https://carringtonplace.huntingtonmanagement.com/
\$	Farmington Place	32900 Grand River 48336	248-478-8544	www.farmingtonplace.com
\$	Freedom Square	34848 Freedom Rd 48335	248-442-7250	www.pipermanagement.com

Independent Housing
06/01/19

\$ May have low-income units
⌘ Continuum of Care facility

♥ Extra assistance may be available for a fee
🕒 Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

♥	Brookdale-Farmington Hills	36550 Grand River 48335	248-476-7478	www.brookdaleliving.com
♥	Halsted Place	29451 Halsted 48331	248-489-8988	www.halstedplace.com
	Marian at Oakland	29250 W. 10 Mile Rd 48336	248-474-7204	www.trinityseniorsanctuary.org
\$	Tapiola Village	35150 W. 8 Mile Rd 48335	248-471-3802	www.pipermanagement.com
Ferndale				
\$	Autumn House	500 E. 9 Mile Rd 48220	248-547-9500	http://ferndalehousing.com/
\$	Devon Square (62+ only)	1225 Orchard 48220	248-541-7128	https://www.devonsquareapts.com/
\$	Royal Oak Towers	20800 Wyoming 48220	248-542-0881	www.continentalmgt.com
\$	Withington West	415 Withington 48220	248-547-9500	http://ferndalehousing.com/
Hazel Park				
\$ ♥ ⌚	American House	777 E. Woodward Hts 48030	248-397-0114	www.americanhouse.com
\$	Hazel Park Manor Co-op	701 E. Woodward Hts 48030	248-548-1364 800-593-3052	www.csi.coop
\$	Hazelcrest Place	100 Hazelcrest Place 48030	248-542-5386	www.associated-management.com
Highland				
\$	Highland Haven	917 Duck Lake Rd 48356	248-889-2726	www.trinityseniorsanctuary.org
\$	Highland Meadow View	923 Duck Lake Rd 48356	248-889-5100	www.trinityseniorsanctuary.org
Holly				
\$	Village of Holly Woodlands	3325 Grange Hall Rd 48442	248-634-0592	www.pvm.org
Lake Orion				
\$	Heritage Place	211 Atwater 48362	248-693-9197	www.trinityseniorsanctuary.org
\$	Village Creek Manor	147 S. Slater St. 48362	248-693-4119	
Madison Heights				
\$	Madison Heights Co-op	500 E. Irving 48073	248-585-2336	} www.csi.coop Call 800-593-3052 to apply
\$	New Horizon Co-op	31101 Edward 48071	248-585-0999	
\$	Madison Manor	27795 Dequindre 48071	248-542-1238	www.nationalchurchresidences.org

Independent Housing
06/01/19

\$ May have low-income units
⌘ Continuum of Care facility

♥ Extra assistance may be available for a fee
⌚ Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

\$	Madison Towers	27777 Dequindre 48071	248-544-3800	www.nationalchurchresidences.org
\$	Solberg Towers	27787 Dequindre 48071	248-542-6720	www.nationalchurchresidences.org
Milford				
\$ ♥	American House-Milford	700 Napa Valley Dr. 48381	248-714-7073	www.americanhouse.com
New Hudson				
♥	Abbey Park at Mill River	28413 Abbey Lane 48165	248-437-6550	www.abbeypark.com
Novi				
♥ ⌘	Fox Run	41000 13 Mile Rd 48377	800-573-2285	www.ericksonliving.com
	Brookdale Novi	45182 W Park Dr. 48377	248-669-5330	www.brookdaleliving.com
\$	Meadowbrook Commons	25075 Meadowbrook 48375	248-305-8646	www.kmgprestige.com
♥ ⌘ ⌚	Waltonwood at Twelve Oaks	27475 Huron Circle 48377	248-567-2074	www.waltonwood.com
Oak Park				
\$	Jewish Senior Life- Prentis	15100 W. 10 Mile 48237	248-661-1836	www.jslmi.org
\$	Jewish Senior Life- Teitel	15106 W. 10 Mile Rd 48327	248-661-1836	www.jslmi.org
Oxford				
	Hope Senior Apartments	210 W. Drahner 48371	248-628-7676	www.continentalmgt.com
♥ ⌚	Independence Village of Waterstone	701 Market St 48371	248-243-4588	www.independencevillages.com/community/oxford-mi/
Pontiac				
\$ ♥	American House-Oakland	1915 Baldwin Rd 48340	248-209-1723	www.americanhouse.com
\$	Carriage Circle	255 Carriage Circle 48342	248-332-8345	www.pontiahousing.com
\$	Colonial Meadows	1246 E Walton Blvd 48340	248-373-0983	www.continentalmgt.com
\$ ♥	Elmhaven Manor	600 W. Walton 48340	248-451-1370	www.associated-management.com
\$	McDonald Senior Apartments	370 Baldwin Ave 48342	248-292-2095	www.voami.org/Services/Housing
\$	North Hill Farms	74 Cherry Hill Dr 48340	248-334-7500	

Independent Housing
06/01/19

\$ May have low-income units
⌘ Continuum of Care facility

♥ Extra assistance may be available for a fee
⌚ Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

\$	Perry Place	4 Perry Place 48340	248-454-1713	www.theperryplace.com
\$	Phoenix Place Apartments	47251 Woodward Ave 48342	248-335-7520	www.kmgprestige.com
\$	Village of Oakland Woods	420 South Opdyke 48341	248-334-4379	www.pvm.org
\$	West Manor Apartments	245 South Paddock 48342	248-454-7748	
\$	Woodland Heights	120 North Edith 48342	248-334-3505	https://www.woodland-heightspts.com/

Rochester/Rochester Hills

♥	All Seasons of Rochester Hills	175 East Nawakwa 48307	248-841-4478	www.allseasonsrochesterhills.com
♥🕒	American House Elmwood	2251 W Auburn Rd 48309	248-327-0497	www.americanhouse.com
♥🕒	American House Stone	3741 S. Adams Rd 48309	248-257-4011	www.americanhouse.com
♥🕒	American House-The Village	3617 S. Adams Rd 48309	248-327-3554	www.americanhouse.com
\$	Avon Tower	435 Livernois 48307	248-652-4394	www.pkmanagement.com
\$	Cliffview Apartments	1691 Cliffview Drive 48306	248-651-7665	www.cliffviewapts.com available to over 18 and families
	Pomeroy Living Rochester	3434 W South Blvd 48309	248-829-1030	https://www.pomeroyrochester.com/
\$	Samaritus Affordable Living	2566 Walton 48309	248-375-1810	https://www.samaritas.org/Senior-Living/Locations/Rochester-Hills
⌘	Sanctuary at Bellbrook	873 West Avon 48307	248-656-6300	www.bellbrookrochesterhills.org
♥🕒	Waltonwood at University	3250 Walton Blvd 48309	248-375-2500	www.waltonwood.com

Royal Oak

\$	Barton Towers	333 North Troy 48067	248-546-0356	} www.csi.coop Call 800-593-3052 to apply
	Royal Oak Manor	606 Williams 48067	248-541-4197	
\$♥	The Village of Royal Oak	3442 Devon Rd 48073	248-629-7392	www.continentalmgt.com

Southfield

♥	Brookdale of Southfield	25800 W. 11 Mile Rd 48034	248-727-2000	www.brookdaleliving.com
	Highland Towers	25225 Greenfield Rd 48075	248-595-7689	www.highlandtowersapts.com
\$	McDonnell Towers	24400 Civic Center Dr. 48033	248-355-2810	http://www.lockwoodresidential.com

Independent Housing
06/01/19

\$ May have low-income units
⌘ Continuum of Care facility

♥ Extra assistance may be available for a fee
🕒 Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

				/
	Park at Franklin	28301 Franklin 48034	248-301-2359	https://www.pvm.org/
	Park at Trowbridge	24111 Civic Center Dr. 48033	248-352-0208	https://www.parkattrowbridge.com/
\$	River Park Place	24300 Civic Center Dr. 48033	248-355-2810	www.lockwoodcompanies.com
	Solaire Adult Community	15800 Providence Dr. 48075	248-559-1605	www.solaireseniorapts.com
♥	The Sterling Place	22800 Civic Center Dr. 48034	248-206-3144	www.holidaytouch.com
\$	Woodridge Apartments	25325 Grodan Drive N 48033	248-355-2810	www.lockwoodcompanies.com
Troy				
♥🕒	American House Troy	2300 Grand Haven 48083	248-436-4621	www.americanhouse.com
\$	Bethany Villa	1792 Jackson Dr 48083	248-689-5838	www.bethanyvillatroy.com
\$	920 on the Park	920 John R 48083	248-588-7611	www.920onthepark.com
\$	Oakland Park Towers II	930 John R 48083	248-585-9340	www.sageaptnmgt.com
Walled Lake				
\$	Walled Lake Villa	1035 Walled Lake Villa Dr 48390	248-624-8282	www.walledlakevilla.com
Waterford				
⌘	Canterbury on-the-Lake	5601 Hatchery Rd 48329	248-674-9292	www.canterburyonthelake.com
⌘♥	Fox Manor	2350 Watkins Lake Rd 48328	248-674-9590	www.lourdesseniorcommunity.org
♥	Inn at Cass Lake	900 N. Cass Lake Rd 48328	248-681-8229	www.holidaytouch.com
\$	Lakeland Place	2700 Elizabeth Lake Rd 48328	248-682-3122	www.lakelandplaceapts.com
\$ ♥	Lockwood of Waterford	1407 Skipper Dr 48327	248-618-0777	https://www.lockwoodofwaterford.com/
\$	Waterford Meadows	834 West Alpha Pkwy 48328	248-683-2224	www.lockwoodcompanies.com
\$	Whispering Woods	1450 Whispering Woods Dr 48327	248-363-2775	www.sageaptnmgt.com
West Bloomfield				
	All Seasons of West Bloomfield	5600 Drake Rd. 48322	248-841-8001	www.allseasonswestbloomfield.com

Independent Housing
06/01/19

\$ May have low-income units
⌘ Continuum of Care facility

♥ Extra assistance may be available for a fee
🕒 Short-term/respite stays available

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

♥ ⌚	American House W. Bloomfield	5859 W. Maple Rd 48322	248-436-4085	www.americanhouse.com
\$	Jewish Senior Life- Hechtman	6700 West Maple 48322	248-661-1836	www.jslmi.org
	Jewish Senior Life- Meer	6760 West Maple 48322	248-661-1836	www.jslmi.org

White Lake

♥ ⌚	Independence Village of White Lake	935 Union Lake Rd 48386	248-360-7235	www.independencevillages.com
-----	------------------------------------	-------------------------	--------------	--

Near Oakland County

Sterling Heights

♥	Oakmont Manor	41255 Pond View Dr 48314	586-991-3117	www.oakmontcommunities.com
♥ ⌚	Oakmont Sterling	41155 Pond View Dr 48314	586-217-3908	www.oakmontcommunities.com

For other sources for housing information, see the *Housing: Resources & Assistance* page.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Nursing Homes & Rehabilitation Facilities

Medicare only pays for a limited stay following hospitalization.
Medicaid will pay for long term care when assets are exhausted.
Some long-term insurance policies may cover a portion of the costs.

Beverly Hills

♣ ★ ◆ ⌚ Cambridge South 18200 West 13 Mile Rd 248-647-6500 www.savaseniorcare.com

Bloomfield Hills

♣ ★ ◆ ⌚ SKLD of Bloomfield Hills 2975 N Adams Rd 48304 248-645-2900 <https://www.skldcare.com/locations>

♣ ★ ◆ ⌚ Woodward Hills Nursing 39312 Woodward Ave 48304 248-644-5522 www.apremierlife.com/woodwardhills

Clarkston

♣ ★ ◆ ⌚ Cedarbrook of Bloomfield Hills 41150 Woodward 48304 248-955-4956 <https://www.cedarbrookofbloomfieldhills.com/>

Clarkston Specialty Health Care 4800 Clintonville Rd 48346 248-674-0903 <http://savaseniorcare.com>

Clawson

♣ ★ ◆ ⌚ Cambridge N Health Care 535 N Main 48017 248-435-5200 www.savaseniorcare.com

Commerce

♣ ★ ◆ ⌚ ☞ Westlake Health Campus 10735 Bogie Lake Rd 48382 248-363-9400 <https://www.trilogyhs.com/senior-living/mi/commerce-township/westlake/>

Farmington/Farmington Hills

♣ ★ ◆ ☞ ⌚ Botsford Commons 21450 Archwood Circle 48336 248-426-6903 www.botsfordcommons.org
248-477-7400

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

♻️⌚	Brookdale Farmington Hills North	27950 Drake 48331	248-823-7630	https://www.brookdale.com/en.html
♣️★◆⌚	Manor of Farmington Hills	21017 Middlebelt 48336	248-476-8300	www.cienahealthcare.com/michigan-facilities
♣️★◆⌚	Medi-Lodge of Farmington	34225 Grand River Ave 48335	248-477-7373	http://medilodgeoffarmington.com/
<u>Ferndale</u>				
♣️★◆⌚	Oakridge Manor	3161 Hilton Rd 48220	248-547-6227	www.pioneerhcm.com
<u>Lake Orion</u>				
♣️★◆⌚	Villa at Silverbell Estates	1255 W Silverbell 48359	248-391-0900	www.villaatsilverbellestates.com
♣️★◆⌚	Lake Orion Nursing & Rehab	585 E Flint St 48362	248-693-0505	www.mclaren.org/oakland/lake-orion-campus.aspx
<u>Madison Heights</u>				
♣️★◆⌚	Cambridge East Health Care	31155 Dequindre 48071	248-585-7010	www.savaseniorcare.com
<u>Milford</u>				
♣️★◆⌚	Medilodge of Milford Rehab	555 Highland Ave 48381	248-685-1460	www.medilodgeofmilford.com
♣️★◆⌚	West Hickory Haven	3310 W Commerce 48380	248-685-1400	www.peplinskigroup.com
<u>Novi</u>				
♣️◆♻️⌚	Continuing Care at Fox Run	41000 13 Mile Rd 48377	800-573-2285	www.ericksonliving.com
♣️★◆⌚	Manor of Novi	24500 Meadowbrook Rd 48375	248-477-2000	www.cienahealthcare.com/
<u>Orchard Lake</u>				
♣️★◆⌚	Villa at Green Lake Estates	6470 Alden Dr 48324	248-363-4121	www.villaatgreenlakeestates.com
<u>Pontiac</u>				
♣️★◆⌚	Oakland Manor	50 N. Perry St 48342	248-221-5300	http://www.pioneerhcm.com/facilities/
<u>Rochester/Rochester Hills</u>				
♣️★◆⌚	Medilodge of Rochester Hills	1480 Walton 48309	248-651-4422	http://medilodgeofrochesterhills.com/

Nursing/Rehab Facilities
06/01/19

♣️ Medicare certified
♻️ Continuum of Care facility

★ Medicaid certified
⌚ Short-term/respite stays available

◆ Private Pay

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

⌘ Pomeroy Living Rochester 3500 W South Blvd 48309 248-852-7800 <https://www.pomeroyrochester.com/>

♣★◆⌘ Sanctuary at Bellbrook 873 West Avon 48307 248-656-6300 www.bellbrookrochesterhills.org

Royal Oak

♣★◆🕒 Greenfield Rehab & Nursing 3030 Greenfield Rd 48073 248-288-6610 www.greenfieldrehab.com

Southfield

♣◆★🕒 Evergreen Health & Living 19933 W 13 Mile Rd 48076 248-203-9000 www.apremierlife.com/evergreen

♣★◆🕒 Lahser Hills Nursing 25300 Lahser 48033 248-354-3222 www.lahserhillsc.com

♣★◆🕒 Lakeland Center 26900 Franklin Rd 48033 248-350-8070 <http://www.thelakelandcenter.net/>

♣★◆🕒 Medilodge of Southfield 26715 Greenfield Rd 48076 248-557-0050 www.medilodgeofsouthfield.com

♣★◆ Oakland Nursing Center 22401 Foster Winter Dr 48075 248-423-5120 www.oaklandregionalhospital.com

◆🕒 St. Anne's Mead 16106 W 12 Mile Rd 48076 248-557-1221 www.stannesmead.org

South Lyon

♣★◆🕒 South Lyon Sr Care & Rehab 700 Reynold Sweet Pkwy 48178 248-437-2048 www.southlyonscr.com

Troy

♣★◆ Heartland Health Care-Oakland 925 W South Blvd 48085 248-729-4400 www.hcr-manorcare.com

Waterford

♣★◆⌘ Canterbury on-the-Lake 5601 Hatchery Rd 48329 248-674-5356 www.canterburyonthelake.com

♣★◆⌘ Lourdes Nursing Home 2300 Watkins Lake Rd 48328 248-674-2241 www.lourdesseniorcommunity.org

♣★◆🕒 Regency at Waterford 1901 N Telegraph 48328 248-836-1000 www.cienahealthcare.com

West Bloomfield

♣★◆🕒 Bloomfield Orchard Villa 7277 Richardson Rd 48323 248-360-4443 www.cienahealthcare.com

♣★◆🕒 Danto Health Care Center 6800 West Maple Rd 48322 248-788-5300 www.hcr-manorcare.com

Nursing/Rehab Facilities
06/01/19

♣ Medicare certified
⌘ Continuum of Care facility

★ Medicaid certified
🕒 Short-term/respite stays available

◆ Private Pay

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

♣ ★ ◆ ⌚	SKLD	6950 Farmington Rd 48322	248-661-1700	https://www.skldcare.com/
♣ ★ ◆ ⌚	W Bloomfield Health & Rehabilitation	6445 W Maple Rd 48322	248-661-1600	http://www.bahrc.com/
♣ ★ ◆ ⌚	Notting Hill of W. Bloomfield	6535 Drake Rd 48322	248-592-2000	www.cienahealthcare.com
<u>White Lake</u>				
♣ ★ ◆	The Neighborhoods of White Lake	10770 Elizabeth Lake Rd 48386	248-618-4100	http://www.trinityhealthseniorcommunities.org/neighborhoods-of-white-lake

To find out more about area nursing homes: www.medicare.gov/nursinghomecompare/search.html

Other services such as short-term stays, respite care, hospice care and more may be available at these facilities. Some locations offer short-term rehabilitation services only. Check with each facility for options.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Resources & Assistance

Locating housing, solving mortgage problems and filing complaints

Locating Housing

See *Housing* pages in Senior Resource Directory

Alternatives for Seniors Resource Booklet

888-932-7747

www.AlternativesforSeniors.com

Community Housing Network

Provides information on low-income housing, homeless resources and housing counseling. Mon-Fri 8:30-4:30

248-928-0111 or 866-282-3119

www.communityhousingnetwork.org

U.S. Department of Housing and Urban Development (HUD)

Detroit Field Office

www.hud.gov

McNamara Federal Building

477 Michigan Ave., Detroit 48226

313-226-7900

Macomb Oakland Regional Center

www.morcinc.org

Assists individuals with developmental disabilities & mental illness become full members of their communities

Auburn Hills Office

1270 Doris Rd.

Auburn Hills 48326-2617

248-276-8000 or 866-754-3398

Clinton Twp. Office

16200 Nineteen Mile Rd

PO Box 380710

Clinton Twp. 48038-0070

586-263-8700 or 866-807-6940

Wayne County Office

19805 Farmington Rd.

Livonia 48152

248-536-5085 or 866-986-2240

MORC Autism Services 248-918-5600

MORC Home Care Medicaid Waiver Program 866-593-7413

Michigan State Housing Development Authority (MSHDA)

Lansing: 517-373-8370

www.michigan.gov/mshda

Detroit: 313-456-3540

www.michiganhousinglocator.com

Step Forward Mortgage Assistance:

www.stepforwardmichigan.org

866-946-7432

Oakland County Office of Housing Counseling

248-858-5402

<https://www.oakgov.com/advantageoakland/communities/Pages/Housing-Counseling-and-Homeless-Services.aspx>

Local Housing commissions

To find available housing, including subsidized apartments

Ferndale Housing Commission

248-547-9500

<http://ferndalehousing.com/>

415 Withington St., Ferndale 48220-2918

Pontiac Housing Commission

248-338-4551

Southfield Housing Department

<https://www.cityofsouthfield.com/CityDepartments/DK/HousingCommission/tabid/1051/Default.aspx>

248-796-4170

26000 Evergreen, Southfield, MI 48076

South Lyon Housing Commission (Premier Property Management)

810-629-9500

432 Washington St., South Lyon 48178

Housing and Mortgage Counseling

Oakland County Community & Home Improvement

Foreclosure & Reverse Mortgage Counseling

Housing-Resources & Assistance

06/01/2019

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248-858-0493 <https://www.oakgov.com/advantageoakland/communities/Pages/default.aspx>

Community Housing Network- Foreclosure Prevention Counseling Mon-Fri 8:30-4:30

248-928-0111 or 866-282-3119 www.communityhousingnetwork.org

Lighthouse Community Development- Foreclosure Prevention Program

248-920-6000 www.lighthouseoakland.org 46156 Woodward Ave., Pontiac 48342

Oakland Livingston Human Service Agency (OLHSA)- Foreclosure Counseling & Home Buyer Education

Oakland Central Office www.olhsa.org 196 E. Cesar Chavez Ave, Pontiac 48343

248-209-2600

Oakland South Office 1956 Hilton Road, Ferndale 48220

248-542-5860

Tenant/Resident Issues and Complaints

Landlord/Tenant Issues

Oakland County Housing Counseling & Homeless Services

248-858-5402 <https://www.oakgov.com/advantageoakland/communities/Pages/Housing-Counseling-and-Homeless-Services.aspx>

U.S. Department of Housing and Urban Development (HUD) www.hud.gov

Detroit Field Office

McNamara Federal Building

477 Michigan Ave., Detroit 48226

313-226-7900

Long Term Care Facility Complaints

Adult Foster Care and Homes for the Aged Complaints

866-856-0126 www.michigan.gov/lara Department of Human Services

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Office of Children & Adult Licensing
Complaint Intake Unit
611 W. Ottawa, 1st Floor, P.O. Box 30664
Lansing, MI 48909

Nursing Homes, Home Health Agencies Hospitals and Hospices

800-882-6006

www.michigan.gov/lara

Lakeshore Long Term Care Ombudsman/Lakeshore Legal Aid

866-485-9393

Southfield: 248-552-3008

Warren: 586-510-1814

Ombudsmen are advocates for residents in long term care facilities and will assist residents and their families in resolving individual concerns about care, services, rights, safety, admission procedures, billing, and other issues. They are able to give assistance with finding nursing homes in your area. They can give information on locations and past Survey results. Ombudsman staff WILL NOT endorse any nursing home, they will give information for you to make an educated decision.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Legal Assistance

Lakeshore Legal Aid and Cooley Law School Estate Planning Clinic

248-335-0125

2630 Featherstone Road, Auburn Hills, MI 48326

Lakeshore Legal Aid for Seniors over 60 & Low Income

888-783-8190

www.lakeshorelegalaid.org

Family, housing, income matters, and consumers matters

Elder Law of Michigan, Inc., Legal Hotline for Michigan Seniors

800-400-9164

www.elderlawofmi.org

Oakland County Probate Court

248-858-0260

www.oakgov.com/probate

Handles estates after a death, guardianships, conservatorships, mental health and trust matters.

Oakland County Bar Association referral service

248-338-2100

www.ocba.org

look under legal assistance then click on legal aid.

State Bar of Michigan referral service

800-968-0738

www.michbar.org

Elder Law Answers-National Network

www.elderlawanswers.com

Grandparent Rights Organization

248-646-7177

www.grandparentsrights.org

1760 S. Telegraph Rd, Bloomfield Hills 48302

Legal Aid & Defender Association for low-income and eligible residents under 60 years of age

313-967-5555

www.ladadetroit.org

613 Abbott Street, 6th Floor, Detroit 48226

Outreach at Oakland County Law Library every other Wednesday

Mid-America Pension Rights

866-735-7737 www.mid-americanpensions.org

Oakland Mediation Center

248-338-4280 www.mediation-omc.org/ 550 Hulet Drive, Ste., 102, Bloomfield Hills, 48302

Free Legal Assistance Clinics for low income individuals

248-858-0012 <http://oakland.michiganlegalhelp.org/> 1200 N. Telegraph Rd., Pontiac, 48341

University of Detroit Mercy School of Law Mobile Law Office <https://www.oakgov.com/lawlibrary>

The Adams–Pratt Oakland County Law Library hosts this clinic two Wednesdays a month from **10:00 a.m. to 1:00 p.m.** This free legal assistance clinic is available to *low income individuals*. Attendees must sign in onsite before **12:30 p.m.** Participation is first come, first served. Law professors, students and volunteer attorneys answer questions about the law, help citizens help themselves to resolve their legal issues, and make referrals to other agencies for non-legal matters. Attorneys meet with patrons in the library which is located in the West Wing Extension of the Oakland County courthouse, Building 14E.

For more information, please call the University of Detroit Mercy School of Law Mobile Law Office at 313-596-0262.

Family Law Assistance Project (F.L.A.P.) Call 248-335-0125 for more information.

Lakeshore Legal Aid and Cooley Law School partner to provide family law legal aid clinics. They are held every other Wednesday. Check in starts at 12:00pm ends at 3pm. You must register in the Oakland County Law Library.

To participate in the clinic you must meet the following criteria:

1. You must be low-income and a United States citizen or eligible alien.
2. You must need legal services in Oakland County or live in Oakland County.
3. Your circumstances must be related to a family law issue such as divorce, custody, parenting time, child support, a Personal Protection Order (PPO), etc.
4. You must not be represented by an attorney.
5. Please bring all documents relating to your legal action to the clinic. This includes all complaints, motions, orders and judgments.

The clinic cannot offer assistance in cases relating to child abuse and neglect.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

If you meet all of the above criteria you will be asked to complete some forms to determine whether there is a conflict of interest for our agency staff, verify your eligibility for services and give the attorneys some background information regarding your situation. Any information you provide is protected by the attorney-client privilege.

Participants in the clinic will be considered for further legal services based on our resources, either through our pro bono referral program or representation by staff attorneys. **We recommend you do not sign any legal documents without consulting an attorney.**

Following your attendance at the clinic, you will receive written notification from staff whether your case has been accepted for further services. Typically, these letters are mailed within 7 days of the date you attended the clinic. If your situation requires a more immediate response, we will contact you earlier.

F.L.A.P. holds an Estate Clinic for Oakland County residents over 60 years old. Maximum estate value is \$150,000 for a single person and \$250,000 for a married couple (not including value of residence). Call 248-335-0125 for an appointment.

Common Ground Legal Aid Clinic 248-451-3753 www.commongroundhelps.org

The Oakland County Law & Research Library hosts this clinic every Thursday from 11:00 a.m. to 12:30 p.m. and Tuesdays 6:00-7:30 pm at the Common Ground Administration Building, 1410 S. Telegraph, Bloomfield Hills. Individuals may come for a free consultation with a licensed attorney on any legal matter. Attendees must register anytime before 12:00 p.m. on Thursdays and by 7:00 p.m. on Tuesdays. No residency or income requirements.

The Salvation Army William Booth Legal Aid Clinic

313-361-6340

<http://oakland.michiganlegalhelp.org/>

Call for eligibility and appointments

Other Legal Aid Information:

- *Planning for your Peace of Mind-A guide to medical and legal decisions*
- *Changes and Choices- Legal Rights of Senior Adults*

Includes information on statutory wills, advance directives, guardianship, estate planning and more. Go to

[http://www.legislature.mi.gov/\(S\(1rhqayecsbpv2yifbhm2ehjq\)\)/mileg.aspx?Page=Publications](http://www.legislature.mi.gov/(S(1rhqayecsbpv2yifbhm2ehjq))/mileg.aspx?Page=Publications)

These documents may also be available from your State Representative.

A Practical Guide to Hiring a Lawyer

http://www.michbar.org/public_resources/HireLawyer.pdf

Information on Guardianship of Adults and Minors

<https://www.oakgov.com/courts/probate/case-types/guardianships-conservatorships/Pages/default.aspx>



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medicaid and other Michigan Department of Health & Human Service programs

www.michigan.gov/dhs

The Michigan Department of Human Services (MDHHS) provides programs and services to eligible clients such as:

- Financial support programs to qualifying low-income or disabled persons & refugees
- Medical Assistance for qualifying persons who cannot afford medical or nursing care
- Emergency Services for help to families facing emergencies which threaten health & safety
- Child Care
- Child Support
- Food Assistance

For information, contact the Oakland County MDHHS office listed above your zip code.

District 2- Madison Heights 30755 Montpelier Madison Heights 48071-4698 248-583-8700	
48008-10	Birmingham
48017	Clawson
48025	Franklin/Beverly Hills
48030	Hazel Park
48067-68, 73	Royal Oak
48069	Pleasant Ridge
48070	Huntington Woods
48071	Madison Heights
48072	Berkley
48076	Lathrup Village
48083-85, 98	Troy
48220	Ferndale
48237	Oak Park
48301-03	Bloomfield Twp.
48304	Bloomfield Hills
48307-09	Rochester Hills

District 3 25620 W. 8 Mile Southfield 48033 248-262-6400	
48033-34, 75	Southfield
48165	New Hudson
48167	Northville
48178	South Lyon
48320	Keego Harbor
48322-25	W. Bloomfield
48327	Waterford
48331-34	Farmington Hills
48335-36	Farmington
48356-57	Highland
48374-77	Novi
48380-81	Milford
48382	Commerce Twp.
48383, 86	White Lake
48387	Union Lake
48390	Walled Lake
48393	Wixom

District 4- Saginaw St. 51111 Woodward Ave., 5 th floor Pontiac 48342 248-975-5200	
48003	Almont
48306	Rochester
48321, 26	Auburn Hills
48328-29	Waterford
48330	Drayton Plains
48340-43	Pontiac
48346-48	Clarkston
48350	Davisburg
48359	Orion Twp
48360-62	Lake Orion
48363	Oakland Twp
48366	Lakeville
48367	Leonard
48370-71	Oxford
48430	Fenton
48442	Holly

Go to the Michigan Department of Health & Human Services website to apply for benefits including health care coverage, food assistance, cash assistance, childcare and emergency services. www.michigan.gov/mibridges

MDHHS provides help in locating and selecting licensed community care facilities, such as Adult Foster Care Homes and Nursing Homes, for people who can no longer live independently. Contact your local DHS office for information and eligibility requirements of each of these services.

Adult Protective Services:

The goal of the Adult Protective Services Program is to assist those persons 18 years or older who have been abused, neglected, or exploited and who are vulnerable and unable to take the necessary steps to correct their situation. To report adult abuse or neglect in Michigan, call **855-444-3911**, anytime. (This number also takes calls for Children’s Protective Services referrals.)

Home Help Services (HHS):

Non-specialized personal care services are available to those customers who meet eligibility requirements. These programs assist functionally limited individuals to remain in their independent settings for as long as possible.

https://www.michigan.gov/mdhhs/0,5885,7-339-71551_2945_42542_42543_42549_42590---,00.html

Other Resources:

Medicare Medicaid Assistance Program (MMAP) at the Area Agency on Aging 1B

Trained volunteers answer your questions about Medicare, Medicaid and programs to assist you with health care coverage.

800-852-7795 248-357-2255 www.aaalb.com

Medicaid

Suspected Medicaid fraud, waste or abuse can be reported via telephone, online or in writing

855-MI-FRAUD	www.michigan.gov/fraud	Office of Inspector General
855-643-7283		PO Box 30062
		Lansing, MI 48909

You can appeal a health plan decision you do not agree with by sending a written request to:

Michigan Department of Health and Human Services	Or call:
Medical Services Administration	Beneficiary Helpline
PO Box 30470	800-642-3195
Lansing, MI 48909-9753	

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medical Care, Home Health and Hospice Services

Medical Care Services

Physicians who provide services in the home.

Premiere Physicians Care

www.caresolutionsusa.com/

586-758-6222

Visiting physicians, NP and PA Oakland Macomb and some parts of Wayne

Eye Travel

248-376-6046

www.eyetraveldoc.com

Go Docs Go

855-463-6271

<http://godocsgo.net/>

Visiting Physicians Association

<http://visitingphysicians.com/vpa-locations/michigan/>

Southfield: 888-742 0285

Troy: 866-262-9054

Flint: 888-742-0286

For information about available health care services for those without insurance, contact the Oakland County Nurse on Call at 800-848-5533 and choose option 1 or email noc@oakgov.com

Skilled Home Care Agencies

Short-term care given by licensed professionals including nurses, therapists, and social workers, usually following a hospitalization or a newly diagnosed illness. Care is often covered by Medicare or other insurance.

Michigan Home Care Guide from the Area Agency on Aging 1B

www.MichiganHomeCareGuide.com

Advanced Home Care

866-605-0069

www.advancedhomecare.net

AmeriStaff Home Nursing

248-288-2270

www.ameristaffservices.com

Serving Oakland, Macomb and Wayne



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Arcadia Home Care & Staffing

866-224-7541 www.arcadiahomecare.com

Brightstar Healthcare

866-618-7827 www.brightstarcare.com

Ascension at Home

888-246-6322 www.ascensionathome.com

Generations Home Care Group

248-844-9650 or 877-264-3557 www.generationshomecare.us

Henry Ford Home Health Care

313-874-6500 <https://www.henryford.com/services/at-home/home-health-care>

The Medical Team

800-382-5940 Livonia; www.medicalteam.com
888-611-9892 Flint

Saint Joseph Mercy Home Care & Hospice

855-559-7178 www.trinityhomehealth.com

Michigan Community Visiting Nurse Association

800 852-1232 www.vna.org/

New Century Home Health Care, Inc

866-885-5639 www.newcenturyhomehealth.com

Optimal Care Home Care

248 723-9613 www.optimalcareinc.com

Quality Home Health Care Services of Michigan

866-270-2558 www.qualityhomehealthcare.net Serving Oakland

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

T.L.C. Home Health Care

248-626-8500 www.tlchomehealthcaremi.com

Hospice Services

AmeriCare Medical

800-782-3394 www.americaremedical.com Serving Oakland, Macomb and Wayne

Angela Hospice

866-464-7810 www.angelahospice.org

Kindred At Home

866-546-3733 <https://www.kindredhealthcare.com/>

Beaumont Hospital-Home Care & Hospice

248-743-9400 Hospice <http://www.beaumont.edu/centers-services/home-health-services/home-care/>

248-743-9500 Home Care

Grace Hospice

248-837-4390 www.ghospice.com

Heartland Home Care & Hospice

877-329-1001 www.hcr-manorcare.com

Hospice Compassus

248-355-9900 www.hospicecompassus.com

Hospice of Michigan

888 247-5701 www.hom.org

Saint Joseph Mercy Home Care & Hospice

855-559-7178 www.trinityhomehealth.com



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Community Visiting Nurse Association

800 852-1232

www.vna.org/

Reverence Home Health & Hospice

888-246-6322

<https://reverencehomehealth.org>

Other resources for health care at home may be found in the telephone directory under Home Health Services, Hospices, Nurses or Physicians, Surgeons & Podiatrists.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medicare & Social Security

Medicare

800-MEDICARE or 800-633-4227 **TTY/TDD:** 877-486-2048 www.medicare.gov

Railroad Retirement Board for beneficiaries only

877-772-5772 **TTY:** 312-751-4701 www.rrb.gov

State Department of Insurance & Financial Services of Michigan

To find out about Medigap policies available in your area, and insurance questions

877-999-6442 **Local:** 517-284-8800 www.michigan.gov/difs

Medicare and Medicaid Assistance Program (MMAP) at Area Agency on Aging 1B

800-803-7174 www.mmapinc.org www.aaalb.com 800-852-7795

Medicare Savings Plans

Help is available to pay your Medicare premiums if you meet certain conditions including limited income and assets. Medicare Savings Programs may also pay Medicare Part A and Part B deductibles, coinsurance and co-payments. Contact the Michigan Department of Health & Human Services Office to enroll or call the MMAP line listed above.

KePRO (formerly M-PRO)

Works to improve the quality of care for Medicare clients and handles beneficiary complaints and appeals

855-408-8557 **TTY:** 855-843-4776 www.keproqio.com/bene/qualityofcarecomp.aspx

Social Security Administration Offices

800-772-1213 **TTY:** 800-325-0778 <https://www.ssa.gov/>

Offices are open to the public on Monday, Tuesday, Thursday and Friday, from 9:00-4:00; Wednesday from 9:00-12:00.

1280 Pontiac Rd. Pontiac 48340	27650 Farmington Rd Farmington Hills 48334	140 N. Crooks Clawson 48017
-----------------------------------	---	--------------------------------

1149 Robert T. Longway Flint, 48503	7385 Triangle Dr. Sterling Heights, MI 48314	15250 E 12 Mile Rd Roseville, MI 48066	26200 21 Mile Road Chesterfield, MI 48051
--	---	---	--

SSA Multi-Language Gateway View and download SSA documents in many languages including American Sign Language. <https://www.ssa.gov/site/languages/en/>

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medication Disposal

Disposing of medications:

Return unused, unneeded or expired medications to a drug disposal or take-back-program whenever possible. If a disposal program is not available in your area, use the following procedure to dispose of medications: Take them out of their original containers. Mix the medications with an undesirable substance, like used coffee grounds or kitty litter, and put in impermeable, plain containers, such as empty cans or sealable bags. Throw the sealed containers in the trash.

Oakland County is home to multiple safe drug disposal programs. Find one near you at www.oakgov.com/PrescriptionDrugs

Collection Sites:

Collection Hours:

Oakland County Sheriff's Office

248-858-5000 1200 N. Telegraph Rd. Bldg. 38E, Pontiac 48341 Wednesdays from 8am-4pm

Oakland County Sheriff Addison Township Substation

248-628-2998 1440 Rochester Rd. Leonard 48367 Monday – Friday 8am-4pm

Oakland County Sheriff Brandon Township Substation

248-627-4911 15 South St. Ortonville 48462 Monday & Wednesday 8am-4pm, Friday 8am-12pm

Oakland County Sheriff Commerce Substation

248-624-0715 2401 Glengary Rd. Commerce Twp. 48307 Monday – Friday 7:30am- 4pm

Oakland County Sheriff Highland Township Substation

248-887-6240 165 N. John St. Highland Twp. 48356 Monday - Friday 8:00 am -4:00pm or by appt.

Oakland County Sheriff Independence Township Substation

248 620-4970 6560 Citation Dr. Independence Twp. 48346 Monday -Friday 7:30a.m.-4:30 p.m. or by appt.

Oakland County Sheriff Lyon Township Substation

248-437-5600 58000 Grand River, Lyon Twp. 48165 Monday - Friday 8:00 am -4:00pm or by appt.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Sheriff Orion Township Substation

248-393-0090 2525 Joslyn Road, Lake Orion 48360 Monday thru Friday 8:30 a.m.-4:00 p.m.

Oakland County Sheriff Rochester Hills Substation

248-537-3530 750 Barclay Circle Rochester Hills 48307 Monday thru Friday 7:00 a.m.-6:00 p.m.

Auburn Hills Police Department

248-370-9460 1899 N. Squirrel Rd., Auburn Hills 48326 Anytime, seven days per week

Beverly Hills Department of Public Safety

248-540-3400 18600 W. 13 Mile Rd. Beverly Hills 48025 Anytime, seven days per week

Birmingham Police Department

248-530-1870 151 Martin Street Birmingham 48012 Medication: Anytime, seven days per week.
Sharps: Residents only- may dispose at the Fire Department, Monday thru Friday 8:30 am-5:00 pm

Bloomfield Hills Department of Public Safety

248-644-4200 45 E. Long Lake Rd. Anytime, seven days per week

Bloomfield Township Police Department

248-433-7755 4200 Telegraph Rd Anytime, seven days per week.

Clawson Police Department

248-435-5000 425 N. Main St. Clawson 48017 Anytime, seven days per week.

Farmington-Farmington Hills Police Department

248-871-2600 31655 W. Eleven Mile Farmington Hills 48336 Anytime, seven days per week

Ferndale Police Department

248-541-3650 310 E. Nine Mile, Ferndale 48220 Anytime, seven days per week

Franklin Police Department

248-626-9672 32311 Franklin Rd., Ferndale 48025 Monday – Friday 9am – 5pm

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Hazel Park Police Department

248-542-6161 111 E. Nine Mile Rd., Hazel Park 48030 Anytime, seven days per week

Holly Police Department

248-634-8221 315 S Broad St. Holly 48442 Accepts pills in clear plastic zip-lock bags. Accepts sharps for residents only. Monday thru Saturday 8-4.

Huntington Woods Public Safety

248-541-1180 12755 W. Eleven Mile Rd. Monday thru Friday 8:30 a.m.-5:00 p.m.

Keego Harbor Police Department

248-682-3030 2025 Beechmont Street Keego Harbor 48320 Monday – Friday 8:30am – 4pm

Madison Heights Police Department

248-585-2100 280 W. 13 Mile Rd. Madison Heights 48071 Anytime, seven days per week

Oak Park Public Safety

248-691-7520 13800 Oak Park Blvd. Anytime, seven days per week

Oxford Police Department

248-628-2838 22 W. Burdick Oxford 48371 Monday - Thursday 9 am - 5pm,
Friday 10 am-5pm

Rochester Police Department

248-651-9621 400 Sixth St. Rochester 48307 Anytime, seven days per week

Royal Oak Police Department

248-246-3500 221 E. Third Street Royal Oak 48067 Anytime, seven days per week

Southfield Police Department

248-796-5500 26000 Evergreen Road Southfield 48076 Anytime, seven days per week

South Lyon Police Department

248-437-1773 219 Whipple St., South Lyon 48178 Anytime, seven days per week

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Troy Police Department

248-524-3477 500 W. Big Beaver Rd. Troy 48084 Monday thru Friday 7:00 a.m.-10:00 p.m.
Saturday and Sunday 8:00 a.m.- 4:00 p.m.

West Bloomfield Police Department

248-975-9200 4530 Walnut Lake Road, West Bloomfield 48325 Seven days per week, in original containers.

White Lake Police Department

248-698-4400 7525 Highland Rd. White Lake 48383 Anytime, seven days per week

Waterford Police Department (not part of Operation Medicine Cabinet)

248-674-0351 5150 Civic Center Dr. Waterford Every day, 7:00 a.m. – 6:00 p.m.
www.waterfordmi.gov/173/Announcements **Medications only, no sharps**

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Health Division Services

www.oakgov.com/health



1200 N. Telegraph Rd,
Building 34 East
Pontiac, 48341-0432
248-858-1280

27725 Greenfield Rd
Southfield, 48076-3625
248-424-7000



Business Hours:

Monday thru Friday, 8:30 a.m. to 5:00 p.m.

General Clinic Hours:

Monday, 8:30 a.m. to 6:00 p.m. and Tuesday thru Friday, 8:30 a.m. to 5:00 p.m.

Dental Programs

Oakland County Health Division Dental Program provides dental services for low-income county residents who have no dental insurance. For more information, call 248-858-1306.

Environmental Health

- Licenses and inspects food service establishments, investigates foodborne illness outbreaks and conducts food safety education classes.
- Issues permits for on-site sewage disposal systems and evaluates subdivisions and condominium developments.
- Indoor air information including Lead, Radon and Asbestos.
- Issues permits for on-site water systems, licenses public swimming pools and conducts water testing for drinking, swimming pools, and public beaches.
- Issues permits and conducts safety classes for body art practitioners and establishments.
- Investigates radiological contamination.

Pontiac 248-858-1312

Southfield 248 424-7190

Flu Clinics

Flu vaccine clinics begin in the fall and continue into the spring or until supplies run out. Information is available on our Flu Hotline during flu season at 800-434-3358.

General Clinic

Offers immunizations, HIV/AIDS counseling and testing, and testing/treatment for some sexually transmitted infections at both Oakland County Health Division sites. Clinic visits will require a \$5.00 fee per visit, per client. Payment method is cash, credit and debit cards. Fees are not refundable. Call 800-848-5533 for clinic fee information.

Pontiac 248- 858-1305

Southfield 248- 424-7046

Health Education

Health Education provides consultation, presentations and resource materials about many health topics, For information, call 248-858-4670.

Public Health Speakers Team

Public Health improves community health through education. Oakland County Health Division employs a diverse staff knowledgeable about a variety of health topics. We provide health education resources that are current, reliable, and relevant to our community. To request a speaker or to have OCHD attend a health fair or event, please submit your request online at www.oakgov.com/health/services/Pages/Public-Health-Speakers-Team.aspx

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Nurse on call

The Nurse on Call Program serves consumers, professionals, schools and businesses by providing health and general information, community resources and referrals. Call **800 848-5533**, choose option **1** or e-mail at noc@oakgov.com

Nutrition Services

Oakland County Health Division's Nutrition Services works to establish healthier eating habits by individuals. The following programs and services are provided for Oakland County residents:

- Home and community visits for individuals with nutritional needs
- Nutrition counseling for high-risk pregnant women and infants, overweight and obese children and children and adults with chronic disease
- Food, nutrition and breastfeeding information and referrals.

Call 248-858-1403 for more information.

HIV Early Intervention Services

Training, education, HIV counseling and testing

For more information, call 248-858-5416.

Tuberculosis Control

The Health Division provides Tuberculosis (TB) skin testing, treatment and counseling services. There is a \$8.00 charge for TB skin tests. Additionally, all clinic visits require a \$5.00 fee per visit, per client. Payment method is cash, credit and debit cards. Fees are not refundable.

TB skin tests are done in the general clinic on the following days:

Monday 8:30 a.m.- 6 p.m. Tuesday & Wednesday 8:30 a.m.- 5:00 p.m. Thursday - No Testing Friday 8:30 - 5:00 p.m.

Clients **must** return to have their test read no sooner than 48 hours and no later than 72 hours after the test is administered. No TB tests are given on Fridays before Monday holidays. Chest X-rays are done only by referral after talking with a nurse.

For more information, please call:

Pontiac 248-858-1305

Southfield 248-424-7075

For information on other Health Division programs for other age groups, visit our website at www.oakgov.com/health.

Pests & Nuisance Animals

Oakland County Animal Control and Pet Adoption

Animal bite investigations, dogs and livestock running at large, cruelty complaints, dog licensing, kennel inspection.

248-858-1090 for Animal Control

www.oakgov.com/petadoption

248-858-1070 for Pet Adoption

Dead stray animals

Avoid barehanded contact with dead birds and other animals. Use gloves or double plastic bags for small animals and place in the trash.

Birds

Use gloves, double bag in plastic bags and place in the trash.

Domesticated Animals: Contact Oakland County Animal Control

248-858-1090

www.oakgov.com/petadoption

Deer

If found in the road report to **Oakland County Road Commission**

877-858-4804 (248-858-4895 after hours
number)

www.rcocweb.org

If found on private property, the homeowner is responsible for removal. You may need to hire a private contractor for removal and disposal. Refer to the telephone directory for resources.

Wild Animal

Use gloves, double bag in plastic bags and place in the trash.

Living stray animals

If you find a baby animal, do not disturb it. Mothers will typically leave babies so they can look for food and will usually come back to get them. If you know the baby has been abandoned in a location for more than one day and is crying a lot,



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

you can contact the DNR at <http://www.michigan.gov/dnr> for information on what to do. Service Center: 313-396-6890.

Bats, Raccoons, Possums or other wildlife in your home

Call a local critter control or pest control company. Animal control can only handle domesticated animals and cannot remove wild animals from your home.

Coyotes, Injured Deer, in your yard

Contact the DNR at 800-292-7800 if you are having a problem with a wild animal on your property. Do not leave small pets outside unattended. They can entice coyotes to come into your yard which puts your pet in danger. Citizens experiencing problems with coyotes should contact a licensed nuisance company.

Landowners wishing to remove coyotes from their property may obtain services from a licensed nuisance animal control company. A list of licensed nuisance control companies can be found at www.michigan.gov/wildlife. If a coyote presents an immediate danger, the resident should contact their local Police Department by calling 911.

Pests

Bedbugs Pamphlets and Fact sheets

MSU Pesticide Safety Education Program Questions and Answers about Bedbugs.	www.ipm.msu.edu/pesticide_education_safety/resources/home_and_garden
Michigan Department of Community Health Bedbug Management Flowchart	www.michigan.gov/documents/emergingdiseases/BBflowchart_286041_7.pdf
Michigan Department of Health & Human Services Don't Let Bedbugs Bite	www.michigan.gov/documents/emergingdiseases/bed_bug_complete_web2_304873_7.pdf
Michigan Department of Community Health Bedbugs & Mattresses Fact sheet for Consumers	www.michigan.gov/documents/emergingdiseases/mattress_fact_sheet_275417_7.pdf
Michigan Department of Community Health How to Move and Leave Bedbugs Behind	www.michigan.gov/documents/emergingdiseases/Moving_286040_7.pdf
Michigan Department of Community Health	www.michigan.gov/documents/MDCH_Bedbugs_Factsheet



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Bedbug Fact sheet [_165671_7.pdf](#)

MSU Cooperative Extension www.ipm.msu.edu/pesticide_education_safety/resources/home_and_garden
Choosing A Pest Control Company

Refer to the telephone directory for other pest control resources.

Other nuisance or communicable illnesses

Lice, Lyme Disease, Rabies, Scabies, West Nile Virus

Oakland County Nurse on Call www.oakgov.com/health
800 848-5533

Prescription Resources

Patient Assistance Programs

Websites that list the patient assistance programs on generic and non-generic prescriptions available from drug companies and other special programs.

Needy Meds

www.needy meds.org/

800-503-6897

Medicine Assistance Tool

<http://medicineassistancetool.org/>

Pfizer Helpful Answers

www.pfizerhelpfulanswers.com

866-706-2400 or 844-989-7284

Rx Assist

www.rxassist.org/

Retail Pharmacy Prescription Programs

Many retail pharmacies have discount programs or offer certain prescription drugs at a reduced cost or, in a few cases, free. Contact the retailer for details.

CVS

<https://www.cvs.com/>

Detroit Medical Center (DMC) Pharmacy

www.dmc-care.org 888-362-2500

Rite Aid

www.riteaid.com/pharmacy/

Meijer

www.meijer.com/pharmacy

Walgreens

www.walgreens.com/pharmacy

Walmart

www.walmart.com/pharmacy

Target-CVS

www.target.com/pharmacy

Sams Club (Membership not required for pharmacy services)

www.samsclub.com/pharmacy/

Kroger

www.kroger.com/myprescriptions

Envisionrx

www.envisionrx.com/costco/cmpp.aspx

Costco

<http://www.costco.com/Pharmacy/home-delivery>

World Medical Relief

\$8.30 per prescription per month for low-income adults who do not have prescription insurance.

Call United Way at 211 or 313-866-5333 to pre-qualify www.worldmedicalrelief.org

Free Prescription Cards:

The Nurse on Call can direct you to other available prescription resources. Contact them for more information.

800-848-5533

noc@oakgov.com

NACo

877-321-2652

Prescription Discount Card

<http://www.nacorx.org/>

Coast 2 Coast Rx Discount-sponsored by Oakland County

800-931-8872

www.coast2coastrx.com

Rx savings Plus Card

877-673-3688

www.rxsavingsplus.com

Michigan Prescription Card

www.michiganrxcard.com

Fee Based Prescription Cards:

AARP

877-422-7718 (OptumRx)

<https://aarp-pharmacy.com/>

Age 50+ and AARP membership required.

For information on Medicare Part D Prescription Drug coverage:

800-633-4227

www.medicare.gov



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medicare and Medicaid Assistance Program

800-803-7174

www.aaa1b.com or www.mmapinc.org

For information about disposal of prescription medications, see the *Medications and Sharps Disposal* page on this website

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Senior Centers

Senior Centers are a valuable resource for activity, information and assistance in their community.

Addison/Leonard

Addison Senior Center	1440 Rochester Rd 48367	248 628-3388	http://www.twp.addison.mi.us/
-----------------------	-------------------------	--------------	---

Auburn Hills

Auburn Hills Community Center	1827 N Squirrel Rd 48326	248 370-9353	www.auburnhills.org
-------------------------------	--------------------------	--------------	--

Berkley

City of Berkley Senior Center	2400 Robina 48072	248 658-3470	www.berkleymich.org
-------------------------------	-------------------	--------------	--

Birmingham

Birmingham Next	2121 Midvale 48009	248 203-5270	www.birminghamnext.org
-----------------	--------------------	--------------	--

Bloomfield Township

Bloomfield Township Sr Svcs	4315 Andover Road 48302	248 723-3500	www.bloomfieldtwp.org/seniors
-----------------------------	-------------------------	--------------	--

Brandon/Groveland

Edna Burton Senior Center & Activity Center	345 Ball Street Ortonville 48462	248 627-6447	www.brandontownship.us
---	----------------------------------	--------------	--

Clarkston

Independence Twp. Sr Center	6000 Clarkston Rd 48348	248 625-8231	http://www.twp.independence.mi.us/
-----------------------------	-------------------------	--------------	---

Clawson

Clawson Senior Center	509 Fisher Court 48017	248 583-6700	www.cityofclawson.com
-----------------------	------------------------	--------------	--

Commerce

Richardson Senior Center	1485 Oakley Park Drive 48390	248 926-0063	http://commercetwp.com/
--------------------------	------------------------------	--------------	---

Davisburg-Springfield

Hart Community Center	495 Broadway 48350	248 846-6558	http://www.springfield-twp.us
-----------------------	--------------------	--------------	---



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Farmington Hills

Farmington Hills Senior Division	28600 Eleven Mile Rd 48336	248 473-1830	www.fhgov.com/Activities/Programs/Adults-50-Better.aspx
----------------------------------	----------------------------	--------------	--

Ferndale

Ferndale Senior Center	1201 Livernois 48220	248 544-6767	www.ferndalemi.gov
------------------------	----------------------	--------------	--

Hazel Park

Hazel Park Senior Center	620 W Woodward Heights 48030	248 546-4093	www.hazelpark.org
--------------------------	------------------------------	--------------	--

Highland

Highland Senior Center	209 N. John St 48357	248 887-1707	www.haacnews.webs.com
------------------------	----------------------	--------------	--

Huntington Woods

Huntington Woods Senior Center	26325 Scotia 48070	248 541-3030	www.hwmi.org
--------------------------------	--------------------	--------------	--

Lake Orion

Orion Center	1335 Joslyn Rd 48362	248 391-0304	http://oriontownship.org
--------------	----------------------	--------------	---

Madison Heights

Madison Heights Senior Center	29448 John R 48071	248 545-3464	http://www.madison-heights.org
-------------------------------	--------------------	--------------	---

Milford

Milford Senior Center	1050 Atlantic St. 48381	248 685-9008	www.milfordtownship.com
-----------------------	-------------------------	--------------	--

Northville

Northville Senior Adult Services	303 W Main St 48167	248 305 2851	www.northvilleparksandrec.org
----------------------------------	---------------------	--------------	--

Novi

Older Adult Services	45175 Ten Mile Rd. Novi.	248 347-0414	www.cityofnovi.org
----------------------	--------------------------	--------------	--

Oak Park

Oak Park Senior Center	14300 Oak Park Blvd 48237	248 691-2357	www.ci.oak-park.mi.us
------------------------	---------------------------	--------------	--

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Pontiac

Bowen Community Center	52 Bagley St 48341	248 758-3240	www.pontiac.mi.us
Ruth Peterson Community Center/ LaAmistad Senior Club	990 Joslyn 48340	248 758-3277	www.pontiac.mi.us

Rochester

Older Persons' Commission	650 Letica Dr 48307	248 656-1403	www.opcseniorcenter.org
---------------------------	---------------------	--------------	--

Royal Oak

Leo Mahany Senior Center	3500 Marais 48073	248 246-3900	www.romi.gov/356/Senior-Community-Center
Jack & Patti Salter Center	1545 E. Lincoln Av. 48067	248-246-3180	

Royal Oak Township

Pearl Wright Senior Center	21131 Garden Lane 48220	248-547-9803	www.royaloaktwp.com/seniorcenter.html
----------------------------	-------------------------	--------------	--

South Lyon

South Lyon Senior Center	1000 N Lafayette 48178	248 573-8175	http://www.slcs.us/departments/center_for_active_adults/index.php
--------------------------	------------------------	--------------	---

Southfield

Southfield Senior Adult Center	26000 Evergreen Rd 48034	248 796-4650	www.cityofsouthfield.com/jresidents/seniors/tabid/77/default.aspx
--------------------------------	--------------------------	--------------	--

Troy

Troy Community Center	3179 Livernois 48083	248 524-3484	https://rec.troymi.gov/
-----------------------	----------------------	--------------	---

Waterford

Waterford Senior Center	3621 Pontiac Lake Rd 48328	248 682-9450	www.waterford.k12.mi.us/pages/51377/waterford-senior-center
Waterford Parks and Recreation 50+ Program	5640 Williams Lake Rd 48329	248 674-4881	www.waterfordmi.gov/227/50-Recreation-Activities

West Bloomfield

Parks & Recreation	4640 Walnut Lake Rd 48323	248 451-1900	www.westbloomfieldparks.org
--------------------	---------------------------	--------------	--



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Jewish Community Center

6600 W Maple 48322

248 661-1000

www.jccdet.org

White Lake

Dublin Community Senior Center

685 Union Lake Rd 48383

248 698-2394

www.whitelaketwp.com/

Wixom

Wixom Senior Center

49015 Pontiac Trail 48393

248 624-0870

www.cityofwixom.com

Look under Residents/Community Services



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Senior Resource Information

Oakland County Health Division Nurse on Call

800-848-5533 and choose option 1

www.oakgov.com/health

e-mail at noc@oakgov.com

Beaumont Personal Assistance Services

248-743-6667

<https://www.beaumont.org/services/seniors/beaumont-personal-assistance-services>

Michigan Home Care Guide

800-852-7795

www.michiganhomecareguide.com

Eldercare locator

800-677-1116

www.eldercare.gov

Jewish Senior Life

248-661-1836

www.jslmi.org

Medicare and Medicaid Assistance Program

800-803-7174

<http://mmapinc.org/>

Michigan Office of Services (OSA) for the Aging

517-373-8230

www.michigan.gov/osa

Macomb Oakland Regional Center, Inc.

866-807-6940

Assists individuals with disabilities and mental illness

www.morcinc.org

Oakland 248-276-8000

Macomb 586-263-8700

Oakland Livingston Human Service Agency (OLHSA)

248-209-2600

www.olhsa.org

United Way of Southeast Michigan

Senior Resource Information

06/01/2019



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

211-313-226-9200

www.liveunitedsem.org

Adult Abuse and Neglect Referrals:

Adult Protective Services for all of Michigan

855-444-3911

www.michigan.gov/dhs/0,1607,7-124-5452_7122-15663--,00.html

Senior Programs in Cities and Counties:

Oakland County Nurse on Call

248-848-5533

www.oakgov.com/seniors

City of Detroit Ombudsman

313-224-6000

www.detroitmi.gov/How-Do-I/File/Ombudsman-FAQs

Genesee County

810-424-4478

www.gc4me.com/resident/senior_services/index.php

Lapeer County

810-245-5866

www.lapeercountyweb.org/
<http://www.lapeercountyweb.org/index.php/departments/county-health-department/senior-programs>

Livingston County (Senior Nutrition-Meals on Wheels)

810-632-2155 or 888-886-8971

www.lcsnp.org or <https://www.livgov.com/>

Macomb County

586-469-5228

<http://mca.macombgov.org>

Washtenaw County

734-544-6700

<https://www.washtenaw.org/1584/Older-Adults>

Wayne County (Senior Nutrition Program)

734-326-5202

www.waynecounty.com/svs/index.htm

SE Michigan Area Agencies on Aging:

Area Agency on Aging 1B (Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw)

800-852-7795

www.aa1b.com

Detroit Area Agency on Aging 1A (Detroit, Hamtramck, Harper Woods, Highland Park, Pointes)

313-446-4444

www.detroiteniorsolution.org

1C Senior Alliance, Inc. (All of Wayne County except areas served by Detroit AAA)

734-722-2830 or 800-815-1112

www.aa1c.org

<https://www.thesenioralliance.org/>

Region 7 Area Agency on Aging (Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, Tuscola)

800-858-1637

www.region7aaa.org

Valley AAA (Genesee, Lapeer, Shiawassee)

810-239-7671 or 800-978-6275

www.valleyaaa.org

TDD 810-233-4242

For a list of other Area Agencies on Aging in Michigan go to www.aaanm.org/area-agencies-on-aging-michigan/

Other Resources

Better Business Bureau of Eastern Michigan

866-788-5706

<http://easternmichigan.bbb.org/>

Michigan Protection and Advocacy Services

Protects the legal rights of people with disabilities

800-288-5923 or 517-487-1755

www.mpas.org

Volunteer Opportunities:

Home Delivered Meals: Contact your local senior center or your local Area Agency on Aging (See above on this page)



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland Literacy Council

248-253-1617

www.oaklandliteracy.net

American Red Cross

313-833-4440

www.redcross.org/local/michigan

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Sharps Disposal

Disposing of Sharps:

Sharps include needles, syringes and lancets used for health care needs. Do not place sharps in recyclable containers and send them to a recycling center. NEVER flush needles, syringes or lancets down the toilet.

Contact a hazardous waste company that might accept your sharps for a fee. A list of these companies and other information is available from the **Michigan Department of Environmental Quality** at **(800) 662-9278** or at www.michigan.gov/deqmedwaste .

Contact your local waste authority or hazardous waste collection program for information

Hazardous waste programs and the communities they serve	
SOCRRA Communities (248) 288-5150 www.socrra.org/ (drop off site in Troy; call for details)	Berkley, Beverly Hills, Birmingham, Clawson, Ferndale, Hazel Park, Huntington Woods, Lathrup Village, Oak Park, Pleasant Ridge, Royal Oak, Troy
NOHAZ Communities (248) 858-5656 www.nohaz.com	Addison Twp., Groveland Twp., Independence Twp., Lake Angelus, Lake Orion Village, Leonard Village, Oakland Twp., Orion Twp., Oxford Twp., Oxford Village, Pontiac, Rochester, Rochester Hills, Rose Twp., Springfield Twp., Waterford Twp. Call for information: Some communities have fees for this service.
RRRASOC Communities (248) 208-2270 www.rrrasoc.org	Farmington, Farmington Hills, Milford Twp., Village of Milford, Novi, Southfield, South Lyon, Walled Lake, Wixom

Contract with a U.S. Postal Service approved mail-back service. These services provide containers and directions to return sharps to the company through the U.S. mail.

Contact the **Coalition for Safe Community Needle Disposal** at **800 643-1643** or at www.safeneedledisposal.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

BD Sharps Disposal by Mail

888-232-2737 www.bd.com/us/diabetes/page.aspx?cat=7002&id=7415 <https://www.bd.com/en-us/offerings/capabilities/diabetes-care/sharps-containment> Container with postage-paid mailing box can be purchased at your local pharmacy.

Group Mail-back Sharps Disposal

800-207-0976 www.sharpsdisposal.com Provides container and USPS return box

Stericycle Sharps Disposal Mail back Program

866-783-7422 www.stericycle.com Call to order kit which includes approved plastic container and Postage-prepaid Mail back shipping box.

Waste Management Household Hazardous Waste Services

866-797-9018 www.wm.com Check online or call about services in your community
<https://www.wm.com/residential/recycle-by-mail.jsp>

Other Counties:

Macomb County Medication Disposal (No narcotics accepted)

586-469-5236 <https://health.macombgov.org/Health-Home> Mt. Clemens & Warren locations, M-F 8:30am-5pm.

Wayne County Medication Disposal

734-326-3936 www.waynecounty.com Call for information.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Transportation

Donations may be suggested or fees required for the following transportation services. Check with the provider for details.

Addison

North Oakland Transportation Authority

248-693-7100

www.notaride.org

72 hours advance notice recommended

Age 60+ residents of Addison Twp., Leonard, Lake Orion, Orion Twp., Oxford and Oxford Twp. Call for service area information & hours of service. Disabled riders under 60 need health care provider authorization.

Auburn Hills

Senior Services

248-370-9353

www.auburnhills.org

Advance notice required

Age 65 + or disabled residents. Travels within city limits for medical appts, shopping, & lunch at community center. \$2.00 each way.

Berkley

Recreation Center

248-658-3470

www.berkleymich.org

Call 9:00-11:30 am

Age 50+ residents, retired or semi-retired. Call for service area information. Reservations made from one week to two months in advance. \$3.00 donation each way suggested.

Birmingham

Birmingham Next

248-203-5270

www.birminghamnext.org

3 day advance notice required

Age 50+ or disabled living within Beverly Hills, Birmingham, Bingham Farms, Franklin. \$3.00 one-way or \$4.00 round trip.

Bloomfield

Bloomfield Twp. Senior Transportation Services

248-723-3500

<https://www.bloomfieldtp.org/Government/Services/Senior-Services.aspx>

Transport to Senior Center or medical appointments. Call for service area, eligibility and hours of service.

Smart Community Transit

866-962-5515 www.smartbus.org

Clarkston - See Independence Twp.

Clawson Senior Center

248-583-6700 <https://www.cityofclawson.com/your-government/parks-and-recreation/senior-adult-programs.php> \$4 round trip.

Clawson residents. Call for service area information, eligibility and hours of service.

Farmington/Farmington Hills

Costick Center

248-473-1864 www.fhgov.com/Activities/Programs/Adults-50-Better/Transportation.aspx At least 3 to 4 working day advance notice

Age 55+ or disabled residents. Call for service area, eligibility and hours of service. \$2 each way donation suggested.

ABC Transportation and Dial-a-Ride

248-477-4300 www.rideabc.com/services/community-service/ 24 hour advance notice for handicap van.
800-563-4222 None for cab.

Seniors or disabled residents. Serves Bloomfield TWP, Farmington, Novi, West Bloomfield, and Walled Lake.

SMART-Dial-a-Ride

866-962-5515 http://www.myride2.com/transit_providers/smart-farmington-and-farmington-hills-dial-a-ride/

Farmington and Farmington Hills residents only. Ride must originate and end within the city limits of Farmington or Farmington Hills. Call for details.

Ferndale

SMART Transportation Program

248-914-2701 <https://www.ferndalemi.gov/resources/smart-transportation-program> Call between 10:00 and 12:00 for reservations.
Minimum 2 business days advance notice. Residents of Ferndale only.

Hazel Park Senior Center

248-546-4093 www.hazelpark.org/residents/senior_services.php
55+ or disabled residents of Hazel Park. \$1.5 one-way/\$3 round-trip.

Highland (Also serving Milford) Transportation Services

248-887-4979 https://www.highlandtwp.net/index.php?option=com_content&view=article&id=87&Itemid=503 24 hours to 2 month advance notice
Age 55+ or disabled residents of Highland & Milford Twp., Village of Milford. Travels to Highland & Milford Twps, Village of Milford and Huron Valley Sinai Hosp. May travel outside local area for extra cost. Call for details. Local service \$3.50 each way.

Huntington Woods Community Center

248-541-3030 www.hwmi.org/government/senior_services.php 48 hours advance notice
Call between 9 am-12pm Age 55+ or disabled residents of Huntington Woods only. \$1 each way.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Independence Twp Senior Center

248-625-8231 http://www.indetwp.com/residents/senior_center/transportation.php Must arrange in advance

Age 55+ or disabled adult residents of Clarkston, Independence or Springfield Twps. Call for details.

Lake Orion North Oakland Transportation Authority

248-693-7100 www.notaride.org 72 hours advance notice

Transit dependent residents of Addison Twp., Lake Orion, Leonard, Orion Twp., Oxford and Oxford Twp. Some weekend service available. A professional verification form is required for those with a disability.

Madison Heights Senior Center

248-545-3464 <https://www.madison-heights.org/292/Transportation-Program>

Age 50+ or disabled residents. Hours Monday through Friday medical appointment. Up to 7 Miles, \$2.50 each way.

Milford See Highland Township

Northville Community Senior Center

248-449-9934 www.northvilleparksandrec.org 2 days advance notice Age 60+ or disabled residents of Northville or Northville Twp.
Call between 9-11:30

Novi Senior Center

248-735-5617 <https://cityofnovi.org/Government/City-Services/Parks,-Recreation-and-Cultural-Services/Older-Adult-> 1 day advance notice, based on availability

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

[Services/Transportation.aspx](#)

Age 55 + or disabled residents. Free rides within city of Novi or \$5 one-way outside of city limits up to 10 miles.

Oak Park

Senior Center

248-691-7555

www.ci.oak-park.mi.us

48 hours advance notice

Age 55+ or disabled residents of Oak Park. Call Monday thru Thursday, 9am-1pm/2pm-5pm. \$2-\$4 per ride. Medical appointments and errands 8 mile radius.

Ortonville

Edna Burton Senior Center

248-627-6447

2 days advance notice, based on availability.
\$2 each way

Age 55+ or disabled residents of Brandon, Brandon Twp., Groveland Twp., and Ortonville. Call for service area, eligibility and hours of service.

Oxford

North Oakland Transportation Authority

248-693-7100

www.notaride.org

72 hour advance notice

Transit dependent residents of Addison Twp., Lake Orion, Leonard, Orion Twp., Oxford and Oxford Twp. Some weekend service available. A professional verification form is required for those with a disability.

Rochester/Rochester Hills/Oakland Township

Older Person's Commission

248-652-4780

www.opcseniorcenter.org

TTY: 800-649-3777

Age 60+ or disabled residents of Rochester, Rochester Hills and Oakland Twp. Travels to Rochester, Rochester Hills, Oakland Twp., Oakland University, or the Troy Beaumont. 48 hour advance notice. \$2 one-way/\$4 round-trip.

Neighborhood House

248-651-5836

www.ranh.org

48 hours advance notice.

Must be a current client. Elderly or disabled adults. Must live in Rochester, Rochester Hills, Oakland Twp., Addison Twp.



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

and Auburn Hills east of I-75. Will travel 12 mile radius.

Royal Oak Senior Center

248-246-3914

www.ci.royal-oak.mi.us

Minimum of 24 hour advance notice. Up to 2 weeks advance notice

Age 60+ or disabled residents. Call for service area, eligibility and hours of service. Indicate if van with lift is needed. \$3 one-way/\$4 round-trip suggested donation

Royal Oak Township Fannie Adams Transportation

248-547-9803

www.royaloaktwp.com/transportation.html

Must purchase tickets in 2 days advance .

South Lyon People's Express

877-214-6073

www.peoplesexpressmi.com

3 business days advance notice

Call between 10am-7pm M-F only. Disable, low-income, and senior Citizens. Call for service area information, eligibility and hours of service.

Southfield Transportation of Southfield Seniors (TOSS)

248-796-4658

www.cityofsouthfield.com

Age 60+ or disabled residents of Southfield or Lathrup Village. Call for service area, eligibility and hours of service.

Troy SMART Connector

866-962-5515

www.smartbus.org

2 day advance notice before ride.

For residents of Troy, Birmingham and Beverly Hills for travel within those areas plus Beaumont Hospital and Meijer, Royal Oak.

Troy Medi-Go Plus

Transportation
06/01/2019

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248-457-1100

https://troymi.gov/community/senior_citizen_programs/transportation.php

Age 60+ or disabled Troy resident. Travels within Troy and surrounding are. Call for details between 9am-4pm. \$2 one way.

Troy People Concerned

248-528-9199

For special needs residents who can't use Smart Bus or Medi-Go Plus. 48hour advance notice.

Walled Lake Community Partnership Program

City of Walled Lake

248-624-4847

www.walledlake.com or www.smartbus.org 2 days advance notice

248-887-4979

Seniors or disabled residents. Call for service area information, eligibility and hours of service.

Waterford

Senior Center

248-682-9450

www.waterford.k12.mi.us/seniorcenter

Call in advance

Senior & disabled residents of Waterford Twp. or Waterford School District. Call for service area, eligibility and hours of service.

West Bloomfield Twp

Parks & Recreation

248-706-2411

www.westbloomfieldparks.org Look under "Recreation"

Age 55+ or disabled resident. Call for service area information, eligibility and hours of service

White Lake

Dublin Community Senior Center

248-698-3994

www.whitelaketwp.com/

Minimum of 1 day advance notice, up to 2 weeks in advance.

<http://www.whitelaketwp.com/services-departments/dublin-community-senior-center/senior-disabled-transportation-program>

Senior and disabled residents of White Lake, Commerce and Wolverine Lake. Call for service area information, eligibility and hours of service. Age 55 and older or disabled resident. \$2 one-way donation.

Wixom

Transportation

06/01/2019

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Senior Transportation

877-214-6073 www.cityofwixom.com 48 hour advance notice. 55+ or disabled residents.
(People’s Express) www.peoplesexpressmi.com Up to 10 mile radius. Call for fees, service area, hours.

Other transportation resources. Call for information on hours of services and fees.

Rides In Sight (transportation referral service)

855-60-RIDES or www.ridesinsight.org **Rides In Sight** hotline available Monday—Friday
855-607-4337 from 8AM—8PM Eastern Time

myride2

855-myride2 www.myride2.com Helps seniors and adults with disabilities find transportation options. Serves Oakland, Macomb and western Wayne County.
855-697-4332

SMART Dial-a-ride: Available in many communities. Call for more information

866-962-5515 www.smartbus.org advance notice: 1 hour before ride needed

American Cancer Society Road to Recovery

800-227-2345 www.cancer.org Cancer patients to medical appointments for treatment.

Freedom Road Transportation

248-232-1259 www.freedomroadtransportation.org Seniors, disabled or low income. Reimburses mileage to your volunteer driver. Free. Limit of 90 miles/mo.

Jewish Family Services

248-592-2266 www.jfsdetroit.org Older adults or disabled. Requires pre-registration & 2 week notice for rides. Sliding scale cost based on income.
8:30 a.m.-5:00 p.m.

LogistiCare

248-663-4900 www.logisticare.com 3 day advance notice. For qualifying Medicare & Medicaid

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

clients in Oakland, Macomb and Wayne Counties.

Loving Touch Transportation

586-992-1024 www.lovingtouchtransportation.com All ages. Specializing in wheelchair and limited mobility individuals. All vans with ramp.

Lyft

www.lyft.com Arrange and pay for rides via a smart phone/device.

Metro Ride Taxi

800-320-1683 <http://metroride.com> Available 24/7. Airport transport

Reddi Ride

248-559-2500 www.reddiride.com Seniors, disabled children & adults 2 days notice

S&L Transportation

313-897-6200 Available 24/7 by appointment 2 business day
800-823-9044 advance notice

SMART Bus

866-962-5515 www.smartbus.org Fixed routes & Dial-a-Ride. Call for information

Star EMS (ambulance & wheelchair vans)

248-481-5000 www.starems.com Fee for service.

Uber

<https://www.uber.com/cities/detroit/> Arrange and pay for rides via a smart phone/device.

Veteran's Services

248-858-0785 www.oakgov.com/veterans To VA Medical Centers only in Ann Arbor and Detroit. Call for details. 1 week
248-655-1250 advance notice



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Pickups in Pontiac, Southfield, Troy, and Walled Lake. for wheelchair pickups

Worry Free Transportation

248-481-8811 www.wft1.com 48hour notice. Specialize in wheelchair transport.

ZCD Transportation

248-853-4346 24 hour notice

Bike Trail Information

Rails to Trails

202-331-9696 www.trailink.com

Oakland County Parks

888-OC-PARKS (888-627-2757) or 248-858-1400 www.destinationoakland.com

Longer Distance Travel

Bus Service

Greyhound Lines

800-231-2222 TDD: 800-345-3109 www.greyhound.com

Greyhound Bus Stations:

Southfield	Ann Arbor	Pontiac	Flint
26991 Lahser Rd 48034	325 Depot St 48104	51000 Woodward Ave 48342	1407 S. Dort Hwy 48503
248-353-2870	734-662-5212	248-333-2499	810-232-1114
Station with ticket office			
Call about hours & services			

Rail Service

Amtrak

800-872-7245 TDD: 800-523-6590 www.amtrak.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Amtrak Stations:

<p>Ann Arbor 325 Depot St 48104 Station with waiting room, ticket office and baggage assistance.</p>	<p>Troy 1201 Doyle Dr. 48342 Station with waiting area Board and disembark only No ticket office or services.</p>	<p>Dearborn 21201 Michigan Ave 48126 Station with waiting room only.</p>	<p>Detroit 11 W Baltimore Ave 48202 Station with waiting room, ticket office and baggage assistance.</p>
<p>Flint 1407 S Dort Hwy 48503 Station with waiting room. Ticket office and baggage assistance</p>	<p>Lapeer 73 Howard St 48446 Station with waiting room No ticket office or services</p>	<p>Pontiac 51000 Woodward Ave 48342 Station with waiting area Board & disembark only No ticket office or services</p>	<p>Royal Oak 202 S Sherman 48069 Platform with shelter Board & disembark only No ticket office or services</p>



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Utility Assistance

Heat and Electricity

If your services are shut off or scheduled to be shut off apply for State Emergency Relief online at www.michigan.gov/mibridges or in person through your local Michigan Department of Human Services (MDHS) office.
Madison Heights: 248-583-8700 Pontiac: 248-975-5200 Southfield: 248-262-6400

Consumer's Power

800-477-5050 www.consumersenergy.com

Detroit Edison

800-477-4747 www.dteenergy.com

Contact your utility provider to ask about shutoff protection plans

Call **Miss Dig** before digging where utility lines may be buried

800-482-7171 or 248-370-6400 or 811 www.missdig.net

Public Service Commission

Complaints and Questions about utilities

800-292-9555 or 517-284-8100 www.michigan.gov/mpsc

Emergency funds to assist with home heating bills may be available from local agencies. A shut off notice may be required for assistance. Call for information.

The Heat and Warmth Fund (THAW)

To apply for THAW assistance call the automated referral line at 1-800-866-8429 to find a THAW agency in your area. www.thawfund.org

Lighthouse

Pontiac: 248-920-6000 www.lighthouseoakland.org
Clarkston: 248-620-6116



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Home Energy & Weatherization Program

855-275-6424 www.michigan.gov/dhs/0,4562,7-124-5453_5531_62128---,00.html

Michigan Home Heating Tax Credit Hotline

517-636-4486 www.michigan.gov/dhs/0,4562,7-124-5453_5531_62128---,00.html
800-649-2777 or 7-1-1 (Hearing or Speech-impaired)

Oakland Livingston Human Service Agency

Pontiac: 248-209-2600 Ferndale: 248-542-5860 www.olhsa.org/

City of Southfield - Human Services Department

248-796-4546 www.cityofsouthfield.com

Salvation Army

248-334 2407 469 M.L King Blvd S. Pontiac 48342 www.salvationarmyusa.org

248-585 5600 3015 N. Main St. Royal Oak 48073 www.salvationarmyusa.org Contact: Captain P. Mount

248-477-1153 27500 Shiawassee Farmington Hills www.salvationarmyusa.org Contact: Captain M. Anderson

United Way of SE Michigan

Dial 211 or 1-844-211-4994 www.liveunitedsem.org

The above agencies may be aware of other sources for heating assistance. You can also call your local senior center or the Oakland County Nurse on Call at 800-848-5533.

Home Weatherization programs may help make your home more energy efficient and save money on utility bills. Call these programs for assistance with weatherization information and services:

Oakland Livingston Human Service Agency

248-209-2600 in North Oakland County www.olhsa.org/complete-services

248-542-5860 in South Oakland County



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Community and Home Improvement

248-858-0493

www.oakgov.com/chi

Telephone

AT&T Center for Customers with Disabilities

Voice calls: 866-241-6568 TTY calls: 866-241-6567

www.wireless.att.com/businesscenter/enterprise-reference-guide/national-center-customers-disability.jsp

Programs offering free cell phone with limited minutes for qualifying low-income participants

Safelink Wireless: 800-723-3546

Assurance Wireless: 888-321-5880

Or www.safelinkwireless.com

www.assurancewireless.com

Emergency Senior Cell Phone Program

Oakland County Sheriff Department

Cell phone distribution hours are:

Every Friday from 9:00 a.m. to 12:00 p.m. (noon)

248-975-9700, then press # 1

Where: Oakland County Sheriff's Office

1200 North Telegraph Road Building 38E

Pontiac, Michigan 48341

Check with your local senior center for other resources for free emergency cell phones.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Vaccines and Immunizations for Older Adults

Hepatitis A

Given in a series of two doses, this vaccine prevents Hepatitis A infection. It is given to ages 12 months and older. It is also available in a combination vaccine with Hepatitis B for persons 18 years and older.

Hepatitis B

Given in a series of three doses, this vaccine prevents Hepatitis B infection. It is given to any age. It is also available in a combination vaccine with Hepatitis A for persons 18 years and older.

Influenza

Given yearly, this vaccine prevents or lessens the severity of the disease. It is currently given to all age groups over age 6 months. Usually available from September to June.

Measles-Mumps-Rubella (MMR)

Given as a series of two doses of vaccine to children age 12 months and older.

Pneumococcal polysaccharide (Pneumovax)

Given once or twice in a lifetime, this vaccine prevents or lessens cases of pneumonia and other infections. It is currently given to all adults age 65 and over and to children and adults, age 2 thru 64 years with certain health conditions.

Pneumococcal Conjugate (PCV13, Prevnar 13)

One dose of PCV13 vaccine given to adults aged 65 and older. Also given to those 19-64 with specific risk factors.

Tetanus-diphtheria

A booster dose is needed every 10 years

Tetanus, diphtheria and pertussis

Currently given once, in place of a booster dose for Tetanus-diphtheria, this vaccine also provides protection against pertussis (whooping cough). Given for children and adults, aged 10 years and older

Shingrix (Shingles)

Given in a two dose series to adults aged 50 and older. This vaccine prevents or lessens the severity of the disease.

Zoster (Shingles)

Given in a single dose to adults aged 60 and older. this vaccine prevents or lessens the severity of the disease.

The Oakland County Health Division provides immunizations for all ages at our two service locations.



1200 N. Telegraph Rd
Pontiac, 48341-0432
248-858-1280

27725 Greenfield Rd
Southfield, 48076-3625
248-424-7000



General Clinic hours:

Monday, 8:30am to 6:00 p.m. and Tuesday thru Friday, 8:30 a.m. to 5:00 p.m.

Adult immunizations available include

- Hepatitis A
- Hepatitis B
- HPV
- Influenza
- Measles/Mumps/Rubella (MMR)
- Meningococcal
- Pneumococcal (pneumonia) vaccines
- Tetanus/Diphtheria (Td)
- Tetanus/Diphtheria/ Pertussis (Tdap)
- Varicella
- Zoster (Shingles)

Fees for each vaccine vary and are not refundable. There is an additional \$7.00 administration fee per vaccine. Call the Nurse-on-Call at 800-848-5533 for more information on approximate costs and payment options.

Other providers of immunization services

Contact your medical provider about immunizations they provide in their office. Consult with their office about price, availability and insurance coverage.

Some vaccines are available at local pharmacies. Consult with the pharmacist about availability, cost and insurance coverage.

Travel Immunizations

Travel immunizations may be needed along with the routine immunizations mentioned above for travel to certain areas of the world. The types of vaccines required will depend on where you are going, what you will be doing and where you will be staying.

Immunizations required for travel outside of the United States may be obtained from a travel clinic. For travel clinic information, contact the Nurse-on-Call at 800-848-5533 or 248-858-1406; press option 1

Plan ahead!

- Vaccines may need to be taken days, weeks or even months before travel to have the best protection
- It could take 2-3 weeks to get an appointment with a travel clinic and talk with your doctor before you travel

Typhoid

This vaccine should be given a minimum of 2 weeks before you travel. This is spread through contaminated food and water. Learn more about safe foods and beverages and observe good hygiene and cleanliness practices.

Yellow Fever

This is spread through the bite of an infected mosquito and found in certain parts of Africa and South America. A certificate of vaccination is needed and does not become valid until 10 days after being vaccinated.

Japanese Encephalitis

This is spread through the bite of an infected mosquito and occurs mainly in rural parts of Asia. The vaccine is a 2-dose series with doses spaced 28 days apart.

Malaria

This is spread through the bite of an infected mosquito. You will need to take a prescription medication before, during and after your travel. A doctor can help you decide which medicine is right for you and other steps you can take to prevent malaria.

Other vaccines that may be recommended or required for travel to certain countries include: Polio, Meningitis, Rabies or Cholera.

For information on immunizations required for travel outside of the United States:

Centers for Disease Control and Prevention (CDC)

800-232-4636

www.cdc.gov/travel/destinations/list

Veteran's Services

Oakland County Veterans' Services

No Appointment Necessary

www.oakgov.com/veterans

Office Hours: Monday -Friday

8:30a.m. to 11:30 & 1:00 p.m. to 4:30 p.m.

Veterans' Services Division Offices

Pontiac Office

248-858-0785 or 888-350-0900 ext.80785

North Office Building 26 East

1200 N. Telegraph Rd., Pontiac, MI 48341-0468

<https://www.oakgov.com/Veterans/Pages/default.aspx>

Southeast Oakland Office

248-655-1250

1151 Crooks Rd., Troy, MI 48084

Services:

- Initiate, develop and prosecute claims for federal, state and local veterans.
- Assist veterans with VA health care enrollment.
- Administer the county veterans burial allowance program and assist with other death benefits for veterans survivors.
- Utilize and coordinate emergency assistance from the Oakland County Soldiers and Sailors Relief Fund
- Refer veterans and their families to other appropriate agencies

Transportation Program

248-858-0785

Barrier-free transportation is provided to the U.S. department of Veterans Affairs Medical Centers in Detroit and Ann Arbor for veterans seeking treatment. Tuesday thru Friday only.

<https://www.oakgov.com/Veterans/Benefits-Services/Pages/Transportation-Program.aspx>

U.S. Department of Veterans Affairs

Benefits: 800-827-1000

TDD 711

<https://www.va.gov/>

Crisis Line: 800-273-8255, press 1

National Call Center for Homeless Veterans

877-424-3838

Crisis Line 800-273-8255, press #1

www.va.gov/homeless

Veterans Health Administration Medical Centers:

Full Service Facilities:

John D. Dingell VA Medical Center

313-576-1000 or 800-511-8056

4646 John R, Detroit, 48201

www.detroit.va.gov

VA Medical Center Ann Arbor

734-769-7100 or 800-361-8387

2215 Fuller Rd., Ann Arbor, 48105

www.annarbor.va.gov

VA Medical Center Battle Creek

269-966-5600 or 888-214-1247

5500 Armstrong Rd., Battle Creek,
49037

www.battlecreek.va.gov

Aleda E. Lutz VA Medical Center (Skilled Care and Rehabilitation Center)

989-497-2500 or 800-406-5143

1500 Weiss St., Saginaw, 48602

www.saginaw.va.gov

Community Outpatient Clinics:

Pontiac VA Outpatient Clinic

248-332-4540

44200 Woodward Ave., Ste 208,
Pontiac, 48341

www.detroit.va.gov/locations/Directions_Pontiac_CBOC.asp

Flint VA Outpatient Clinic

810-720-2913

2360 S. Linden Rd, Flint, 48532

<http://www.annarbor.va.gov/locations/Flint.asp>

Veteran's Centers

Detroit Vet Center

313-822-1141 or

877-927-8387 (after hours)

11214 E. Jefferson, Detroit, 48224

<https://www.va.gov/directory/guide/facility.asp?ID=6189&dnum=All>

<http://www.va.gov/directory/guide/vetcenter.asp>



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

OakGov.com/Health

Dearborn Vet Center

313-277-1428 or
877-927-8387 (after hours)

19855 Outer Dr., Ste., 105W, Dearborn, 48124
<https://www.va.gov/directory/guide/facility.asp?ID=430&dnum=All>

Macomb Vet Center

586-412-0107 or
877-927-8387 (after hours)

42621 Garfield, Ste. 105, Clinton Township, 48038
<https://www.va.gov/directory/guide/facility.asp?ID=5987&dnum=All>

Pontiac Vet Center

248-874-1015 or
877-927-8387 (after hours)

44200 Woodward Av., Ste. 108, Pontiac 48341
<https://www.va.gov/directory/guide/facility.asp?ID=5907>

National Cemeteries

Great Lakes National Cemetery

248-328-0386

4200 Belford Rd., Holly, 48442

www.cem.va.gov/cems/nchp/greatlakes.asp

Fort Custer National Cemetery (Battle Creek/Kalamazoo area)

269-731-4164

15501 Dickman Rd, Augusta, 49012

www.cem.va.gov/CEM/cems/nchp/ftcuster.asp



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Vision and Hearing

Products to assist blind, low-vision, deaf and hearing impaired

ICanConnect Program (Assists persons with combined hearing & vision loss to get communication technology equipment. Must meet program sight & hearing guidelines, income guidelines and receive training to use equipment.)

800-825-4595

www.icanconnect.org

Maxi-aids Products for Independent Living

Voice: 631-752-0521 800-522-6294

www.maxiaids.com

TTY: 800-281-3555

Vision:

Eye care and glasses

Eye Care America (free and reduced eye care for children, seniors and those with diseases or conditions of the eye)

877-887-6327

www.eyecareamerica.org

Lions Club

Call the Leader Dog School at 248-651-9011 for the contact person at the Lions Club in your area.

<https://www.leaderdog.org/lions-club/lions-and-leader-dog/>

Low-vision Services

Michigan Bureau of Services for Blind Persons: Rehab, counseling, training

800-292-4200 or 201 N. Washington Square 2nd Floor

517-241-1100 P.O. Box 30652

Lansing 48909

TTY 888-864-1212 or

517-241-1092

www.michigan.gov/bsbp

William Beaumont Eye Institute

Vision and Hearing

06/01/2019



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248-551-2020 3535 W. 13 Mile Rd., Ste. 555 www.beaumont.edu/centers-services/ophthalmology-eye-care/beaumont-eye-institute/
Royal Oak, 48073

Detroit Institute of Ophthalmology (affiliated w/Henry Ford Hospital)

313-824-4710 15415 E. Jefferson Ave., Grosse Pte Park, 48230 <https://www.henryford.com/services/eye/dio>

Detroit Radio Information Service

Reading of over 100 current publications over closed- circuit radio

313-577-3322 www.wdet.org/dris

Oakland Talking Book Service (Includes the Dryer Adaptive Technology Computer Lab)

800-774-4542 Rochester Hills Public Library <http://otbs.rhpl.org>
248-650-7150 500 Olde Towne Rd., Rochester, 48307

The Vista Center for the Blind & Visually Impaired

650-858-0202 or 800-660-2009 <https://www.vistacenter.org/>

Check your local library for low-vision resources.

Low-vision products:

Assistive Technology of Michigan

248-348-7161 43000 W. Nine Mile Rd, Ste. 113, Novi, 48375 www.myisminctest.com/

Hearing:

Hearing Aids

Lion's Hearing Center of MI: Income eligible individuals may receive assistance in obtaining hearing aids

517-887-6640 4201 St. Antoine 5E-UHC, Detroit, 48201 www.lhcmi.org

Lions Affordable Hearing Aid Project (Lions AHAP)

Low income clients. Contact local Lions Club for information. <https://lionsclubs.org/en/blog/lions-affordable-hearing-aid->

[project](#)

Hearing Industries Association

Info on hearing loss and treatment. Download guides to financial assistance for hearing aids and buying a hearing aid.

202-975-0905

<https://www.hearing.org/>

Financial assistance for hearing aids/cochlear implants

<http://deafness.about.com/cs/hearingaids/a/haidcost.htm>

International Hearing Society

Has Hearing Aid Helpline, makes referrals to local providers.

734-522-7200

www.ihinfo.org/IhsV2/Home/Index.cfm

Local Providers of Audiology and Hearing Loss Services

Hearing Rehabilitation Center

2900 Union Lake Road Suite #100, Commerce, MI 48382

248-360-4327 (HEAR)

<http://hearingrehabilitation.com/>

HearUSA

877-664-9353

www.hearusa.com

Jade Hearing Instruments

248-922-5000

5629 Sashabaw Rd.

<http://www.jadehearing.com/>

Oakland Audiology, Waterford

248-673-8000

www.oaklandaudiology.com

Premium Hearing Solutions

113 B East Long Lake Rd, Troy 48085

248-556-3216

www.premiumhearingsolutions.com

Deaf and Hard of Hearing Products

Harris Communications

Vision and Hearing

06/01/2019



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Voice: 800-825-6758 TTY: 800-825-9187 Video Phone: 952-388-2152 www.harriscomm.com

Services for the Deaf

Deaf and Hearing Impaired Services Inc, Farmington Hills

Assists Detroit area deaf and hard-of-hearing older adults to access services.

Voice: 248-473-1888 TTY: 248-473-1875 VP: 248-474-7938 www.dhisonline.org

Deaf Community Advocacy Network (Deaf C.A.N.), Sylvan Lake

Provides mental health, counseling and substance abuse services, case management, youth services

VP: 248-209-6437 www.deafcan.org

Voice: 248-332-3331

TTY: 248-332-3323 deafcan@deafcan.org

E-Michigan Deaf and Hard of Hearing People Resource website

The Michigan Coalition for Deaf and Hard of Hearing

586-932-6090 <https://michdhh.weebly.com/>

Hearing Loss Association of America-MI State Association

Information, advocacy, support www.hearingloss-mi.org/

The Holley Institute -Assists the Deaf, Deaf/Blind and hard of hearing with services to improve quality of life. Holley Family Village, Irish Hills, Brooklyn, MI - educational, recreational & mental health for deaf/blind.

517-592-6283 <https://www.holleyfv.org/>

313-332-4953

313-343-3165 <https://healthcare.ascension.org/Specialty-Care/Hearing-Health/The-Holley-Institute-in-Detroit>

Michigan Relay Center- For making calls to TTY/TDD users

844-578-6563 or 711 www.michigan.gov/mpsc/0,1607,7-159-16372-212100--,00.html



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Sign Language Interpreting- Deafcan

248-332-3331

<http://www.deafcan.org/interpreting-services.html>

Web listings of accessible movie theatres in metro Detroit.

www.captionfish.com/theaters

Call Oakland County Nurse on Call at 800-848-5533 for other resources.