



LOVE LANGUAGES PERSONAL PROFILE



FOR HUSBANDS

To Get Started:

The profile consists of 30 pairs of statements. Circle the one statement in each pair that best represents your desire. Your wife may or may not do some of these, but if she did, which would you prefer? Once you've made your selections, go back and count the number of times you circled each individual letter and write in the appropriate blank at the end of the profile.

The **5** Love Languages

1

A I wish my wife would send me a love note (or text or email) for no special reason.

E I would like more hugs from my wife.

9

B I wish my wife and I could spend more time together.

C Even the smallest gift from my wife is important to me.

2

B I would like to spend more time alone with my wife, just the two of us.

D I enjoy working around the house with my wife.

10

A I would love it if my wife could say, "I'm proud of you."

D When my wife cooks a nice meal for me, I feel very loved.

3

C Receiving special gifts from my wife makes me happy - I wish she would do it more!

B One of my favorite things is traveling with my wife.

11

B No matter what we do, I love doing things with my wife.

A I wish my wife would say more supportive things to me.

4

D I would like my wife to run errands or put gas in my car.

E I wish my wife would touch me more.

12

D Little things my wife does for me mean more than things she says.

E My wife and I need to hug more.

5

E I wish my wife would sometimes put her arm around me when we are with others.

C Every now and then I'd like to get a surprise gift from my wife.

13

A I would love to hear more praise from my wife.

C It means a lot to me when my wife gives me gifts I really like.

6

B I like going places with my wife - even the grocery store!

E I like to hold my wife's hand.

14

B I wish my wife and I could spend more time together.

E I would like a back rub from my wife sometime.

7

C I value the gifts my wife gives me.

A I would love to hear my wife say the actual words, "I love you," more often.

15

A I wish my wife would be more enthusiastic about something I've accomplished.

D I wish my wife would help me with tasks, even those she dislikes.

8

E I wish my wife would sit close to me more often.

A I feel loved when my wife tells me, "You look good."

16

E I never get tired of my wife's kisses.

B I wish my wife would show more interest in things I like to do, even though they might not be her "thing."

NEXT



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- 17 **D** I would like my wife to work with me on projects.
- 17 **C** I wish my wife would get more excited about gifts from me.
- 18 **A** I love it when my wife compliments my appearance.
- 18 **B** I wish my wife wouldn't jump in to criticize my ideas rather than hearing me out.
- 19 **E** I can't help but touch my wife when she's close by.
- 19 **D** I wish my wife would now and then run errands for me when I'm busy.
- 20 **D** At times, when I'm feeling swamped at work, I wish my wife would see that and do more around the house.
- 20 **C** If my wife gives me a gift, I would like her to put thought into choosing it.
- 21 **B** I wish my wife would give me her full attention when we're talking, and not look away or check her phone.
- 21 **D** Keeping the house clean is an important act of service.
- 22 **C** I look forward to seeing what my wife gives me for my birthday.
- 22 **A** I know my wife loves me, but I wish she would tell me more often what I mean to her.
- 23 **C** It would be nice if when my wife takes a trip, she would bring me a little gift.
- 23 **D** I wish my wife would sometime surprise me by helping me with a chore I dislike.
- 24 **B** It bothers me when my wife interrupts me.
- 24 **C** I never get tired of receiving gifts from my wife.
- 25 **D** I want my wife to help me out when I'm tired.
- 25 **B** I wish my wife was as enthusiastic about going places as I am.
- 26 **E** I love having sex with my wife.
- 26 **C** I like it when my wife goes to the store and picks up little things she knows I'll like.
- 27 **A** I wish my wife would be more encouraging.
- 27 **B** I love to watch movies with my wife.
- 28 **C** If I received a gift from my wife, I would feel appreciated.
- 28 **E** I just can't keep my hands off my wife.
- 29 **D** I know my wife is busy, but sometimes I would love it if she would help me with things I have to do.
- 29 **A** I would really like it if my wife sometimes said, "I appreciate you."
- 30 **E** I love embracing my wife after we've been apart for a while.
- 30 **A** I want to hear my wife say she believes in me.

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RESULTS

- A: _____ WORDS OF AFFIRMATION
- B: _____ QUALITY TIME
- C: _____ RECEIVING GIFTS
- D: _____ ACTS OF SERVICE
- E: _____ PHYSICAL TOUCH

Which love language received the highest score? This is your primary love language. If point totals for two love languages are equal, you are "bilingual" and have two primary love languages. And, if you have a secondary love language, or one that is close in score to your primary love language, this means that both expressions of love are important to you. The highest possible score for any single love language is 12.

Would you like an email copy of your results? Take the free quiz online at 5lovelanguages.com and get your personal results emailed directly to your inbox.

Want to learn more? Visit 5lovelanguages.com and sign up for Dr. Gary Chapman's FREE eNewsletter.

