

Ecology

Make Environmental Conservation Action Part of Daily Life

Home is where the ecology lesson begins. Learning how to conserve at home with your family will carry over to other places in your life.

Energy and Water Conservation

Take a simple step by reminding everyone in the household to switch off lights, fans, electronic equipment when it is not in use. This is to form a habit in the long run for the whole family.

Just for fun, if you would like to try this for a week or so, you may find some areas for improvement that you weren't aware of. To reinforce this habit of switching off things when not in use, play a game on "who is the energy monster". Assign each person with 100 points in the beginning of each month (or at the beginning of the week). Whoever caught wasting electricity will have some points deducted. The "energy monster" will have to set a goal on what are the actions he needs to take to improve his score.

Please bring your results to class to share with us!

Conduct an energy audit at home at the end of the month (or week) by getting the family to read the meter and understand the electricity bill.

Use similar activity to water conservation. It helps the whole family to take ownership and see how their little daily action can save the environment.

Make the Basic 5 R's philosophy into Daily Habit at home – Rethink, Reduce, Reuse, Recycle, Renew

Make good choices. Try not indulge in unnecessary material things to keep up with fashion and trend. Buy the things that you need that have the smallest amount of packaging. Next time you eat out, look at all of the packaging that gets tossed. Think of ways to reduce packaging in all of your purchases. Taking good care of the world that

God has given us to live in can be done by taking these steps below--

- 1) Learn to recognize the different material of waste. Put them in the correct bins to send to recycling centers monthly. If you use single stream recycling, you will be one step ahead.
- 2) Used both side of the writing paper before discard in bin for recycling.
- 3) Collect food waste and help to bury in the garden. This is to turn kitchen waste into organic compost.
- 4) Repair broken items rather than discarding and buying new ones.
- 5) Give big carton box to your pet cat. That is her sleeping box. Anyway, all cats love to be in a box!
- 6) Always dig through the recycling bins at home for materials the children need for their school projects before buying any other necessary material.
- 7) Bring along carrier bag for grocery shopping. Decline plastic bags from shop owners.

