**Local Substance Abuse Resource List for Students and Families**

**(For Youth) My Life, My Quit-**Get the truth about vaping, smoking and other tobacco products so you are not in the dark. If you decide you want to quit, we have the tools you need to be successful. [**https://ky.mylifemyquit.org/index**](https://ky.mylifemyquit.org/index) **My Life, My Quit™ is always 100% free, confidential.**

* • Text your quit coach or call for support.
* • Get text messages that give you a boost while you quit.
* • Learn how to cope with stress in healthy ways.
* • Find out why your body craves nicotine.
* • Get tips and the support you need to quit for good.

**Kentucky's Tobacco Quit Line** Call 1-800-QUIT-NOW (800-784-8669) for 24/7 Support! <https://www.quitnowkentucky.org/en-US/>

**NA/AA – All Addicts Anonymous Meetings** on Sundays, 6 PM, Gratz Cafe, 94 Main Street Gratz KY Contact: Shanna (502) 514-1929

**Alcoholics Anonymous & Al-Anon Meetings** on Mondays, 7 PM, Owen County Library, 1370 Hwy 22 E Contact: Steve or Elaine (502) 514-5892

**REACH** Offers drug screening, meetings, and support 518 South Main Street Contact: (502) 484-5454 Open Mon, Tues, Thurs, & Fri, 9am-4pm Recovery meeting Tues., 3 PM & 6 PM

**All Addicts Anonymous Meetings** on Thursdays, 6 PM, Monterey Baptist Church, 60 High Street, Monterey, KY 40359 Contact: (502) 514-1929

**Drug Court** Information on how to apply contact Tammy McClelland at 859- 824-2777

**Harm Reduction Offers Naloxone training and distribution of kits, anonymous needle exchange, counseling, testing for HIV and Hepatitis** Wednesdays, 1 PM - 3 PM or by appointment 1005 Hwy 22 E or at the mobile Harm Reduction unit Contact: Amy, (502) 484-5736

**Sun Behavioral Health,** 820 Dolwick Drive**,** Erlanger, KY 41018

\*\*\*24-hour free assessment line: (859) 429-5188 \*\*\*

“The SUN Behavioral assessment staff is available 24 hours a day, 7 days a week. Upon assessment, a master’s degree-level counselor or registered nurse will offer a no-cost evaluation to determine the most appropriate level of care. If hospitalization is required upon admission to any of our levels of care, patients and their loved ones will work with a multi-disciplinary team to develop individualized treatment plans to best support recovery.”

<https://sunbehavioral.com/kentucky/>

**The Ridge Behavioral Health System,** 3050 Rio Dosa Drive**,** Lexington, KY 40509

\*\*\*24-hour free assessment line: (859) 269-2325 OR (800) 753-4673\*\*\*

“The Ridge Behavioral Health System offers treatment and services for children, adolescents, adults and senior adults. We have professionals ready to help you explore the best treatment options for you or a loved one. We are available 24 hours a day, 7 days a week.”

<https://ridgebhs.com/>

**The Brook Hospital,** 8521 LaGrange Road**,** Louisville, KY 40242

\*\*\*24-hour free assessment line: (502) 888-1341\*\*\*

“Our comprehensive evaluations address past history, present level of functioning, medical stability, substance use history and risk factors. Evaluations are provided by professional, qualified clinicians and psychiatric nurses. Upon discussion with an attending physician, recommendations for treatment, level of care and/or referrals are then provided to the patient and family. Appointments can be scheduled 24 hours a day, 7 days a week.”

<https://thebrookhospitals.com/about-us/>

**MENTAL & BEHAVIORAL HEALTH RESOURCE LIST**

**TRIAD**

OWEN COUNTY Location---327 NORTH MAIN ST

School-Based Services---(859) 567-1591

(502) 484-2117

<https://triadhealthsystems.com/>

**NORTHKEY**

308 BARNES RD. WILLIAMSTOWN, KY 41097

School-Based Services---(859) 282-6585

(859) 331-3292

(859) 824-4442

<http://www.northkey.org/>

**SUN BEHAVIORAL**

820 DOLWICK DRIVE

ERLANGER, KY 41018

(859) 446-0115

<https://sunbehavioral.com/kentucky/>

**THE BROOK**

DUPONT Location—1405 BROWNS LANE, LOUISVILLE, KY 40207

KMI Location---8521 LAGRANGE RD, LOUISVILLE, KY 40242

TeleAssessment (502) 891-0311 OR

INTAKE (502)-891-0319

<https://thebrookhospitals.com/about-us/>

**THE RIDGE**

3050 RIO DOSA DRIVE, LEXINGTON, KY 40509

(859) 269-2325 OR

(800) 753-4673

<https://ridgebhs.com/>

**BLUEGRASS CARE NAVIGATORS**

FRANKFORT Location---663 TETON TRAIL

(502) 223-1744 OR (800) 926-1302

<https://www.bgcarenav.org/>

**MEBS COUNSELING**

4339 WINSTON AVE. COVINGTON, KY 41015

(859)- 835-2573

<https://www.mebsky.org/>

**HOLLY HILL**

2816 BLUEGRASS DRIVE

HIGHLAND HEIGHTS, KY 41076

(859) 442-8500

<https://www.hollyhill-ky.org/>

**MOUNTAIN COMPREHENSIVE CARE**

104 South Front Avenue

Prestonsburg, KY 41653

606-886-8572

<https://www.mtcomp.org/>

(Counselor available at school every Tuesday through Friday)