



Person-Centred Care

This is about treating a person receiving healthcare with dignity and respect and involving them in all decisions about their health.

For example, giving a choice at mealtime as what food they would like, deciding what the patient is going to wear that day, taking into account practicality and their preferences.

At the end of the session care workers will:

- Understand the legislation and standards governing person centred care
- Understand the meaning and importance of person-centred care
- Explain the importance of privacy and dignity
- Describe how to promote choice and independence
- Explain how to improve care delivered to ensure person centred care.

