

PREMIERE COLLECTION COSMETICS

Daily Program for:		Date _____
Skin Type:	Dehydrated	
Skin Tone:	Pink/Inflamed - Sensitive	

**A.M.**

1. **CLEANSE EYE- Eye Area Cleanser**
2. **EYE CARE- Eye Area Mask (as needed for dark circles and puffiness)**
3. **MASSAGE GEL (leave on) use with Mask**
4. **MASK- (10 min) Moisture Mask Gelee (unless sensitive to aloe) then use Revitalizing Moisture Mask.**
5. **RINSE FACE- with water, saturate cotton pad with Chamomile Rinse over entire face & neck**
6. **HYDRATE- Hydrating Comfort Mist**
7. **Firm-Lift-Tighten-Serious Firming Serum**
8. **REPAIR- Celagen (as needed for lines and loss of elasticity)**
9. **MOISTURIZER- Oil Free Moisturizer blend with Naturally Soothing Lotion, alternate dots of each over face and neck.**
10. **EYE CARE- Delicate Eye Gel along cheekbone only.**
11. **Pre-Makeup Tinted Moisturizer use small amount under eye and over face**
12. **FOUNDATION- Choose your perfect match Perfection Whipped Makeup Light, Medium, Tan**
13. **LIP CARE-Perfection Lip Crème for dry cracked lips, thin lips to plump or Vitamin E Stick**

**P.M.**

1. **CLEANSE EYE- Eye Area Cleanser**
2. **CLEANSE FACE- Chamomile Cleanser Tissue or Rinse off with water**
3. **RINSE FACE- (saturate cotton pad with Chamomile Rinse go over entire face and neck.)**
4. **HYDRATE- Hydrating Comfort Mist**
5. **MASK- Alphagen (10 min)**
6. **RINSE FACE- Saturate cotton pad with Chamomile Rinse go over entire face and neck.**
7. **HYDRATE- Hydrating Comfort Mist**
8. **REPAIR- Celagen (as needed for lines and loss of elasticity)**
9. **NIGHT TREATMENT- combine Chamomile Night Crème w/ Desensitizing Lotion to reduce inflammation. Blend together over face and neck.**
10. **UNDER EYE & OVER EYE - Very Special Eye Crème Brow Bone / Cheek Bone**  
**Special Instructions**  
**Sensitive skin needs consistent soothing and calming products. Use your program daily for best results.**  
**Soften, soothe and hydrate is the key to reducing inflammation and removing signs of Dehydration.**

Steps To Contour Mask - use 1 x per week to Exfoliate dead, damaged cells

The professional kit at home

(1) Chamomile Cleanser (2) Apply Massage Gel (Leave on) mix 1 teas Naturally Soothing Lt + 1 teas Contour Powder (3) Apply Mask mixture (20 min) (4) Rinse with water (use wash cloth) (5) Apply Chamomile Rinse (6) Hydrating Comfort Mist (7) Repair cream Celagen (8) Apply Moisturizer A.M . Intense Moisture Complex P.M. Chamomile Night Crème + Drop of Desensitizing Lt. (9) Very Special eye Crème

1. Priority Impact Products  
 Moisture Mask Gelee  
 Hydrating Comfort Mist  
 Chamomile Rinse  
 Chamomile Cleanser  
 Naturally Soothing Lotion  
 Chamomile Night Crème  
 Desensitizing Lotion

2. Support Products  
 Alphagen-Celagen  
 Massage Gel  
 Very Special Eye Crème  
 Serious Firming Serum  
 Oil Free Moisturizer  
 Delicate Eye Gel

Dermatech/Store Name \_\_\_\_\_

Phone # \_\_\_\_\_