



NAME:

RED AWARD

I am able to stand still on my spot.

I am able to do knee bends
in time to the music.

I am able to ask for help if I need it.

I am developing good Modern posture;
a tall back, feet together, head erect.

TEACHERS REPORT:

Date Completed:

ORANGE AWARD

I am developing a sense of spatial
awareness of fellow class members!

I am able to persist and try things
in class that I find difficult.

I am able to follow a warm up.

I am able to show a diagonal arm line.

TEACHERS REPORT:

Date Completed:

'PRESCHOOL PROS' MODERN PROGRESS RECORD

YELLOW AWARD

I am able to clap in time with the music.

I am able to walk around the room
in time with the music.

I am able to listen and
follow instructions.

I enjoy moving to action song.

TEACHERS REPORT:

Date Completed:



NAME:

'PRESCHOOL PROS' MODERN PROGRESS RECORD

GREEN AWARD



I am able to come into the studio with confidence.



I am able to follow a line around the room without overtaking.



I am able to perform gallops in a circle or holding hands.



I am able to show basic body shapes e.g. standing tall on my tip toes or crouching down into a ball.

TEACHERS REPORT:

Date Completed:

BLUE AWARD



I am able to use my hands when I dance; open/close, flex/relax, shake etc...



I am working on step, close, step, clap.



I am able to jump from two feet together to two feet in parallel 2nd and back.



I behave well in my class.

TEACHERS REPORT:

Date Completed:

PURPLE AWARD



I am working on running on tip toes in time to the music.



I am able to follow the teacher when they perform simple movements.



I am able to do some simple stretches e.g. hamstring stretch



I am able to show different arm lines e.g. parallel & diagonal.

TEACHERS REPORT:

Date Completed: