

An independent newsletter for people interested in Aged Care

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Emailed to:  
1986 readers  
and counting

Welcome to my  
overseas readers

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*Congratulations for achieving 4 years to:*

**Rannerdale Village - Christchurch**

**Well done for achieving such a good outcome.**

*All the best If you are having an audit this month, then all the best. Hope you achieve a good outcome.*

#### SPECIAL DAYS THIS MONTH

**08/08/2021 — International Cat Day** created in 2002 by the International Fund for Animal Welfare

**09/08/2021 — International Day of the World's Indigenous People.** seeks to protect and promote the rights, culture, and land of indigenous people. Indigenous peoples, descendants of pre-colonial times, have a strong tie to their lands and often suffer from marginalization as a minority group

**12/08/2021 — International Youth Day:** seeks to raise awareness about the cultural and legal issues faced by youth throughout the world

**13/08/2021 — International Lefthanders Day:** This day aims to raise awareness about the everyday issues left-handed people face living in a right-handed society.

**19/08/2021 — World Humanitarian Day:** to gain international cooperation to meet the needs of humanitarian work around the world.

**27/08/2021 - Cancer Society Daffodil Day**

**29/08/2021 — International Day against Nuclear Tests:** seeks to raise awareness about the negative effects of nuclear weapons and the need to achieve a nuclear-weapon-free world.

**30/08/2021 — International Day of the Disappeared:** honours and pays tribute to all victims of enforced disappearance

#### NGĀ PAEREWĀ HEALTH AND DISABILITY SERVICES STANDARD

The Ministry of Health has sponsored access to view and print a single downloadable PDF copy of this standard at no charge. Standards New Zealand also offers this standard to be purchased as Hard Copy or Online Library subscription.

Primary birthing centres, hospices, overnight hospital inpatient services (public and private), age-related residential care, residential addiction, mental health, disability and fertility services are required to meet the Health and Disability/Fertility Services Standards NZS 8134.0:2008, NZS 8134.1:2008, NZS 8134.2:2008, NZS 8134.3:2008, NZS 8158:2012 & NZS 8181:2007 until **28 February 2022**, when the Ngā Paerewa Health and Disability Services Standard NZS 8134:2021 comes into effect,

<https://www.standards.govt.nz/shop/nzs-81342021/>

## Mapping analysis: Comparing the current standards to the 2021 Standard

HealthCERT completed an official mapping analysis of the Health and Disability Services Standards NZS 8134:2008, the Fertility Services Standard NZS 8181:2007, the Home and Community Support Sector Standards NZS 8158:2021, and the Interim Standards for Abortion Services in New Zealand to the updated Standard NZS 8134:2021. A high-level version of the mapping analysis is provided on below website while we work to finalise a detailed document for publication. This high-level summary of the mapping analysis shows what percentage of the 2021 standard's material is new and what percentage is similar or the same. The detailed mapping analysis will demonstrate what key areas of the standard have changed, and make it easier for providers to determine what they need to focus on as they prepare to implement the 2021 standard. HealthCERT's training and support will be framed around the unmapped criteria.

See: <https://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/services-standards/nga-paerewa-health-and-disability-services-standard>

Some days you feel good because you absolutely smashed everything on your to do list. Other days you feel good because you manage to take a shower. Whichever it is, I hope you find something that makes you feel good today.

Veronica Dearly

## 'SHAPES OF GOODNESS' From The Pure Food Company

It's LAUNCH day, and we're HAPPY to officially be able to share 'Shapes of Goodness'!



After years of innovation and collaboration with our amazing customers Ryman healthcare, Bupa NZ, CHT, and Metlifecare, the Shapes of Goodness range is officially LIVE and available to aged care homes and hospitals across NZ and Australia.

You may be aware of our Pure Food range of meals developed on the back of first-hand experience watching an illness make it impossible for a loved one to eat. We understand the toll that takes, and we're doing all we can to make a positive difference - one plate at a time. We know that better presented meals deliver better meal experience, but sometimes with a busy kitchen this can be challenging to achieve daily.

Our most recent innovation is now available 'Shapes of Goodness'. Our range of texture-modified food is delicious, nutritious, and most importantly - safe and easy to swallow. The Shaped product is beautifully presented - bringing back the joy of mealtimes - with diners consuming up to 40% more. We're here to make a difference for your aged care home or hospital.

Amongst Seniors, those who use Pure Food have noticed;



If you're keen to join us on our journey and would like to provide Shapes of Goodness to your residents on puree meals we are offering a free trial pack. You can contact us on 0800 178 733 or email [ashleigh@thepurefoodco.com](mailto:ashleigh@thepurefoodco.com) to find out more.

[www.thepurefoodco.com/shapes-of-goodness](http://www.thepurefoodco.com/shapes-of-goodness)

## QUALITY IMPROVEMENT SCIENTIFIC SYMPOSIUM 2021

At the Health Quality & Safety Commission's seventh annual quality improvement scientific symposium, keynote speaker Russ Aiton, chair of the West Coast District Health Board consumer council, will share lessons in partnership from a consumer perspective to increase your capability to partner, collaborate and learn from each other in a consumer-centred health care system.

The symposium is on 17 November in Christchurch and the theme, 'Whakahohe, whiria te muka tangata: Recharge, inspire and connect,' focuses on taking time to connect with colleagues to reflect on the inspirational work done in an environment with a high degree of uncertainty and complexity.

Recharge your enthusiasm and ignite inspiration by sharing knowledge and wisdom of quality improvement across all fields of health care. Participants will:

- **share** what has been learned from applying scientific methods to health care improvement
- **network** with like-minded colleagues
- **discuss** challenges in applying and disseminating scientific approaches to health care improvement
- **create** a common understanding of how to apply and disseminate scientific methods to improve health and health care underpinned by Te Tiriti o Waitangi.

Presenters will also share lessons learnt and examples of co-design and consumer and whānau centred quality improvement. Abstracts can be submitted until 10 August 2021. To learn more about the submission process or to register for the symposium please visit: <https://hqsc.eventsair.com/qiss2021/>

„Wise men speak because they have something to say; fools because they have to say something.“

Plato

## Alzheimer's NZ Conference

**Living with dementia:** Taking action for a better future

### Registration now open!

Come along and find out how the dementia world is changing. Join us on the **18-19th November** for our very first hybrid conference.

This event is taking place in Auckland and Wellington, and online everywhere.

Our dynamic and engaging programme will discuss topics such as human rights, becoming dementia friendly, initiatives that make a difference and acknowledging our diversity.

See the list of speakers: <https://alzheimers.org.nz/explore/conference/speakers/>

We are proud to continue to offer free registrations for people living with dementia and care partners.

Accommodation options will be added very soon. In the meantime, we warmly invite you to register below.

Register at: <https://www.ivvy.com.au/event/Alz2021/>

## WORKSAFE UPDATES

### SAFEPLUS FREE ONLINE SELF-ASSESSMENT TOOL – NEW FEATURES

Our SafePlus health and safety improvement tool now has several new features following feedback from businesses. Changes include:

- reducing the number of improvement priorities in assessment reports for smaller businesses and those with less developed health and safety systems, from five areas to three
- a refreshed collection of New Zealand-focused guidance material
- highlighting the user’s best-performing area from their assessment.

The free online tool lets any business check how it’s doing in health and safety, by sending out a set of questions to gather anonymous feedback from everyone in the business.

Questions cover leadership, worker engagement and risk management. Sign up to use the <https://online.safeplus.nz/>

### HASANZ CONFERENCE 2021 - REGISTRATIONS OPEN

‘Sharing know how, growing how to’ is the theme of the HASANZ Conference 2021, which starts on 2 September at Te Papa in Wellington. You can register for the conference on the HASANZ website: <https://www.hasanz.org.nz/page-conference/>

### HEADFIT AWARDS

WorkSafe is a principal sponsor of the inaugural HeadFit Awards, which will be held in Auckland on 29 September, during Mental Health Awareness Week. The HeadFit Awards have been established to recognise businesses with good mentally healthy work practices and those who have taken innovative approaches to workplace mental health. WorkSafe is also sponsoring the Supreme Award, which will be awarded to an “organisation that has demonstrated the greatest degree of leadership, innovation and positive impact relating to mental health within the workplace.” For more information go to:

<https://www.headfitawards.org/about/>

### HASANZ SCHOLARSHIP APPLICATIONS ABOUT TO OPEN FOR 2021

The 2021 round of HASANZ Scholarships opens for applications on 13 July. The annual scholarship programme was established in 2018 to encourage further education in workplace health and safety to help build the capability and capacity of New Zealand’s professional health and safety workforce.

There are six categories of scholarship. For more information

<https://www.hasanz.org.nz/scholarships-2021/>

## MOOC ONLINE TRAINING

Understanding Dementia is a Massive Open Online Course (MOOC), offering university-quality education about the latest in dementia research and care. This **free** course provides an opportunity to engage with the perspectives of an international community, without requiring exams or assignments.

Understanding Dementia is designed to be accessible and appealing to people from diverse backgrounds, including:

- Health professionals
- Community and residential facility support staff
- People in the early stages of the disease, their families and caregivers

**“It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all – in which case, you fail by default.”**

J. K. Rowling

<p>„Conflict cannot survive without your participation.“ Wayne Dyer</p>	<p><b>MOOC ONLINE TRAINING Cont'd</b></p>
	<ul style="list-style-type: none"> <li>• Social scientists</li> <li>• Health policymakers</li> <li>• Individuals with a general interest in dementia</li> </ul> <p>Understanding Dementia addresses the foremost issues surrounding dementia, providing avenues for discussion as well as rich global networking opportunities to engage with this major international health Issue. The course provides knowledge designed to maximise quality of life across the trajectory of dementia for people with the condition, their families and caregivers.</p> <p>To obtain the most from this course, participants should expect to spend approximately 3 hours per week engaging with the content and completing related course activities. There are 7 weeks of scheduled content. After completing the final quizzes for all three modules of the course: 'The Brain', 'The Diseases' and 'The Person', participants will be eligible to download a certificate of completion.</p> <p><a href="https://www.utas.edu.au/wicking/understanding-dementia">https://www.utas.edu.au/wicking/understanding-dementia</a></p>
	<p><b>VISA INFORMATION</b></p>
	<p>For all Information on visa extensions, new visa expiry dates, and changes to visa conditions.</p> <p>Visit: <a href="https://www.immigration.govt.nz/about-us/covid-19/in-new-zealand/visa-information/visa-extensions-and-visa-conditions">https://www.immigration.govt.nz/about-us/covid-19/in-new-zealand/visa-information/visa-extensions-and-visa-conditions</a></p>
	<p><b>IMMUTABLE LAWS OF THE UNIVERSE, NO QUESTION!</b></p>
	<p><b>Law of Biomechanics</b> – The severity of the itch is inversely proportional to the reach.</p> <p><b>The Coffee Law</b> – As soon as you sit down to a cup of hot coffee, your boss will ask you to do something..... which will last until the coffee is cold.</p> <p><b>Murphy's Law of Lockers</b> – If there are only 2 people in a locker room, they will have adjacent lockers.</p> <p><b>Law of Logical Argument</b> – Anything is possible if you don't know what you are talking about.</p>
	<p><b>BOOST OXYTOCIN</b></p>
	<p><i>Source: Jane Davis, Director, The Flourishing Institute</i></p> <p>Watch this video to understand how to calm your nervous system down quickly by doing things that give you a boost of oxytocin. Oxytocin is your love or trust hormone and it is vital for your health and wellbeing. It calms your threat response, reduces cortisol and boosts your immune system. You will learn about four simple things you can do to boost oxytocin.</p> <p><a href="https://email.southerncross.co.nz/stayingwell/article/boost-oxytocin?utm_source=southern_cross_health_member&amp;utm_medium=email&amp;utm_campaign=engagement_stayingwell_4">https://email.southerncross.co.nz/stayingwell/article/boost-oxytocin?utm_source=southern_cross_health_member&amp;utm_medium=email&amp;utm_campaign=engagement_stayingwell_4</a></p>

## ACCREDITED EMPLOYER WORK VISA (AEWV).

From: <https://www.immigration.govt.nz/>

### Steps to employer accreditation

You must be accredited to hire migrants on the Accredited Employer Work Visa (AEWV).

<https://www.immigration.govt.nz/employ-migrants/introducing-new-accreditation-and-single-work-visa/steps-to-employer-accreditation>

### New accreditation and single work visa

The Accredited Employer Work Visa will replace 6 temporary work visas with one. The Government has deferred its introduction until mid-2022.

### Employer leads visa application process

The new 3-check visa application process is led by the employer before the migrant applies. The introduction of the new Accredited Employer Work Visa is postponed until mid-2022.

### New application process

The new Accredited Employer Work Visa (AEWV) application process will be employer led. Before hiring a migrant on the AEWV employers will need to:

- apply for accreditation under the new system
- apply for a job check to make sure the role they want to fill cannot be done by New Zealanders, and
- request a migrant worker to apply for a visa.

The migrant will need to meet the skills and experience stipulated as part of the job check.

### Single visa replaces 6

The AEWV replaces these 6 work visas:

- Essential Skills Work Visa
- Essential Skills Work Visa — approved in principle
- Talent (Accredited Employer) Work Visa
- Long Term Skill Shortage List Work Visa
- Silver Fern Job Search Visa (closed 7 October 2019)
- Silver Fern Practical Experience Visa.

### New system has 3 checks

The system will introduce 3 checks before an employer can hire a migrant worker. These checks are:

- the employer check — employers need accreditation to pass this
- the job check
- the migrant worker check.

### Employer check

The employer check will replace 3 current employer schemes:

- approval in principle (AIP) before an employer hires workers on an Essential Skills Work Visa
- Accreditation as a Talent Accredited Employer, and
- Labour Hire employers' accreditation for essential skills work visas.

These employer schemes closed to new and renewing applications on 30 June 2021.

To pass the employer check you need accreditation in the new system. Only accredited employers can hire a migrant worker on the AEWV.

„Everyone is a genius. But, if you judge a fish on its ability to climb a tree, it will live its whole life believing it is stupid.“

Albert Einstein

## ACCREDITED EMPLOYER WORK VISA (AEWV) Cont'd

The accreditation must be held by the direct employer named on the migrant worker's employment agreement.

The new accreditation levels are:

- standard accreditation — for employers who want to have up to 5 migrant workers on AEWVs at any one time
- high-volume accreditation — for employers who want to have 6 or more migrant workers on AEWVs at any one time.

Franchisees and employers wanting to place migrants on AEWVs with controlling third parties (including labour hire companies) will need to meet additional criteria to get accredited.

Immigration New Zealand will provide a further detailed definition of what franchisee business models must meet these requirements before the AEWV is introduced.

Accredited Employer Work Visa Factsheet:

<https://www.immigration.govt.nz/documents/employer-resources/accredited-employer-work-visa-factsheet-standard-and-high-volume-accreditation.pdf>

**Why worry? If you have done the very best you can, worrying won't make it any better.**

## MOBILE HEALTH

The topics offered are presented by health professionals.

Presenters are suitably qualified nurses, doctors, or other health professionals, usually currently practicing clinically.

Their specialty areas include acute and chronic medicine, mental health, aged care topics, age related illness, women's health and emergency care.

Rural sites choose topics from our Presenters Portfolio and we arrange the delivery of the education sessions.

For further information contact Sandra van Hout – [sandra@mobilehealth.co.nz](mailto:sandra@mobilehealth.co.nz)

The topics are chosen based on requests we receive so if there is a topic you would like contact us: <https://mobilehealth.co.nz/webinars/>

## SILVER RAINBOW

**Lesbian, Gay, Bisexual, Trans and Intersex (LGBTI)**

**Education for Caregivers  
If you are interested, please contact**



Julie on [Julie.Watson@kahuitukaha.co.nz](mailto:Julie.Watson@kahuitukaha.co.nz) to find out how you can book Silver Rainbow education for your organisation.

<p><i>“Goodbyes are not forever, Goodbyes are not the end. They simply mean I’ll miss you, until we meet again.”</i> <i>Author Unknown</i></p>	<p><b>NEWSLETTERS BACK ISSUES</b></p>
	<p>All newsletters are on my website including an alphabetical list of topics. This website is available to everybody: <a href="http://www.jelicatips.com">www.jelicatips.com</a> No password or membership required.</p> <p>I believe in having the data available to everybody as it is important that as many people as possible get the information and that we help each other as much as possible in this very challenging sector.</p>
	<p><b>HELP ME KEEPING THE DATABASE UP TO DATE!</b></p>
	<p>Changing positions? New email address? Let me know if your details are changing so I can keep the database up to date. If you know anybody else who would like to receive the newsletter please let me know and I will be happy to add them to our growing readers’ base. Thank you all for your contribution each month.</p> <p style="text-align: right;"><i>Jessica</i></p>

**Some interesting websites:**

[www.careassociation.co.nz](http://www.careassociation.co.nz); [www.eldernet.co.nz](http://www.eldernet.co.nz), [www.moh.govt.nz](http://www.moh.govt.nz); [www.careerforce.org.nz](http://www.careerforce.org.nz),  
[www.advancecareplanning.org.nz](http://www.advancecareplanning.org.nz); <http://www.bpac.org.nz/Public/admin.asp?type=publication&pub=Best>,  
<http://www.open.hqsc.govt.nz>; [www.safefoodhandler.com](http://www.safefoodhandler.com); [www.learnonline.health.nz](http://www.learnonline.health.nz);  
[www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing](http://www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing); [www.glasgowcomascale.org](http://www.glasgowcomascale.org);  
<https://www.health.govt.nz/our-work/disability-services/disability-publications/disability-support-services-newsletter>;  
<https://worksafe.govt.nz/>

Please note these sites are not necessarily endorsed by Jelica nor is it responsible for the contents within them.

The information contained in this publication is of a general nature and should not be relied upon as a substitute for professional advice in specific cases.

**REMEMBER!**

Send your feedback, suggestions and articles showcasing your local, regional and workforce activities for publication in future issues.

Text in Italics are the comment of the writer of this newsletter

This brings me to the end of this issue. I hope you enjoyed reading it and welcome any feedback you have. With your help I hope to keep this a very informative newsletter with something for everyone.

**CONFIDENTIALITY AND SECURITY**

- I send this with due respect to, and awareness of, the “The Unsolicited Electronic Messages Act 2007”.
- My contact list consists ONLY of e-mail addresses, I do not keep any other details unless I have developed personal contact with people or organisations in regard to provision of services etc.
- E-mail addresses in my contact list are accessible to no one but me
- Jelica Ltd uses Trend antivirus protection in all aspects of e-mail sending and receiving

Signing off for this month!!

*Jessica*

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- If you know of others who you think would benefit from receiving my newsletter, please pass on my details and have them sending me an email with the subscribe request.