

SHORT STORIES

Third Edition

Babies

Children

Young Adults



This 2 1/2 year old had **warts** for two years and then the warts started spreading to his face. His parents tried everything including freezing and over the counter products. They used Shaklee products "hit & miss". They also tried using Shaklee with other products from the health food store. This went on for a year until I approached the family with a challenge.

Use Shaklee products ONLY for one month



and if you don't see any results your money will be refunded in full.

These are the Shaklee products they used:

Citriboost 1/2 scoop

Energizing Soy Protein 2x/day

Optiflora 1 pearl

Nutriferon 2/day

Basic-H applied to warts at night

After 6 weeks ALL the warts (about 30) were COMPLETELY gone.

This couple now has a group that is growing fast because of these results and they received their first bonus check last month!

Tammy Robertson

PEANUT BUTTER FUDGE

1 cup peanut butter ..
"no sugar added" brand



1 cup Shaklee Cocoa Protein Powder

1/3 cup honey or maple syrup

Option: raw nuts (walnuts, pecans, almond), sunflower or sesame seeds, raisins.

Mix together in a bowl, pat into a pan, refrigerate, cut into squares.

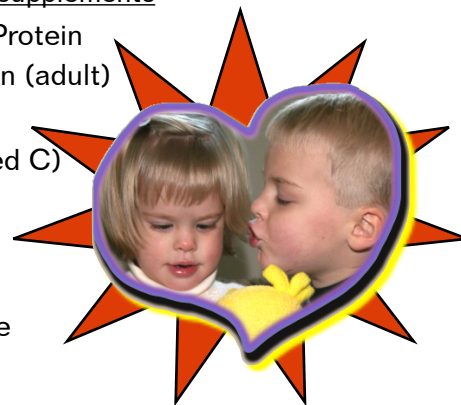
HEALTHY & DELICIOUS!

CYCLE OF ANTIBIOTICS AND MEDICINES

I am a young mom with two children. My son who is three has been very healthy until this year when he started preschool. He became very sick this past winter and for about four months he was on a lot of medicines and non-stop antibiotics. He had the flu, strep throat, numerous colds and ear infections. We were at the point that the doctors were saying that our only option was to put **tubes in his ears** to see if this would help. We didn't even know for sure that the tubes would help our issue. My husband and I decided that we were not going to let them do surgery to put tubes in our son's ears. So I was so blessed that I have many family members who use Shaklee and I was willing to try them. We started Shaklee nutrition products, cleaning products, air and water purifiers and we saw results quick. Now going on six months, our son has not been on one medicine and has only had one runny nose that lasted two days.

Here's his list of supplements

Energizing Soy Protein
Vita Lea with iron (adult)
B Complex
Vita C (Sustained C)
Zinc
Osteomatrix
Nutriferon
Optiflora capsule
Garlic



We took him off wheat and peanuts for a time and have continued to substitute soy for dairy. My son swallows the OptiFlora capsule and I crush the other vitamins and put them in applesauce or soy yogurt mixed with fruit. He has just recently begun swallowing some of his vitamins.

Melissa Mauldin

Advice on Ear Problems

I've worked with lots of children with excess fluid in the ears. I begin by eliminating dairy, especially milk, from the diet as dairy can create a thick mucus fluid, which is a seed bed for bacterial growth. And for supplements I include 5-10 Alfalfa since the trace minerals in Alfalfa will balance the

salt levels in the body and allow fluid to disperse. A minimum of 4 Chewable C's per day is needed as "C" also helps to relieve excess fluid in the body. OptiFlora to replace the bad bacteria, is crucial, along with the Shaklee Incredivites multi-vitamin, and the Soy Protein drink. I've gotten amazing results with this program! *Sherrie Attila*

Tummy Aches



When my daughter was 4, she had terrible stomach pains after every meal. She would eat her meal and lay on the sofa while the rest of us finished. This went on for some time. We had her stool tested but the doctor couldn't explain the problem. Finally, someone suggested Alfalfa and Stomach Soothing Complex. 2 Alfalfa and 1 Stomach Soothing Complex and her pain stopped. *Jeanne Dart*

Note: This works wonders for adults ... just increase the amounts. Also, consider taking EZ-Gest with your meals for digestion.

Miscarriages



Carmen and I had always planned on having a family. However in a 3 year period we had gone through 2 miscarriages. We discovered that Carmen's progesterone level, which is critical to support the pregnancy, was low. Our Doctor explained that a "normal" level of progesterone is around 20 ... Carmen's was 2! Our Doctor said that we needed to take a prescription progesterone supplement RIGHT AFTER CONCEPTION.

In February of 2005 we found out we were pregnant again. However, Carmen was 4 weeks along and HAD NOT BEEN SUPPLEMENTING with progesterone because the pregnancy was a surprise. We went into the Hospital trying not to think the worst. When Carmen's levels were tested we found out that her Progesterone level was at a 32! It went from a 2 to a 32! The ONLY difference was the addition of the

Shaklee supplements! Both Carmen and I were taking the Essential Foundation (Vitalizer and Protein) plus OmegaGuard.

London Gray was born in perfect health! We thank God and Shaklee.

Shawn and Carmen Gray

Burns



My nephew John was burned with a flash fire from a gasoline can.

The results were first and second degree burns on his face and ears.

In conjunction with Bacitracin to prevent bacteria, my nephew used Shaklee Vita-C, OmegaGuard and Nutriferon, 3 times a day to fight infection and inflammation, and help with repair.

After the second or third day he applied the skin products multiple times a day. He mixed the calming complex with the am and pm repair products in his hand and then applied this to his face.

Below are the products John used.



Shaklee Enfuselle skin care.

- 1). Enfuselle Time Repair A.M.
- 2). Enfuselle C+E Repair P.M.
- 3). Enfuselle Calming Complex



The second picture is John after just 2 weeks using the Enfuselle Nutrition Therapy for Skin.

Enfuselle helps to protect the skin from sun and other damage, it repairs and heals the skin, and lessens the aging process of the skin. *Jeffrey Whittaker*

My mom has used Shaklee products for over 17 years, so most of my life I've grown up around Shaklee. In 2007, I was 15, **overweight** and **depressed** about my weight. Thankfully my mother recommended that I try Cinch and I fell in LOVE! After a month I was back to a healthier weight and back in my size 7 jeans! Then I started adding other Shaklee products and the more I tried, the more I fell in love with Shaklee. Even though I loved the products, I wasn't interested in having my own Shaklee business until I took a class in college on International Business Administration and noticed how the Shaklee business model was better than traditional business models. I'm on my way to Senior Director and with that income I am going back to college in the spring and plan to pay for my own tuition! Even at my age, Shaklee is the vehicle to achieve your DREAMS.

Nancy Leonees



"LIFE THREATENING" ALLERGIES

My son who is now 20 months old spent the first 13 months of his life in and out of the Doctor's office with recurrent ear infections, pneumonia, and RSV.

We received misdiagnoses of reflux, dysphagia and 'over reactive mother'. Not giving up on my mother's instinct I saw an allergist and at 13 months old he was

diagnosed with life threatening allergies to several different foods. I started

researching WHY this happened to us when food allergies are unheard of in our family. In my research I came across the Shaklee

products. I received product information from Amber who helped me develop a custom plan for my son.



In the first week on OptiFlora my son's 'mystery hives' disappeared. Within two months he was having normal bowel movements. We also noticed that while the other kids in daycare were coming down with cold after cold and virus infections including strep throat, he was the ONLY one in daycare NOT getting sick! This was profound because he was always getting sick before. No more colds, not ONE ear infection, not even a cough since starting Shaklee products. The best part is that he has eliminated ONE of his life threatening allergies! I am looking forward to his next allergy visit as we will be doing additional food challenges. None of this would have been possible prior to starting the Shaklee products!

He is on: Increditives (2), Mighty Smarts (1), Zinc Complex (1), Alfalfa (3), B Complex (1), NutriFeron (1), OptiFlora (1), Vitamin - C (1), Vita D3 (1), Cal-Mag Chews (1), plus we recently added a serving of Vivix

I put the non-chewable vitamins in a baggie crushing them with a meat tenderizer kitchen tool. I mix the crushed

vitamins into his grape juice and offer it to him first thing in the morning when he is thirsty. I will also disguise it at times in applesauce or in a Protein Shake.

UPDATE : Just yesterday he accidentally ate a small piece of a donut. The donut had egg in it and peanut warnings. Normally a mistake like this would have sent him into full blown anaphylactic shock. He had NO REACTION AT ALL! I kept him home for a few hours looking for the typical signs of hives, vomiting, breathing difficulties, sleepiness etc. Normally it hits him right away, the instant it touches his lips. But NOTHING! I am anxious to confirm this with his Doctor through more allergy tests. I do NOT recommend or suggest that anyone intentionally test problem foods on their kids ... leave this to the doctors.

Everyone tells me it is NOT possible to heal your child from food allergies. I refuse to believe it! I KNOW he is being healed!
Deena Cannistraci

BEHAVIOR ISSUES AND POOR GRADES

My 7 year old son was having problems in school with learning and conduct. I started giving him a children's multivitamin and fish oil... I knew the DHA would help his developing brain. I gave him these supplements all last school year, BUT nothing changed. He still had poor grades and received behavior notices from his teachers.

Then I found Shaklee and immediately started using the kids' Increditives and the Mighty Smarts (fish oil). Within the first month -- my son was getting A's each week and compliments from his teachers on his good behavior! Yea!

I wasn't sure Shaklee's brand could make that much difference. So when I ran out... I didn't rush to re-order! Big mistake! After a few weeks of no Shaklee supplements, the poor grades and behavior started again!
Dana Allemand

My friend's 5 year old grandson suffered with eczema for 3 years. He would wake up scratching and be all bloody each morning. His Mom would wash the sheets every day. They went to many doctors, tried several medications and diets, and it never got better.

eczema

When my friend came to visit. They washed EVERYTHING he touched with Shaklee cleaners. In 2 days the eczema was gone. When he went to visit his aunt -- she washed his clothes with a store bought cleaner... the eczema came back. As soon as he got home, Mom washed the clothes with Shaklee and again... the eczema was gone in two days!

Karen Sandifer

CONTACT:



THE WONDERS OF RITALIN

My son had been on Ritalin for two and a half years. He instantly became a good student. He was no longer in trouble all the time and had the ability to sit still and focus. He said "okay" when asked to perform simple tasks, and "thank you" and "I'm sorry". Our lifestyle as a family changed drastically and the constant tension was eased.

By the end of two and one-half years, what began as a "miracle drug" ended as a personality-altering nightmare. It became a sedative for a short time, but when it began to wear off, our son would become explosive. Once, when he was in a rage of frustration and anger, I asked him what was wrong, and all he could say, in fits of tears and thrashing, was, "I don't know, Mommy!! I don't know!!" He was nine years old.

Then the Lord brought a new friend into my life. She was a very experienced mother of four boys - two of whom were

taking Shaklee supplements for ADHD. My husband and I decided to try the same program they were using.

To summarize...our son is now able to be the person God made him to be. We came to know a boy we had never had the opportunity to know before. Not only did his creativity come back, but a thoughtful, kind, insightful attitude accompanied it. There is a depth in him that the "focus" of medication limited. Ritalin kept him focused, but very shallow. He's free now to think and express himself in delightful and deeply thoughtful ways. He remains very active, but his need for physical expression is minor compared to what we have gained.

By the way, until we began the Shaklee supplements, he and his brothers were in the doctor's office at least once every six weeks for some ailment. In the last three years, we have been to the doctor one time!

Thank you, Shaklee!

Beth Shaum

CLEANERS MADE A HUGE DIFFERENCE

Beth Shaum continues her story:

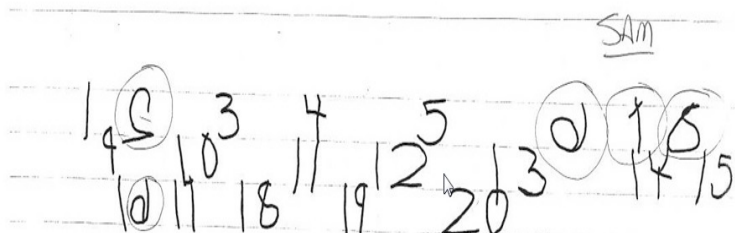
I had heard something about fumes from cleaning supplies causing children to be "hyper" and out of control. I gave it little thought until one day I was cleaning the bathroom with bleach and made myself sick with the smell of Clorox bleach in my nostrils. I thought that if it could cause me, an adult, to feel so ill, what must it do to a child? Several days later, my boys were playing in the basement, and suddenly my oldest became very mean-spirited, bossy, and LOUD. Immediately I thought, "What has he had to eat?" I couldn't



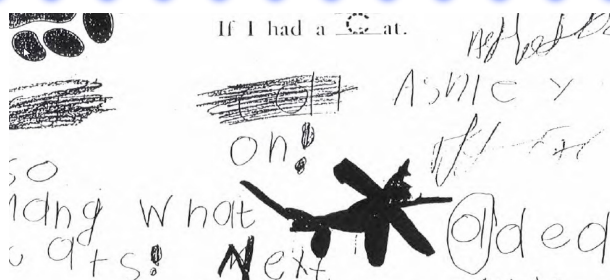
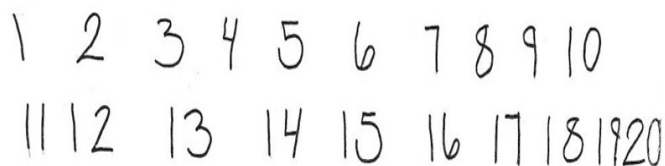
think of anything he'd eaten that would make him act this way. Looking in the direction of the noise, I realized that the dishwasher was on. I couldn't imagine that it possibly could be the fumes from the dishwasher detergent; however, I decided to experiment during the next few days.

Each day, while my son was doing well, I'd turn on the dishwasher, and as soon as the steam began seeping out with the smell of detergent, he would go crazy!! It was as if he responded on cue, a phenomenon I would not have

believed if I hadn't seen it with my own eyes! Needless to say, we have changed to Shaklee's Dish Wash Powder and we also use Basic H and Basic G. I have seen no ill effects from these cleaners on my kids, and I have watched my boys while I used the products, so that I could monitor any changes in their behavior.



Sam's writing skills improved dramatically after his daycare provider removed the toxic chemicals and switched to Shaklee cleaners



This is the writing of Ashley, a 10 year old girl with ADD; then her writing one week after starting on a Shaklee supplement program (Protein, Vita Lea, B).

