

## May/June Holiday Programme

www.the-greenfield-club.co.uk

The Greenfield Club is a non-profit making charity, set up in 1996 to provide out of school care, for children aged 4-11 years. We are open from 7:45am until 6pm every week day during the school holidays, except for Bank Holidays. We are accepting children who start



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May	Mon 30 <sup>th</sup>	Mon 31 <sup>st</sup>	Weds 1 <sup>st</sup> June	Thurs 2 <sup>nd</sup> & Fri 3 <sup>rd</sup>	Mon 6 <sup>th</sup>	
Open	Anxiety Busting Session	Dodge Ball	Veggie Art	Bank Holidays -	Bull Dog	
7:45am	What do kids need to feel better during this stressful time?	Bådun	<b>S</b>	Club Closed		
9:30am		DODGEBALL		Fruit Kebab Making		
				All week for Snack time!		
12:00pm	Drawing Pad Time	Healthy packed	Fruit Salad Pudding Bowls			
	Get Creative!	Card Games	Yoga	Heathy Lunch Boxes		
			. Ogu	As part of our Healthy Eating, we are		

1:00pm

4:00pm

Close

6pm

2:30pm Skipping Challenges Join in the fun!





**Tennis** 





Circus Skills



providing healthy meal choices for our Holidays, Activities & Food Programme funded children.

Is your lunch box deemed as healthy? School food standards - School Food Plan https://www.bbc.co.uk/food/collections/ healthy\_packed\_lunch\_ideas

## Healthy Eating

You can find healthier swaps for next time you shop



Download the free **NHS Food Scanner** app

With a speedy scan of your family's favourite foods, you can find healthier swaps for next time



Parachute Games





**Meditation Session** Learn how to listen, improve your memory & reduce stress



Don't miss out! ...

The booking deadline is Friday 13th May



## May/June 2022 Holiday Club Programme

## **Booking Form**

<u>Date</u> Please tick your selected sessions	Morning Session (7:45am-1pm) £15.00	<u>A</u>	fternoon Session (1pm-6pm) £15.00	All Day Care (7:45am-6pm) £25.00	
Mon 30 <sup>th</sup> May					
Tues 31 <sup>st</sup>					
Weds 1 <sup>st</sup> June					
Thurs 2 <sup>nd</sup> June	CLUB CLOSED	BANK	HOLIDAY	CLUB CLOSED	
Fri 3 <sup>rd</sup> June	CLUB CLOSED	BANK HOLIDAY		CLUB CLOSED	
Mon 6 <sup>th</sup> June					T
Name/s of Children:			Age/s during the May/June Holidays:		
Name of parent/carer	:		Telephone number:		
Home Address: (House number & Post-	code)				
Email address:			School:		
Please circle payment	type: BACS	Childcare Vouchers	Cash no longer	Cheques no longer accepted	
		Vouchers	accepted		

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Want to cook healthy meals at tea time? ... Recipes - Healthier Families - NHS (www.nhs.uk)