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Cathy Shoemaker Design/Layout



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The Country Register of Ontario June / July 2019 Issue

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Follow Along on Facebook!

by Barbara Floyd, Founder

If you are a reader of The Country Register chances are you use Facebook as well in this day of electronics. We have a very large readership that spans the USA and Canada. This next year marks our 30th year Anniversary which means a big thank you to our advertisers, publishers and readers!

Now perhaps you will give us a like on Facebook at The Country Register and see and learn things from other parts of the country, shared craft ideas, good recipes, all in addition to your local Country Register. This service is also free, just like The Country Register has been free to the readers all these years. Many of the individual publications also have a Facebook page for just your state or province that will also pop up when you search for The Country Register. "Like" both and consider it a bonus to your paper. Add to your Country Register experience and join us on Facebook.

Have a wonderful 2018 and thanks in advance for your online and offline support.

Our Search for Cover Artwork -

Across Canada and the U.S, you can always tell The Country Register by it's cover. Our publishers seek to find cover art or photos from the province/state the paper represents. To that end, we are seeking the work of artists from Ontario to feature on our covers. The art must be in good taste and consistent with the theme of the papers. If you would like your work to be considered, please send an email indicating your interest to OntarioCountryRegister@gmail.com



Meet our cover artist **LISA STEAD**

Lisa Stead is an emerging contemporary artist specializing in representational & abstract works. She lives and works in London, Ontario. As a student of fine arts, graphic design & photography, one can appreciate how they have all strongly influenced her artistic style by the use of shape, colour and linear elements. Often Stead uses her own photographs as the starting inspiration to her pieces for theme or colour palette. Lisa has participated in many art exhibitions in Ontario, both solo and group shows. Her paintings can be seen in some South-western Ontario galleries and are held in private collections. Her paintings are explorations of texture, bold expressive colour highlighted with whimsical brush strokes and quaint subject matter. Her process of intuitively outlining, layering strong colours and washes form balance, create depth and dimension. She shares her expressions as a reflection of her life with the intention of bringing joy infused works to the viewer. The finished compositions reveal an ethereal and charming feel to both her representational and abstract works.

To view a full gallery of her work visit www.lisasteadart.com.

Dearest Readers,

Boy, it's been a looong Winter/Spring. Summer should be appearing at any moment...

...the smell of your neighbour grilling steak on the BBQ...happy sounds of neighbouring kids playing in the streets...the sound of the ice cream truck on the corner of your street...does anyone remember Space Bars?... drinking coffee on the back steps in the early morning...the warm sun shining on your face....blue summer skies and warm summer nights...long walks with your dogs...sun-showers cooling you off on the hottest days... thinking back to the days of hopscotch and "champ" ...smell of sweet flowers in the air...ice cold beer by the pool...strolling downtown looking for the perfect patio to enjoy lunch...ripe plums, peaches and sweet sweet watermelon...planting flowers...picnics in the park...hiking in the woods... going out on a friend's boat...long drives to no specific destination... Jazz Festival...fireworks on Canada Day...energized by the warmth of the summer sun...quilting outside on the back patio...quilting after the sun goes down...quilting when everyone is asleep...okay, lots of quilting...lots of fun to be had and lots of memories to make!

This issue marks our 4th year of bringing you the Country Register! I wish to thank you, my dearest readers, personally, and on behalf of our entire team, for the unwavering support you have given us and our excellent advertisers. I have said it so many times, but it is still the honest truth... without you, we would not be here!

The past four years have just flown by, but I can truly say that our entire team is just as excited today as we were four years ago to bring you The Country Register of Ontario!

Happy Canada Day! Have a sun-sational summer!

4 farriet

Calendar of Events

JUNE 3-14, 2019 JUNE 12-15, 2019

Quilt Shop & Textile Tour of Ireland by Celtic Quilt Tours QUILT CANADA 2019! - EY Centre, 4899 Uplands Drive Ottawa ON **Show Hall/Merchant Mall Hours** Wed - Fri 9:30 am - 6:00 pm,

Sat 9:30 am - 4:00 pm

JUNE 7 - JUNE 8 JUNE 8

Quaker Quilt Guild Quilt Show - Norwich, ON Kawartha Yarn and Fibre Festival - Fenelon Falls, ON

JUNE 8 - JUNE 9 JUNE 8 - JUNE 9

27 Veterans Way, Fenelon Falls, ON The New Art Festival - Ottawa, ON

JUNE 9

Cottage Country Craft Show - Peterborough, ON

JUNE 12 - JUN 15

Quilting Goes Viral, Quilt Canada 2019 - Ottawa, ON Happy Father's Day!

JUNE 16 JUNE 17

Artist, Bethany Garner, will give a talk and trunk show entitled "My Journey to

Art Quilts". - Nepean, ON Row by Row Experience

JUNE 21 - SEPTEMBER 3 **JUNE 22**

Lansdowne Textiles Festival - Lansdowne, ON 'Summer Fibrations' - Almonte, ON

JUNE 22 - JULY 6 **JUNE 14**

Playdate - Free Form Crochet with Frances Taylor - Ottawa, ON North Lambton Quilt Guild Quilt Show - Grand Bend, ON

JUNE 27 - JUNE 28 JUNE 29 JUNE 29 - JULY 1

Muskoka Yarn & FibreFest - Bracebridge, ON Artistry by the Lake - Niagara-On-The-Lake, ON

JULY

JULY 1 JULY 2 - JULY 31 **JULY 13 - JULY 14**

JULY 28 - JULY 28

Happy Canada Day!

JULY 26 JULY 27 - AUGUST 4 July Shop Hop. 15 participating stores in Weatern Ontario Stitches From the Heart Quilt Show 2019 - Sault Ste Marie, ON Rosseau Farmer's Market - Rosseau, ON

Birmingham Festival of Quilts Tour by Celtic Quilt Tours

Quilts at the Creek, Toronto, ON

..... SAVE THE DATE

AUGUST 28 - SEPT. 8, 2019 Quilt Shop & Textile Tour of Scotland by Celtic Quilt Tours

June / July 2019 5



POLYNESIAN BOUQUET

BLOCK 3

Finished Block is 15 ½ Square

Designed by Phyllis Moody Copyright March 2012

Block 3

All measurements given for background blocks and stems include a 1/4 inch seam allowance.

Add seam allowance to appliqué pieces.

Cut $\frac{3}{4}$ inch wide on bias to make small stems. Iron in half. Stitch in place down the center and fold over to hide the raw edge, slip stitch the edge.

For large stems cut 1 ¼ inches wide on bias. Iron in half. Stitch in place down the center and fold over to hide the raw edge, slip stitch the edge.

To prepare your background: Cut 18 inch Square for background fabric. Fold in half in each direction, lightly press with dry iron (this will be your center reference marks for placing your pattern). Use your favorite method of transferring pattern layout.

Use your favorite method for preparing appliqué pieces.

Note: Pre-cut freezer applique papers are available for purchase at Phyllis Home Decor (514-425-0775)

Supply list

Fat 1/8 of red

Fat 1/8 each of 2 greens

Fat 1/8 each of 2 blues

Fat 1/4 of 2 orange

Fat 1/4 of brown for stems

Studio Dies Used

Bird Trio 50435

Feather #3 50113

Feather #2 50112

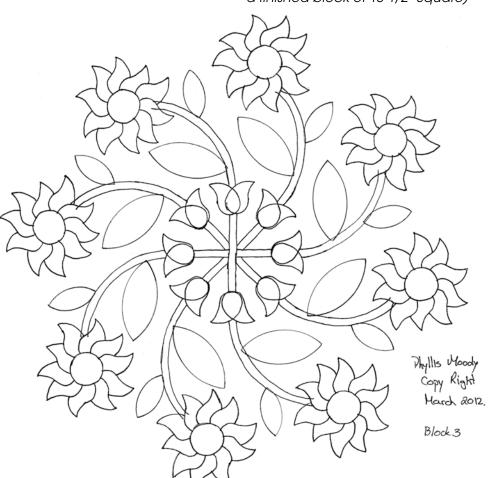
Rose of Sharon # 2 50343

Rose of Sharon 50342

Circles 1 ¼ 50636

(Enlarge by approx. 270% to get a finished block of 15-1/2" Square)









2019 has brought official retirement to me from The Country Register, Inc. and I am still trying to figure out how to retire! I have a few more articles about celebrating...at the rate I am getting through our beginning Arizona issues I might have about ten more years of articles. There are no shortages in my recipe file either. In fact, I may have my new business launched. A neighboring lady remembered me from Gooseberries from about 27 years ago. She asked if I would ever make her scones if the occasion arose and last week, she called for 3 dozen scones, heart shaped like we made them at Gooseberries, lemon curd, and 7 loaves of walnut banana breads. Since her two same day parties serving these, someone else has called with a scone order. Being the kitchen is my happy place what better "retired" activity could I ask for!

Today I am looking at the Feb-March issue of 1992 for Arizona. The quilting industry is growing, and we have one out of sixteen pages labeled "Quilter's Corner with 8 ads of quilt stores or services or events. Just for fun I counted the quilt ads in the recent Arizona edition just off the press and found 38 ads including needlework ads in the section now labeled Quilting, Sewing & Needlework. That makes up 10 pages out of 24 and I don't think quilting is going to disappear any time soon if ever. Quilters are loyal readers, active shoppers and enthusiastic supporters of The Country Register. They are the kind of shoppers who love their homes and will love your shops whatever your specialty is.

I had to smile at an ad from an artists gallery mall in this era. It was a halfpage with big bold letters that said "Crocheted Toilet Paper Holders are NOT sold at (shops name). By 1992 obviously crafts made the distinction of the level of merchandise they carried with this statement. We had at least graduated to pin dot blue, hunter green or mauve geese. To every craft there is a time limit. What I find amazing is what returns and becomes a collectible such as the ceramic green glazed Christmas trees with actual small lights on the branches. I made those in the 50's in my mom's ceramic studio and then in the early 60's in my own ceramic studio in Prescott, Arizona.

The front cover of the 1992 June-July issue was a photo of my first grandchild, now married and with a child this age and another on the way. He was about a year and a half old and on the farm on the outskirts of Pasco, WA wearing a boutique outfit with cow spots on it complete with a tail and a heart shaped spot on the back side. The high-top tennis shoes have cows and a scene hand-painted on them and a raised yellow "MOO" adorns the sport socks. We had progressed from geese to the cow era in the craft world. In September of '92' an article made the announcement of the arrival of a second grandson arriving, a little brother to the cover story grandson.

The cover of Aug-Sept 1992 was "Tastes of Country", a cookbook by Fran Gillette who lives in Yacolt, WA. I now have a collection of five of her cookbooks. The next three were, "Sleigh Bells and Sugarplums", "Bounteous Blessings" and "The Old Farmhouse Kitchen". The amazing part of this story is a couple weeks ago my Granddaughter, Hannah Skalleberg, was on a plane returning to Arizona from Portland. She was chatting with the lady next to her and asked her if she her grandma (me). The lady said, yes, I do, and it was none other than Fran Gillette. They quickly connected the dots between me and Fran.... I ended up with a fifth book as a gift from Fran when I picked Hannah up in Phoenix, "The Heartland, America's Cookbook". There is one more book called "A Farmgirl's Menu". All of Fran's cookbooks are a special work of colorful art and recipes. "The Heartland" is filled with many stories from past history pulled together with recipes of those eras. Fran can be reached via email at gillettefran@yahoo.com.

By now in 1992 there is a list of Country Register publishers in Arizona, Michigan, Utah, Ohio, N. Idaho and Colorado. Today there are still very successful papers in all but Utah in which there is no longer a paper. N. ID has been combined with the paper that covers Montana, Dakotas and Wyoming. Amazing how we grew after this time period. The publisher list is much bigger today. More to follow next issue!



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GIRLFRIEND WISDOM

In this season of flowers and trees in their great colorful glory, may we find a sense of joy that motivates us to rise up in our faith and give us hope for fresh passions in our home projects, our families, our work, and our friendships. May we walk with a spring in our steps as we climb the stairs of our daily lives. Open every window and take a deep breath of



Progress takes action and this time of year, as we look around, there is plenty of action - bees are buzzing, hummingbirds are zipping around from flower to flower.

Nature teaches us so many wonderful lessons if we only take the time to observe them. From the smallest seeds to the tallest trees we are amazed and in awe each and every season.

GIRLFRIEND WISDOM:

Action doesn't mean, "hurry". Nature has a message for you.

Nature does not hurry, yet everything is accomplished.

Joy & Blessings,

Girlfriend Wisdom is written and illustrated by Jody Houghton®.

Color files of this writing and artwork are available: www.JodyHoughtonDesigns.etsy.com





A good story makes you want to wrap yourself in a cozy blanket and snuggle in for the night! Well, imagine a story that is the blanket...that's the story of the quilt!

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Join **Mary Fons,** writer and editor specializing in the history of the American quilt and the life of quilts in popular culture. This editor in chief of

Quiltfolk magazine, previously served as editor and creative director of Quilty magazine and has hosted nearly 250 episodes of quilting how-to programming on television and YouTube.

A Chicago girl at heart, Mary brings her stories to Toronto during the Fall Creativ Festival. Don't miss this this popular author and lecturer as she threads her way through the enchanting layers that are the fabric of the quilt in unique and delightful narrative.

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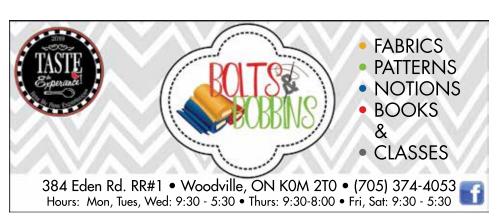




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Memories

by Janet Young

It has been said people forget years and remember moments. So make this summer memorable. Sure a trip to Disney, or the Grand Canyon, or even to a foreign country can provide you and your family with many memorable moments, but just a walk in the park or, biking along a country road or, even baking cookies can be a recipe for future memorable recollections.

Granted, everyone is uniquely different in their personalities, their perspectives, and even their interests, so what may impact you, may not have the same impression on the person with whom you are sharing the experience.

For example, if you have an adult child, has she ever recalled to you an instance from years past that you have completely forgotten, yet all these years later she can recount almost every detail of this childhood memory?

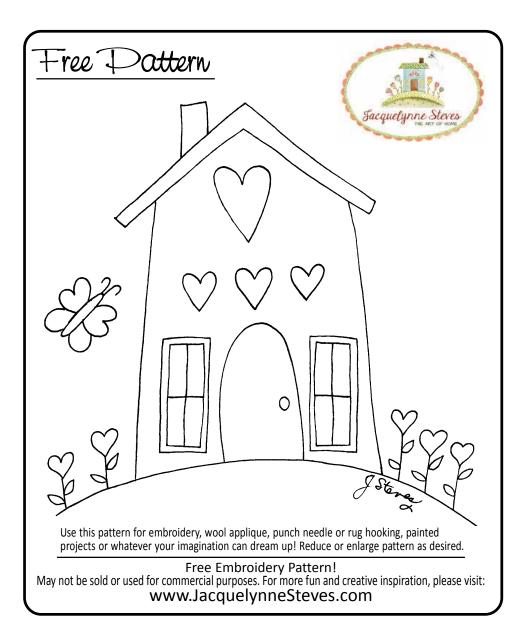
As parents, sometimes we plan all these extravaganzas, thinking we are flooding our children with unique experiences they will treasure for a lifetime – only to discover years later, yes that trip was great, but; as it was being recounted did she elicit a sense of joy and excitement all these years later?

There is one indulgence that I think will be a forever memorable moment, and that is taking a child to tea. Whether it is at a tearoom, or just having a tea party at home, there is just something about taking tea that creates a feeling of specialness. Perhaps it is the tiny tea sandwiches, or the beautiful china dishes, but from the moment you invite your child to tea, he/she begins to bubble over with excitement as they anticipate that glorious event.

You may or may not agree, but if you had tea as a child with a special aunt, grandmother, or even your mother, when you recall that event, don't you have fond memories of how special it made you feel?

I'm not suggesting you don't travel, for there are plenty of benefits to seeing the world. So, whether your memories are from travelling the world over or focusing on special moments in your life. Please bear in mind that as retirement years approach, your memories become your travel bag. So, pack up and enjoy.

-Janet Young, Certified Tea and EtiquetteConsultant, is a founding member of Mid-Atlantic Tea Business Association and freelance writer/ national tea presenter. Visit her website at www.overtheteacup.com.



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Ajax

We meet at the Ajax Legion at 7pm on the 2nd Tuesday on any month from September to June.

We meet at St Johns United Church at 7pm on the first Tuesday or each month, except January.

Ancaster Quilter's Guild

Ancaste

Burlington

Ingersoll

We meet at the Marshall Memorial United Church, 20 Gilbert Ave. at 7pm on the 3rd Wednesday of each month from September to June.

Amprior District Quilt Guild Arnprior

We meet at the Christian Education Centre, 257 John St. N. at 6:30 pm on the fourth Wed. of each month

from Sept. to June. **Barrie**

Simcoe County Quilters' Guild

We meet at the Simcoe County Museum, 1151 Hwy 26, Midhurst at 1:00 pm on the Fourth Thursday each month except the 2nd Thursday in Dec and 3rd Thursday in June, from September to June.

Kempenfelt Quilt Guild

We meet at the Lion's Gate Banquet Hall on Blake Street, the 3rd Thursday of the month from 7-9pm

Belleville Quinte Quilters' Guild We meet at the Recreation Centre, 116 Pinnacle Street. At 7:00 pm on the first Wednesday of each month.

Binbrook Country Quilters' Guild Binbrook

Bracebridge

We meet at the Binbrook United Church, 2623 Binbrook Rd. 7:30 pm the last Monday of the month from Sept - Nov and Jan - June. The Pine Tree Quilters' Guild of Muskoka We meet at the Bracebridge Memorial Arena, 169 James St at 1:00 pm on the 2nd. Thursday of the month from September through June.

Brampton Brampton Quilters Guild

We meet on the 4th Thursday of each month from September to June at 7:30 pm. Meetings are held at Jim Archdekin Recreation Centre, 292 Conestoga Dr, Brampton.

Brant Heritage Quilters

Brantford We meet at \$f George United Church at 7:30 pm. on the second Thursday of the month. The Thousand Islands Quilters' Guild

Brockville

We meet at the Royal Canadian Legion, 180 Park Street at 7 pm on the 4th Thursday evening of the month. No meetings December, January, July and August. Buckhorn Area Quilters' Guild

Buckhorn

We meet at Hartley Hall, St. Mathews / St. Adian Anglican Church at 9:00 a.m. on the last Wednesday of the month (excluding July, August and December). Halton Quilters Guild

We meet at the Mainway Recreation Centre, 4015 Mainway Dr. at 7:00 pm on the first Thursday of the month from September through June). Caledonia Caledonia Grand River Quilters' Guild

Cambridge

We meet at 7pm on the 2nd Wednesday of the month from September through June Busy Hands Quilters Guild We meet at the Preston Scout House, 1580 Queenston Road at 9:30 am on the third Monday of each

Chatham

We meet at St. Paul's Congregational Church, 450 Park Ave W at 7pm on the third Wednesday each

month, except December Cornwall Cornwall Quilters Guild

We meet at St. Mathews Lutheran Church, 1509 Second St West at 7pm every third Monday evening from

September through May. Courtice Clarington Quilt Guild

We meet at Faith Unitled Church, 1778 Nash Road on at 6:30 pm on the 3rd Thursday of every month. Sunset Country Quilters' Guild

Dryden

We meet at 84 St. Charles Street at 7 pm on the 4th Tuesday of each month. Elliot Lake Quilt Guild

Elliot Lake

We meet at Gentle Shepherd Church, 3 Ottawa Ave. at 7:00 pm on Tuesdays from September through

The Elmira Needle Sisters

We meet at the Elmira Mennonite Church at 7:00 pm on the fourth Monday of the month. Etobicoke Etobicoke Quilters Guild

We meet at Neilson Park Creative Centre - 56 Neilson Dr. at 7:00 pm on the third Monday of the month. Georgetown

Halton Hills Quilters Guild We Meet at the Cultural Centre, 9 church St. at 7:15 pm on the fourth Monday of the month (Sep-Nov,

Common Thread Quilt Guild Gloucester

We meet at Le Mouvement D'Implication Francophone D'Orléans (MIFO), 6600 rue Carriere in Orleans at 7:30 pm on the second Tuesday of the month from September through June.

Goderich Goderich Quilters' Guild

Grimsby

We meet once a month on the 2nd Tuesday.

Grimsby Quilters' Guild

We meet at the Livingston Activity Centre at 7pm on the third Thursday of the month.

We meet at Three Willows United Church, 577 Willow Road at 7:00 pm on the second Tuesday each month from September until June

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Gwillimbury Quilt Guild

We meet at the Sharon-Hope United Church, 18648 Leslie St. at 1:00 pm on 4th Monday of the month from Gwillinbury

September through May. Haldimand Quilter's Guild Hagersville

We meet at the Hagersville United Church at 7:00 pm on the first Monday of the month from September

We meet at the Stanhope Community Centre, 1095 North Shore Rd, Algonquin Highlands at 1:00 pm on

the second Wednesday of each month Hamilton

Hamilton Quilters Guild We meet The Church of Resurrection, 435 Mohawk Rd. W.at 7:00 pm on the 2nd Wednesday of each

Oxford Quilters Guild

We meet month at the Ingersoll Creative Art Centre, 125 Centennial Lane (in Victoria Park) at 7:00 pm on the first Wednesday and 9:00 am on the first Thursday of each month. Kanata The Kanata Quilt Guild

We meet at the Glen Cairn United Church, 140 Abbeyhill Dr. at 9:30 am on the second Wednesday of the month from September to June.

Kemptville Kemptville Quilters Guild

We meet pm at the Kemptville Pentecostal Church 1964 County Road # 43 at 7:00 pm on the second Monday of the month (except for holiday Mondays).

Lake of the Woods Quilter's Guild Kenora

We meet at St. Louis Catholic Church, 912 Superior St in Keewatin at 7 PM on the second Thursday of the

Kingston Kinaston Heirloom Quilters We meet at St. Johns Anglican Church Hall in Portsmouth Village at 9:30 am on the first Tuesday and 7:00

pm on the first Thursday of each month.

Kingsville Erie Shores Quilters' Guild We meet at the Kingsville Arena, 2nd floor at 7p.m. on the third Tuesday of the month

Huron, Perth Quilters Guild Kirkton We meet at the Kirktown/Wooddham Community Centre at 9:00 am on the second Tuesday of the

month from September through May

The Waterloo County Quilters Guild

We meet at the Parkside Community Room of the Parkside Arena in Waterloo at 1:30pm and 7:30 pm on Waterloo

the third Wednesday of the month.

North Lambton Quilt Guild

We meet at the Port Franks Hall on the 4th Wednesday of the month. Limestone Quilters' Guild

We meet at The Senior's centre in Kingston at 7:15 pm on the first Wednesday of the month

Lindsay Creative Quilters' Guild We meet at Celebrations, 35 Lindsay St. N at 1:00 pm every 2nd Monday of the month except for October,

December and June Island Quilters Guild

Lambton

Lindsay

Markdale

Meaford

Napanee

Orilla

Ottawa

Sarnia

Simcoe

Stony Creek

Thunder Bay

Sudbury

Sutton

Toronto

Manitoulin Island We meet at the Community Hall in Mindemoya at 7:00 pm on the third Thursday of the month from

Queen's Bush Quilters We meet at Annesley United Church, 82 Toronto St. at 7:00 pm on the 1st Tuesday of the month from

September to June.

Georgian Quilters Guild
We meet at the Meaford Opera House, Sykes St. at 1:30 pm on the 3rd Thursday of the month Mississauga

Cawthra Senior's Centre

We meet at the Cawthra Senior's Centre at 7:30pm on the first Thursday of the month (except July and

Mississouga Quilters Guild We meet at the Tomken Twin Arenas at 7:30 pm on the first Thursday of the month (except July and

August).

Miramichi Quilt Guild
We meet at the Seamans Hospital at 7:00 pm every Tuesday and 10:00 am every Thursday

Heritage Quilters Guild We meet at the Strathcona Paper Center at 7:00 pm on the third Tuesday of each month from September through to June

The Region of York Quilters Guild

We meet at the Newmarket Community Centre, 200 Doug Duncan Drive on the fourth Wednesday of the

month from September through May. The Niagara Heritage Quilters' Guild Niagara Region We meet at Merrion Community Centre, 7 Park Ave., St. Catharines on the third Wednesday of each

A chapter of the Modern Quilting Guild Nobleton We travel to various locations in Southern Ontario on a rotating basis.

Quaker Quilt Guild

Norwich

QuiltCo

We meet at 89 Stover St N. Norwich at 9:30 am on the second Monday of the month. Dufferin Piecemakers' Quilting Guild Oranaeville

We meet at the Orangeville Event Centre at 7:30 pm on the third Monday of the month from September

Orillia Quilters' Guild We meet at the Royal Canadian Legion, 215 Mississauga St. E. at 1:00 pm on the 3rd Wednesday of the

Ganaraska Quilters Guild

Orono We meet at the Seniors Activity Centre. 200 Station St. W at 7:15 pm on the last Wednesday of the month.

Almonte Quilters Guild We meet at the Almonte Civitan Club, 500 Almonte Street Active at 7:00 pm from September through June (no meeting in December).

Ottawa Valley Quilters Guild

We meet at St. Anthony's Soccer Club at 7:30 pm on the first Monday of the month

We meet at the Trinity Anglican Church in Old Ottawa South on the second Monday evening of the month except July and August.

Owen Sound Bluewater Quilters' Guild
We meet at the Harry Lumley Bayshore Community Centre, 1900 3rd Av E at 7:00 pm every third Monday

from March to December (except May which is on the second) Lanark County Quilters Guild Perth

We meet at Lions Hall, Perth Fairgrounds at 7pm on the 4th Tuesday of the month. Rouge Valley Quilters' Guild **Pickering** We meet at Peace Lutheran Church, 928 Liverpool Road, Pickering at 7:00 pm on the 4th Monday of the

month September through May, excluding December Argyle Quilters Guild

Port Loring We meet at the Lions Den in Arnstein on the second Thursday of the month

We meet at the Hope Christian Reform Church, 14480 Old Simcoe Rd. in Prince Albert at 7:00 pm on the

3rd Wednesday of the month from September to June.

Prince Edward County Quilters' Guild Prince Edward We meet at the BCR Church in Bloomfield at 7:00 pm County on the second Wednesday of each month

We filed a file Box Chairm Discriminates at 755 p.m. 2 f.m., Richmond Area Quilters Guild (RAQG)
We meet at the Richmond Legion, 6430 Ottawa Street at 7:30 on the third Wednesday of each month.

Ruthven Erie Shores Quilter's Guild We meet at the Ruthven-Olinda United Church every third Tuesday.

Samia Quilters' Guild
We meet at the Redeemer Christian Reformed Church 5814 Blackwell Sdrd, Sarnia at 7pm the first

Monday of each month With the Strick of The Heart Quilt Guild
We meet at the Senior's Centre on Bay St at 7pm the last Monday of the month. Sault St. Marie

Rouge Valley Quilters' Guild

We meet at Peace Lutheran Church, 928 Liverpool Road, Pickering at 7:00 pm on the 4th Monday of the Scarborough

month September through May, excluding December. Twilight Quilters' Guild of Norfolk County

We meet at the Old Wyndham Church, 30 Glendale Crescent at 7:00 pm on the second Monday of the

Norfolk County Quilters' Guild

We meet at the Vittoria & District Community Centre on the first Tuesday of each month except October. The Quilters Club We meet at the The Pretty Street Community Centre at 7:00 pm on the third Monday of the month

We meet at the End Zone Room of the Pyramid Centre at 9:30 am on the third Tuesday of the month from

September to May. Stoney Creek Quilters Guild We meet at the Royal Canadian Legion, 12 Kina Street East, at 6:30 pm on first Wednesday of the month

Sudbury & District Quilting & Stitchery Guild

We meet at 140 Durham Street at 7:00 pm on every Tuesday from September to April. The Georgina Pins and Needles

We meet at the Knox United Church 34 Market Street at 7:00 pm on the first Tuesday of the month from

Thunder Bay Quilters' Guild We meet at Calvin Luthern Church on Edward Street at 7:30pm on the 3rd Monday of each month from

September to June Ftobicoke Quilters' Guild We meet at the Neilson Park Creative Centre at 7:15 pm on the third Monday of the month.

We meet at The Workroom Studio, 46 Nobel St Studio 102 at 3:00 pm on the last Sunday of each month

York Heritage Quilters Guild

We meet at Fogular Furlan Club, 1800 E.C. Row at 9:30 am and 7:00 pm on the first Tuesday of the month

We meet at the Toronto Botanical Gardens on the 3rd Tuesday of every month from September through

Yorkshire Rose Quilter's Guild We meet at the Birchmount Collegiate Institute on the second Wednesday of every month Wasaga Beach Slope to Slope Quilters Guild

We meet in the Community Hall at the Wasaga Stars Arena at 7pm on the first Tuesday of the month September through June.

Waterloo The Waterloo County Quilters' Guild We meet the Albert McCormick Community Centre at 1:30 pm and 7pm on the third Wednesday of each

Whitby We meet at the Whitby Baptist Church on the third Tuesday of the month. Durham Trillium Quilters

month from September through June

Toronto Modern Quilt Guild

We meet at the DDSB, 400 Taunton Road East at 7:30 pm on the first Tuesday of the month. Windsor Windsor's auilters Guild

from September to June.

York Region We meet at the St. Andrews Presbyterian Church at 1:00 on the first Wednesday of the month.



A few weeks ago after struggling with a quilt that simply would not co-operate, a thought flashed through my mind: Why am I doing this? In fact, why would anyone quilt? Seriously. I began to consider the question. Seriously. Originally, making quilts from good scraps of worn-out clothing was an economic necessity for many households who could not afford to waste anything. This is rarely the case today, so why are there still so many quilters, young and old?

Upon reflection, I realized there are almost as many reasons for quilting as there are quilters. Every person, deep down and often well hidden, harbours a streak of creativity which may manifest itself in quilting, an activity which allows one to choose or originate patterns and to arrange colours. Many people, myself included, are fascinated by colour with its limitless permutations and combinations and its effect on emotion. Colour permeates our lives: restaurants choose their décor colours and lighting to influence their customers. Wearing certain colours, different for everyone, gives us a sense of wellbeing. Those of a "certain age" will remember the popular book Color Me Beautiful and its spinoffs.

Certain grandmothers, aunts and friends, although they have never quilted before, cannot resist making a quilt for a special baby. They may never make another one, but chances are that they'll be hooked and will make more, possibly for subsequent family members or others. It's possible that they will join countless others to broaden their group of recipients to include "charity" or "comfort quilts" for sick or needy children (think the 1,000,000 pillow case challenge) wounded veterans (Quilts of Valour), the homeless and disaster victims... and so many more.

Some of us want to leave quilts as legacies for future generations whose graduations, weddings and other rites of passage we will not be here to attend.

People who simply must follow trends often enter the quilting world in their quest to keep up with their friends. Inevitably some of them will leave, but more will stay until quilting is not a novel new craft, but a way of life.

To others the benefits of quilting are less tangible but no less important – companionship, common goals and social contact. Anyone who has ever belonged to a quilt guild can attest to the joy of sharing skills, information and time with other like-minded people. No matter how old one is, there is always something new to be learned, and that is an attraction for many. It has been said that to stop learning is to stop living.

And a talented and devoted few, competition quilters, create original projects that the rest of us can only admire from afar as they win some of the thousands of dollars in competition prize money available from many sources – from small local fairs to sponsored prizes of thousands of dollars from large companies and organizations. Prize money is a tangible reward, but it's not hard to imagine that the resulting satisfaction and recognition are just as important to the winners as the money.

What are your reasons for quilting?

Barbara Conquest writes her column from Blue Sky Quilting in Tofield, AB. © Barbara Conquest.

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Mount Forest • St. Marys

Taste Your Way Thru the Summer

by Marlene Oddie

For several years the Row by Row ExperienceTM event has become popular during the summer months. Quilt shops in multiple countries participate by sharing a free pattern on a theme in the hopes that you'll stop by and shop what they have to offer.

When you're traveling over the summer, it is a great opportunity to visit shops that you might not frequent on a regular basis. There are incentives to collect at least eight patterns, make them into a quilt and return to a participating shop for chances to win fabric and prizes.

This summer's theme is "Taste the Experience." All kinds of sub-themes come to mind including specific food items that may be local specialties, locations where you eat, utensils for prepping or eating and your favorite hot or cold drink. Although my design is not finalized, I'm sharing with you my drafts to get you ready for a cool drink in the Coulee!

Make it your drink of choice and it will fit in with whatever you want to make with the pattern—a quilt or a wall hanging for your favorite place to relax. Perhaps a piece of my KISSed Quilts logo could be added as lipstick marks on the rim of the glass for an extra bit of fun.

I'm using ombre (changes value from one end to another) fabrics for both the 'drink' and the background. Using it in the background gives it a





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horizon without having to piece it separately.

There are so many styles of quilt making that each design won't satisfy everyone, but I hope that this one will inspire you to stop by my shop and check out the smallest quilt shop by a dam site!

Row by Row ExperienceTM kicks off on June 21 and runs through the day after Labor Day in September. Check out the map and all details at www.rowbyrowexperience.com and incorporate some stops in your summer travel plans.

Marlene Oddie (marlene@kissedquilts.com) is an engineer by education, project manager by profession and now a quilter by passion in Grand Coulee, WA at her quilt shop, KISSed Quilts. She enjoys long-arm quilting on her Gammill Optimum Plus, but especially enjoys designing quilts and assisting in the creation of a meaningful treasure for the recipient. Patterns, kits and fabric are available at http://www.kissedquilts.com. Follow Marlene's adventures via http://www.facebook.com/kissedquilts, http://kissedquilts.blogspot.com, instagram marlene.kissedquilts and pinterest marleneoddie.

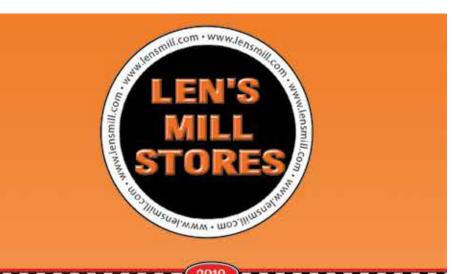








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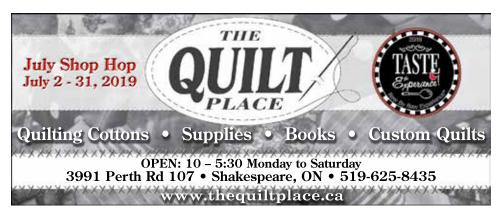
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Town and Country Cooking

Skewered!

By Janette Hess

Widely-traveled foodies agree that you haven't lived until you've eaten satay at an open-air hawker market in southeast Asia. But if traveling thousands of miles to eat delicious skewered meat isn't an option for you, live it up in your own backyard with a batch of Savory Chicken Satay.

Savory Chicken Satay and its accompanying sauce expertly showcase a variety of regional flavors – soy sauce, lime, ginger, peanuts and coconut milk. When served together, they constitute an especially satisfying entry in the category of grilled-meat-on-a-stick. Any leftover Satay Sauce may be refrigerated for later use with other Asian dishes.

The recipe for Teriyaki Beef also relies on skewers. In this entrée, slices of marinated sirloin steak are threaded onto skewers and cooked to caramelized perfection on a hot grill. The finished product resembles bacon not only in looks but also in not-so-subtle addictiveness!

Savory Chicken Satay

- 1 pound chicken tenderloins
- 1 tablespoon creamy peanut butter
- 1 tablespoon water
- 2 tablespoons peanut oil
- 2 tablespoons regular or reduced-sodium soy sauce
- 2 tablespoons fresh lime juice
- 1 tablespoon honey
- 2 cloves garlic, minced
- 1 teaspoon finely grated fresh ginger
- 1/8 teaspoon cayenne pepper
- ½ teaspoon curry powder, if desired
- Metal skewers*

Cut tenderloins in half lengthwise. Remove any visible tendons. Place peanut butter and water in microwavable bowl. Warm briefly and then whisk until smooth. Add peanut oil, soy sauce, lime juice, honey, garlic, ginger, cayenne pepper and, if desired, curry powder. Whisk until smooth. Add chicken. Cover and marinate in refrigerator for at least 2 hours, stirring at least once. Carefully thread chicken onto metal skewers and place on clean, oiled, pre-heated grill. Discard marinade. Cook 4 to 5 minutes per side, or until chicken is cooked through. Watch closely to make sure chicken does not burn. Cooking time will vary according to type of grill used. To serve, pull chicken off of skewers. Serve with Satay Sauce. Makes 3 to 4 servings.

*Metal skewers are preferred with chicken, as they conduct heat to the center of the meat.

Maxwell





Satay Sauce

1/3 cup smooth peanut butter

1/3 cup hot water

½ cup coconut milk

1 tablespoon fresh lime juice

2 teaspoons regular or reduced-sodium soy sauce

1 teaspoon fresh lime zest

¼ teaspoon garlic powder

1/8 teaspoon cayenne pepper

Salt to taste

Whisk together peanut butter and hot water. Add remaining ingredients and blend thoroughly. Refrigerate leftovers.

Teriyaki Beef

- 1 pound beef sirloin steak
- 2 tablespoons soy sauce
- 2 tablespoons brown sugar
- 1 tablespoon rice vinegar
- 1 teaspoon chili sesame oil
- 1 teaspoon finely grated fresh ginger
- Metal or bamboo skewers*

Carefully trim steak and slice into long, thin strips, 1/8- to ¼-inch thick. In medium bowl, whisk together soy sauce, brown sugar, vinegar, oil and ginger. Add beef strips. With clean fingers, massage marinade into beef. Cover and refrigerator for 1 to 2 hours. Carefully thread beef strips onto skewers and place on clean, pre-heated grill. Discard marinade. (Meat will resemble strips of thick bacon.) Grill at least 4 minutes per side, or until beef starts to caramelize. Cooking time will vary according to type of grill used. Remove beef from skewers and serve with commercial teriyaki sauce or Satay Sauce. Makes 4 servings.

*If bamboo skewers are used, pre-soak in water 20 minutes to prevent scorching.

A trained journalist, Janette Hess focuses her writing on interesting people and interesting foods. She is a Master Food Volunteer with her local Extension service and enjoys collecting, testing and sharing recipes.



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Century House Quilting Severn/Orillia (705) 326-3321 The Sewing Machine North Bay (705) 476-2739 "Dad, why did you and Mom get a divorce?"

Like most of my son Ben's more difficult questions, this one struck without pretense or warning.

How do you answer that question in a sensical way to a 12-year-old boy? Ben waited patiently, without apology, for an answer. His twin brother, David, focused on me with the sullen eyes that had become his recent trademark, daring me to respond.

"Listen, buddy, it's not that easy to explain. Even if I could, I don't think you would understand."

"Don't you love Mom anymore?" he asked. "Of course I do, Ben. I'll always love her. She's your mom and your brother's mom and she's a great lady."

"Well then, why did you guys get a divorce?"

"Like I said, son, it's not that easy to explain. We just decided it would be better for both of us, and the two of you, if we didn't live together anymore. Someday, when you're older, you'll be able to understand the situation much better."

Although David generally refused to talk about the divorce, he couldn't maintain his brooding silence any longer and announced, "That's the same junk they always say, Ben. When you're older, you'll understand. It's just a grownup's way of getting out of telling us anything they don't want to."

"Dave," I said, "that's just not true. It's complicated and it's really not something I think you could understand. The facts are; I'm not sure I understand it all the time. Listen, guys, we're on this trip to have some fun and do some fishing. What say we wait 'til later for this heavy stuff. For now, let's get to the river and try to do some fishing. I promise I'll try to figure out a way to explain all this so it makes better sense to you. Fair enough?"

Ben, who seemed to be satisfied, at least for the moment, replied, "Okay, Dad, but I just wish you two were still together. I like it better when we're all together."

Dave, who was less easily appeased, offered a sarcastic and cynical, "Sure, Dad, whatever you say."

Well, I thought; if nothing else, at least I've bought a little time.

A few minutes later and still pretty early, around 8 a.m., I turned the van off the freeway onto State Road 22 for the last 10 mile stretch to the campground. We arrived, unpacked, and had the tent set up within an hour. An amazing achievement considering I had the generally counter-productive assistance of two 12-year-old boys.

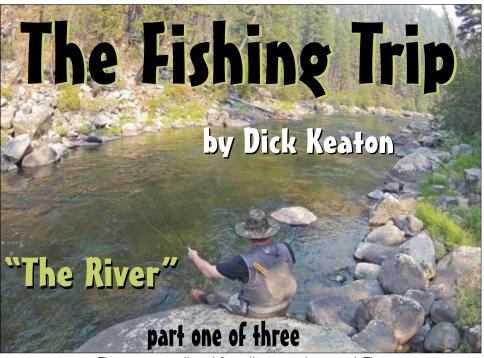
"Hey, Ben, that tent pole goes here."

- "No it doesn't. Look at the picture on the box."
- "I am. That's the other pole that goes in the back."
- "Dad, David is messing up the tent."
- "No I'm not. Ben's having a brain fart."

"Shut up, Dave, you're the one who farts all the time."

Ben and Davie, after falling asleep for the last, brief leg of the trip, were revitalized with a full day's ration of 'boy' energy. Thankfully, the darkened mood of the earlier conversation was in abeyance—at least for now.

The campsite was nestled tightly into an obscure horseshoe bend of the river, providing ready access to some seldom fished, but very appealing trout water. While my sons continued their busy explorations, I gathered my gear, readied my favorite 8-foot graphite fly rod, and crept gingerly down to the river for some inaugural casts.



This was a small and friendly river, christened 'The Encampment,' after the nearby lumber camps. It was beautiful and peaceful. The mid-morning sunlight sparkled and danced off the riffles rounding this particular bend. If you leaned down and caught it at the right angle, you would swear diamonds were bouncing on the surface of this unspoiled Wyoming water. A variety of firs and pines, from newborns and adolescents, to time-wisened and weather-battered patriarchs, lined its banks. These were then backed by a sea of wind flickering green and white aspen, and lush, wet meadows of velvety emerald rolling and folding gently away from the perpetual flow of water, fish, and life.

The rhythm of the river sought to hurry by, but instead, tangled along the way and mixed with the fluttering trees and flora to sound a rhapsody of comfort and promise.

Here, in this blue-collar cathedral of angling anticipation I prepared at any moment for a sudden, joyful strike, and then the noble combat of fish versus fisherman.

For this precious moment, time was frozen. The constraining, troublesome vagaries of hum-drum existence could find no foothold. It was the apotheosis of a most elegant, yet simple joy—fly-fishing, under a sunny blue sky, on a breeze-kissed afternoon, in a cool, clear Rocky Mountain trout stream.

My singular goal was to fully enjoy this all too rare opportunity. It had been long in coming; and, as my father had admonished many years prior—fly-fishing, once understood and embraced, becomes an obligation upon which no genuine fly-fisherman can ever turn his back. It is simply unforgivable to let one's cherished fishing gear hang limp and ignobly in the garage or attic, collecting dust and cobwebs, while there are fish swimming seductively free in fresh mountain waters, clamoring to be challenged with rod, reel, line, and fly.

My father's reasoning had been dead-on. Useful skills and joys, once assumed and nurtured, should never be forsaken—a no-brainer to any reasonable being. But what happens when the complexities of life have imposed their cruel sanctions, and the time allocated for those sacred skills and joys simply ceases to exist. I longed to live in a simple, honest world.

This profoundly cerebral and introspective interlude evaporated quickly with a sudden, raucous interruption originating a few yards up stream. Benjamin and David had decided to enrich their father's current angling experience by offering their own special, unsolicited encouragement and assistance.

"Hey, Dad," Ben shouted, as he and David began to plow clumsily through the water in the shallow pools near the shore, "How many fish you caught so far?"

"Ben, shut up. You'll scare the fish away." admonished David, in a valiant, but pointless attempt to chastise his brother's carelessness and, at the same time, preserve the sanctity of this previously pristine fishing moment.

Then, in complete agreement (rarely their custom), but almost in synchronization (often their frightening custom), they announced, plaintively, "Dad, we're hungry!"

I felt my brow furrow in frustration as I raised my index finger to my lips and directed a not so fatherly or gracious "Shhhhhhh," in their joint direction. Unfortunately, as any experienced fly- fisherman could readily confirm, the damage had already been done. This beautifully alluring pool would now need to rest for some time before any of its prized,

native, German brown or rainbow trout would again entertain thoughts of nibbling on the artificial, feathered offerings of the skilled and dedicated fisherman in residence—me. In fairness, I should also admit that at least some of my frustrations stemmed from the answer to Ben's innocent, yet annoying question, which was presently a very disappointing 'zero'.

Oh well, I lamented, it was time to entertain thoughts of some breakfast. This was the first time since the divorce I had an opportunity to spend any extended, private time with 'the guys'—as I liked to call them; and from experience I learned that without regular and enormous quantities of appropriate grub—almost anything heavily laden with sugar and starch, and, of course, void of substantial nutritional value—the anticipated joy in this 'male adventure' would be difficult to obtain, and impossible to sustain.

I gathered my equipment—rod & reel, vest, fly boxes, and creel, supervised while the guys rounded up their gear (as yet, unused), and together we trudged the quarter mile or so from this spot on the river back to our campsite. All the while Ben and David continued their unconscious obliteration of outdoor serenity and any nearby fishing potential, via a constant barrage of rocks hurled exuberantly into the river, of course, with the appropriate compliment of 'boy vs. boy' banter.

"Dave, did you see that one? Wow! It must have skipped like seven or eight times."

"Yeah, right, Ben. Nolan Ryan couldn't make a rock skip that many times."

"Well, maybe he couldn't, but I bet Roger Clemens could. They don't call him 'Rocket' for nothing!"

"You're crazy, Ben. It's impossible. I don't care who you are. Tell him, Dad."

I assumed my customarily noble position of non-committal, fatherly, no-favoritism. "Hmmm, don't know guys. Maybe we should invite Nolan and Roger to go fishing with us sometime so we can find out."

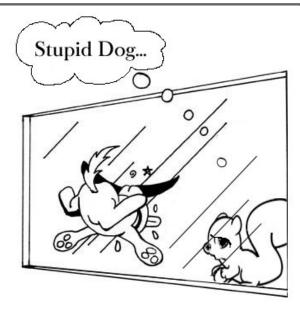
As they continued their respective proclamations, I pondered the fishing situation, shrugged, and concluded my only immediate hope would be the discovery of another equally ripe and promising spot somewhere else on this gentle stream. It was doubtful that any self-respecting, rod-fearing fish would ever return to this pool.

©2019 Dick Keaton

NEXT EDITION-WATCH FOR PART TWO!

Dick Keaton lives in Las Vegas, NV. Besides enjoying fly fishing, Dick is a prolific freelance writer, a devoted father and grandfather, and a veteran who proudly served his country in Vietnam.

June / July 2019 17



Building Harmony

Episode 66 Max and Squirrelly Jake

By Jeff Cappis

We've got a fury little terrier named Max. Raised him from a puppy out here on Harmony Acres and it's the only life he's ever known. He spends his summer days sleeping in the sun or wandering around the property (not far from the house) investigating different smells. It's heaven for a dog, but sometimes a little on the lonely side.

Cathy and I are always busy building, fixing, landscaping, cleaning or recovering so the dog is often left on his own with no one to play with. To make him feel better, I play with him when I can and often give him bone shaped treats. Being a creature of instinct, he promptly finds a secret place to bury them.

One day after some rough and tumble play on the front lawn, I gave him a treat. He ran off to bury it in his secret place under a nearby tree, only to find his hole was opened and all the treats were gone.

This was distressing to Max. He buried his treat, then went off hunting with his nose to the ground for the missing stash. After two hours of searching (persistent little bugger) he had no luck and gave up.

The next day I gave him another treat. Same thing. His stash had been dug up leaving only a hole in the ground. Max buried his treat and resumed hunting.

On the third day the same thing happened. Max was determined to find his stash and Terriers can be smart. So, he buried his latest treat, then moved to watch it from a distance in the tall grass.

Sure enough, not five minutes later a squirrel came down off the tree and quickly dug up his treat. Max growled and was there in a heart beat.

I was impress with the squirrel. With that relatively big treat sticking out both sides of his little mouth, that sucker was up the tree in an instant.

Max just ran around in circles, barking up the tree. When he started to tire, the squirrel would drop a pine cone on Max's head and the dog would start all over.

And so it went for weeks after that. Max would bury a treat, the squirrel would steal it, Max would chase and bark and get bonked on the head with pine cones. I believe they got to be good friends in a twisted kind of way.

If Max was stuck in the house and couldn't get out, the squirrel (who we named Squirrelly Jake) would chatter at him through the window. Apparently he figured out that dogs can't work door knobs. After a few face plants in the glass, Max would just go berserk and tear around the room knocking things over. Jake would run from window to window making sure that Max trashed every room in Cathy's perfect house. Jake would chatter in the window as we scolded Max. They did have fun though.

But now, the tragic story...

One night a terrible storm came up. The trees were whipping around each other and debris was flying everywhere. Max kept looking out the window towards Jake's tree. Max was scared of thunder and lightening, but shivering, he kept his vigil.

Somewhere around three A.M., Jake's tree uprooted and toppled over with a crash. We felt it in the house. There was nothing Max could do until the next morning when the storm had subsided and we let him out.

He ran over to the tree and sniffed around, but all he found was a lot of debris and dog treats scattered everywhere. No Squirrelly Jake. After exhaustive searching Max didn't seem to care about the treats. He just laid down on the lawn with his head between his paws.

Days went by and every morning he would go out looking for Jake. After a week, I had the tree and debris all cleaned up, leaving only a patch of dirt, a stump, and a hole that Max had filled with dog treats. The

treats quit disappearing.

Time went by and I believe that Max had begun to forget about Jake but he never lost the instinct of burying his bones. One day he bas burying a treat under a new tree when a pine cone hit him in the head. Up above there was a lot of loud chattering.

It was Jake! Max began barking and running around in circles. His tail was wagging hard. They soon fell back into their old routine. The rest of the summer they remained the best of friends and when we didn't let Max out, our house got trashed a lot.

I don't believe Max cared to much about the bones. In a way I think he was a lonely dog who wanted to help a lonely squirrel stock up on treats and get through the next winter, so they could start all over again in the spring. And they did.....

© 2019 Jeff Cappis. Jeff is a writer and cartoonist who lives in Bragg Creek, Alberta.



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Slices of Life . . . Move to Ranch in Western Kansas

By Sherry Osland

My Dad was a dyed-in-the-wool farm boy. He was born, raised and worked on his parents' southeast Kansas family farm until he was drafted for WWII. Dynamics and events on the farm and in his life changed when he came home from the war. He was married and had a couple of little girls. Early on, my parent's house burned to the ground, forcing more changes. They rented a dairy farm about 10 miles away (might as well have been 100 miles). They worked hard to establish it as a Grade A dairy. Now, with five children, Dad was up in the morning to start chores before we were awake. We were all dressed, fed and headed to school before he finished. By the time we got home, he had been doing field work then started the evening milking chores. When finished, he was in the house, but we were already in bed.

As the family story goes, one day Dad simply told Mom, "This is a heck of a way to make a living!" So, we found ourselves moving to western Kansas where he became the foreman of an 8,000 acre cattle ranch. It was the winter during my third-grade year of school. The first sign of the move that "I" remember is that we got a new car. What extravagance! A BRAND NEW car!! The 1960 Rambler station wagon was the prettiest baby blue and white two-tone car I had ever seen. For all that it was a beautiful new car, could easily hold all five of us kids sitting or sleeping, was reliable for the distances we would be traveling, my parents lived to regret one minor detail. Western Kansas had soft, sand roads three seasons of the year and snow-drifted roads in winter that made our new car not as well suited as had been thought. It was built especially low to the ground. Most inconvenient (!) but who could've known?

My Mom did NOT want to move. Looking back as an adult, I can easily understand how WWII would have broadened my Dad's world view, but

Mom had never gone far from where she was born. Our southeast Kansas home was eight hours from the ranch. She cried quietly the entire time. With various health issues, we had seen her tears before, but nothing like this. We kids were terrified. We were going to the end of the earth never to return cause Mom's tears said so! I can only imagine, as an adult, the resolve my Dad had to have had to get past all the objections and the river of tears from six others. Goodness!!

The folks had earlier taken a "preview" drive to the ranch. All Mom could see was miles and miles - and still more miles - of wide-open spaces, few-to-no trees, sand and sage brush for a yard and the notoriety of its being rattlesnake country. Distances came to have new meaning. It was three miles of sand road with three cattle guards to even get off the ranch property to a public road. Her daily drive to the mail box was five miles. It was 18 miles to the nearest small town and our school. It was a circuitous hour-long bus ride for us to get to school. We were the equal distance of forty miles to three bigger towns for shopping and groceries. And . . . and . . . AND! By the way, did I mention "rattlesnakes"? Five kids + eight thousand acres + rattlesnakes = Mom's worst fears.

We moved at the beginning of February 1960. Our loaded Rambler wagon followed the loaded semi moving truck. We drove into a Western Kansas blizzard! The semi slid off the icy road and got stuck in a drift. Stuck! STUCK!! Buried!!! There was no alternative but to leave the semi there overnight. Hopefully, the ground would freeze hard enough to be able to get it out later.

Once on ranch property, we expected to see the ranch house, but three miles made it seem an eternity to five anxious kids. When we got to the house, there was no electricity! No one to show us around. Mom found one candle, one pan and one can of corn. Fortunately, the stove was gas, so we all shared the heated can of corn. Maybe it's good that I don't remember the rest of that night. "MOM WAS RIGHT!!" This was the end of the world! It was pretty bleak. Even now, I cringe to think about how Dad had to have been feeling.

It was such a HALLELUJAH when daylight came, and the semi arrived. Their plan had worked! In the wee hours of the morning, the driver got the truck out of the ditch. As soon as the boxes could be unloaded in the house, we five siblings were looking for our winter clothes and boots. I'm sure that out-from-under-foot was the best policy for that day. We explored the hills, the bunk house, the barn and corrals. We had never seen round rail posts and corrals – or a bunk house – except in TV westerns. Those things, and the cattle guards, were all new to us. At the barn, west of the house, there were four or five old railroad box cars, each with a corner butted up against another to form an arc. Lean-tos built out from the tops of each car created small covered pens. The cars contained feed, seed and one was a shop.

The hills were GREAT for sliding. There was only one problem . . . one sled; FIVE kids. My older sister, creative and not to be dissuaded, decided she could use some plastic bags for sliding down on her bottom. We soon found that in addition to blizzards, rattlesnakes, sand and sage brush. . . there's one more thing western Kansas is known for; prickly pear cactus!! Yep! Try to find tweezers in a semi-truck of boxes and boxes of stuff!! I still shudder at the thought of that. Also, I can still empathize with my poor sister. Shall I just leave it at "bottoms up"?

There were some really hard and challenging times on the ranch. However, all these many years later, I know there's not one of us who would call it anything but an adventure with a capital "A". None of us would trade our memories of living there for ANYthing! Our lives intertwined with the pages of history as we rode horses on cattle round-ups along-side or crossing over the Smokey Hill River and the sand draws. There were still deep ruts from wagon trains that had passed through what had once been open range. Buffalo wallows evidenced the beasts having been there as well. Today, it seems almost impossible to think we only lived there five years because of all we lived through: branding, inseminating, eartagging and working newborn calves, Dad killing rattlesnakes with a lariat knot, etc. etc. There were life lessons learned and many a tale for sharing. By the way, any rattlesnake that crossed Mom's path was a dead snake! (A story-teller's delight for yet another day.)

As I write these memories, I look for the miracles in each story. Again, we had many while there, especially those of protection. But for this particular story, it was probably the fact that Dad got Mom moved there in the first place and then, the fact that she came to LOVE it as we all did.

Written by Sherry Osland of Praise Works Quilting in Abilene, formerly writing the Quilts That Redeem column for The Country Register. For examples of quilting (as well as pictures of Hand-braided rugs and Quilts That Redeem books, for sale) go to: facebook.com/praiseworksquilting Contact information: sherryo51@hotmail.com or 785-263-5528.

Cochrane • Espanola • New Liskeard

New Orleans Apricot Cookies

Reprinted from Fran Gillette's cookbook, Tastes of Country

Cream:

3/4 cup butter

2 large eggs

1 1/2 cups brown sugar

3/4 cup apricot jam

Add:

3/4 cup milk

1 tsp. baking powder

1 tsp. baking soda

1 tsp. salt

1/2 tsp. allspice

1/2 tsp. cinnamon

2 tsp. instant coffee

2 1/4 cups of flour

2 1/4 cups oatmeal

1/2 cup raisins

1/2 cup dried apricots - diced

1/2 cup dried prunes - diced

2 cups chopped nuts

Bake at 350 degrees about 15 minutes.

Fran's daughter, Lori, used to make these cookies for the teachers. See the story on "Celebrating 30 years of Publishing" Part V for the real story on these cookbooks and their author and connection to The Country Register.

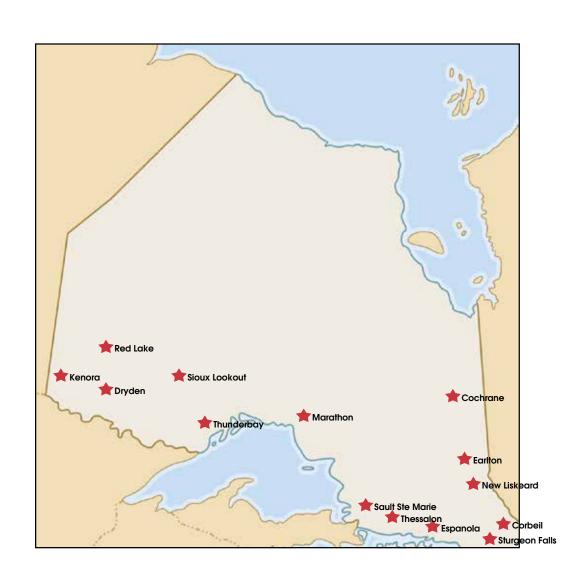


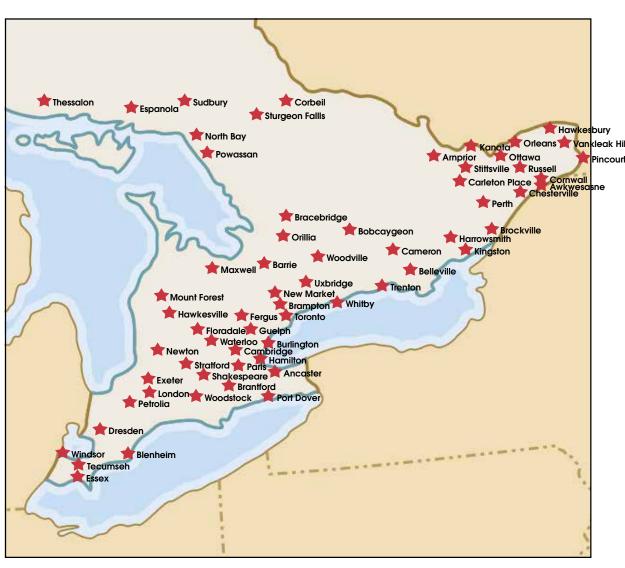






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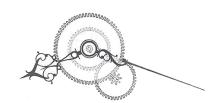
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Mostalgia Decorating Farmhouse, Salvage, Vintage, Retro, Shabby Chic, Industrial, Rustic, Barn Style, Country Primitive, Flea Market Style

by Linda Parish

No matter what it's called, it's nostalgia decorating. The use of objects in our home that remind us of our history or bring back childhood memories has been trending for many years. When you see or touch an object from your past and it can immediately take you to another place and time just like hearing music from your past does. These feelings and experience bring comfort and a feeling of belonging that soothes the soul.

Whether the object is in its natural state or has been Repurposed, Recycled, Up-cycled, Reclaimed, or Reproduced, it can still evoke those feelings of nostalgia and comfort. These are the buzzwords to look for when searching for pieces for your home or garden when you decide to integrate nostalgia decorating into your lifestyle. Other descriptive words are distressed, charming, antique, romantic, weathered, handmade, and homemade Many times you will find a piece of furniture still in great shape that just needs a little updating or repurposing with paint or stain finishes or just new fabrics or hardware. The personal touch that using an object that you have put your heart, energy and talent into transforming makes it a truly meaningful addition to your home.

To get that nostalgic feeling you want, try mixing soft fabrics like lace and muslin with industrial pieces, crystal chandeliers with distressed wood or galvanized metal, reclaimed wood with old glass jars, and chippy painted pieces with rusty metal objects. The juxtaposition of combining hard textures with soft fabrics, different types of metals with old wood, and historic or soft colors, is part of the nostalgic style.

The network of Register magazines/newspapers that are available across the US and Canada are great sources for finding shops and venues to begin or continue your 'object' search. The Georgia edition has a Vintage Market Calendar, ads such as the ones for the Shops of Lexington, or calendar listings for events of that nature, like Scott Antique Market, a monthly event in Atlanta. Start your hunt now and enjoy the journey.





Lemon Eucalyptus Essential Oil (Eucalyptus citriodora)

By Wanda Headrick

Good Evening to all my friends and followers. This month my article will



be a bit different. We are in Australia, visiting our son, daughter-in-law and three wonderful grandchildren. As we are "down under," it is fall here. That means wheat sowing time!! Our son and his family are involved in agriculture, stock and crops, so we are getting a taste of what Australian farmers deal with. Quite honestly it is not a whole lot different than in America. They also grow a lot of the same crops and have the same types of livestock. Now that you know why my article will be different, I will get started on the article itself.

Information on lemon eucalyptus essential Oil (Eucalyptus citriodora also called Corymbia citriodora) is what I would like to share with you this time.

Each day since we have been in Australia, I have loved drinking my morning coffee in a recliner chair in front of a large window with the warmth of the sun shining in on me. The view out the window is a beautiful, stately, tall lemon eucalyptus tree. It has been there ever since our first visit when our son and his wife were married 18 years ago. Each time we visit, I fall in love all over again with the beauty of this tree, taking pictures in all types of weather -- rain, sunshine, cloudy, sunrise, noontime, or sunset. Needless to say, I am totally fascinated with it. Since there are at least 150 different types of gum tree, I have been asking more questions this time about the lemon eucalyptus, which is a type of a Gum tree. The answers I have always received from the "locals" is "that it smells SOO good in summer," or "I love to mow the lawn under this tree because the leaves give off the smell of lemon with a background of eucalyptus" Since I love both scents, I was even more fascinated.

Lemon eucalyptus essential oil is steam distilled from the leaves, and sometimes stems, of the lemon eucalyptus gum tree. It is a pale yellow "thin" oil. To someone using the essential oil, this means it will come out of the euro-dropper bottle quickly. It is considered one of Australia's native essential oils and also one of Australia's most invigorating essential oils. It is a very powerful, lemony, fresh essential oil. Considered a good air freshener, purifier and deodorizer, it is a good oil to use in a diffuser, humidifier or vaporizer. Another favorite way to use lemon eucalyptus essential oil, is as an insect, mosquito, tick, cockroach and silverfish repellent. It is known to have antiseptic, muscle spasm and pain relief properties and is considered to be a powerful anti-fungal. The Australian Aboriginals considered lemon eucalyptus a fever-reducer, a solution for gastric problems and a remedy for wounds, fungus infections (toe-nail fungus) and other infectious diseases.

If using lemon eucalyptus essential oil on your skin, it is recommended to blend it with a carrier oil like almond, grapeseed or olive oil, by adding one drop of lemon eucalyptus essential oil to two teaspoons of the carrier oil.,

To purchase pure essential oils, bottles or other ingredients call 620-394-2250, e-mail: info@flinthillsaromatherapy.com or check our website at www.flinthillsaromatherapy.com



This is the tree mentioned in the above article and was taken May 4, 2019.



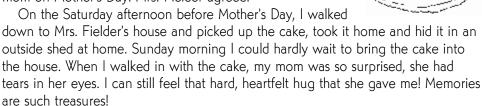


'Party Time' always put me in a good mood and a smile on my face. I love planning and hosting parties. May and June offer the perfect opportunity to plan a Mother's Day party on May 12th, or a Father's Day party on June 16th.

All parents enjoy being the center of their children's attention. Little things like inviting your parents to your house on Mother's Day and cooking their favorite food will make them feel special. Although dads may not respond the same way as mothers do, Father's Day is still a special day for dads, too. Even taking dad out fishing with a box lunch you have prepared, or having him to your house for a barbecue would make him happy.

If one or both parents are deceased, as mine are, you could plan a family remembrance party. Invite family members for a brunch or dinner. Make it a potluck which takes some of the pressure off of you. Also ask everyone to bring a few of their old favorite photos of the parents to pass around and have them tell stories that happened involving the pictures. Memories are so good for the heart!

I look back on a time when I was about twelve years old. I wanted to do something special for my mom. I rode my bike about a mile away to visit an older lady, Mrs. Fielder. I asked her if she would bake a cake for me that I could give to my mom on Mother's Day. Mrs. Fielder agreed.



So, even the smallest of things can create a wonderful memory. If you aren't able to plan a special party for your parents, a phone call from you, or sending a Mother's or Father's Day card will please them. On Mother's Day in May, 2017, my husband and I had been out visiting some friends. When we arrived home, our son surprised us with a bucket of chicken, saying, "There Mom, now you don't have to cook tonight!" He also gave me a coffee mug with the words: "Best Mom Ever." Sadly, our son passed away the next month from an infection from his cancer. Needless to say, this mug will always be my most treasured item!

Did you know that Mother's Day is celebrated in 50 countries around the world? Some counties celebrate on different days in May, while others celebrate in different months. In Canada and the United States we celebrate on the 2nd Sunday in May. In 1868, a lady—Ann Jarvis, began a Mother's Friendship Day. After she died in 1905, her daughter, Anna continued with her Mother's vision. In 1914, President Woodrow Wilson made it official.

Father's Day has some interesting facts too. Father's Day originated in 1910 in Spokane, Washington. A lady by the name of Sonora Dodds can be credited with the movement to honor fathers. She passed away in 1978 at the age of 96. In 1966, it was President Lyndon B. Johnson who proclaimed the 3rd Sunday in June as the official Father's Day.

Enjoy your time with your parents! We don't have them forever, so make lots of wonderful memories that you can treasure for years to come.



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