FIVE DAY ITINERARY TOUR THE BOOT



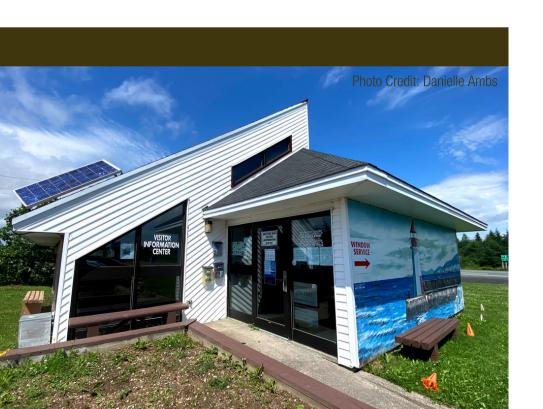
DAY ONE

Start your trip at the Heritage Run Information Centre in Goobies. As a gateway to the Heritage Run, this information centre (next to the iconic moose statue!) is a great place to orient yourself for your adventure over the next few days. For supper that evening, dine at one of the road-side restaurants in Goobies or treat yourself in one of Kilmory Resorts' self-catered cabins after you check in for the evening.

DAY TWO

Start your morning with a self catered breakfast at <u>Kilmory</u> <u>Resort</u>. Then you will head to <u>Vernon's Antique Car Museum</u>. It's here you will find some of the rarest antique cars in North America; the collection now totals 56 automobiles. Lunch will be at LJ's Pitstop Chip Truck.

Return to Kilmory Resort for an afternoon of exploring on a low tide coastal walk or enjoying the local swimming hole to cool off during a hot afternoon. Dinner that evening will be self catered at your cabin.



DAY THREE

Wake up in beautiful Kilmory Resort to a self-catered breakfast before departing for Livyer's Lot and Tea Rose Eatery. Visit the Paddle House museum or take part in a craft demonstration.

Attached to the Economusee is the Tea Rose Cafe, where you will enjoy your lunch - they specialize in homestyle meals.

Then depart for Marystown where you will start your afternoon at the Marystown Visitor's Centre. Visit the Model Boat Gallery which features a collection of model boats that span thousands of years and the entire world! Next, head to St. Lawrence for a guided hike with Laurentian Legacy Tours.



Check into the <u>Ocean View Motel</u> for the evening and enjoy supper at their on-site restaurant, Mrs. Rita's Kitchen.

DAY FOUR

Start your morning at the <u>St. Lawrence Miner's Memorial</u> <u>Museum</u> to learn about the St. Lawrence miners, who saved 186 sailors from shipwrecked American WWII boats, and what life would have been like for them during the time.

You will then pick up a box lunch at the <u>Lunch Tin Café</u> and depart for Sandy Cove for a picnic on the beach.

In the afternoon, pay a visit to the <u>Lamaline Heritage</u>
<u>Museum</u>. Housed in a traditional Newfoundland 'biscuit box'
home that's over 100 years old, the museum is home to a
collection of Otto Kelland handcrafted model dories.

Supper will be at <u>Doc's Diner</u> in Fortune before departing for Grand Bank. Enjoy a show at the Grand Bank Regional Theatre, wehre you can enjoy history, music, and talent from the peninsula.

Stay the night at <u>Fishermen's View B&B</u> located in Grand Bank. This bed and breakfast boasts cozy ocean view rooms and hosts local to the community.

DAY FIVE

Enjoy breakfast at your accommodations before starting your day at the <u>Fortune Geology Centre</u>. Take a guided tour of the Fortune Head Ecological Reserve, where trace fossils were discovered, or look for fossils along the <u>Horsebrook Trail</u>.

Lunch will be at the <u>Copper Kettle</u> in Grand Bank before heading to <u>George C. Harris House</u> and <u>Mariner's Memorial</u>. Inside the house, you can take a guided tour, visit the craft shop where local goods are sold, or spend time in the interpretation centre.

The next stop is the <u>Provincial Seamen's Museum</u>, where you can gain insight into how families lived from the 1800s to the mid-1900s.

OPTIONAL

Enjoy a hike this evening on the relaxing <u>Nature Trail</u> or the more challenging <u>Marine Trail</u>.

Supper will be at the <u>Thorndyke</u> <u>Inn</u> before your second night's stay at Fishermen's View B&B.

