

## Abundance Activation Ritual

## Why should I do this activation? Will it really work?

Real talk: rewiring our negative beliefs about money and abundance can take time and deep healing work. Most of us have been programmed with the limiting belief that making money and finding a fulfilling way to do so is difficult and requires great personal sacrifice. On top of that, many of us struggle with our sense of self-worth, which can make it hard to receive what we desire. Unraveling all of this is a process that may take time and multiple healing modalities.

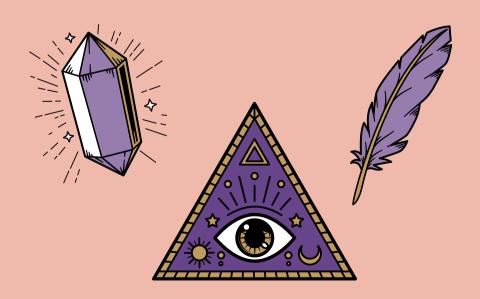
HOWEVER, we have to start somewhere and doing a ritual is a great place to start! When we perform ritual, it engages of all of our senses, putting our body and intention into action which in turn, sends a strong signal to the Universe (and our inner goddess of manifestation), that we are serious about abundance and ready to receive.



Keep in mind that this activation ritual isn't some secret spell that I am sharing with you.

I created it by simply using what I know the Universe responds to: gratitude, intention, positive affirmation, and my own inner knowing! (I also did some research about candle magic and the Goddess Lakshmi).

Empower yourself to do the same! I encourage you to channel prayers and rituals that come from your own inner well of divine feminine creativity and intuition! When it comes to ritual you can trust that the energy you put into the Universe will return multiplied!



### **Expect Results!**

I created this abundance activation ritual when I was running low on money and struggling to find a job in the wellness industry after quitting my film accounting job. I did the ritual with a friend, and about a week later I got offered a coaching position at a personal training gym – the perfect entrance into my wellness coaching career!

More recently, I shared this ritual with a former Femme Spirit Coaching client who I knew was in the midst of a job search and this is what she had to say afterward:



SO! Are *you* ready to let the Universe know that **you are ready** for more money, abundance and/or your most fulfilling career?

Get started on the next pages...

# Abundance Activation Materials Needed for this Ritual:

- sage/sweet grass etc. to cleanse ritual area
- green ritual candle
- orange ritual candle
- list of womxn entrepreneurs /successful people you admire
- \$5 dollars to donate



#### A note on the Goddess Lakshmi:

Lakshmi is the Hindu goddess of abundance. We call upon her in this activation to aid and bear witness to our intention. She is the ultimate goddess to invoke when you desire greater wealth and prosperity. But Lakshmi can guide you toward abundance of all kinds, not just money. You can look to her for an abundance of love and beauty as well as a greater richness of experience and connection.

The most profound truth is that YOU ARE ABUNDANCE! Invoking Lakshmi and focusing on her image and energy helps to reflect back to you *your own inner abundance*. Always invoke her with a sense of respect and gratitude.







## Time to Activate Your Abundance!

This activation is short and sweet, but look it over before you begin and make sure you have all of your materials gathered!

You can perform this ritual by yourself or with a small group that shares similar intentions for abundance. If doing a group, have one person read the activation aloud and then have everyone say the affirmations aloud in unison.

Begin by cleansing the area where you will perform your ritual (indoors or outdoors) with the cleansing smoke of your choice. Also envision a white light of support and protection surrounding you.

Trust that the following words of activation have power and that you are being heard by your higher power and guides! Dear Universe/Goddess/God/ Source (etc.):

I (we) open this ritual with pure and positive intentions and with gratitude.

Today I invoke the presence and guidance of Goddess Lakshmi to help me (us) attract abundance, prosperity, success and money into my life. Please help me to overcome any fears that may hold me back from manifesting wealth, success and money.

I want to acknowledge and give thanks for the abundance and material comfort I have already experienced in my life. For always having food to eat, and a warm comfortable place to sleep.

I am thankful for having parents/family/partners/friends who have provided for me and nourished me. I am thankful to have had the money to travel and/or have unique and beautiful experiences.

I am thankful for the functional and beautiful things that I own and enjoy on a daily basis. I am thankful for the money I have worked hard to earn.

Thank you for this incredible abundance!

Now I pray for increased prosperity and money in my life right now:



I light this green candle to attract wealth and money with effortless ease. May I have the wealth to live comfortably and luxuriously. May I attract enough money to fulfill all of my material needs and desires. May I attract enough money to always be able to provide for myself and my loved ones and to give to those in need. May I always feel abundant enough to allow myself to enjoy my personal time and to partake in enriching experiences and opportunities.

May I establish a respectful and healthy relationship with money and abundance for all of my days to come.

Affirmation (repeat aloud 3 times): I attract the money I desire into my life now. Money comes to me easily and in abundance.

I light this orange candle to attract my perfect career and professional success.



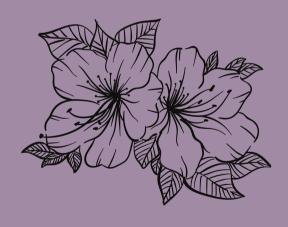
May I always be inspired to live my biggest dreams. May I always have the creativity to fuel my passions and desires. May I find what fulfills my deepest desires and gives me a sense of purpose and passion. May I align with a career/calling that thrives on my unique skills and talents. May I be extremely prosperous by doing what I absolutely love!

I look up to and honor these self-made/successful women....(read list of womxn/people you are inspired by)...Like these amazing womxn, may I tread my own unique path to wealth and success! I believe in my power and capability!

Affirmation: (repeat aloud 3 times): I am inspired, passionate and powerful. I deserve success and attract it with every decision I make.

I now close this ritual with gratitude and appreciation. I will donate money to a cause I care about, knowing that I receive what I give and no matter how rich I may become, I will always share with those in need. (Gift \$5 dollars or more to cause that is close to your heart via Venmo or however you choose after the ritual).

I know that I am so supported and guided by the Universe at all times. Blessed be, amen!



Created by Cheyenne Beardsley

To your ever-increasing abundance and success!

### Hello!

Thank you for adding this abundance activation ritual to your life!



My name is Cheyenne and I am an empowerment coach for womxn and femmes. My passions are wellness, healing, spirituality and social change through inner transformation.

My gift is seeing the light and potential in people and situations. I KNOW that you are here with purpose and you are a powerful change-maker! If you're currently struggling to align with your sense of purpose and power then my 1:1 coaching program Revive Your Radiance may be exactly what you need.

Click below to learn more about my own struggles and transformation and to learn more about working 1:1 with me.

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