

SOCKS, TIGHTS, AND LEGGINGS SIZE GUIDE

1 – BALLET

2 – MODERN AND TAP

3 – ACRO AND CONTEMPORARY

4 – STREET DANCE

BALLET

PINK SOCKS:

PRE-SCHOOL – STANDARD 2

The sizes in order of smallest to largest are: Child 6 - 8.5 (US 6.5-9.5) Child 9 -12 (US 9.5-13) Child 12.5 - 3.5 (US 13-5.5) Adult 4 - 7 (US 6-9)

FULL FOOTED BALLET TIGHTS:

PRE-SCHOOL - VOCATIONAL

Child										
Size	Age 3-5		Age 5-7		Age 7-9		Age 9-11		Age 11-13	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	104	3'4"	116	3'8"	128	4'2"	140	4'7"	152	5'0"

Adult										
Size	One Size		Small		Medium		Large		X Large	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	152-172	5'-5'8"	150-162	4'11"-5'4"	152-172	5'-5'8"	162-178	5'4"-5'10"	168-179	5'6"-5'10"
Hip	92-107	36"-42"	82-92	32"-36"	92-107	36"-42"	107-122	42"-48"	124-140	48"-54"

CONVERTIBLE BALLET TIGHTS:

STANDARD 1 - VOCATIONAL

Child										
Size	Age 3-5		Age 5-7		Age 7-9		Age 9-11		Age 11-13	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	104	3'4"	116	3'8"	128	4'2"	140	4'7"	152	5'0"

Adult										
Size	One Size		Small		Medium		Large		X Large	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	152-172	5'-5'8"	150-162	4'11"-5'4"	152-172	5'-5'8"	162-178	5'4"-5'10"	168-179	5'6"-5'10"
Hip	92-107	36"-42"	82-92	32"-36"	92-107	36"-42"	107-122	42"-48"	124-140	48"-54"

MODERN AND TAP

1ST POSITION BLACK LEGGINGS

PRIMARY – GRADE 4:

Size	00		0		1		2		3A	
Approx Age	2-3 Years		3-5 Years		6-8 Years		9-11 Years		12-13 Years	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Waist	48-51	19-20	53-58	21-23	58-63	23-25	65-67	25-26	66-68	26-27
Hips	56-58	22-23	58-63	23-25	63-68	25-27	68-73	27-29	73-78	29-31
Inside Leg - Jazz Pants			61	24	68	27	76	30	81	32
Inside Leg - Tights	42	16	52	20	60	23	67	26	68	27
Inside Leg - Leggings/Genie Pants			44	17	50	19	53	20	53	21
Inside Leg - Capri Pants			29	11	35	13	40	16	42	17

Size	3		4		5	
Dress Size	10-12 (EU 38)		12-14 (EU 40)		14-16 (EU 42)	
	CM	INCH	CM	INCH	CM	INCH
Waist	67-69	25-27	71-76	28-30	76-81	30-32
Hips	89-95	35-37	96-101	38-40	101-106	40-42
Inside Leg - Jazz Pants	84	33	86	34	89	35
Inside Leg - Tights	72	28	76	30	80	31
Inside Leg - Leggings/Genie Pants	61	24	62	24		
Inside Leg - Capri Pants	45	18	46	18	47	18

BLACK FOOTLESS TIGHTS:

GRADE 3 – 4 MODERN

Child										
Size	Age 3-5		Age 5-7		Age 7-9		Age 9-11		Age 11-13	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	104	3'4"	116	3'8"	128	4'2"	140	4'7"	152	5'0"

Adult										
Size	One Size		Small		Medium		Large		X Large	
	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	152-172	5'-5'8"	150-162	4'11"-5'4"	152-172	5'-5'8"	162-178	5'4"-5'10"	168-179	5'6"-5'10"
Hip	92-107	36"-42"	82-92	32"-36"	92-107	36"-42"	107-122	42"-48"	124-140	48"-54"

ACRO AND CONTEMPORARY

BLACK FOOTLESS TIGHTS:

ALL LEVELS - ACRO & CONTEMPORARY

Child										
Size	Age 3-5		Age 5-7		Age 7-9		Age 9-11		Age 11-13	
	CM	Feet/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	104	3'4"	116	3'8"	128	4'2"	140	4'7"	152	5'0"

Adult										
Size	One Size		Small		Medium		Large		X Large	
	CM	Feet/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES	CM	FEET/INCHES
Height	152-172	5'-5'8"	150-162	4'11"-5'4"	152-172	5'-5'8"	162-178	5'4"-5'10"	168-179	5'6"-5'10"
Hip	92-107	36"-42"	82-92	32"-36"	92-107	36"-42"	107-122	42"-48"	124-140	48"-54"

NUDE FOOTLESS TIGHTS:

CONTEMPORARY/SHOW:

Child Sizes										
Weight in Pounds										
		30	40	50	60	70	80	90		
Height in Inches	36"								92	Height in Centimetres
	38"								97	
	40"								102	
	42"		X 2-6						107	
	44"								112	
	46"								117	
	48"								122	
	50"								127	
	52"					C 8-12			132	
	54"								137	
	56"								142	
	58"								147	
	60"								152	
	62"								157	
	64"								162	
			14	18	23	27	32	36	41	
Weight in Kilograms										

Adult Sizes																						
Weight (LBS)																						
Height (Feet Inches)		90	95	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180		
	4" 10"																					1.47
	4' 11"																					1.50
	5' 0"																					1.52
	5' 1"			Sml/Med																		1.55
	5' 2"																					1.57
	5' 3"																					1.60
	5' 4"																					1.62
	5' 5"																					1.65
	5' 6"																					1.67
	5' 7"											Lrg/XLrg										1.70
	5' 8"																					1.72
	5' 9"																					1.75
	5' 10"																					1.77
	5' 11"																					1.80
	6' 0"																	XXLrg				1.82
	6' 1"																					1.85
	6' 2"																					1.87
			41	43	45	48	50	52	55	57	59	61	63	66	68	70	72	75	77	79	81	
	Weight (KG)																					

STREET DANCE

1ST POSITION BLACK LEGGINGS / GENIE PANTS

Size	00		0		1		2		3A	
Approx Age	2-3 Years		3-5 Years		6-8 Years		9-11 Years		12-13 Years	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Waist	48-51	19-20	53-58	21-23	58-63	23-25	65-67	25-26	66-68	26-27
Hips	56-58	22-23	58-63	23-25	63-68	25-27	68-73	27-29	73-78	29-31
Inside Leg - Jazz Pants			61	24	68	27	76	30	81	32
Inside Leg - Tights	42	16	52	20	60	23	67	26	68	27
Inside Leg - Leggings/Genie Pants			44	17	50	19	53	20	53	21
Inside Leg - Capri Pants			29	11	35	13	40	16	42	17

Size	3		4		5	
Dress Size	10-12 (EU 38)		12-14 (EU 40)		14-16 (EU 42)	
	CM	INCH	CM	INCH	CM	INCH
Waist	67-69	25-27	71-76	28-30	76-81	30-32
Hips	89-95	35-37	96-101	38-40	101-106	40-42
Inside Leg - Jazz Pants	84	33	86	34	89	35
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