



Veterans Crisis Line Fact Sheet

Confidential crisis help for Veterans and their families

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring U.S. Department of Veterans Affairs (VA) responders.

Veterans and their loved ones can call **1-800-273-8255 and Press 1**, chat online at **VeteransCrisisLine.net**, or send a text message to **838255** to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.

The responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances — from Veterans coping with mental health issues that were never addressed to recent Veterans struggling with relationships or the transition back to civilian life. Veterans Crisis Line responders provide support when these and other issues — such as chronic pain, anxiety, depression, sleeplessness, anger, and even homelessness — reach a crisis point. Some of the responders are Veterans themselves and understand what Veterans and their families and friends have been through.

Since its launch in 2007, the Veterans Crisis Line has answered more than 3.3 million calls and initiated the dispatch of emergency services to callers in crisis more than 93,000 times. The Veterans Crisis Line anonymous online chat service, added in 2009, has engaged in nearly 395,000 chats. In November 2011, the Veterans Crisis Line introduced a text-messaging service to provide another way for Veterans to connect with confidential, round-the-clock support, and since then has responded to more than 92,000 texts.

In 2011, the National Veterans Suicide Prevention Hotline was renamed the Veterans Crisis Line to encourage Veterans and their families and friends, who may be the first to realize a Veteran is in emotional distress, to reach out for support when issues reach a crisis point, even if it is not a suicidal crisis.

VA is working to make sure that all Veterans and their loved ones are aware of the Veterans Crisis Line. To reach as many Veterans as possible, VA is coordinating with communities and partner groups nationwide, including community-based organizations, Veterans Service Organizations, and local health care providers, to let Veterans and their loved ones know that support is available whenever, if ever, they need it.

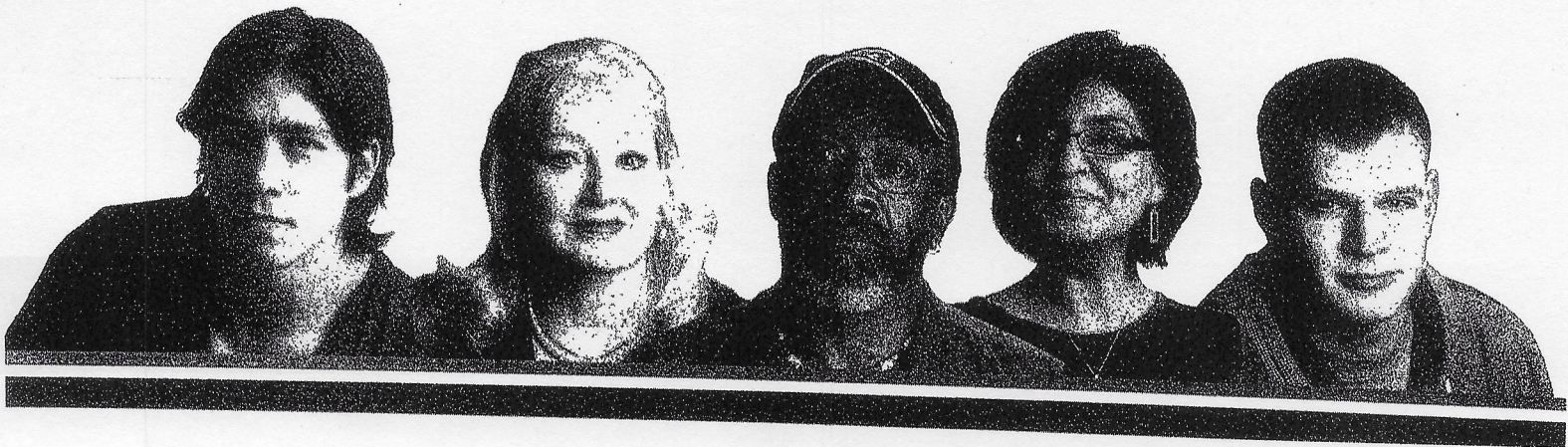
Whether you're a Veteran or a friend or family member concerned about one, confidential assistance is only a call, click, or text away.

For more information about the Veterans Crisis Line, visit VeteransCrisisLine.net

For more information about VA's mental health resources, visit www.mentalhealth.va.gov

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• • • • • Confidential crisis chat at VeteransCrisisLine.net or text to **838255** • • • • •





Stand by Them. We'll Stand by You.

Show Your Support for Veterans in Crisis

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring U.S. Department of Veterans Affairs responders. Veterans and their loved ones can call **1-800-273-8255 and Press 1**, chat online at VeteransCrisisLine.net, or send a text message to **838255** to receive support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care. Show your support for our Nation's Veterans and their families by raising awareness of the Veterans Crisis Line. View and download ready-to-use materials at VeteransCrisisLine.net/SpreadtheWord.

Spread the Word Online

Download a variety of online banner ads and badges to use on your website and link to the Veterans Crisis Line. Banner ads and badges are available in standard sizes for public sites.

Download Print Materials

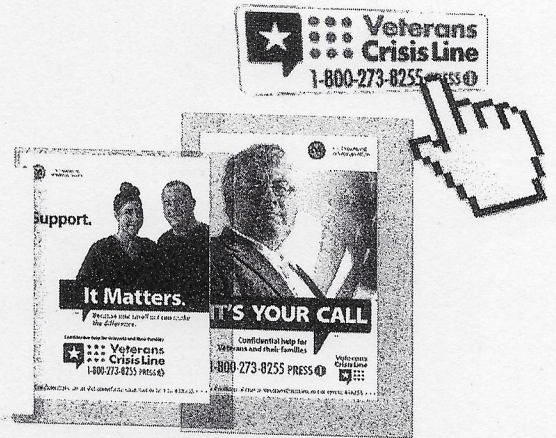
You can download Veterans Crisis Line materials and print them from your own computer. Multiple versions of full-color and black-and-white posters and flyers are available for download, as well as a public fact sheet.

Show Your Support on Social Media

Share information about the Veterans Crisis Line with followers on your social media networks. You can share Facebook posts and tweets, download profile and cover images for your pages, and share supportive graphics on your feeds.

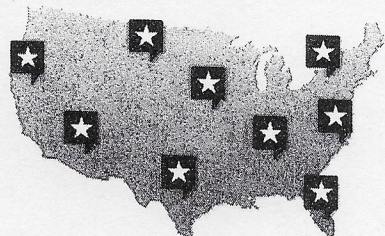
Display Veterans Crisis Line Logos

Want to include the Veterans Crisis Line logo on your own materials or website? The Veterans Crisis Line logo is available for download in a variety of formats.



Contact Your Local VA Suicide Prevention Coordinator

Suicide Prevention Coordinators (SPCs) are at every VA Medical Center across the country and can support your post's outreach efforts and provide suicide prevention training and collateral materials. Visit VeteransCrisisLine.net/ResourceLocator to find your local SPC.



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