

**Betting on Me:
Revelatory Concepts
for Success**

Chapter 20

Budget Sheets

Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor.⁵⁰

The following budget spreadsheets are SAMPLES that can assist in creating your own financial plan. Exhibits 1-5 illustrate a budget system based on a monthly take home net pay of \$4,000. Beginning with Exhibit 1, we see a general breakdown of sample expenses for each category:

Exhibit 1 – Standard Budget Spreadsheet

Bill/Purpose	Payoff Priority	Type	Balance Owed	Monthly Payment
Fixed Expenses				
Gas	N/A	Utilities	N/A	\$75.00
Water	N/A	Utilities	N/A	\$75.00
Electric	N/A	Utilities	N/A	\$100.00
Cable	N/A	Utilities	N/A	\$200.00
Home Insurance	N/A	Insurance	N/A	\$200.00
Vehicle Insurance	N/A	Insurance	N/A	\$130.00

Life Insurance	N/A	Spouse & Children	N/A	\$100.00
Dental Insurance	N/A	Insurance	N/A	\$50.00
Medical Insurance	N/A	Insurance	N/A	\$75.00
Grocery	N/A	Food	N/A	\$500.00
Termed Expenses				
Mortgage/Rent	5	Loan	\$120,000.00	\$600.00
Child Support	4	Child(ren) assistance	\$108,000.00	\$500.00
Vehicle Loan	3	Loan	\$20,000.00	\$350.00
Personal Loan	2	Loan	\$3,000.00	\$100.00
Credit Card	1	Credit Card	\$2,500.00	\$50.00
Personal Purpose Expenses				
Checking	N/A	entertainment, clothes, misc		\$300.00
Savings	N/A	vacations / emergencies		\$200.00
401(k) / IRA	N/A	retirement years		\$0.00
Church / Charity	N/A	serving humanity		\$100.00
Bill TOTAL			\$253,500.00	\$3,705.00
Monthly Paycheck				\$4,000.00
Pocket Money				\$295.00

To wisely achieve financial success, we must remember our goal of not OWING anyone within our control – which are those termed expenses. Here is where I would like to introduce the roll-up plan. The roll-up plan simply enables us to pay off the lesser bills within 1-5 years while simultaneously building our personal purpose expenses. It is initially achieved by extracting a small amount from pocket money and placing it toward the bill on which the least amount is owed (see Exhibit 2). After that bill is paid, we then roll-up that monthly payment toward the next bill and/or distribute a portion among personal purpose expenses (checking, savings, 401(k) / IRA, and church/charity) – see Exhibits 3 through 5.

Exhibit 2 – Roll-up from pocket money to priority 1 bill payment (year 1)

Bill/Purpose	Payoff Priority	Type	Balance Owed	Monthly Payment
Fixed Expenses				
Gas	N/A	Utilities	N/A	\$75.00
Water	N/A	Utilities	N/A	\$75.00
Electric	N/A	Utilities	N/A	\$100.00
Cable	N/A	Utilities	N/A	\$200.00
Home Insurance	N/A	Insurance	N/A	\$200.00
Vehicle Insurance	N/A	Insurance	N/A	\$130.00
Life Insurance	N/A	Spouse & Children	N/A	\$100.00
Dental Insurance	N/A	Insurance	N/A	\$50.00
Medical Insurance	N/A	Insurance	N/A	\$75.00
Grocery	N/A	Food	N/A	\$500.00
Termed Expenses				
Mortgage/Rent	5	Loan	\$120,000.00	\$600.00
Child Support	4	Child(ren) assistance	\$108,000.00	\$500.00
Vehicle Loan	3	Loan	\$20,000.00	\$350.00
Personal Loan	2	Loan	\$3,000.00	\$100.00
Credit Card	1	Credit Card	\$2,500.00	\$210.00
Personal Purpose Expenses				
Checking	N/A	entertainment, clothes, misc		\$300.00
Savings	N/A	vacations / emergencies		\$200.00
401(k) / IRA	N/A	retirement years		\$0.00
Church / Charity	N/A	serving humanity		\$100.00
Bill TOTAL			\$253,500.00	\$3,865.00
Monthly Paycheck (net pay)				\$4,000.00
Pocket Money				\$135.00

Exhibit 3 – Roll-up from priority 1 to priority 2 bill and increase in checking,
savings and church/charity personal purpose expenses (year 2)

Bill/Purpose	Payoff Priority	Type	Balance Owed	Monthly Payment
Fixed Expenses				
Gas	N/A	Utilities	N/A	\$75.00
Water	N/A	Utilities	N/A	\$75.00
Electric	N/A	Utilities	N/A	\$100.00
Cable	N/A	Utilities	N/A	\$200.00
Home Insurance	N/A	Insurance	N/A	\$200.00
Vehicle Insurance	N/A	Insurance	N/A	\$130.00
Life Insurance	N/A	Spouse & Children	N/A	\$100.00
Dental Insurance	N/A	Insurance	N/A	\$50.00
Medical Insurance	N/A	Insurance	N/A	\$75.00
Grocery	N/A	Food	N/A	\$500.00
Termed Expenses				
Mortgage/Rent	5	Loan	\$112,800.00	\$600.00
Child Support	4	Child(ren) assistance	\$102,000.00	\$500.00
Vehicle Loan	3	Loan	\$15,800.00	\$400.00
Personal Loan	2	Loan	\$1,800.00	\$150.00
Personal Purpose Expenses				
Checking	N/A	entertainment, clothes, misc		\$325.00
Savings	N/A	vacations / emergencies		\$225.00
401(k) / IRA	N/A	retirement years		\$0.00
Church / Charity	N/A	serving humanity		\$150.00
Bill TOTAL			\$232,400.00	\$3,855.00
Monthly Paycheck (net pay)				\$4,000.00
Pocket Money				\$145.00

Exhibit 4 – Roll-up from priority 2 to priority 3 bill and increase church/charity personal purpose expense (years 3 & 4)

Bill/Purpose	Payoff Priority	Type	Balance Owed	Monthly Payment
Fixed Expenses				

Gas	N/A	Utilities	N/A	\$75.00
Water	N/A	Utilities	N/A	\$75.00
Electric	N/A	Utilities	N/A	\$100.00
Cable	N/A	Utilities	N/A	\$200.00
Home Insurance	N/A	Insurance	N/A	\$200.00
Vehicle Insurance	N/A	Insurance	N/A	\$130.00
Life Insurance	N/A	Spouse & Children	N/A	\$100.00
Dental Insurance	N/A	Insurance	N/A	\$50.00
Medical Insurance	N/A	Insurance	N/A	\$75.00
Grocery	N/A	Food	N/A	\$500.00
Termed Expenses				
Mortgage/Rent	5	Loan	\$105,600.00	\$600.00
Child Support	4	Child(ren) assistance	\$96,000.00	\$500.00
Vehicle Loan	3	Loan	\$11,000.00	\$460.00
Personal Purpose Expenses				
Checking	N/A	entertainment, clothes, misc		\$325.00
Savings	N/A	vacations / emergencies		\$225.00
401(k) / IRA	N/A	retirement years		\$0.00
Church / Charity	N/A	serving humanity		\$200.00
Bill TOTAL			\$212,600.00	\$3,815.00
Monthly Paycheck (net pay)				\$4,000.00
Pocket Money				\$185.00

Exhibit 5 – Roll-up from priority 3 to priority 5 bill and increase 401(k)/IRA and church/charity personal purpose expenses (year 5)

Bill/Purpose	Payoff Priority	Type	Balance Owed	Monthly Payment
Fixed Expenses				
Gas	N/A	Utilities	N/A	\$75.00
Water	N/A	Utilities	N/A	\$75.00
Electric	N/A	Utilities	N/A	\$100.00
Cable	N/A	Utilities	N/A	\$200.00

Home Insurance	N/A	Insurance	N/A	\$200.00
Vehicle Insurance	N/A	Insurance	N/A	\$130.00
Life Insurance	N/A	Spouse & Children	N/A	\$100.00
Dental Insurance	N/A	Insurance	N/A	\$50.00
Medical Insurance	N/A	Insurance	N/A	\$75.00
Grocery	N/A	Food	N/A	\$500.00
Termed Expenses				
Mortgage/Rent	5	Loan	\$91,200.00	\$700.00
Child Support	4	Child(ren) assistance	\$84,000.00	\$500.00
Personal Purpose Expenses				
Checking	N/A	entertainment, clothes, misc		\$350.00
Savings	N/A	vacations / emergencies		\$300.00
401(k) / IRA	N/A	retirement years		\$250.00
Church / Charity	N/A	serving humanity		\$250.00
Bill TOTAL			\$175,200.00	\$3,855.00
Monthly Paycheck (net pay)				\$4,000.00
Pocket Money				\$145.00

Just to reiterate, the above exhibits are SAMPLE budget spreadsheets that may be used as templates only and do not represent any known person's actual personal budget. You may have noticed that 401(k)/IRA was at 0 dollars until year 5. Reason being is because 401(k)/IRA is typically deducted from your gross pay, so what is represented here is an additional contribution amount to go toward the allowable annual maximum. Also, for the sake of investing wisely and sealing financial leaks, I would highly recommend owning a home rather than renting a residence for the following reasons:

- Unlike renting, buying a home is an investment if purchased in a nice area - meaning it generally appreciates and/or you can make a profit whenever or if ever you decide to sell

- Mortgage payments are generally lower than rental payments
- You have freedom to decorate, make layout adjustments, and paint as you please
- May build equity or credit
- Possible tax benefits
- It comes with a foreseeable and controllable goal of being paid off – financial success
- It is yours and can be willed as an inheritance to your children, becoming the starting foundation for them to build their financial success
- Renting delays your dream and is seemingly no more than a fixed bet that guarantees the landlord always wins

For more professional information on managing debt and formulating a budget, I strongly advise a visit to your local Chamber of Commerce, library, or YMCA/YWCA. Oftentimes those organizations are ‘in the know’ of locally planned financial and wellness events.