

Personal Chef Menu



Essence Catering Services is a company that is prepared to serve you. We offer a variety of services from corporate event catering to personal dinner parties. We specialize in catering to your needs.

"Let Us Cater to Your Needs"

Essence Catering Services

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Menu Items

Your choice of three (3) per week for \$75

Dinners are prepared for two persons.

*Menu subject to change



Chicken

Chicken Fettuccine Alfredo

Chicken Stir fry, White rice

Chicken Salad on a bed of lettuce and fresh tomatoes

(choice of veg., wheat or butter crackers)

Baked Chicken, Butter herb mashed potatoes

Chicken Parmesan, Spaghetti

Hot wings, Potato skins, Celery sticks

Chicken Fajitas, Spanish rice, Corn

BBQ or Fried Chicken, Macaroni & cheese

Chicken Caesar salad

Beef

Spaghetti

Beef Tacos or Beef Fajitas, Spanish rice, Corn

Beef Stroganoff, Butter noodles

Montreal Steak, Baked potato

Black and Blue steak salad

Lasagna

Beef Stir fry, White rice

Salisbury Steak, Cream and chive potatoes

Chili, Cornbread

Beef and Macaroni

Seafood

Shrimp Fettuccine Alfredo

Tuna salad on a bed of lettuce and fresh tomatoes

(choice of veg., wheat or butter crackers)

Shrimp Po Boy and Coleslaw

Shrimp Scampi

Broiled Lemon Pepper Tilapia, Wild rice

Shrimp Jambalaya, Corn on-the-cob

Other

Four Cheese Quesadillas, Spanish rice, Corn

Pasta Primavera

Vegetables

Vegetable Medley

Asparagus

Corn on-the-cob

Glazed Carrots

Roasted Tomatoes

Fancy Green Beans

Steamed Broccoli

Buttered Corn

Sweet Peas

Squash

*All menu items include one vegetable of choice; pasta served with garlic bread and tossed salad, unless specified otherwise.

5 Star Menu Items

Dinner for two (one menu item below) and vegetable of choice , Fresh floral centerpiece, Silverware, Dinnerware, and Wine glasses for \$150-\$200. In-house, plated presentations are available at an additional cost.

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Chicken

Roasted Cornish hen, Wild rice

Chicken Chesapeake

(chicken breast topped with creamed crab sauce), Rice pilaf

Grilled Jerk Chicken, Mango salsa

Bruschetta Chicken

Beef

Filet Mignon, Stuffed Shrimp, Baked sweet potato

Brisket, Roasted garlic mashed potatoes

Stuffed Pepper

Montreal Steak skewers, Rice pilaf

Seafood

Steamed Lobster tail, Rice pilaf

Broiled/Baked Lump Crab cakes, baked potato

Seafood Alfredo, Fettuccine

Baked Dill Salmon, Butter herb penne

Jumbo Shrimp marinara, Linguine

Other

Porterhouse Pork chops, Roasted red potatoes

Grilled Portobello Mushrooms, Mixed green salad

Turkey Chops, Sage dressing

There is so much we can offer. If you do not see the menu you are looking for, just let us know.

Thank you for choosing Essence Catering Services where we cater to your needs.