

June Message



Hello, all you magnificently beautiful beings out there!

How are things in the mysterious and magical world of cyber-newsletter writing and readings? I'm sure as you read this you are out there shining your brilliant light.

It is my pleasure to share with you a lovely little conversation inspired by one of our after-service Zoom meetings. We discussed our perceptions about impressions a person who is new to Science of Mind, our core textbook by Ernest Holmes, might have.

I sometimes imagine people having an internal dialog about this philosophy being a cult, being associated with Scientology, creating red flags about brainwashing and control. I imagine those thoughts might scare people off. I have personally experienced these expressed concerns from family and friends.

I'd like to suggest that we start to take a closer look.

Mostly I think we are individually too optimistic that it's not likely we would blindly follow anyone or anything that would be telling us what to do! Yes, we have Ministers and Practitioners that play leadership roles, but it is not our intention to tell anyone how or what to believe. It is our job to guide people to seeing their potential in a multitude of situations. Basically, we believe "for them" what they may, at that moment, have a tough time seeing for themselves. So basically, we carry their faith for a moment in time, then we let go and trust the Cosmos always does its thing. Our goal is to merely assist in unraveling their own best healthy and mindful outcome.

So, let's get back to the conversation from that Sunday. Some suggested that we might shift the verbiage a bit to bring some clarity. Perhaps expanding Science of Mind to Science of Mind and Spirit or Heart. I like both of those, however they too are words that might not resonate with many people. I personally would like for us to instead use phrases and dialog that defines it more clearly. It's more than a name or a conversation - it's a practice.

We are a group of people who enjoy meeting together as we share and look at the way we view the mystical and magical aspects of the Unknown or God, as some like to call it. We study our human minds, our beliefs, and our stories about who we are and why we are the way we are. We enjoy it when two or more minds come together, each bringing their own individualized and unique life experiences. What we always find is a fascinating commonality and familiarity in our perceptions.

We incorporate science, including quantum physics, into self-reflection, the Laws of the Universe and how it historically responds. Ancient teachings and philosophies are brought into modern terms. Most importantly, we recognize ourselves changing and, in our process, we bring these changes into the world around us.

This is a conversation that might go on for some time. Perhaps ask yourself, "How can I express and define Science of Mind and Center for Spiritual Living for myself? How do the teachings and philosophy inspire me to live a deeply spiritual life? And how can I share that with others?"

Chris McArdle, RScP

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