

2023 BATTLE OF CHAMPIONS SCHEDULE

Jan. 13-15, 2023

Gym A Session 1
Friday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

LEVEL 3			
Vault	Bars	Beam	Floor
FLIGHT 1			
GLE	MEGA	GLE	MEGA
		GTC	American
FLIGHT 2			
Lake City	Branch	Lake City	Branch

Gym A Session 2
Friday
11:30-11:50 Stretch
11:50 Presentation
12:00 1st Fl. Warm Up
12:10 Competition

LEVEL 3			
Vault	Bars	Beam	Floor
FLIGHT 1			
Gym X-treme	Perfection	Gym X-treme	Performance
FLIGHT 2			
Gym World	MEGA	Gym World	MEGA
	Splitz		

Gym A Session 3
Friday
2:30-2:50 Stretch
2:50 Presentation
3:00 1st Fl. Warm Up
3:10 Competition

LEVEL 2 & 3			
Vault	Bars	Beam	Floor
FLIGHT 1			
Cap City (L2 & L3)	All American Flames (L3)	Mills (L3)	All American Flames (L3)
Head Over Heels (L2 & L3)			
FLIGHT 2			
Performance (L2)	Integrity (L3)	Sunrise (L3)	Integrity (L3)

Gym A Session 4
Friday
5:30-5:50 Stretch
5:50 Presentation
6:00 1st Fl. Warm Up
6:10 Competition

LEVEL 3			
Vault	Bars	Beam	Floor
FLIGHT 1			
Hartland	Gym Michianna	Hartland	Gym Michianna
MGLA			Performance All Stars
FLIGHT 2			
KGI	Flipspot	GymTactics	Flipspot
			DMGC

Gym A Session 5
Saturday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

Xcel Silver			
Vault	Bars	Beam	Floor
FLIGHT 1			
Farmington	Extreme	Splitz	Integrity
			TEGA
FLIGHT 2			
Bounce	MEGA	The Sports Club	Flipspot
			MEGA

**COACHES PARTY AT NAPA KITCHEN
IN THE HILTON GARDEN INN
FRI. NIGHT 8:30PM**

Jan. 13-15, 2023

Gym A
Saturday
11:30-11:50
11:50
12:00
12:10

Session 6

Stretch
Presentation
1st Fl. Warm Up
Competition

XCEL BRONZE & SILVER			
Vault	Bars	Beam	Floor
FLIGHT 1			
Chalk It Up (XB)	GLE (XB)	Fit XB & XS)	Toledo (XB & XS)
	TEGA (XB)	Capitol City (XS)	
FLIGHT 2			
Infinity (XB & XS)	The Sports Club (XB)	Gym. Dreams (XB & XS)	The Sports Club (XB)
American Prestige (XS)			

Gym A
Saturday
2:30-2:50
2:50
3:00
3:10

Session 7

Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Silver			
Vault	Bars	Beam	Floor
FLIGHT 1			
KGI	Chalk It Up	GLE	Crossroads
FLIGHT 2			
American	All Around - MI	American	Performance
			All Around - MI

Gym A
Saturday
5:45-6:05
6:05-6:15
6:15
6:25-8:30

Session 8

Stretch
Presentation
1st Fl. Warm Up
Competition

XCEL SILVER			
Vault	Bars	Beam	Floor
FLIGHT 1			
Hartland	GTC	Hartland	GTC
	DMGC	GymTastics	
FLIGHT 2			
Johnsons	Branch	Branch	Branch
Champion - OH			

Gym A
Sunday
8:00-8:20
8:20
8:30
8:40

Session 9

Stretch
Presentation
1st Fl. Warm Up
Competition

AAU - L7, Gold, Platinum, Diamond			
Vault	Bars	Beam	Floor
FLIGHT 1			
East Lake (G & P)	Aerial Express (XG)	Central OH (L7, G, & P)	Ross Co. (G & D)
World Elite (G & P)	Day Acad. (L7, G, & D)		
FLIGHT 2			
Flying J's (G & P)	High Flyers (G)	Kathy's (G & P)	High Flyers (G, P & D)

Gym A
Sunday
11:15-11:35
11:35
11:45
11:55

Session 10

Stretch
Presentation
1st Fl. Warm Up
Competition

AAU - Level 2 & 3, Xcel Bronze & Silver			
Vault	Bars	Beam	Floor
FLIGHT 1			
Aerial Express (XB)	Central Oh (B)	Aerial Express (XS)	Central Oh (S)
	Ross Co (S)		Flying J's (S)
FLIGHT 2			
Detroit (L2)	Detroit (L3)	Prestige (B)	East Lake (B & S)
Prestige (B)	Day Acad (S)		

Gym A
Sunday
2:15-2:35
2:35
2:45
2:55

Session 11

Stretch
Presentation
1st Fl. Warm Up
Competition

FUN			
Vault	Bars	Beam	Floor
FLIGHT 1			
Sunrise	ADMA	Sunrise	Bounce
FLIGHT 2			
Hartland	American	Hartland	American

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Gym B Session 1
Friday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

Level 8			
Vault	Bars	Beam	Floor
FLIGHT 1			
Gym World	All Around - OH	N Canton Y	Integrity
	Mills	Performance	KGI
Mid Michigan	Flip Zone	Stars & Stripes	Gym Michiana
Great Lakes - OH		Flip Spot	Bounce

Gym B Session 2
Friday
11:30-11:50 Stretch
11:50 Presentation
12:00 1st Fl. Warm Up
12:10 Competition

Level 8 & Xcel Diamond			
Vault	Bars		Floor
FLIGHT 1			
GLE (L8)	Branch (XD)	Meks XD=8	Branch (XD)
The Sports Club (XD)	Waters Edge (XD)		Champion - MI (L8)
Meks (L8)			
Maple City (L8)	KGI (XD)	American (XD & L8)	MEGA (XD)
All American Flames (L8)		Gymnastics Dreams (L8)	GymTactics (L8)
			Fit (XD & L8)

Gym B Session 3
Friday
2:30-2:50 Stretch
2:50 Presentation
3:00 1st Fl. Warm Up
3:10 Competition

Level 8			
Vault	Bars	Beam	Floor
FLIGHT 1			
Branch	Deveau's	Deveau's	Deveau's
FLIGHT 2			
Gym Extreme	Perfection	Gym Extreme	MEGA
	GTC		

Gym B Session 4
Friday
5:30-5:50 Stretch
5:50 Presentation
6:00 1st Fl. Warm Up
6:10 Competition

Level 10			
Vault	Bars	Beam	Floor
FLIGHT 1			
Perfection	Gym World	MEGA	Branch
	Meks		Integrity
			DeVeau's
FLIGHT 2			
All American Flames	Gym X-treme	Flip Zone	Mid Michigan
Stars & Stripes	Chalk It Up	Fit	GLE
	Bounce		LEGS
	Performance		N Canton Y
	GTC		

Gym B Session 5
Saturday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

Level 9			
Vault	Bars	Beam	Floor
FLIGHT 1			
All American Flames	Gym X-treme	Meks	DeVeau's
All Around - OH		Gym Michianna	
GLE		American	
		Chalk It Up	
FLIGHT 2			
Flip Zone	LEGS	Great Lakes - OH	N Canton Y
MLGA	Johnsons	Hocking Valley	Maple City
Mills			

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Gym B
Saturday
11:30-11:50
11:50
12:00
12:10

Session 6
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 9			
Vault	Bars	Beam	Floor
FLIGHT 1			
MEGA	Perfection	MEGA	Gym World
	Champion - MI	GTC	
FLIGHT 2			
Performance	Mid Michigan	KGI	Integrity
		Branch	

Gym B
Saturday
2:30-2:50
2:50
3:00
3:10

Session 7
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 6			
Vault	Bars	Beam	Floor
FLIGHT 1			
DeVeau's	Mid Michigan	Mills	Maple City
	Johnson's		Flipspot
FLIGHT 2			
Sunrise	GymTastics	Integrity	Gym World
Water's Edge			

Gym B
Saturday
5:45-6:05
6:05-6:15
6:15
6:25-8:30

Session 8
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 6			
Vault	Bars	Beam	Floor
FLIGHT 1			
KGI	Flip Zone	Flip Zone	Flip Zone
FLIGHT 2			
Gym X-treme	American	Gym X-treme	GLE
	Crossroads		Chalk It Up

Gym B
Sunday
8:00-8:20
8:20
8:30
8:40

Session 9
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 6			
Vault	Bars	Beam	Floor
FLIGHT 1			
Branch	Perfection	MEGA	Performance
FLIGHT 2			
Hartland	LEGS	Great Lakes - OH	GTC
	Lake City		

Gym B
Sunday
11:15-11:35
11:35
11:45
11:55

Session 10
Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Platinum			
Vault	Bars	Beam	Floor
FLIGHT 1			
Branch	Great Lakes - OH	GymTastics	Infinity
	Hocking Valley	Capitol City	Champion - MI
		Chalk It Up	Extreme
FLIGHT 2			
All Around - OH	Hartland	All Around - MI	Splitz
	Bounce	American	Water's Edge
	Toledo		

Gym B
Sunday
2:15-2:35
2:35
2:45
2:55

Session 11
Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Platinum			
Vault	Bars	Beam	Floor
FLIGHT 1			
MEGA	The Sports Club	MEGA	The Sports Club
GTC		Gymnastics Dreams	Integrity
Farmington			
FLIGHT 2			
Performance	Integrity	Medina	KGI
	Fit		Flipspot

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Gym C Session 1
Friday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

Level 7			
Vault	Bars	Beam	Floor
FLIGHT 1			
Deveau's	GymTactics	Deveau's	MEGA
	Branch	GLE	Sunrise
Perfection	All American Flames	Perfection	Gym X-treme
	Gymnastic Dreams	American	

Gym C Session 2
Friday
11:30-11:50 Stretch
11:50 Presentation
12:00 1st Fl. Warm Up
12:10 Competition

Level 7			
Vault	Bars	Beam	Floor
FLIGHT 1			
Infinity	Mid Michigan	Integrity	KGI
Hocking Valley	All Around -OH	LEGS	
Johnson's	Performance	Gym Michianna	
		N Canton Y	
Gym World	Mills	GTC	Flip Zone
Chalk It Up	Great Lakes-OH	Flip Spot	TEGA
	Farmington		

Gym C Session 3
Friday
2:30-2:50 Stretch
2:50 Presentation
3:00 1st Fl. Warm Up
3:10 Competition

Level 4			
Vault	Bars	Beam	Floor
FLIGHT 1			
Stars & Stripes	Flipspot	Great Lakes -OH	GymTastics
FLIGHT 2			
KGI	Hartland	TEGA	GLE
		MLGA	

Gym C Session 4
Friday
5:30-5:50 Stretch
5:50 Presentation
6:00 1st Fl. Warm Up
6:10 Competition

Level 4			
Vault	Bars	Beam	Floor
FLIGHT 1			
American	MEGA	American	MEGA
		Capitol City	
FLIGHT 2			
Lake City	Splitz	Sunrise	Splitz
Farmington	Water's Edge		Mills

Gym C Session 5
Saturday
8:00-8:20 Stretch
8:20 Presentation
8:30 1st Fl. Warm Up
8:40 Competition

Level 4			
Vault	Bars	Beam	Floor
FLIGHT 1			
Branch	Gym World	Branch	Gym World
			Perfection
FLIGHT 2			
Performance	GTC	Integrity	GTC

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Gym C
Saturday
11:30-11:50
11:50
12:00
12:10

Session 6
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 4		0	
Vault	Bars	Beam	Floor
FLIGHT 1			
Gym World	Crossroads	Gym World	DMGC
	Gym Michianna	Gym Kind	
FLIGHT 2			
All American Flames	Gym X-treme	Gym X-treme	Gym X-treme

Gym C
Saturday
2:30-2:50
2:50
3:00
3:10

Session 7
Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Gold			
Vault	Bars	Beam	Floor
FLIGHT 1			
Branch	GTC	Branch	Hartland
FLIGHT 2			
Champion Oh	Great Lakes - OH	Splitz	The Sports Club
	DMGC		

Gym C
Saturday
5:45-6:05
6:05-6:15
6:15
6:25-8:30

Session 8
Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Gold			
Vault	Bars	Beam	Floor
FLIGHT 1			
Toledo	Performance	TEGA	Integrity
Waters Edge		Flipspot	
FLIGHT 2			
LEGS	MEGA	LEGS	MEGA
Fit		Gym Kind	

Gym C
Sunday
8:00-8:20
8:20-8:30
8:30
8:40

Session 9
Stretch
Presentation
1st Fl. Warm Up
Competition

Xcel Gold			
Vault	Bars	Beam	Floor
FLIGHT 1			
KGI	Infinity	Gymnastics Dreams	Chalk It Up
Johnsons	Hocking Valley		
FLIGHT 2			
American	All Around - MI	Capitol City	Extreme
		Bounce	GymTactics

Gym C
Sunday
11:15-11:35
11:35
11:45
11:55

Session 10
Stretch
Presentation
1st Fl. Warm Up
Competition

Level 5			
Vault	Bars	Beam	Floor
FLIGHT 1			
Farmington	Integrity	All American Flames	MEGA
Stars & Strips			
FLIGHT 2			
Branch	Mills	Lake City	Sunrise
Gym Michianna	GTC	GLE	Hartland