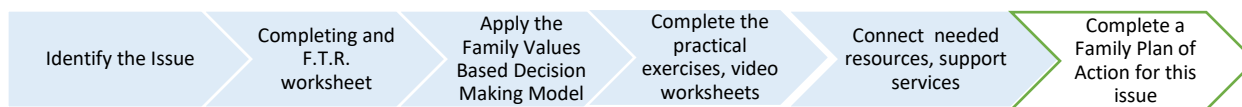


# Addiction Behavior

## *“It’s Time to Get Organized Process”*



## SEMINIAR #11:

<b>Purpose:</b>		<i>The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.</i>
<input type="checkbox"/>	Instructions	The “Enabling vs. Consequences” process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
<input type="checkbox"/>	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the “Addiction Behavior”: At home environment and relationship changes to impact the recovery environment., Six Known Behaviors, Boundary Setting. Disease Progression Different Behaviors. Which of these will the family seek to Address?
<input type="checkbox"/>	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
<input type="checkbox"/>	Key Topic #1: Six Known Behaviors	Your family members use their knowledge of the six known behaviors to assist each other in setting and keeping healthy boundaries. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #2: Boundary Setting	Your family members will seek professional guidance in determine the best way to set boundaries. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #3: Disease Progression Different Behavior	Your family members will identify the behaviors associated with progression and review these with a professional to determine the best way for the family to respond. Also complete the practical exercise in the Seminar Workbook.

# Family Plan of Action

## **I. SOLUTION:**

The Identified Solution: (From the completed F.T.R. Worksheet):

## **II. DECISION:**

The Decision-Making Process: (From the completed Family Values Decision-Making worksheet)

## **III. PLAN OF ACTION:**

### **Priority # 1.**

Task:

Task:

Task:

### **Priority # 2.**

Task:

Task:

Task:

### **Priority # 3.**

Task:

Task:

Task:

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.

