

Texts only: Sian (Club Owner) 07531 344 549

## May/June 2022 Holiday Programme











## www.wildaboutplayridgewood.co.uk

May	Mon 30 <sup>th</sup>	Tues 31st	Weds 1st June	Thurs 2 <sup>nd</sup>	Fri 3 <sup>rd</sup>	
Open 8am	Play	Creative Challenges	Card Games	Club Closed Bank Holiday	Club Closed Bank Holiday	
9:30am 10:30am 12:00pm	Coding for Kids	Yoga	MOROPOLA B LAB	Holidays, Activities & Food  Programme (HAF)  We may be able to offer you some free sessions if you are on benefit related free school meals or if you child has additional needs	Children's Mental Health  We are planning a new 'Worries' board, mental health advice displays & sharing website links with our children - some of whom are experiencing difficulties such as anxiety or	
	Parachute Games		Healthy packed lunch with ice packed Skipping Fun	negative thought patterns.		
1:00pm				Download the free NHS Food Scanner app  With a speedy scan of your family's favourite foods you can find healthier swaps for next time	Please do reach out to us should you need signposting to these websites or if you need a friendly face to face about any	
2:30pm 4:00pm	Fruit Salad Bowl Making	Balloon Tennis	Stress Balloon Making	foods, you can find healthier swaps for next time you shop.  As part of our Healthy Eating, we are providing healthy meal choices for Holidays, Activities & Food Programme (HAF) funded children.  Is your lunch box deemed healthy?	issues you are experiencing with your child's mental health - we will be happy to run a few workshops to help.  Guide to Managing Anxiety - successfullymanaginganxiety informationfor	
6pm		? S	<b>9 % v v</b>	School food standards - School Food Plan	adultandcarers 611.pdf (southglos.gov.uk)	

The booking deadline is Friday 13<sup>th</sup> May - Don't miss it!

Onsite Mobile (Staff team) Tel: 07784 48 10 32

## May/June 2022 Holiday Programme

<u>Date</u> Please tick your selected sessions	(8aı	ng <u>Session</u> n-1pm) 15.15		Afternoon Session (1pm-6pm) £15.15			All Day Care (8am-6pm) £23.10				
Mon 30 <sup>th</sup> May											
Tues 31 <sup>st</sup>											
Weds 1 <sup>st</sup> June											
Thurs 2 <sup>nd</sup>		Thurs 2 <sup>nd</sup> & Fri 3 <sup>rd</sup> June - Club Closed - Bank Holidays									
Fri 3 <sup>rd</sup>	Thurs 2 <sup>nd</sup> & Fri 3 <sup>rd</sup> June - Club Closed - Bank Holidays										
Please note that trips are compulsory and there will not be an option of staying at Club.  We welcome suggestions for competitively priced trips and visitors to continue to keep fees low.  By booking certain dates, you are giving your consent for Wild About Play staff to take your child/children off Club premises, to the stated trip destination or take part in a particular activity by foot or by transport/public transport.											
Name/s of Children:					Age/s during the May/June Holidays:						
Name of parent/car		Telephone									
Are you requesting booked dates that are funded by the Holiday, Activities & Food programme? If so, would your child like: A healthy packed lunch box containing fruit & veg, a cheese or ham sandwich, a fruit yogurt/fromage frais, breadsticks and raisins, beans on toast, cheese on toast, jacket potato with cheese and or beans   Email address:  School:											
	nt tuno:	BACS	Childo	cana	Cash no longe	n	Chaquar no longer				
Please circle payme	т туре:	BACS	Vouch		accepted	Γ.	Cheques no longer accepted				
Signature:			voucr	161 3	Date:		ιιτεριεύ				

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Please send your completed form to wapridgewood@yahoo.co.uk