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### Introduction

Throughout each county across the nation there are hundreds of families that have been impacted by the drug epidemic. Few have any idea about what is ahead in their journey in living with this disease. The communities that support these families typically do not understand core issues these families have to face in their journey. And our faith organizations, who want to help and provide ministry, do not have the materials to support this type of family need, to include the challenges the family members face. What's most needed is education, through a structure designed to support these three areas of our community. The "*Family Solution Finder Learning Centers*" is that structure.

### **The Family Members:**

Although family is defined in different ways, the family members need to learn about what the disease is, how it progresses, what issues will require their involvement and how their lives are likely to change. They also need to understand who in the community is there to assist them and what to expect from these services.

### The Community:

For most local communities there is a lack of understanding about all the issues a family will face in their journey. This may limit their ability to provide services that directly match the family member's needs, and how to connect each service for stronger continuity of care. This lack of understanding also creates a stigma about the family and disease.

#### **Places of Faith Practice:**

The same is true for our places of faith practices. These organizations want to participate and provide spiritual care, however, they are lacking in the tools and understanding about what it is be a family member living with substance use disorders. The faith organizations understand suffering and how to nurture family members, they just do not understand the characteristics of this type of family journey. For them to get involved we need to give the faith organizations the tools and content of what they can offer in a faith ministry for their families.

#### What can be done?

As a caring society it would be helpful if we stepped back, reviewed what is working locally, what is not working, what is missing and what is available from within the community. Then we need to educate the family members, their local community, and the places of faith practice.

To do this, we will need:

- 1. A Structure, to deliver change.
- 2. A Process to support change.
- 3. A plan for Implementing the change.
- 4. A multi-level education strategy, to impact the families and their local community.

There is no quick fix, the education structure needs to be embedded within the community, implemented by the community, and sustained as resources for families from within the community. The Family Solution Finder Learning Center is provided by the community.

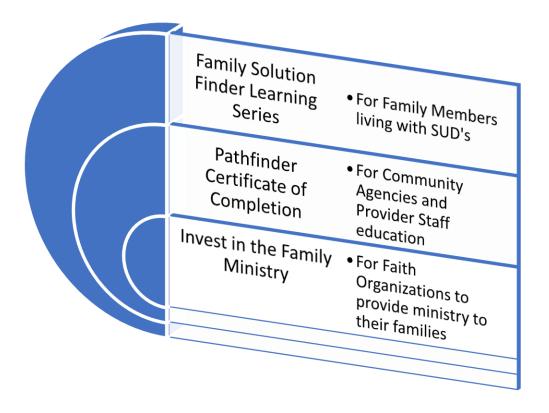
### **Purpose of Family Solution Finder Learning Center**

*"The Family Solution Finder Learning Centers"* has been created and is now available to every community across the nation. The Family Solution Finder Learning Centers provides "Structure, Process, and Implementation"

1. The family members living with substance use disorder.

2. The local community agencies and provider staff to better understand these family members.

3. The local places of faith practice, to better support their family members. By making the family a center of focus, we will empower the family with knowledge and those who surround them, which is everyone.



### **About Us**

Families Impacted by Opioids is a nonprofit organization and was founded by Mr. Roy P. Poillon, July 2018 for the purpose of educating family members living with substance use disorders. From his past career in developing healthcare delivery business models for alternate site healthcare services and disease management, he is now applying this knowledge to the **Substance Use Disorders Industry**. There is a gap in several areas which contributes to relapse, poor outcomes and fracturing of our families and their communities. This program is designed to be one element in filling the gap, nationwide.

A critical area of success has to do with how well the person in recovery is supported by their family members, the community agencies to include the local provider staff, and their places of faith practice. Given, the family members are an important link to sustained recovery, they need access to education about this journey.

#### What impacts the family, will impact the community, the two are inseparable.

Historically, families do not come into the community seeking education on this disease. It has a stigma. They typically come out "in response" to a situation because they need to find a solution for a particular issue. There really are no places where an all-inclusive learning series is provided covering the families entire journey. For this reason, they do not have a thorough understanding of what might come next and therefore cannot properly prepare the next phase.

#### **Include the Stakeholders:**

At the *Family Solution Finder Learning Centers*, we do know what is likely to happen next, we do educate the family member on these key issues, and they will have a plan of action for each issue. They will be empowered with knowledge. And we will do the same for the local community agencies, the local provider staff, and local places of faith practices. This way, all the stakeholders are included. This can only be accomplished through a local structure with a process set-up locally to educate and share. It must come from within the community for it to be accessible and sustainable.



Helping the family layer their learning one stone at a time

#### **Mission Statement**

We seek to educate the family members living with substance use disorders and those who support them in their local community with a Family Solution Finder Learning Centers model. By educating the family, the local community agencies, the provider staff of services and local places faith practices we will become allinclusive in a unified response to the drug epidemic. This disease impacts all of us, therefore all of us need to support the family members in their journey.

#### **Vision Statement**

To provide education resources at the local level for our Ohio communities; Families Impacted by Opioids will visit all 88 counties in the State of Ohio, making introductions to key stakeholders. The selected organizations and individuals will register and be provided the materials needed to start a Family Solution Finder Learning Centers program at various Levels I-IV. We will have registered 53 local learning centers across the State of Ohio in five years, with a range of 60% being Level II. In each enclave of the four enclaves designated for Ohio in two years there will be not less than 10 Family Solution Finder Learning Centers in each of the 4 enclaves for Ohio. At the start of year 3 we will expand our program to a nationwide exposure starting in States with a high prevalence and occurrence of this disease. Our goal is to have a Family Solution Finder Learning Centers presence in every state across the country by 2028.

### The Stakeholders in our Communities Include

(but not limited)

- 1. Treatment Center Facilities
- 2. Mental Health Center Facilities
- 3. Sports Coaches
- 4. Emergency Room Social Workers
- 5. School Guide Counselors
- 6. Pastors, Leaders of Faith Organizations
- 7. Police and First responders
- 8. Legal Court System
- 9. Foster Care Services
- 10. Jobs and Family Services
- 11. Employers
- 12.Community Support Agencies
- **13.Healthcare Providers**

These stakeholders will benefit in providing their services and programs when they more completely understand the journey of family members living with substance use disorders. These are the stakeholders we will visit in each county.

### What is a "Family Solution Finder Learning Series"

The Family Solution Finder Learning Series (FSFLS), is a learning resource for family members to receive education about the *"32 key issues"* they will likely face living with substance use disorders.

They will learn the 5 tools used to breakdown and address each issue:

- 1. Family Transformational Response (F.T.R.) Model
- 2. Family Value Based Decision-Making Model
- 3. The SUD Journey, It's Time to get Organized
- 4. The SUD Journey, It's Time to get Networked
- 5. The Family Needs to Meet

They will learn the 32 key issues which cover the entire family members journey:

- 1. The family is a system
- 2. Different roles of the family members
- 3. Childhood trauma in the family system
- 4. Different types of family therapy
- 5. The family support structure in addiction
- 6. Getting a diagnosis
- 7. Substance use disorder is a brain disease
- 8. The disease progresses in stages
- 9. Relapse is a part of this brain disease journey
- 10. Enable vs. Consequence
- 11. The Addiction Behavior, Setting boundaries
- 12. Family Intervention, Five stages of change
- 13. Police Intervention
- 14. Emergency Medical Intervention
- 15. Legal System, Intervention
- 16. Treatment Center Intervention
- 17. Family Community Mapping
- 18. The Relapse
- 19. Successful Lifelong Recovery
- 20. Bereavement
- 21. Spiritual Faith practices
- 22. Elements of a Family Plan of Action
- 23. Roles and Responsibilities in the Family plan of action
- 24. Getting networked in advance
- 25. Suicide Prevention
- 26. Financial Management in the substance Use Disorder Journey
- 27. Foster Care Services in substance Use Disorder Journey
- 28. NARCAN
- 29. Peer to Peer Services
- 30. Medical Assisted Treatment (M.A.T.)
- 31. Family Solution Finder Learning
- 32.Harm Reduction

### The Family:

The *Family Solution Finder Learning Series Books*. This series of presentation seminars will encompass the 32 key issues a family might face in their journey with substance use disorders. The 32 key issues are supported with:

- Family Solution Finder Learning Seminar Study Guidebook
- Family Solution Finder Workbook
- The Substance Use Disorders Journey, It's Time to Get Organized workbook
- The Substance use Disorders Journey, It's Time to Get Networked workbook
- On-Demand Learning, Family Library of Seminars (online learning)
- eLearning Program (online Learning)

From this learning series and support material the family members will become empowered families.

### The Community:

The Community will learn from the <u>Pathfinder Certificate of Completion Seminar Book, which</u> provides 12 core competency issues for assisting the *community agencies and provider staff* need to understand about the family members journey. The support is for our community stakeholders, who deal with the family in their time of need.

- 1. From Coach to Family Table
- 2. From Counselor to Family Table
- 3. From Community Agency to Family Table
- 4. From Legal Courts to Family Table
- 5. From Pastor to Family Table
- 6. From Police and Responder Teams to Family Table
- 7. From Social Worker to Family Table

#### The Faith Organizations:

The *Invest in the Family Ministry User Manual and Volunteer Guide Book*, supports local places of faith practices to provide support for their family members. This is a turnkey ministry model available from their local Family Solution Finder Learning Centers to assist them in setting up a sustainable Faith & Education ministry.

- Invest in the Family Ministry (Catholic Edition)
- Invest in the Family Ministry (Protestant Edition)

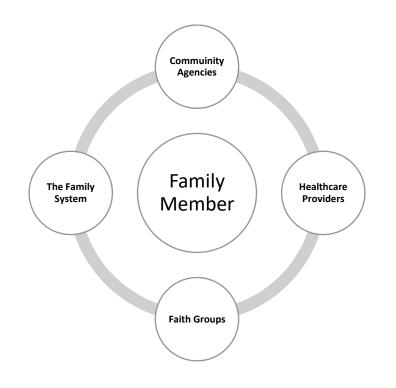
### The Location:

By setting up a local Family Solution Finder Learning Centers across each State we can positively impact this disease where it matters most, at the level of the family and their local community. A family is a system and seeks balance, this gives them back their balance.

#### Unity in the Community Kills Stigma:

By including the local community agencies, provider staff, and the places of faith practice, a unified blanket of education will meet the family wherever they go. A Pathfinder Certificate of Completion is published for all the stakeholders in the community; sports coaches, school guidance counselors, police first responders, mental health centers, emergency room social workers, community agencies, treatment centers, pastors. This is where the family goes for support, and now these are the places they will find the Pathfinder Certificate of Completion and Family Solution Finder Learning Series. It will be everywhere they turn, and each location will ask them if they have taken the time to learn about their journey.

In the Family Solution Finder Learning Centers, the "Family Members" become the center our community focus, with those who support them also included in the education process.



### How to set-up a Family Solution Finder Learning Centers

#### Which Level I-IV is Right for You:

We suggest an assessment of your interest and motive be your first step. Our question to you is "Why would you want to provide a <u>Family Solution Finder Learning Centers</u>". Please answer this before we answer how to set one up. From your answer comes a better idea as to what Level I-IV of learning center best matches your interest. There are four levels of The Family Learning Centers to consider, each works with a different segment of your local community.

### Four Levels of The Family Solution Finder Learning Centers

**Level One:** In this level you will provide the *Pathfinder Certificate of Completion Seminar* book to your past, present and future clients. Also, these books can be used in distributing to your referral sources for their staff education. If you are an organization, this can be used in an employee "Lunch and Learn" session.

The *Pathfinder Certificate of Completion Seminar* can be given to the family directly, as an introduction to the larger 32 seminars found in The Family Solution Finder Study Guidebook and Workbook.

*eLearning* is offered by your organization when distributing this book.

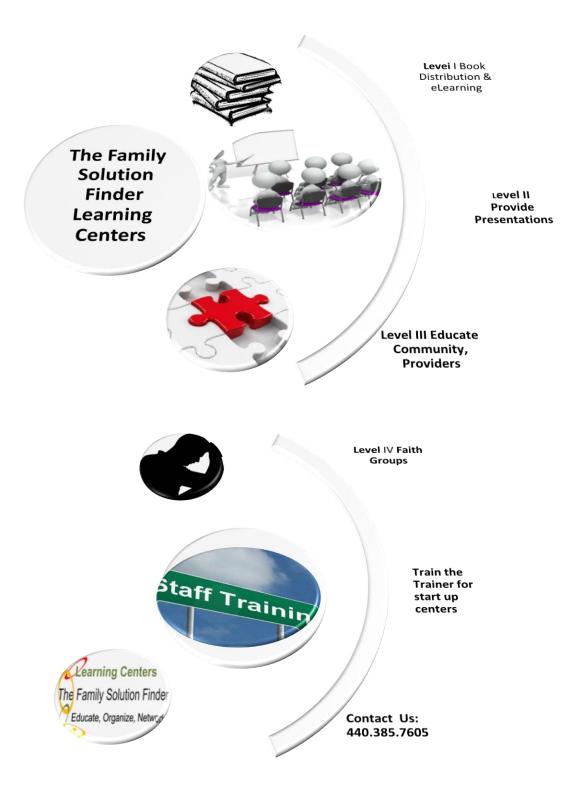
**Level Two:** In this level you will provide learning seminars at your location. The Family Solution Finder Learning Series Study Guide and Workbook will be provided and used in these sessions. This level will also include Level One.

**Level Three:** In this level you will provide learning seminars to other organizations using the *Pathfinder Certificate of Completion Seminars* at their location. This level will also include Levels One & Two.

**Level Four:** In this level you will meet with churches and places of Faith Practices within your community to introduce the "Invest in the Family Ministry" using the Set-Up Guide and Volunteer Manual Book. This level will also include Levels One, Two & Three. You can choose the type of support best matches their needs.

Please choose which program best matches your level of interest and contact us. We will walk you through the simple steps towards registering. You can be up and running within a week.

# Local Community is part of the Family Members Solution



### Who can Start a Family Solution Finder Learning Centers

Anyone can start up a Family Solution Finder Learning Centers. That is the great news about this community focused model. The Family Solution Finder Learning Center is designed so that it does not require a presenter to have prior knowledge of the topic, and the 32 seminars are self-administrated with power point slide each with voice over narrator. Also, all the handouts and practical exercise are included. So, whatever topic is determined to be most useful, this becomes the topic to present.

## **Examples of Who Can Set-up a Family Solution Finder Learning Center:**

- *Treatment Centers:* can provide these seminars as a service to the family members of those they are treating, past, present and future. This can be a strong tool for community awareness of their treatment facility services and other programs, too. Level III & IV
- Mental Health Centers: as Individual Practice or in a Center, can provide selected seminars, at a set location and schedule. Level III % IV
- Libraries: Lending the books. Level I
- *Support Groups:* small or large family members support group can use this in their meetings. Level II



- **Police and First Responder Teams:** can present these programs and distribute the books with eLearning program as part of their "Community Engagement" drug awareness programs. Level I
- *Churches and places of Faith Practices*: can use this as a part of their ministry meeting plan. "Invest in the Family Ministry User Manual. Level III & IV
- *Coaches for sport teams:* can distribute the Pathfinder Certificate of Completion Seminar book to families. Level I
- **Social Workers:** 1. At schools Guidance Counselor offices, 2. In Emergency Rooms, 3. At Government Agencies. Level III
- *Drug Courts:* can require the family members to complete the Pathfinder Certificate of Completion Seminar book. Level I

### How to operate a Family Solution Finder Learning Centers

### **Required Registration:**

We are asking you to register on <u>www.familiesimpactedbyopioids.com</u> in order that we can provide updates to content, support to your organizations learning center and allow others to find you in their community. These materials can be copied with permission for the purposes of marketing and training. All these materials are available as free downloads on our website.

It may be best to start one level down from where you want to be, in order to get comfortable with the material, its set up and functioning of these seminars. We recommend most organizations start at Level One, *Book Distribution, and e-learning*. Then move into Level Two. Take time to invite the public as a community relations initiative. There is a required donation fee to register a Family Solution Finder Learning Centers.

#### Use the books:

Our books help to drive the learning experience, but your presentation and presence is what will matter even more to these family members. The operation for The Family Solution Finder Learning Centers is the same as any other scheduled list of seminars you may have provided in the past. There is nothing specific or special steps needed for the center itself, other than making people aware of your sessions.

### Room set-up:

This can be in whatever design you choose. We recommend circle tables because in helps to facilitate conversation and sharing between family members.

#### Audio/Visual:

Be sure to have access and internet WIFI for the extended learning videos included in these seminars. Laptop, speakers, and TV or screen are needed.

### The Meeting Agenda:

It is helpful to have the next meeting's agenda as a handout in each meeting. Also, keep a calendar updated as to time, topic, location and point of contact on a page in your organization's website.

#### a. Which issue to present:

Some choose to start with Seminar #1 and proceed as it is numerically set up. Others ask their attendees, which topics they want to view. In either case, it is helpful for the attendee and the presenter if a schedule is set up going out six months.

#### b. Duration:

- It is more effective to have one single topic (issue) in a meeting. Try <u>not</u> to mix one subject with another in the same meeting. For example, don't mix seminar # 1 The Family is a System with Seminar # 2 The Different Roles Family Members Play.
- There should be 40 minutes for slides and video's, 20 minutes for practical exercises, 20 minutes for group discussion. Duration: 1.5hrs/seminar.
- The video sessions are more valuable when there is a discussion to follow, so others can gleam important points from the person next to them. And again, circle tables work best.

### **Pre-Meeting Announcement to Registered Attendee's**

- I. Greeting, Navigator Time
- II. Announcements
- III. Seminar Presentation
- IV. Table Discussions
- V. Large Group Discussions
- VI. Concluding Summary
- VII. Next Meeting Agenda
- VIII. Social Time

### **Create a Family Solution Finder, Monthly Learning System**

The family solution finder monthly learning system can be presented as a "weekly learning meetings" where an entire month is dedicated to a single issue (topic).

**Issue of the Month:** Select an issue as the "Topic of the Month". Where, the family solution finder learning series seminar (issue) is presented:

- 1. **In the First week,** use the Family Solution Finder Learning Seminar Study Guide, Workbook and Power Point Presentation, for that issue. (*PPT is downloaded from our website*)
- 2. In the Second week, have a speaker from the community come in to speak on this topic.
- 3. **In the Third week**, have a person provide their personal testimony on this same topic from that person's experience and perspective in dealing with this issue. Use the "The Substance Use Disorder, It's Time to Get Organized workbook.
- 4. **In a Fourth week,** a general discussion covering how to use the lessons learned this month, using the It's Time to Get Organized and It's Time to Get Networked workbook.

In this monthly learning system, the family members are provided an in-depth education experience unlike any they will receive elsewhere. From topic introduction, to life application, to family plan of action.

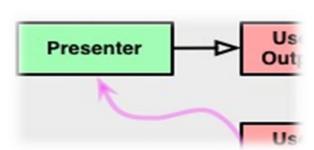
Through this system, a total number of meetings: 32 seminars x 4 sessions per topic each month equals 128 sessions. It will cover 2.6 years of meeting content. All provided on line, free.

Because this is a lifelong journey, it will take time to cover all the topics. Then again, where else can these families go to learn in this deep of a review? If the family has an urgent need to review a specific issue seminar, they can do so "*On-Demand Learning, Family Library of Seminars*" online through our website in our self-directed eLearning model. They are never without the ability to get information to start a better understanding about what they are facing.

## The Two Channels for Educating our Family Members

#### **Instructor:**

1. A trained presenter is an invaluable asset to your organization. This person has the forum to



educate, direct next steps, influence the quality of family decision making, inform, relate, and demonstrate empathy all as it is in line with your organization goals and objectives.

Family Solution Finder Learning Centers, Levels II-IV.

### **Benefits:**

- Presenting the Family Solution Finder Learning Services will create a awareness in those who make referrals and around the community. It will be an attribute to your brand.
- Training your staff will increase the acceptance of family members by your employees, because they received this training and have a better appreciation of what family members are experiencing.
- The community will recognize your organization and being valued added, past just the core services you provide.
- This may have future grant approval contributions for preventative, faith practices support or community education grants.

### **On-Demand Seminars**

2. The entire *"Family Solution Finder Learning Series"* is on our website as a free download for each seminar. A community seminar presenter will find all the materials needed to provide their learning session. A family can use these seminars in the comfort and privacy of their home.

The family members can choose a topic (issue) to learn by selecting from one of the 32 key issues. These learning session are delivered through the following download formats:

- a) Study Guide, *learn the topic*
- b) Workbook, apply what's learned to their life situations in practical exercises
- c) Power Point Presentation with slide voice narrator, *some learn better through video*. The presentations have embedded video links for extend learning.
- d) Practical Exercises, apply the lesson for planning how to respond
- *e)* Solution Finder Exercise Worksheet, *create a solution given their real world facts*
- *f)* Value Based Family Decision Making Model Worksheet, *make a family unified decision on how to move forward*
- g) Family Plan of Action Worksheet, *create responsibilities within the family on who does what by when*
- h) Local Community Networking Worksheet, take the family plan of action to a local licensed professional for guidance and support.
- i) Clinical Paper for each key issue, get a second opinion by knowing the facts

## Multi-level learning channels for family member learning

We have included the different mediums for learning into the structure of a Family Solution Finder Learning Centers so that the *Process for learning* from the Family Solution Finder Learning Series has a stronger foundation as a real-life application.

These mediums include:

- 1. Written Text learning.
- 2. Video learning.
- 3. Presentation learning.

Reverse demonstration (where attendee demonstrate back their level of understanding

# The Sources we used are worth looking through

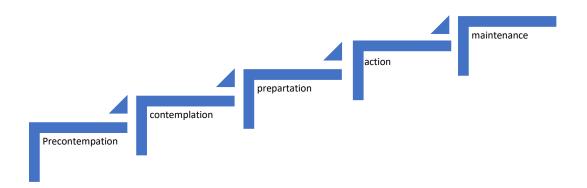
There are sites on the internet which provide strong content to support learning and instruction. Here are a few that we used and are worth looking through:

- 1. www.samhsa.org
- 2. www.adaa.org
- 3. <u>www.drugfree.org</u>
- 4. <u>www.psychologytoday.org</u>
- 5. www.Relink.org
- 6. <u>www.drughelp.cares</u>
- 7. www.nichq.org
- 8. <u>www.apa.org</u>
- 9. <u>www.drugabuse.gov</u>
- 10. www.nacoa.org

### How we structured family member learning:

To ensure the family member are presented this learning series in a constructive structure, the process for learning follows the behavioral therapy methodology of the *theories of change*. Because, what we are asking of the family members to do is <u>change their way of thinking</u> to include this new level of learning.

- 1. **Precontemplation**, the "FSF Learning Seminar Study Guidebook" introduces the issue (Subject). Each Subject (issue) has three learning objectives. This creates problem awareness which is a critical part of motivational interviewing steps to move forward. At this point the attendees is now aware of the topic (issue).
- 2. **Contemplation,** the "FSF Learning Seminars Workbook" introduces the subject learning objectives as a Practical Exercise with video enhanced learning about the subject. The structure of workbook, power point presentation and individual reverse demonstration in the practical exercise is our process. Now the attendee has applied what they have learned in the study guide, to their real-life situation.
- 3. **Preparation**, the "It's Time to Get Organized workbook" introduces the family skill tools for creating a solution using the Family Transformation Response (F.T.R.) model. This worksheet breaks down an issue into "finding the solution". And the Value Based Family Decision Making Model for the family to use in determining how they will respond to the issue.
- 4. **Action**, the "It's Time to Get Organized workbook" has a final step, creating a family plan of action around all the steps taken above. This is a plan with To-Do list, family member assignments for taking the next steps in addressing the issue.
- 5. Maintenance, the "It's Time to Get Networked workbook" has a worksheet for each of the 32 issues to build a local provider network. This network workbook becomes their Family Provider Network Directory. Here is where they will take all the above work, meet with a professional service provider, and determine how they will assist the family in meeting their needs. It is the *Five Stages of Change Theory* applied to the journey of learning for the family members living with substance use disorders.

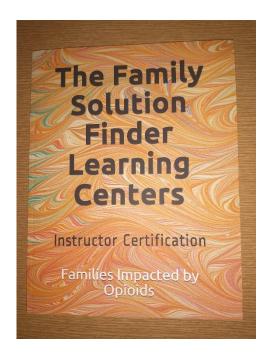


### **Instructor Certification**

In the learning center startup team, the "Seminar Presenter and Learning Center Manager" will have questions about their roles and responsibilities, they may need training before starting. Families Impacted by Opioids provides a" Train the Trainer" online session of 1hr. in support of your start-up team. This agenda covers a selection of needed instruction in how to find, download, purchase and present the material for a Family Solution Finder Learning Series, Pathfinder Certificate of Completion Seminar and Invest in the Family Ministry.

For the person managing a Family Solution Finder Learning Centers, we provide needed instruction in how to manage the learning center operations, support the presenter, build awareness and marketing of the events, and manage a budget for purchasing materials and marketing.

A <u>www.zoom.com</u> session is held to provide your team training as needed. This allows for participation at any site location.



### **Assist the Family Members**

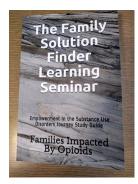
Using the Family Solution Finder Learning Series (32 Seminars) (family members study curriculum)

#### The Family Solution Finder Learning Series consist of four books:

- 1. The Family Solution Finder Study Guide
- 2. The Family Solution Finder Workbook
- 3. The Substance Use Disorders, It's Time to Get Organized workbook
- 4. The Substance Use Disorders, It's Time to Get Networked workbook

#### Bonus: On-Demand eLearning for all 32 Key Issue Seminars (online through our website).

#### The Family Solution Finder Study Guidebook:



This book introduces the issue as a topic of learning. Each of the 32 key issues has learning objectives, there are three objectives to each issue.

Most families will likely not experience all 32 key issue and the sequence of each issue presenting to the family in their journey will differ from family to family.

For this reason, these issues can be studied in sequence starting with the first, or a "On Demand" where a family goes to a specific topic because that is a subject requiring their immediate response. To assure access, all the section of this study guide is on our website as a free download PDF, for each of the 32 key issues.

#### The Family Solution Finder Workbook:

This book has practical exercises, extended video links and work sheets for each of the 32 key issues. The issue is aligned with the same issue provided in the Family Solution Finder Study Guidebook. A family member will first read the issue in the study guidebook, then take the practical exercise, watch the video, and complete the video work sheet in the Family Solution Finder Workbook. Because all 32 key issues in this workbook available to learn in advance of the issue presenting in the family journey, they care proactively learn before it is needed. This allows the family member to take time in gather local information from professional services in learning the best way to respond to the issue.



### The Substance Use Disorder Journey, It's Time to Get Organized

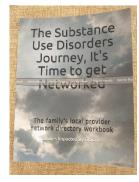


The Substance Use Disorder Journey, It's Time to Get Organized workbook is used to *organize the learning* of the family members for each topic presented in the Study Guidebook and Workbook.

In this book, first the family will complete the Family Transformational Response (F.T.R.) model, to find the solution to the issue. Next the family use the Value Based Family Decision Making Model to determine how the family will respond. Then create a Family Plan of Action to implement their decision based on their solution. At this point the family has learning the topic (study guide), completed the practical exercise to apply in their real life, (workbook) the in this book identified the solution

to the issue, made a decision on how to move forward and create a plan of action in who will do what by when. For each of the 32 issues.

#### The Substance Use Disorder Journey, It's Time to Get Networked



The Substance Use Disorder Journey, It's Time to Get Networked workbook is used to identify what community agencies and professional services are available to assist the family with each issue.

The family will take their work in the previous books to a licensed professional for review and consideration of next steps.

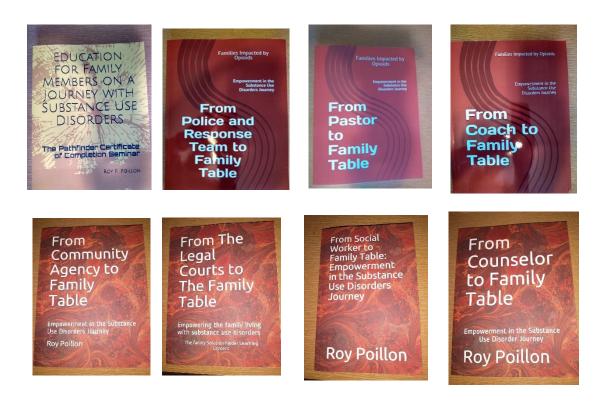
This workbook becomes the Family Provider Network Directory. It is set up in advance of needing these resources. The family is empowered.

To order any of these books: Go on-line to <u>www.amazon.com</u> search Roy Poillon or title provided above.

#### A Typical Meeting Agenda:

- I. Group discussion
- II. Education (choose an issue of the 32 key issues)
- III. Breakout group table discussion regarding education topic
- IV. Conclusion, group discussion

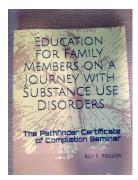
### **Assist the Local Community and Providers**



A family experiencing the issues of a family member with substance use disorder will typically have to at some point seek assistance. This is when the community first becomes aware they are having a problem.

A sports coach of school guidance counselor might be in conversation with a student who is the sister of the loved one with this problem. But because it disrupts the entire family, she is now showing signs of trouble. This is a community touch point. It is when the community is now aware and has identified the impact on all the family members.

Meeting the family at their point of most pain is the applied strategy to the Pathfinder Certificate of Completion Seminar. We seek to help the community at all points where it is known to happen, a family in stress reaches to for support. That is where we want to be, at the family table, helping them learn and grow. We want to give them hope and it starts when they are given knowledge. This is the community giving the family a Hug, we will give them Hope through the learning series, and shared family love by having made a community commitment to build the structure and process needed to sustain a Family Solution Finder Learning Centers.



### **Education for the Individual Family Member on their Journey with Substance Use Disorders book:**

This book is used in developing clinical and non-clinical support staff to increase their awareness of the "Family Members living with Substance Use Disorders Journey". Also, this is a great book to offer those who are not directly involved in the substance use disorder occurrence but would like to know more about the disease. Your organizations contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

The contents of this book is "The Pathfinder Certificate of Completion Seminar" and it's 12 issues pulled from the 32 issues found in the Family Solution Finder Learning Series books. This book can be given to any clinical organizations, Veteran Family members, hospital staff and physician office staff and political leaders staff. Your organization's contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers can use this book.

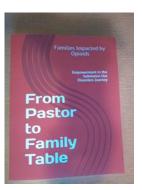
### From Police and Response Team to Family Table:



This book is used by your organization, to give to your local police and first responder teams, for them to give a family during or after an overdose intervention. The police and first responders can also use it to train their own staff members on the family's whole journey with this epidemic. This book can also be used by police as part of their local community engagement program. Your organizations contact information can be placed inside. All four Family Solution Finder Learning Center Category Levels (I-IV) use this book

### From Pastor to Family Table:

This book is offered to the Pastor and Ministry Leaders of a faith organization to give to the family members within their church who are on a journey with substance use disorders. Often, Family members especially mothers will seek advice from a minister or priest. This book can be given from the Pastor to train their staff and leaders. It can be delivered as a lunch and learn or take-home study. Your organizations contact information can be placed inside. All four Family Solution Finder Learning Center Category Levels (I-IV) use this book



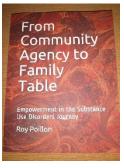
#### From Coach to Family Table:



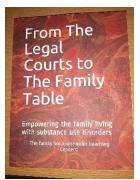
The "From Coach to Family Table" book is offered to the sports coaches. When a family or player when they are identified as a family who is going through a journey with substance use disorders this will be a kind act of caring. In many communities our coaches are looked up to for their advice and guidance. They are on the front line of our families (children) and will be able to pass this book through a player to the family members. This will empower coaches to have a way of contributing to the value of our community by being an asset towards empowering our families. Your organizations contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

#### From Community Agency to Family Table:

The "*From Community Agency to Family Table*" book is used to assist community agency staff in bettering understanding the issue family members face in their journey with substance use disorders. This will allow any agency an internal resource for professional development. Also, this same book can be given to those families they serve, to learn through self-administration at home. All 12 core competency issues are covered in the Pathfinder Certificate of Completion workbook with practical exercises and learning videos. This is also support with On Demand Learning and our eLearning Program series. Your organizations contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.



#### From Legal Courts to The Family Table:

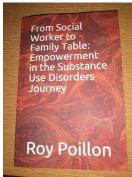


The From Legal Courts to the Family Table book provides material for the courts to use in educating their staff. It can be given to the family members for those who are in specialty court and by probation officers for the same.

This book can be used by the jail system for those family members who are incarcerated. The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues on our website to include power point presentation and handouts, allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family

members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

#### From Social Work to Family Table:



The "From Social Worker to Family Table" book is offered to social workers across the health care and community services area. The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues on our website to include power point presentation and handouts, allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

#### From Counselor to Family Table:

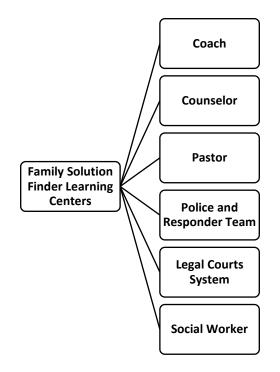
The "From Counselor to Family Table" book is provided to counselors of all types that deal with family members. This can include, drug counselors, school guidance counselors, family therapy counselors. The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues on our website to include power point presentation and handouts, allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

From Counselor to Family Table

With these seven books your community Family Solution Finder Learning Centers, can assist the entire community in learning more about the family issues and needs. Now the community is Empowered.

### The Pathfinder Certificate of Completion Seminar Book

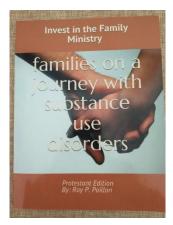
(Educate the community agencies and provider staff)



Everyone in the community, where the family members go for support, will have a stronger understanding of the family's journey living with substance use disorders.

# **Assist the Places of Faith Practice**

# By providing a ministry for family members living with substance use disorder





tamilies on a journey with substance use disorders Gathelic Edition Roy P. Poillon This is a turnkey model for starting a ministry at your place of faith practice for family's members living with substance use disorders. The User Manual and Volunteer Guidebook provides Four (4) programs:

<u>The Purpose Driven Ministry</u>, trains the ministry volunteers and provides structure to the ministry with roles and responsibilities.

**The Family Solution Finder Learning Series**, is the education program for the family (32 sessions covering the entire journey of the family members)

<u>The SP~ARK's Program</u>, which assist the individual family member in determining their level of faith practice

**The M.O.R.E.S. Program,** for setting up a local community directory for these family's based on the 32 known issues they are likely to face. All this is provided in the "Invest in the Family Ministry. Also, all support materials are ready to use and online (free) as downloads. A Catholic Edition is also available.

The Families Impacted by Opioids staff will provide On-line training for your leadership core team.

#### **Typical Meeting Agenda:**

- I. Group discussion
- II. Education (choose an issue of the 32 key issues)
- III. Breakout group table discussion regarding education topic
- IV. Spiritual develop review ideas, and progress
- V. Conclusion, group discussion

## How to Register a Family Solution Finder Learning Center

# To register your Family Solution Finder Learning Centers, you can visit our on-line registration form

- 1. https://familiesimpactedbyopioids.com/registering-as-a-family-solution-finder-learning-center
- 2. Call us: 440.385.7605 Cleveland, Ohio



### **Benefits:**

- By registering your learning center, you will receive:
- FSFLC newsletter
- FSFLC discounts on book purchases
- FSFLC private group learning center leaders Facebook page for shared insights
- FSFLC locator on our website.
- FSFLC will be promoted in your state.
- Update training materials forwarded upon release to your location.

## How to Order Books

#### To Order books:

- 1. For individual book order (non-case ordering) Go to <u>www.amazon.com</u> and type into the search field the title of the book you want to purchase.
- 2. Contact us for a volume book order:
  - By the Case 20 books/case.
  - Send an order form, we will send you an invoice and confirm with confirmation of order call before processing the order. We receive your payment. The quantity ordered will be shipped to your shipping address. We order your books from the publisher and your order is shipped directly to your location from their location. There are no returns allowed or refunds made. Allow 4 weeks from time of order to publisher for delivery.



3. To set up a "Instructor Certification" online session,

Call: 440.385.7605 Cleveland, Ohio.

- i. Train the Presenter, session
- ii. Train the Learning Center Manager, session.
  - $\circ$  Send check to our office.
  - We notify you to an agreed upon date and time.
  - As many can join as is needed.
  - Duration 1 hr.
  - Agenda and material are sent in advance as PDF documents as well as Power Point Presentation for future training at your location.

### How to use the On-Line eLearning program

Go to our website: <u>https://familiesimpactedbyopioids.com/32-key-issues-</u> learning-series-and-e-learning

Follow the directions at the top of page. Scroll down and hit each button for downloads.

#### Each seminar has:

- ✓ Seminar Study Guide and Workbook Handout
- ✓ Power Point Presentation with slide Audio (self-administrated)
- ✓ Practical Exercises and Video Worksheets
- ✓ Responding to Family Issues Process
- ✓ Monthly Meeting Agenda
- ✓ Clinical Paper Handout

This can be used for group presentations, individual and family at home study. It is self-administrated, and no prior knowledge or experience is required.

# CONCLUSION

We need to have a strategy, ours is one of many possible choices. We need to have a local structure. Ours is ready to start with those who are already serving their community. We need to have a process to deliver the education. Our has both Text, Video and Presenter with seminar content ready to use. We need to ensure access. Ours is On-Demand, On-Line 24/7. The next step is yours.

**Our Slogan:** Hope, Hugs and Family Love (*Give them Hope, Give them Hugs, Share in the Family's Love*).

Our Call to Action: Let's Get Started!

### CONTACT US TO LEARN MORE.

Mr. Roy P. Poillon Executive Director Families Impacted by Opioids O: 440.385.7605 M: 814.722.8946

FamiliesImpactedByOpioids@gmail.com

www.FamiliesImpactedByOpioids.com

# **NOTES:**