

Wellington Youth Football & Cheerleading

Cheerleader Code of Conduct

Cheerleaders must comply with all rules set forth by the Wellington Youth Football & Cheerleading Board for Directors.

All Cheerleaders will show respect and appropriate behavior during practices and games. Problems with the opposing team will not be tolerated.

Game Conduct

- ❖ NO CHEERS, CHANTS, SIGNS, BANNERS OR GESTURES THAT ARE DEROGATORY TO THE OPPOSING TEAM, PLAYERS COACHES OR THE WELLINGTON YOUTH FOOTBALL & CHEERLEADING ASSOCIATION WILL BE USED.
- ❖ All cheerleading will stop when there is a player "**down**" on the field. When a player is down, the cheerleading squad goes down on one knee to support the injured player and to show the fans that a player is down on the field. Once the player is back to his/her feet or removed from the field, cheerleaders are to clap in support of that player. Please note that this is to be done for both teams. This shows extremely good sportsmanship.
- ❖ Unless excused by the Cheer Coach, Cheerleaders will remain in their designated area for cheerleading during the ENTIRE game. Parents are not to call cheerleaders out of the cheer area for any reason.
- ❖ Cheerleaders will be in complete uniform while performing cheers at all games. (See uniform section for further description of uniforms.)
- ❖ Cheerleaders will refrain from personal grooming (hair or makeup) during a game. Bathroom breaks shall be deemed the appropriate time for such activities (i.e., before game, at halftime, etc.).
- ❖ There will be absolutely no visiting with friends, family, players, etc. during games. Formations are not to be broken to visit with friends or each other.

Uniform

- ❖ Team shoes, clean, unblemished uniforms, socks, briefs, turtleneck shirts, etc. (as required by Cheer Coach) are considered part of the uniform. Proper hairstyles are also included as part of the required uniform.
- ❖ Cheerleaders are required to have on ALL parts of the uniform for a game or performance. Any missing part of the uniform, equipment OR unauthorized attire may result in not cheering in that game.
- ❖ The Cheer Coach has the final say regarding incomplete uniforms with the exception of tennis shoes. Proper tennis shoes MUST BE worn at all practices and games to insure the utmost safety of the Cheer Squad.