Presenters:

Laura Leahy DrNP, APRN, PMH-CNS &

FNP, BC, is owner of APNS Solutions, LLC, Master in Psychopharmacology (NEI). She served on the APNA Opioid Education Webinar Development. Current faculty appointments are at University of Pennsylvania & Fairleigh Dickinson University. She is Psychopharmacology Editor, Journal of Psychosocial Nursing & Mental Health Services.

Karen Vergano RN, MSN, PMHCNS-BC is VP

for Clinical & Quality Services Diamond Healthcare, a provider of behavioral health management across the United States. She has served as adjunct faculty at University of Pennsylvania and as independent legal consultant for behavioral healthcare.

Panagiota (Patty) Ferssizidis, PhD, Licensed Clinical Psychologist, George Mason University, Assistant Professor & SBIRT Training Coordinator.

Marian Newton PhD, PMHNP, PMHCNS,

ANEF Shenandoah University School of Nursing Director, Psychiatric Mental Health Nurse Practitioner Program; Assistant Dean Advising, Retention, Progression, and Psychiatric Mental Health NP part time. She teaches graduate pharmacology, substance use & psychiatric mental health specialty courses.

Lora Peppard, PhD, DNP, PMHNP-BC

is an Associate Professor at George Mason University. She is the Project Director for the Virginia & Mason SBIRT grants and coordinates the psychiatric nurse practitioner program at Mason.

The APNA Virginia Chapter provides a local forum for Psychiatric Mental Health Nurses to network and develop innovative ways to promote the role, practice, and standards of Psychiatric Mental Health Nursing for the benefit of clients, families, the community and individual nurses. The chapter does this by keeping nurses abreast of the latest developments in psychiatric mental health nursing, as well as providing educational and networking opportunities for members. Members are active in clinical practice, education and administration. - Find out more information about the Virginia chapter here: www.apna.org/Virginia

Suicide & Substance Use: Key Evidence & Strategies for Managing the Top Two Risks in Healthcare

August 11, 2017 8:00 AM - 4:00 PM Harrison Hall Harry F. Byrd, Jr., School of Business. Shenandoah University Winchester Virginia 22601

Provided by

American Psychiatric Nurses Association

&

American Psychiatric Nurses Association-Virginia Chapter



American Psychiatric Nurses Association

Program Description & Objectives:

This program is designed to meet the educational needs of all nursing specialties, related to valid tools for assessment of substance use and suicide prevention.

Upon completion of this conference, the participant will be able to:

- 1. Understand the current science of brain biology related to addictive behaviors.
- 2. Understand how addictive behaviors can lead to self-destructive behavior.
- 3. Explore current assessments and interventions used by nurses in their practice.
- 4. Discuss the value of integrated care practice models for the management of suicide & substance use services.

Continuing Nursing Education and Disclosure Information

The speakers and planning committee members have no conflicts of interest to disclose.

Criteria for successful completion of this activity include attendance at the entire event and submission of a completed evaluation form. You will receive a CE Certificate for 6.00 contact hours as you leave the conference.

Accreditation of the continuing education activity does not imply endorsement by APNA, ANCC or the APNA Virginia Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

AGENDA

| 8:00am | Registration |
|---------|-----------------------------|
| | Light Breakfast & Coffee |
| 8:20am | Welcome & |
| | Introductions |
| 8:30am | The Addicted Brain |
| | Laura Leahy |
| 9:30am | Break |
| 9:45am | Columbia Suicide |
| | Assessment |
| | Karen Vergano |
| 10:45am | Break |
| 11:00am | Collaborative Practice |
| | Marian Newton & |
| | Lora Peppard |
| 12:00pm | Lunch |
| 1:00pm | Skills for Managing the |
| - | Continuum of Substance |
| | Misuse via Screening, Brief |
| | Intervention and Referral |
| | to Treatment (SBIRT) |
| | Patty Ferssizidis |
| 4:15pm | Q&A and Evaluations |
| 4:30pm | Conference Adjourns |

Registration Rates

Early Bird (before June 20th): APNA Members: \$45 Non-members: \$55 Students*: \$25

After June 20th /on-site: APNA members: \$55 Non-Members: \$65 Students*: \$25

*Students will be required to show current course registration

Cancellation policy

Deadline to cancel: July 28th (minus \$25 fee) Student rates not eligible for refund

Register online by credit card at www.apna.org/APNAVARegister

Registration accepted by check only at the door.

For questions contact: Marian Newton Virginia Chapter President <u>mnewton@su.edu</u> (540) 665-5509