#### **Presenters:**

#### Laura Leahy DrNP, APRN, PMH-CNS &

**FNP, BC**, is owner of APNS Solutions, LLC, Master in Psychopharmacology (NEI). She served on the APNA Opioid Education Webinar Development. Current faculty appointments are at University of Pennsylvania & Fairleigh Dickinson University. She is Psychopharmacology Editor, Journal of Psychosocial Nursing & Mental Health Services.

#### Karen Vergano RN, MSN, PMHCNS-BC is VP

for Clinical & Quality Services Diamond Healthcare, a provider of behavioral health management across the United States. She has served as adjunct faculty at University of Pennsylvania and as independent legal consultant for behavioral healthcare.

**Panagiota (Patty) Ferssizidis, PhD,** Licensed Clinical Psychologist, George Mason University, Assistant Professor & SBIRT Training Coordinator.

#### Marian Newton PhD, PMHNP, PMHCNS,

**ANEF** Shenandoah University School of Nursing Director, Psychiatric Mental Health Nurse Practitioner Program; Assistant Dean Advising, Retention, Progression, and Psychiatric Mental Health NP part time. She teaches graduate pharmacology, substance use & psychiatric mental health specialty courses.

### Lora Peppard, PhD, DNP, PMHNP-BC

is an Associate Professor at George Mason University. She is the Project Director for the Virginia & Mason SBIRT grants and coordinates the psychiatric nurse practitioner program at Mason.

The APNA Virginia Chapter provides a local forum for Psychiatric Mental Health Nurses to network and develop innovative ways to promote the role, practice, and standards of Psychiatric Mental Health Nursing for the benefit of clients, families, the community and individual nurses. The chapter does this by keeping nurses abreast of the latest developments in psychiatric mental health nursing, as well as providing educational and networking opportunities for members. Members are active in clinical practice, education and administration. - Find out more information about the Virginia chapter here: www.apna.org/Virginia

Suicide & Substance Use: Key Evidence & Strategies for Managing the Top Two Risks in Healthcare

August 11, 2017 8:00 AM - 4:00 PM Harrison Hall Harry F. Byrd, Jr., School of Business. Shenandoah University Winchester Virginia 22601

# **Provided by**

American Psychiatric Nurses Association

&

American Psychiatric Nurses Association-Virginia Chapter



American Psychiatric Nurses Association

## **Program Description & Objectives:**

This program is designed to meet the educational needs of all nursing specialties, related to valid tools for assessment of substance use and suicide prevention.

Upon completion of this conference, the participant will be able to:

- 1. Understand the current science of brain biology related to addictive behaviors.
- 2. Understand how addictive behaviors can lead to self-destructive behavior.
- 3. Explore current assessments and interventions used by nurses in their practice.
- 4. Discuss the value of integrated care practice models for the management of suicide & substance use services.

# **Continuing Nursing Education and Disclosure Information**

The speakers and planning committee members have no conflicts of interest to disclose.

Criteria for successful completion of this activity include attendance at the entire event and submission of a completed evaluation form. You will receive a CE Certificate for 6.00 contact hours as you leave the conference.

Accreditation of the continuing education activity does not imply endorsement by APNA, ANCC or the APNA Virginia Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

# AGENDA

8:00am	Registration
	Light Breakfast & Coffee
8:20am	Welcome &
	Introductions
8:30am	The Addicted Brain
	Laura Leahy
9:30am	Break
9:45am	Columbia Suicide
	Assessment
	Karen Vergano
10:45am	Break
11:00am	Collaborative Practice
	Marian Newton &
	Lora Peppard
12:00pm	Lunch
1:00pm	Skills for Managing the
-	Continuum of Substance
	Misuse via Screening, Brief
	Intervention and Referral
	to Treatment (SBIRT)
	Patty Ferssizidis
4:15pm	Q&A and Evaluations
4:30pm	Conference Adjourns

## **Registration Rates**

Early Bird (before June 20<sup>th</sup>): APNA Members: \$45 Non-members: \$55 Students\*: \$25

## After June 20<sup>th</sup> /on-site: APNA members: \$55 Non-Members: \$65 Students\*: \$25

\*Students will be required to show current course registration

# **Cancellation policy**

Deadline to cancel: July 28<sup>th</sup> (minus \$25 fee) Student rates not eligible for refund

Register online by credit card at www.apna.org/APNAVARegister

Registration accepted by check only at the door.

For questions contact: Marian Newton Virginia Chapter President <u>mnewton@su.edu</u> (540) 665-5509