# MONTH MEETING AGENDA

# The Family Solution Finder Monthly Learning System

**Seminar # 9: Relapse is Part of this Brain Disease Journey**

Prior to Week # 1. The instructor will review and print: Go On-Line [www.familiesimpactedbyopioids.com](http://www.familiesimpactedbyopioids.com) Tab “32 seminars” the following downloads:

1. Download Study Guide for Seminar # 9. (Website Step 2)
2. Download Power Point Presentation Seminar # 9. (Website Step 3)
3. Download Workbook for Seminar # 9. (Website Step 4)
4. Download Family 3-D’s Coping Skills Worksheet Seminar # 9. (Website Step 5)
5. Download Responding to Family Issues Learning Process Checklist, Seminar # 9. (Website Step 6)
6. Download Family Local Resource Connections Workbook Seminar # 9. (Website Step 7)
7. Download Clinical Paper Seminar # 9. (Website Step 8)

Week 1 Meeting: A Power Point Presentation Seminar # 9 “Relapse is Part of this Brain Disease Journey”. *It is preferred the family has read The Family Solution Finder, Study Guidebook Learning Module I for Seminar # 9 Different Roles of the Family Members, prior to the meeting.* This can be sent via email as an attachment for those that do not have books.

Week 2 Meeting: An invited guest Speaker, and The Family Solution Finder Workbook Learning Module II. Complete the Family Practical Life Exercises in the Workbook. (Handout)

Week 3 Meeting: A Personal Testimony, and/or The Family Solution Finder, 3-D’s Coping Skills Workbook Learning Module III. Seminar # 9 Relapse is Part of this Brain Disease Journey. (Handout)

Week 4 Meeting: The Workshop, The Family Solution Finder, Local Resource Connections Workbook Learning Module IV, Seminar # 9 Relapse is Part of this Brain Disease Journey. (Handout)

# MEETING AGENDA

# Week 1

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* 1. Pre-Meeting Reading Assignment Family Solution Finder Learning Study Guidebook Learning Module I, Seminar # 9.
  2. Presentation Power Point Seminar #9.
  3. Group Discussions.

# MEETING AGENDA

# Week 2

1. Presentation Guest Speaker The “**Relapse is Part of this Brain Disease Journey**”.
2. The Family Practical Life Exercises in The Family Solution Finder Workbook Learning Module II Seminar # 9. (Handout)
3. Group Discussions.

# MEETING AGENDA

# Week 3

1. Guest Personal Testimony of the Topic “**Relapse is Part of this Brain Disease Journey**”. Or
2. The Family 3-D’s Core Skills Workbook Learning Module III Seminar # 9. (Handout)
3. Group Discussion.

\*We say “or” because the Family 3-D’s Core Skills Workbook takes most of a meet to complete. Determine a Solution, Develop a Decision and Design a Family Plan of Action.

# MEETING AGENDA

# Week 4

1. The Family Local Resource Connections Workbook Learning Module IV Seminar # 9. (Handout)
2. Group Discussions.