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2022

The Kennebunk

Village

Magazine

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Exquisite
Senses**

**Electric/Solar
Powered Rivian Truck**

**Tejuca and its daring rescue by the
Kennebunk built ship, the EXCELSIOR**

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On the Cover



Tracey and Bob Hart, owners of Auntie's House.

Photography by: Bob Dennis

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215 Alfred Road, Kennebunk \$360,000. Tucked away on a private 3.75 acre "skinny lot in West Kennebunk. This Seller is meticulous in the care of the property: two bedrooms and two baths upstairs, large eat-in kitchen, one more bedroom, bath and kitchen in the full finished basement, metal roof, propane FHW heating system, large deck, 2 sheds. Nestled under the trees, it is a wonderful Summer get-away or cozy year 'round home. Seller is offering owner financing. Call for the details.



1369 Portland Road, Arundel \$769,900.

First time on the market this fabulous pizza shop is a little gold mine! Equipment is included. Also included are the owner's recipes some from his native Greece. Terrific location on Route 1 just down from Kennebunk. Seller will stay on to help new owners learn the ropes, if desired. Seller is offering owner financing. Call for more details! New Listings are coming!



Debbie Andrews



Judy Andrews



Devon Havey



Gayle Clancy



Ruth Smith



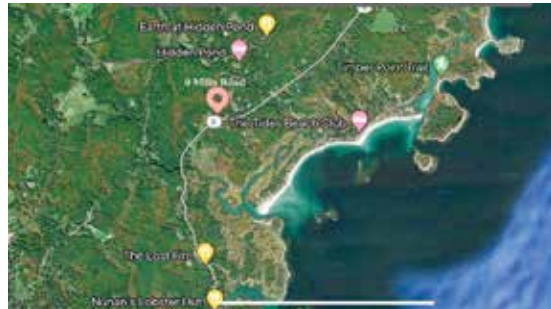
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PACK MAYNARD

Kennebunkport Solar Engineer first in Maine to own Electric/Solar powered Rivian Truck

By: Shelley Wigglesworth, Lead writer

Kennebunkport resident Naoto Inoue, owner of Talmage Solar Engineering in Arundel began his journey of installing renewable energy systems in 1995, though his interest and work in the field began in the mid 1970's. Almost forty years later, Inoue is a renowned leader in solar design, engineering, product assessment, financial modeling, technical consultation, and construction of solar electric systems.

Talmage Solar Engineering has installed PV systems in 3 countries in temperatures ranging from -15° to 120°. "We have made over 130,000 wiring connections, 14,000 roof penetrations and have over 2,200 satisfied customers. In our experience spanning 4 decades we have adapted to five generations of technology changes, dozens of

changes in permitting, incentives and interconnection standards," Inoue explained.

Recent projects include Amesbury High School in Massachusetts, SunGen Circle Finishing in Newburyport, Massachusetts, Kohler Distribution in Hawthorne, New Jersey, Keene Town Hall, in Keene, New Hampshire, and locally Kennebunk Middle School, Kennebunkport's Consolidated School and the Arundel Town Hall. The biggest project in recent years has been in Sharon Vermont, where they powered the entire town.

Inoue and his wife Susan and have lived in their latest sustainably built, 100% solar powered home for 15 years. "Our only monthly utility bill is our phone. Our home is comfortable and not lacking in any sense, and it is climate controlled without air conditioning," Susan said. The couple own an electric



Naoto Inoue and his wife Susan with Naoto's Rivian R1T solar powered truck.

car and electric bicycles, and as of last month, Naoto owns the first Rivian R1T truck in the state of Maine powered by solar.

Inoue said "I believe we are now at the dawn of solar age, and Rivian R1T is the proof of this. Because R1T can travel three hundred plus miles

on a single charge and my electrical source at home and work is 100% solar powered I can honestly say that our R1T is a solar powered truck. However, if I travel further away from home base it becomes 35% natural gas, 30% coal, 18% nuclear etc. since the grid power

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MUSEUM HOSTS DINNER AND PROGRAM

Edith Barry, the founder of the Brick Store Museum, was a lifelong world-traveler. One of her first trips to Europe, in 1903, inspired her love of travel, art and cultures. During a virtual program and takeout dinner on Friday, May 13, attendees are invited to travel back in time to explore her 1903 trip abroad to France, Italy and England. Cost for the program is \$10 per person/\$5 for Members; and with a takeout dinner to enjoy with the program, cost is \$35/\$30. This event is a major fundraiser for the Museum's educational programming throughout the year.

Using Barry's diary, photographs, and artwork as a tour guide, participants will journey along with Edith and see Europe through the eyes of a 19 year-old at the turn of the 20th century.

To supplement this evening program, takeaway dinner themed to

a 1903 ocean liner's menu is offered! The Museum's creative catering partner, For the Love of Food & Drink in Wells, has crafted a menu through research of turn of the century ocean liner dinner services. Participants will pick up their dinners at the Museum and return to their homes to watch the program.

Dinner Menu includes: Wedge Salad with Fresh Rolls + Butter; Chicken Kiev with Chateau Potatoes and French Green Beans Almondine and/or Spaghetti L'Italianne (Fresh Pasta and Roasted Vegetables with a Basil Marinara); plus dessert of Flourless Chocolate Cake with Chocolate Ganache.

Please reserve your dinner tickets



by May 9th. If you are purchasing program-only tickets, they can be purchased up until the time of the event. Dinners will be available for pick-up between 4:00pm - 6:00pm

on Friday, May 13. Attendees will be emailed a link to attend the virtual program. Questions? Email info@brickstoremuseum.org or call (207)985-4802.



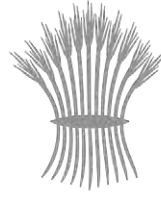
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On Sundays, join us for an afternoon of sipping tea by the iconic window display in White Barn Inn Restaurant. Seatings are available at 2pm, 2:30pm, 3pm.

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Electric/Solar powered Rivian Truck Continued from page 4

comes from multiple energy sources.”

Inoue made a deposit on the Rivian R1T on November 28, 2018, the first week it was available for pre-order. At that time, the delivery was anticipated around late 2019 to early 2020, but it was delayed several times due to the pandemic.

The Rivian R1T retails for \$73,000 with a \$7,000- tax credit and a \$2,000- rebate from the state of Maine, Inoue paid \$64,000-. It is an all-wheel drive SUV with four electric motors capable of 820 hp with 915 pounds of torque. It is charged by a level 2; 240 volt charging unit and comes with an on-board charger capability of forty-eight amps.

It has tremendous power and can go from 0 to 60 mph in an impressive in 3.2 seconds. Inoue elaborated, “Operational cost of the Rivian R1T is half that of normal truck. If you drive 10,000 miles, a typical truck getting 18 mpg will cost about \$2100- at \$3- per gallon and oils change. The R1T will cost around \$980- at 20 cents per kw/hour with no fluids to change.”

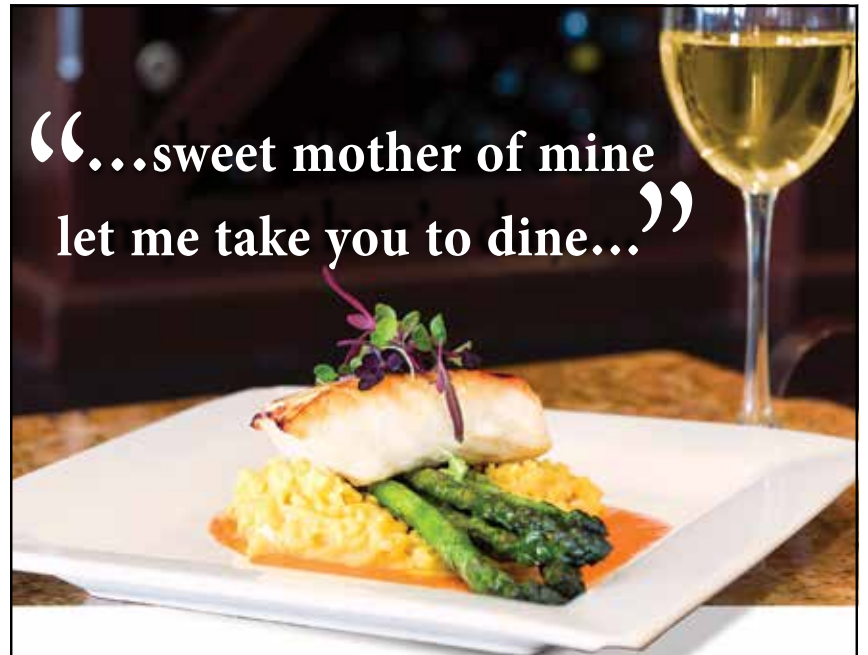
He described the state-of-the-art vehicle and operating it as being “minimal maintenance” and “pretty flawless” as the Rivian R1T is considered a computer on wheels. Most upgrades and maintenance will be made by computer, remotely. Tires and windshield washer fluid are the only similarities to traditional vehicles when it comes to maintenance. The truck will need a new battery in an estimated 9-15 years or 150,000 miles.. Other than that, it has the potential of being a long-term vehicle, with a minimum of a 15-25 year estimated lifespan Inoue hopes this will be the last vehicle he needs to purchase.

“As of 2017 solar produced power is the cheapest of any energy source at 6.8 cents per Kw/hour fixed over 25 years. I am pleased to have a quiet, clean energy, solar charged vehicle that is fun to drive and lines up with all that I believe in. I am hoping to encourage electric vehicles in his state.” Inoue concluded.

FMI on the Rivian R1T, please visit: www.Rivian.com

FMI on Talmage Solar Engineering and Inoue's work, please visit: www.solarmarket.com

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York Hospital Recovery Center

York Hospital President & CEO, Dr. Patrick A. Taylor, thanked Senators Susan Collins and Angus King for securing these funds to support important projects across the state that will invest in the future of the communities and the people the hospital serves. "York Hospital is honored to care for our community during this extraordinary time in health care, and we're very grateful for these funds to help us expand prevention efforts and implement programs aligned with Maine's Opioid Response Strategic Action Plan. The benefit that will come to this vulnerable patient population at the York Hospital Recovery Center cannot be overstated. We strive to continually improve care for all who seek treatment and recovery from substance use disorders and could not do this important work without the generous support of our community and our civic leaders."

Dr. Christine Munroe, medical director of the Medication-Assisted Treatment (MAT) program at the York Hospital Recovery Center, shared that the prolonged pandemic has exacerbated substance misuse and the opioid problem in Maine. "Social isolation, distancing from family and friends, and economic hardships have been debilitating for so many people. As a physician trained to help and

to heal, it is devastating to see lethal drug use and overdoses due to fentanyl, a synthetic opioid that is up to 100 times more potent than heroin. It is a tragedy, and we want the public to know that we're here to help. We have expert staff and valuable resources to support people on their journey to recovery. If you or a loved one need help, please call us at 207-351-2118."

Authorized in 2021 on a bipartisan basis, CDS funding reflects priorities advocated for by the lawmakers closest to the projects and initiatives, and is included in annual federal appropriations legislation to provide a specific amount of discretionary funding to a state, locality, or nonprofit organization for projects with demonstrated civic and community value. The recent omnibus funding package passed the House and the Senate and now heads to the President's desk to be signed into law.

York Hospital's Recovery Center is the premier Seacoast Area program offering outpatient treatment for patients with substance use disorders and for those affected by others' use. If you need help, call (207) 351-2118. For more information about other York Hospital services, please contact the Community Relations Office at (207) 351-2385 or info@yorkhospital.com.



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\$649,900 at Windward Ridge**

YORK HOSPITAL 5K IS BACK ON SATURDAY, JUNE 4

Family Fun Run and Cross Country Race Will Support the Caring for All Fund



After a two-year hiatus, the York Hospital 5K Road Race is back on track as an in-person event! Join other runners and walkers on Saturday, June 4, at the Walk and Run for Everyone. Proceeds will benefit the Caring for All Fund at York Hospital. This family-friendly race, features a scenic, 3.1-mile course through York, including local landmarks such as the Wiggly Bridge and Steedman Woods—offering mile markers, water stops and professional timing.

Special prizes will be presented to the top male and female winners in each division. Healthy snacks and refreshments – fruit, granola bars and water – will be provided to all. Children (and parents!) are encouraged to participate, with award categories offered for kids age 10 & under, ages 11-13 and ages 14-17, along with a special category for walkers. Pre-registration fees are

\$25 (14 & older), \$10 (13 & under), and \$50 (families/groups up to 5 participants). Race day registration fees are \$25 for all individuals or \$50 for families/groups up to five participants.

Registration opens at 7 a.m. at York Hospital, and the race begins promptly at 8:30 a.m., rain or shine. For those who pre-register, bib pick up will be held Friday, June 3, from 3–6 p.m. and Saturday, June 4, from 7:00–8:15 a.m., in the Henry Warner Conference Room, lower level of the Henry Warner Building on the hospital campus.

Over the years, the York Hospital 5K Road Race has generated a tremendous amount of community support, from the many local sponsors to hundreds of local runners and volunteers. We're so excited to welcome you back to our campus for this fun, family-friendly, outdoor event! A virtual race option is available for those who prefer to participate independently, from wherever they choose to run or walk. To register, visit www.york-hospital.com or <https://runsignup.com/Race/ME/York/YorkHospital5K>. Email info@yorkhospital.com or call York Hospital Community Relations at 207-351-2385 with any questions.

Lead Sponsor of this year's race: The Wladis Family.



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THEATER & MUSIC

Best of Broadway
July 5-8: 9-11am (grades 1-5)
Ukulele Rock Band
July 5-8: 12-2pm (grades 3-8)
Intro to Song Writing
July 11-15: 9-11am (grades 3-8)
Funny Fairy Tales
July 11-15: 12-2pm (grades K-5)
Sing Like Swift
July 18-22: 9-11am (grades 2-7)
World of Wonder: Theatrical Arts
July 18-22: 10-12pm (grades PreK-2)
Harry Potter Theater
July 18-22: 12-2pm (grades 1-6)
Act Unseen
August 1-4: 10-12pm (grades 3-8)
Doodle in Drama
Aug 15-19: 10-12pm (grades PreK-2)
Act Out
Aug 22-26: 10-12pm (grades 3-8)

FASHION & SEWING

Summer Sewing
July 11-15: 9-11am (grades 1-3)
Summer Sewing
July 11-15: 12-2pm (grades 4-8)
Fashion Design
July 25-29: 12-2pm (grades 6-10)

CLAY CAMPS (2 weeks)

July 5, 6, 7 and July 12, 13, 14
9-11am (grades 4-7)
July 5, 6, 7 and July 12, 13, 14
12-2pm (grades 1-3)
August 2, 3, 4 and August 9, 10, 11
9-11am (grades 1-4)
August 2, 3, 4 and August 9, 10, 11
12-2pm (grades 5-9)

ART

Earth Art & Exploration
July 25-29: 9-11am (grades 2-7)
Summer Painting
July 25-29: 12-2pm (grades K-5)
Graphic Novel, Comic Creation
August 1-5: 12-2pm (grades 7-12)
Lego Creations
August 8-12: 9-11am (grades 2-8)
Everything Paper 3D Art
August 8-12: 9-11am (grades 1-5)
Drawing Club
August 15-19: 9-11am (grades 5-10)
Imagination Creations
August 15-19: 9-11am (grades K-4)
Summer Superheroes
August 15-19: 12-2pm (grades 1-5)
Summer Sketchbooks
August 15-19: 12-2pm (grades 4-9)
Art Mash-Up
August 22-26: 9-11am (grades 2-6)
Lego Creations
August 22-26: 12-2pm (grades K-4)
Creative Writing
August 22-26: 12-2pm (grades 7-12)

METALSMITHING

Metalsmithing
July 25-29: 9-11am (grades 6-10)
Metalsmithing
August 1-5: 9-11am (grades 4-7)

DANCE

Wednesday | Thursday | Friday
9am-11am
July 13-15 (grades K-2)
July 20-22 (grades 3-6)
July 27-29 (grades PreK-1)
August 3-5 (grades K-2)
August 10-12 (grades 7+)



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If It's Good Enough for My Dog...

By John Forssen, Guest writer



It all started with dogs, as so many things do, and I've always been one to say, "If it's good enough for my dog"...well, you know.

So during one of those summer storms a few years ago which left our small dog cowering under a stack of yet-to-be folded laundry, we decided to get him one of those 'thunder shirts'. He was such a sissy when it came to loud noises, natural or otherwise. They were new to me, these thunder shirts, but the experts assured us that the little padded

jackets provided such a sense of warmth and security—like a no-strings-attached hug—that 'your little dog won't even notice the thunder.' He might even sleep through the Fourth of July.

It sounded almost too good to be true... like the assurance we were given that 'newspaper training' would prove useful in the 'house-breaking' process, except that, after three days of carrying the dog and a handful of soiled newspapers to the garage, our young pup surmised that it was safe to evacuate anywhere but on the newspaper.

But that was a long time ago, and I'm not one to hold a grudge.

For reasons now long forgotten, the young pup never got a thunder shirt, but that did nothing to change the course of history.

Quite the contrary, the success of the canine 'thunder shirt' set its designers and other profit seekers in search of new opportunities. And what better market in a time of profound anxiety than humankind, itself.

Thus came the weighted blanket for humans. Also known as calming blankets, they arrived in all sizes and weights for man, woman and child, alike. There are even sites on the internet where with expert instruction you can make your own weighted blanket. Aside from their calming weight (4 pounds for children up to a whopping 50 pounds for

adults with steel-reinforced ribcages), the secret to their success is alleged to be the lining of tiny glass beads which allow the blanket to lie flat and avoid 'clumpiness'.

Perhaps, however, you don't relish the idea of sleeping under glass...in which case, fear not, queasy ones, for there are alternative fillings, among which are plastic beads, beans (baked or refried), gravel and, yes, shotgun pellets (for the unexpectedly expecting, one presumes).

Of course, being 'of a certain age', we heard of this phenomenon only after our daughter, returning from a week-long spa, described the weighted blanket to us in breathless phrases...as in, 'You just have to get one.'

So we did. On line, we got a 15-pounder, thinking that a modest start would be a good start: glass beads, 60"x80", perfect for a queen-size bed... except, as we soon discovered, those were edge-to-edge dimensions, allowing not so much as millimeter of overlap. A standard bed covering of these dimensions would, for obvious reasons (how would you tuck in the sides?) be out of the question.

This was a serious design flaw, which leads me to think that the designers were solitary beasts who slept mostly alone.

When the blanket lies flat, you see, it just covers the surface of the bed. As soon as one person creeps under the blanket, however, it retreats from that

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defined edge by a distance roughly equal to the depth of the creeper (belly to backside). If, consequently, that creeper happens to be followed by a partner, a common occurrence among couples, the retreat is doubled, more or less. The

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Continued from page 10

cumulative effect may be even greater if the individuals happen to recline on their sides.

Thus, by the time my wife and I were safely into bed, the only way we could both enjoy the warmth and security of the blanket was to gather at its center, joined in what might be described as a classic 'honeymoon clutch'. Otherwise, coverage was scant.

By midnight, my wife had given up, slipping away to find sleep in other more hospitable realms. I was left to enjoy the benefits of this new found comfort alone...which brings me to The Crucible, Arthur Miller's play based on the Salem witch trials.

You will recall in that work a character named Giles Cory who, when accused of witchcraft, stubbornly refused to enter a plea, for which he was slowly suffocated beneath an increasing weight of rocks upon his chest. In the cold hours after midnight, alone beneath the 15 pounds of the calming blanket, I began to understand his plight...and was, by morning, grateful for every breath I was able to take.

So, despite its promise, we decided to send the calming blanket back...a sad moment because, having enjoyed for

years the weight of extra blankets on a cold winter's night, I was prepared to accept this new idea as heaven-sent.

The first step in that process was to fit the 4800 square-inch blanket back into the tiny plastic suitcase in which it arrived, a feat I accomplished with surprising ease—not so much as a single muttered curse—not at all like putting a raincoat back into its pocket-pack. Then to the website to check the details of a 'return' where we discovered in great bold type, in the company's own words: Satisfaction Guaranteed.

Who could ask for more?

Our relief, however, was short-lived, for that guarantee is apparently preconditioned on the customer already being satisfied, which means: If the customer is satisfied, the metes and bounds of the guarantee are fulfilled. If, on the other hand, the customer is not satisfied, he is responsible for the return postage...fully half the retail cost of the 15-pound blanket.

Then comes a text from our daughter. She suspects us of being old and forgetful and slow moving which is why, she wrote, she has just purchased a weighted blanket for us which should be arriving tomorrow.

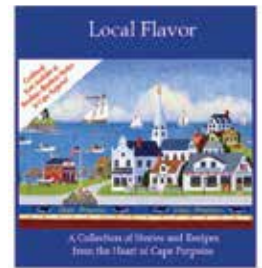
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A collection of stories & recipes from the
Heart of Cape Porpoise...perfect for Mother's Day!

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Mast Cove Gallery is closing

Over the course of forty-four years, the Mast Cove Galleries has represented well known artists and entertainers at unique art events and concerts. Jean Briggs, with the help and advice of Janet Manyan, opened the gallery and main home on Mast Cove Lane.

Artists like Frank Handlen, Judith Logan, Don Stone and sculptors Jeff and Lindley Briggs were featured in the beginning. Jazz and blues concerts followed with James Montgomery, Tom Snow, Richie Havens, and Bill Mays among many others.

President George Bush and his wife Barbara were frequent visitors from Walker's Point.

In 2020, the home at Mast Cove Lane sold and Mast Cove Galleries was renamed to Mast Gove Gallery as part of the Bryant Business Group in Cape Neddick.

The new owner, C.R. (Bob) Bryant is Member of the Copley Society of Boston and the Portrait Registry. Mr. Bryant is the founder of PRIMA, the Pacific Rim

Institute of Maritime Artists and member of the Northwest Group, the oldest painter's group in America. Bryant was a Mystic Seaport artist and introduced friends Ian Hansen from Sydney and Andrew Walton from England when the Mystic Gallery closed. Both are leading international marine artists.

The Gallery represents well known New England artist Sean Farrell in the United States

and internationally. Paintings of Paris by Stan Mueller decorate French Restaurant Chez Rosa in Kennebunkport and the 1800 House B&B display Bryant's marine paintings. John McConnell's landscapes are easily some of the best paintings we have ever encountered especially his moonscapes at twilight. Michael Zigmond was a favorite painter and partnered with the gallery for many years.

Bryant's corporate background involved Grand Prix auto racing with Bridgestone Japan. An opportunity to paint actor Patrick Dempsey Porsche race cars in Cape Porpoise evolved into a fundraiser to support the Dempsey Foundation cancer centers.

Signed giclee reproductions are available from the gallery and the original paintings will be auctioned later this year.

In closing, Mast Cove Gallery is having a special sale with discounts up to twenty-five percent in April and May. The gallery at #2 Mast Cove Lane will close in mid-June. Search for new location is currently underway. Inquiries are invited at 253.227.2066 or email at bbryant@msn.com in Cape Neddick. A private collection of original art formerly of Mast Cove Galleries will also be offered for sale by contacting Jean Briggs at in Kennebunkport at 207.967.3453 and mastcove@aol.com online.

MAST COVE GALLERIES - 1 Mast Cove Lane - Kennebunkport Maine
NW Barrett Galleries - 53 Market Street - Portsmouth, New Hampshire
www.crbryant.com - 253.227.2066

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Mast Cove Gallery
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C. R. BRYANT
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Pricing Strategies

After the run up in home prices over the last two years, this sellers' market is entering a new phase. Having experienced the fastest and highest price appreciation in a generation, if not longer, home owners are becoming accustomed to a much higher baseline value, and this is unquestionably a factor in the current shift in sales volume. Prices continue to march upward, however, due to systemic demand which is and shall remain unabated for some time to come. Across the country, there are over four million buyers who haven't found a home to buy, and the pace of building has fallen behind, despite relentless residential building activity.

Reflecting historically low inventory, sales volume across the country is down seven percent in February, year over year, but prices are up by fifteen percent, which represents an unbroken streak of 120

months in a row of price increases—an all-time record. Maine's numbers in February echoed this with a twelve percent decrease in volume, and a fifteen percent increase in price. Closer to home, in York County, sales volume was down eight percent, and prices were up almost twenty percent from February 2021.

The expected increase in price this year is between eight and twenty percent, depending on who is doing the predicting. I'm thinking a middle ground of twelve percent sounds about right. At any rate, there may be a significant difference in pricing a house for sale in May 2022 versus December. For a home valued at \$500,000, this means roughly a \$50,000 difference in pricing. Right now, that's what it looks like. But there's a "but" in all this.

That said, twelve percent of listings have seen price reductions so far this year, up from nine percent of listings

last year. This is an indication the market is topping, as sellers get greedy with unrealistically high prices, pricing out some buyers as a result. Added to this squeeze are mortgage interest rates which are predicted to end the year at about four and a half to five percent. With dollars not going as far as they use to, and substantial inflation cooked into the economy for the foreseeable future, it's pretty obvious the cooling trend starting now will gain momentum as the pendulum swings the other way.

The above is a preamble to your pricing strategy, and this year, timing will be more important than ever, I believe. Early activity was expected to be robust, and it has been. Buyers are looking to buy as soon as possible before rates and home prices go even higher. So, your price today may be lower than nearer to year end. But, what happens if the market cools off suddenly? In that case you may



By Mark Birmingham, Broker
Kennebunk Port & Shore Realty
Please forward comments to:
mark@kennebuwnkportandshorerealty.com

need to be more aggressive with price as inventories rise, which they are already beginning to do. Safe to say, based on current knowledge, if you're looking to sell your home, sooner is probably better than later. It's kind of like trying to "time" the stock market, which no one can do consistently. For now, the market still strongly favors the seller, but that pendulum is starting to swing!

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Art Guild of the Kennebunks Announces “Art Event Week” With Demonstration Workshops

The Art Guild of the Kennebunks (AGK) is pleased to announce “AGK Art Event Week” Saturday, May 14 to Friday, May 20. The event includes the Guilds first art exhibit of 2022 in the Bauman Family Gallery of the Brick Store Museum. It also features three art workshops demonstrations and “Used But Usable Art Supplies Sale.”

The first workshop is “How to Draw Caricatures” presented by Steve Hrehovcik on Sunday, May 15, 2 - 4 PM. Participants are requested to bring drawing pad, pencils or pens and an “improver” aka an eraser.

The second workshop is a “Mat Cutting Demonstration” presented by Jan Van Tassell on Wednesday, May 18, 11 - 4 PM. For artist interested in framing their artwork, matting is a critical part of presenting art. Van

Tassell will cut mats for people who bring mats and backing. Some mats will be available for purchase.

The third workshop is a “Plein Air Workshop” by Susan Hana. It takes place at the Brick Store Museum Program Center for Monday, June 13, from 1:30 to 4:30 PM. The art exhibit and workshops are free, and the public is invited to attend.

Linda Van Tassell, president of the AGK, said, “We are very pleased to announce the watercolor Spring Surprise, by Peter Hoff will be this year’s scholarship raffle painting. The Guild presents a \$500 scholarship to a graduate of Kennebunk High School who has demonstrated a talent and interest in art. Raffle tickets can be purchased at any of the Guild exhibits throughout the year.”

The “Used But Usable Art Supplies Sale” consists of art items donated by

FREE Art Event Week featuring artists of the **Art Guild of the Kennebunks** at the **Brick Store Museum's Program Center** 4 Dane Street

Saturday, May 14 to Friday, May 20
10 AM - 5 PM Closed Monday
“Used But Usable Art Supplies Sale”

Caricature Drawing Demonstration
 by Steve Hrehovcik
 Sunday, May 15, 2 - 4 PM

Mat Cutting Demonstration
 by Jan Van Tassell
 Wednesday, May 18, 11 AM - 4 PM

Guild members which they no longer need, but are still serviceable. It takes place throughout the show. Sale items include paints, frames, canvases, brushes, books, matting and other art supplies. Proceeds from the sale goes toward the Scholarship Fund.

For more information check the AGK website www.artguildofthekennebunks.com or call (207) 324-0527.

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A Taste of Home at Auntie's House

Fresh baked goodness in Lower Village Kennebunk.

By: Shelley Wigglesworth, Lead writer

Photos by: Bob Dennis, Photographer

When you walk into Auntie's House in Lower Village, the heavenly smell of freshly baked cakes, cookies and fine chocolate greet you, along with the smiling faces of husband-and-wife owners of Auntie's House Bob and Tracey Hart.

The bakery, chocolate shop, and sweet treat paradise Auntie's House, which has been located next door to Port Hardware in Lower Village for the last seven years, has been pleasing the public for the last decade.

"The name Auntie's House came about because Tracey is an Auntie and has always loved baking, so Auntie's House seemed to be a fitting name for our shop. Auntie's House

made to order cakes, pies by order and when time allows, we add to our offerings to include muffins, scones, and cheesecakes. In the spring and summer, we make our "MooseWiches" which are cookie ice cream sandwiches.

Our chocolate line features an array of handmade chocolates, cookie dough bites, hot chocolate bombs, fine signature chocolates such as turtles, caramels, barks and clusters, peanut butter treats, chocolate lobsters, chocolate "moose pops" Needhams and our original Whoopie Balls of course, along with other dipped treats."

Chocolate Care Packages, with names like "The Home Sick" and "The Peanut Butter Survival Pack" are Auntie's House original favorites as

well. Ideal to send to college students and anyone who loves chocolate or needs a pick-me-up, or celebratory gift. The Care Packages include Bob and Tracey's own three kids' favorite cookies, chocolates, whoopie pies and Whoopie Balls. An example of a regular care package includes: 3 Whoopie Balls, 3 Fresh Baked Cookies, 1 Lil' Whoopie Pie, 1/4lb of panned or malted candies, and a chocolate lobster pop. Prices start at \$22.75. Personalized messages can also be added

to the care packages.

Of all their mouthwatering offerings, Auntie's House is perhaps best known for their decadent original Whoopie Balls, which are a take on the classic Maine whoopie pie, created by the couple and trademarked.

"Whoopie Balls are essentially a miniature whoopie pie dipped in fine



Tracey and Bob Hart, owners of Auntie's House.



Whoopie pies come in two sizes at Auntie's House. Mini and regular.



Whoopie pies come in two sizes at Auntie's House. Mini and regular.

is where you can always find fresh homemade goodies," Bob said.

Tracey explained how Auntie's House differs from typical bakeries. "We are both a small bakery and a chocolate shop. Our bakery items include cookies, whoopie pies,

chocolate. Flavors offered are: Classic Cream, Peanut Butter, Espresso, Hostess Mint, Blueberry, Oreo Cream, Pistachio, Amaretto, Banana Cream, Raspberry, Almond, Chocolate Cream, Coconut, Cheesecake, and Dark Salted Caramel. Whoopie Balls are dipped in dark chocolate or milk chocolate and are by far our best sellers," Tracey said. Whoopie Balls

may be purchased individually or mix and match by the half dozen for \$18.95, or \$36.95 for a dozen.

Auntie's House uses only the finest quality ingredients available for all their products which the Hart's say makes all the difference. "Special luxuriously dark European cocoa powder, real butter and cream, and certified non-GMO flour. From our

Continue to page 16



Auntie's House cakes & cookies from scratch are made to order.

fresh baked cookies, custom birthday and special occasion cakes to our outrageously delicious chocolate dipped Whoopie Balls, everything Auntie bakes is always made from scratch, and with careful attention," she said.

You can purchase and experience

the mouthwatering delights offered by Auntie's House at their Lower Village store, online, at select candy shops in York County, and at Three Sea's Fish & Lobster. The Hart's also welcome wholesale inquiries.

Reflecting on their ten years in business, the Hart's said the secret to their sweet success is simple: Fresh, quality ingredients, carefully crafted desserts, and the best, devoted, customers and staff. "Our customers and staff believe

in us and our product just as much as we do, and we want them to know they are all appreciated."

The Hart's plan to add more products to their impressive lineup in the coming months.

Auntie's House is located at 155 Port Rd in Lower Village Kennebunk, next to Port Hardware. Gift cards are available. FMI: 207 204-0338 www.WhoopieBalls.com

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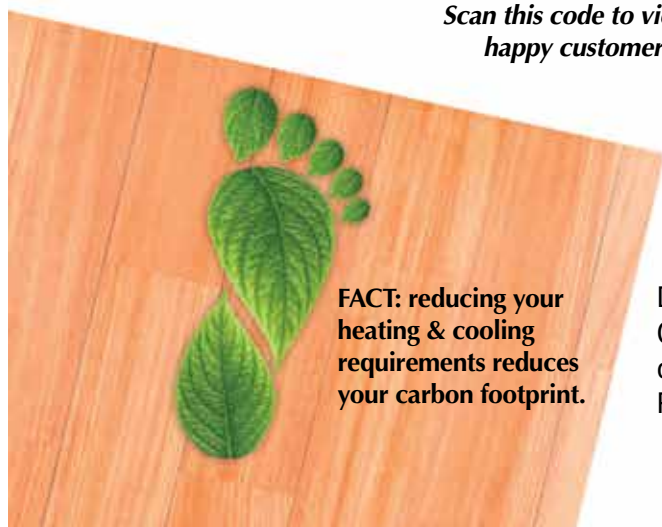
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Out My Backdoor: Summer Bird Feeding

By: Amy Allenwood owner of Natures Gifts

Summer is a great time to enjoy a wide variety of backyard birds. You can awaken each morning to their cheerful songs and watch as they build their nests and raise their young!

To achieve the fullest from this time of year, create a song bird friendly yard. Start with a good bird feeder filled with a high quality seed. If waste is a concern, try a shelled sunflower seed which will leave nothing behind.

Summer bird feeding is important to the survival of adult and new born birds. A reliable high quality food source, like your feeder, enables parents to better protect and provide for their hatchlings. Adults that must travel far and search long for good food sources may miss an opportunity to chase off a predator. Also, studies have shown that sites with bird feeders have a larger, healthier bird population that will eat more insects overall and may help to reduce the need for pesticide use.

You don't need to let pesky, determined squirrels

ruin your bird watching experience. There are a number of well made and effective squirrel-proof feeders available. The best work by the squirrel's own weight closing food access. Another method to ban them from your feeders means using a squirrel baffle that, when properly placed, can make even the boldest squirrel give up and stay on the ground!

Once the food is available next thing to add is a water source. Bird baths and fountains will add life and to your garden and provide a clean water source for birds to drink and bathe.

If space allows, providing a birdhouse or nest box can encourage birds like bluebirds, tree swallows, chickadees and wrens to nest nearby. Once you witness a mother bird bringing her young ones to your feeder or bird bath, you will be looking to add more bird dwelling options!

Creating a summer songbird environment will help to sustain and strengthen the birds while they nest and rear their young. You will have the opportunity to see and hear so many different types of birds in your very own backyard.

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TALES FROM THE ARCHIVES

The Story of the Excelsior and the Tejuca

By Leanne Hayden @brickstoremuseum.org

The history of Kennebunk is full of daring and dramatic seafaring stories. The story of the Tejuca and its daring rescue by the Kennebunk built ship, the Excelsior, is one such tale. The 444-ton ship Excelsior was built in Kennebunk Landing in 1845 for a group of Kennebunkport-Kennebunk men.

On December 20, 1855, on a voyage from New Orleans to France, the Excelsior, captained by Eben Mitchell of Kennebunkport, was caught in a fierce storm in the Atlantic. On January 7, with the Excelsior severely damaged by the wind and waves of the hurricane like storm, the crew sighted another vessel flying a distress signal. It was the barque Tejuca, of Marblehead, Massachusetts. At



her helm was Captain William Gregory, an experienced sailor, born in 1825 in Marblehead. His father was a shipmaster, and he was one of seven sons, five who would go on to become sea captains like their father. Gregory began his career on the sea at the age of fifteen working his way up from sailor to captain. In 1854, Captain Gregory over saw the construction of the 470-ton clipper ship Tejuca built in Hoboken, New Jersey. It was built for the coffee trade travelling between New York City and Rio de Janeiro, Brazil.

The Tejuca had sailed from New York on December 27th with a crew of seventeen men, loaded with sugar, bound for Queenstown, Ireland, it was her first transatlantic crossing. On January 5th, a tremendous gale hit the ship and by the next day, the ongoing storm had completely demolished the cabin, destroying all clothing, part of the stores of supplies and all the nautical instruments. The ship started taking on water. Pumps ran constantly, but by nightfall the storm had turned into a terrible hurricane. The storm destroyed their lifeboats, washed away all their provisions, damaged the pumps beyond repair and wrecked their store of water. Without provisions or water,

The rescue of the clipper ship Tejuca's crew by the ship Excelsior (right) during a hurricane on the Atlantic in January 1856. From a painting by Thomas Pitman.



and a ship sinking fast underneath them, sailors lost all hope of saving the vessel or their lives. The sea crashed angrily over the vessel.

The crippled Excelsior was in no condition to provide help to another vessel,

his and their noble, perilous and successful exertions under the good Providence of God, in saving our lives from the very jaws of death."

Storms at sea required courage and selfless bravery. Captain Eben Mitchell

The ship Excelsior's name flag was given to Kennebunk's Brick Store Museum in 1941 by Daniel W. Lord's daughter, Mary Patterson Lord. The red, white, and blue flag is handmade, nineteen feet long, with letters twenty-two inches high. The black and white photograph shows it on exhibition at The Brick Store Museum circa 1985.

but Captain Mitchell was determined to try to save those men. The Tejuca's deck was nearly on a level with the ocean, and the storm had carried away the masts and sails. Capt. Mitchell ran alongside the Tejuca, near enough for all hands to leap on board. Captain Gregory was pulled on board by one of his men, narrowly escaping death. Within the hour, the Tejuca sank beneath the sea. Only one man was badly injured between the two ships, and he died from the injuries two days later.

Captain Gregory arrived on February 24th, 1856, in New York and published a brief statement of the disaster in the New York Herald.

"On the 7th, the ship, nearly level with the water, about 1pm, discovered a sail steering toward us, though we feared no human means could save us in such violence of the wind and sea. The ship proved to be the Excelsior, of Kennebunk, Captain Eben Mitchell of the same port, who seeing our situation, gallantly resolved to save our lives at the peril of his own and in this humane determination he was seconded by officer and crew.....And now in behalf of myself, officers and crew, I desire to express my gratitude and acknowledgements to Captain Mitchell, his officers and crew, for



Photo of Captain William Gregory.

Both images from Wikicommons

was honored for his daring rescue at sea by shipmasters in America and France. The Excelsior kept sailing until 1859 when it ran aground and was wrecked in Charleston, South Carolina. Captain Gregory commanded several vessels before his last voyage as a mariner in 1866, he also volunteered to serve in the United States Navy during the Civil War where he commanded the armed brig USS Bohio.

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Scenes from the All-Day Breakfast Soft Opening



Mike Budnick, manger at All Day Breakfast, Mike D'Amico, owner of All Day Breakfast and James Morin catch up during the soft opening. Write-up & Photos by Shelley Wigglesworth



Wayne Showalter and Diane Emery at the All Day Breakfast soft opening.



All Day Breakfast Chef Dan Corona on opening day.



Gail Arnold, Carol Miller, Scotty Falconer and Chris O'Brien enjoy a complimentary breakfast at All Day Breakfast.

All Day Breakfast received a make-over, kitchen renovation and upgrades to improve the overall dining experience for customers and the working environment for the staff. "Our popular homecooked breakfasts and lunches are still the best, and now with the renovation and upgrades, everything will be more efficient and will allow for a

lesser wait time," owner Mike D'Amico said. D'Amico held a soft opening for the big reveal April 7, offering free breakfasts and lunches all day. Patrons were impressed and pleased with D'Amico's generosity and the transformation at All Day Breakfast. Robin Meehan said, "We went in for a delicious lunch, Mike has done a fabulous job!" Diane Emery added "Everything was impressive, the renovations and delicious food, we will be back soon."

This marks D'Amico's 19th season in business in the area. "I am looking forward to making this our best year yet," he said. "We have assembled a great staff,

some who have been with me for 15 years. They are all greatly appreciated. The menu includes added items, such as Mike's Diner favorites, homemade corned beef hash and oven roasted turkey for all our turkey sandwiches," D'Amico said.

All Day Breakfast is located at 55 Western Ave in Kennebunk and is open for breakfast and lunch 7 days a week.



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Arundel Conservation Trust

Arundel Conservation Trust (ACT) celebrated the 2021 year in its fourth Annual Meeting, on April 6, 2022. This year's meeting was in person, thanks to Weir's Buick GMC, who invited ACT to meet in their showroom. The ACT Annual Meeting kicked off by reflecting on the significant accomplishments of 2021. In the spring, ACT partnered with Arundel Community Services to lead the Arundel Community Food Drive. As the weather warmed, ACT efforts moved outdoors and ACT Trailblazer volunteers worked to clear the Welch Woods trail and made terrific progress clearing the expansion of the Phase II Multipurpose trail loop on Limerick Road, connecting the new Arundel Town Hall property to the Eastern Trail. ACT hosted our first Trail Fest trail race in September, with over 100 participating. ACT partnered with the Seashore Trolley Museum for an August Ice Cream Social and then a Holiday Prelude event.

Volunteers are the heartbeat of ACT, and without them, we could not realize our vision of creating

open space and building trails for our community to enjoy. The ACT Annual Meeting expressed gratitude to our expanding group of volunteers, who through their efforts, help to make nature and the wild spaces accessible to our community. The ongoing challenges of Covid confinement and social distancing only highlighted the importance of enjoying nature and outdoor activity. We thank all ACT volunteers for their contribution of time and hard work. We honor the ACT 2021 Award Recipients for their unique talents, passion and efforts, in making ACT's mission and vision a reality.

Volunteer of the Year Award: Aaron Welch

This year's award was presented to Aaron Welch of Welch and Sons Excavating a lifelong resident of Arundel. Aaron in his quiet and unassuming way, made the initial building of the new Multiuse Trail on Limerick Rd possible. He spent hours walking the proposed trail with our trail volunteers, recommending ways to make the most of the terrain and create a trail that will be fun and interesting. Aaron then spent his free time as a volunteer with his skid steer clearing and grooming the trail and added gravel where needed, saving hundreds of volunteer manual labor hours.

LoveLight ILLUMINATIONS

MAY ONLINE EVENTS

Connecting with Mother Mary May 4th 6pm-7pm Expanding The Light 2 Day Meditation Event May 7th - 8th 9am-3pm daily	Summer Solstice Illumination (Meditation) Creation In The Higher Vibration May 18th 7pm-8pm Full Moon Meditation May 16th 5pm-6pm
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The LoveLight Center is OPENING May 19th!
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BIDDEFORD POOL - 122 HILLS BEACH ROAD

New waterfront construction! Located on the edge of The Pool at Biddeford Pool. The design focuses on the views of water and nature, views of The Pool down to Mile Stretch and the marsh, as well as Saco Bay across the street. The open floor plan opens a screen porch as well as an open porch to enjoy outdoor living.

Chris Stone 207.590.3425 | Sold for \$1,800,000



KENNEBUNKPORT - WILDES DISTRICT ROAD

This substantial property is in the heart of Kennebunkport with the benefit of walkability to town. Create your Maine home roots as a primary residence, vacation home, or income investment on this 4.4-acre site. The location is outstanding with limitless options.

Andi Robinson 207.604.2479

Elaine Prendergast 207.604.0449 | Offered at \$1,495,000

PENDING



Online Virtual Tour: Ipsir.com/19ocean

KENNEBUNK - 19 OCEAN VIEW ROAD

Entirely renovated 3-bedroom residence nestled alongside the Bridal Path for quiet walks along the Mousam River Estuary. A ten-minute bike ride brings you to Kennebunk Village or Mothers Beach. Owners' suite with water views. Incredible kitchen with custom handcrafted cabinetry and chestnut & quartz countertops.

Bill Gaynor 207.468.3002 | Offered at \$995,000

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Kennebunk Artist George Lynch applies broad strokes to an emerging seascape.

By John Forssen, Village contributor

Kennebunk artist George Lynch will tell you straight out that he is

A Contradiction in Terms

not a perfectionist...then you see his paintings, studies of land and sea, the occasional still-life featuring flowers or a ceremonial Native American headdress...every stroke of his brush applied with colorful purpose and masterful precision. He is, you might say in this respect, a contradiction in terms.

Like many artists, George has come to his craft on the far side of other careers, having worked 33 years in manufacturing, another five operating a landscaping business and several years beyond that with the Massachusetts Department of Motor Vehicles. He is today 15 years into retirement, if you don't count the volume of work accomplished in this, his current stretch of 'spare time'.

First light for George came in the fourth grade when, as he remembers, "there was a visiting art teacher, wheelchair bound, who had to be carried into our classroom by her driver.

A Series on Local Artist

She said she liked my work, my trees, in particular." That was hard praise for a nine-year-old to put behind him in any permanent way.

To be sure, at the time it was a tiny flame but it was as constant as a pilot light and when, years later, he broke his ankle at the manufacturing facility and was laid up at home for some weeks, that tiny flame reignited his interest and he applied to art school, Vesper George in Boston.

That was the beginning.

Most artists agree that there is a place for detail in art, yes, a place, but it should not shackle the work. It shouldn't block the artist's larger vision. That would be one of his Boston instructors talking. "He told us to pick up a camera if we wanted our landscapes to be perfect —otherwise, give yourselves some distance, an opportunity for your inner eye to be the master of each creation."

And so he has.

In his studio, an almost monkish

cell in his cellar, there stands an easel, a tilt-top table, a small library of art books and a staggered gathering of paintings, all ready and willing, like small children, to be admired. They're mostly in oil, his chosen medium for the moment, but he also has an affection for water colors, sometimes accented with pastels.

A key tool in that studio are the wheels on the bottom of his chair. Painting is an in-and-out process, he says. "You have to get close to the the canvass to do the work, but then you need the sudden distance to check your bearings. A well-executed painting cannot be appreciated from the tip of your nose."

His own work aside, George looks back most fondly on a brief period during which he served as a volunteer art teacher in a rural school. Two students from that experience went on to careers in art, one as a teacher, the other as curator of an art museum.

Who could ask for more?•

Poetry

© Manuel L. English, Ph.D.

Author, Poet (Google) mannyenglish@aol.com

Evening in Kennebunkport

The golden sun sinks slowly in our town of Kennebunkport. Offering an intimate finality to a day that was too short. While descending, we see Walker's Point, a place to adore. And think of time spent on Colony Beach and its coastal shore.

In late afternoon, fishing and leisure boats return to dock, Unloading crew and passengers not concerned with the clock. Seafood restaurants are ready to serve their evening meal. Favorites include cod and lobster; customers seek the best deal.

From a distance, ocean white waves linger in sight. Presenting an evening allure embracing an early night. With sun setting, umbrellas are not needed for shading. City streetlights have now returned from daylight fading.

Red columbines stand waiting for an occasional showering, to show magnificent splendor from their

beautiful flowering. The quaking aspen typically looks shaky and thirsting. A spattering of wet rain on it wouldn't be the worst thing.

Horned larks have stopped singing their lyrical song. Moving shadows now surround them, but not for long. There's a warm, southern wind caressing blossoms and trees. Gentle sounds are heard softly blending with the breeze.

The sun is now below sea's horizon; darkness is appearing. Tender currents move softly inward not seeking any cheering. In the starry sky an indivisible moon brilliantly shines, seemingly combining ocean ripples with nature's rhymes.

On this, and most every night in Kennebunkport town, humble people seek their God that's easily found. In the sea, moon, stars, and deep within the soul, realizing it is simply a part of a larger whole. •

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ANTIQUES * COUNTRY CUPBOARDS * FOLKART

10 Functional Art Picks Available in our Village

By: Shelley Wigglesworth, Lead writer

Beautify your home, workspace, and yard with functional art. Here are our top ten picks for locally available, handmade, functional art pieces that will be around for years to come and won't break the bank. One of kind artisan gifts are always appreciated. When we shop locally and thoughtfully, we all win!

1. Wood Turned Bowls, Utensils,

Ornaments and Pens by Fred Guertin

Fred Guertin of York turns wood into beautiful pieces of usable art. Pens, wine stoppers, ornaments, key chains, bowls, ice-cream scoops and more. Pens start at \$20. Ornaments are \$8-\$12- Ice-cream scoop \$35- Available at The Brick Store Museum Shop in Kennebunk. brickstoremuseum.org/shop/

2. Braided Rugs available at Resurrected

Pam Roche, owner of Resurrected in Lower Village said "These braided rugs are handmade in India from the discarded off shoots of the garment industry. The colorful fabric is cotton sari fabric, which is braided with jute. The rugs are durable and are designed to take a lot of traffic." Oval and round rugs available ranging in price from \$62.95 - \$110-www.facebook.com/Resurrected-Kennebunkport

3. Birdhouses available at Resurrected

Recycled, handmade birdhouses constructed from upcycled, pre-consumer, factory leftover food and candy wrappers." \$24.99 www.facebook.com/Resurrected-Kennebunkport

4. Recycled Telephone Wire Baskets and Bowls available at Resurrected

"These Decorative bowls are hand-woven out of telephone wire. The intricacy in the design makes these vessels so precious due to the long production days involved in their design. No two pieces are the same," said Resurrected owner Pam Roche. Prices \$20-\$60. www.facebook.com/Resurrected-Kennebunkport

5. Sumi Scarves by Jill Roberts

Utilizing modern, eco-friendly and upcycled materials, Jill Roberts adapts an ancient Japanese art into an interactive art experience. Hand-painted and water-marbled, 100% silk scarves are customized by applying acrylic paint to a special water bath and floating colors in a marbling tray. Roberts guides scarf makers through the experience offering tools to create a personalized design with colors of your choice. You can give the experience a try at markets and fairs, including the Kennebunk Artisan Market and private events such as birthdays, retirements, bridal showers, etc. can be brought to your location. The cost is \$40 each for one scarf, \$70 for two, \$100 for three. FMI on Sumi Scarves:[facebook.com/Sumi-Scarves-](https://www.facebook.com/Sumi-Scarves-)

Woodturned bowl and ice cream scoop by Fred Guertin.



Handwoven and dyed egg basket by Kennebunk Basketry.



Recycled food wrapper bird houses available at Resurrected.



Sumi Scarf making with Jill Robert.



6. Arunshard Pottery by William Spaulding

William Spaulding has been making pottery all his adult life after learning the craft in college. His pieces are sold in the shop attached to his home on Route 1 in Arundel and at craft fairs all over New England. Signature pieces such as his chicken bakers come with an easy and delicious recipe and sell for \$68-each. Travel Mugs in both 12 and 16 ounces are designed to fit car cup holders. A reusable and beautiful way to enjoy your beverages, these sell for \$32-each. He also sells urns, liquid soap and lotion dispensers, oil containers, cups, bowls, vases and more. FMI: 207-985-3684 www.facebook.com/Arunshard-Pottery-

7. Art on Pillows and Tea Towels by Holly Chamberlain Ross

Cozy and comfy throw pillows and cheery tea towels featuring the whimsical art of Holly Chamberlain Ross add a pop of color and beachy flair to your home, cottage, or beach house. Tea towels \$18-each. Pillows \$50- each. Available at Seaside Gallery and Gifts in Lower Village. FMI: www.seasidegalleryandgifts.com

8. Recycled Rope Mats, Storage Baskets, and More by Jennifer Zeiner

Gathering baskets for your garden, serving baskets for your table, placemats, doormats, table runners, storage baskets and more. Each piece is an original design by Jennifer Zeiner of Kennebunkport featuring recycled fishing rope previously used for lobster fishing by her husband Chip and other local lobstermen. Her shop is located at Buttonwood Farm and Lobster, on School Street/Route 9. Small baskets start at \$20- Ornaments \$12- Mats and larger items \$90- and up. Open off season by appointment or by chance, and in season 2-6PM. 207-289-9167

9. Epoxy Art by Joy Bennett Roberts

Joy Bennett Roberts of Kennebunk specializes in Epoxy art. She creates usable everyday items featuring her art including slate coasters for \$5 each, jewelry, and custom maple wood tables from Maine harvested wood. Her tables, which are sealed in epoxy resin and have metal legs, are made with help from her sister, Brittney Bennett Emmons and sell for \$240-each or \$450- for a set of two. Her work can be found at craft fairs, including the Kennebunk Artisan Market and Coles Corner Gifts in Wells. www.facebook.com/BarefootArtistry-artwork by Joy Bennett Roberts

10. Hand Woven and Dyed Baskets by Kathryn Polletto

Made in Kennebunk by basket weaver Kathryn Polletto, baskets come in an array of sizes, styles, and colors. Many baskets are in the \$30-\$50 range. Ornaments and other woven items are available. Available at The Brick Store Museum Shop on Main Street in Kennebunk <https://brickstoremuseum.org/shop/>

Arunshard Pottery mugs by William Spaulding.



Holly Chamberlain Ross Art on pillows.



Recycled Lobster rope baskets, mats, and more by Jennifer Zeiner



Epoxy resin table with metal legs by Joy Bennett Roberts



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Upcoming events

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GOURMET MEALS, SCHOONER CRUISE, ART 100 ITEMS AVAILABLE AT ON-LINE AUCTION

The First Parish Unitarian Universalist Church of Kennebunk will hold its annual on-line Grand Auction Sunday, April 24 at noon to Friday, May 13. The auction will support the church and its community events. The auction features 100 items, gift certificates, and services. Among the offerings are a perfect vintage Schwinn Beach Bike, hand carved Hopi sculpture, meditative walk or hike in Massabesic Woods, and cruise on the schooner Eleanor. The food is beyond tempting—Costa Rican, Egyptian, Mexican, and Organic dinners, and sweet treats. Activities will keep you in shape—Yoga, Tai Chi and Reiki, tennis lessons, or stroll through Portland Museum of Art. Items from seedlings to books, jewelry, copper warming pan, sea shell wreaths, furniture, art work, and so much more. Go to the auction through the church website at UUKennebunk.org or use this direct link: <https://uukennebunk.org/2022-Grand-Auction>.

Kennebunk Historical Society May Day & Mother's Day Historic Crafts Workshop April 30th from 10 am - 2 pm. Located at the Town House School (135 North Street in KPT) Join Ann Thompson for intergenerational hands-on workshops. Drop in anytime from 10 am-2 pm to create May Day Baskets and Mother's Day gifts! Fun for all ages! \$10 Suggested Donation

PLANNING CONTINUES FOR KENNEBUNK'S ANNUAL MAY DAY FESTIVAL! The Downtown event will be held on Saturday, May 7th with events at the Waterhouse Center, the Brick Store Museum, Kennebunk Free Library, Kennebunk-Kennebunkport-Arundel Chamber of Commerce, Rotary Park and more! Duffy's Tavern & Grill will once again host the Pancake Breakfast. The parade will feature many favorites such as Dunlap Highland Band, Gym Dandies, Shriners, local school bands, floats and more! For more information, contact Linda Johnson at ljohnson@kennebunkmaine.us or visit www.kennebunkmaine.us/mayday.

BOHEMIAN SUNDAY POETRY READINGS SUNDAY, JUNE 5, 1:00-3:00 PM at the BRICK STORE MUSEUM (AUDITORIUM) in KENNEBUNK. WePoets & Verse Founder, Madeleine Tunison and Patricia Davenport,

Quincy Moy host our popular poetry series ``Bohemian Sunday Poetry Readings." Admission Free. Come listen to original poems read by celebrated poets Shana Genre, Meghan Sterling, Katherine Hagopian-Berry, along with Kennebunks poets! Visit www.wepoets.weebly.com Come join us!

Saturday, May 28 — at St. Martha's Church, Route 1, Kennebunk, from 8:30-10AM — annual Plant Sale. (Flowers, herbs and vegetables cultivated by members of the Seacoast Garden Club **Ogunquit Museum of American Art (OMAA) will open the 2022 season on Sunday, May 1** with a full slate of new exhibitions, programs, and a newly renovated space. Members are invited to celebrate the opening with a reception on Saturday, April 30 from 5 p.m. to 7 p.m. The museum will be open daily from 10 a.m. to 5 p.m. through October 31. For the 2022 Exhibition Schedule, visit <https://ogunquitmuseum.org/exhibitions-collections/current-exhibitions/>

The Kennebunk Land Trust's 50th Anniversary Gala event will be held in person on July 21st at the Colony Hotel. Admire the extraordinary views on the porch at the Colony and spend the evening celebrating with KLT. Tickets are \$50 PP, and members and non-members alike are encouraged to join in on the fun. Register online: <https://kennebunklandtrust.org/calendar/> Please follow KLT for more 50th events on Facebook, Instagram, or visit: www.kennebunklandtrust.org.

BRICK STORE MUSEUM

Thursday, May 5: "COVID-19 Through the Lens of Epidemic History" lecture, Brick Store Museum, via Zoom, 2:00pm. The "Expanded Perspectives of History" lecture series by the Brick Store Museum (supported by the Maine Humanities Council) welcomes Professor David S. Jones of Harvard University will speak on "COVID-19 Through the Lens of Epidemic History," having recently published an article of the same name in the New England Journal of Medicine. Jones is a psychiatrist and historian of medicine, he teaches history, medical ethics, and social medicine at Harvard College and Harvard Medical School. Registration is free, but required to receive Zoom link. To register, visit www.brickstoremuseum.org or call (207)985-4802.

Saturday, May 7: May Day Basketmaking & Free Admission, Brick Store Museum, 117 Main Street, Kennebunk. Visit the Museum between 10am and 1pm to make a May Basket or paper flowers! Special guest Jennifer Libby-Barnes will be demonstrating how to make a May Day basket. For more information, visit www.brickstoremuseum.org or call (207)985-4802.

Friday, May 13: Edith Barry's Grand Tour Program & Dinner, Brick Store Museum, 117 Main Street, Kennebunk. Travel back in time during this virtual program to explore her 1903 trip abroad to France, Italy and England. Using Barry's diary, photographs, and artwork as our tour guide, see Europe through the eyes of a 19-year-old at the turn of the 20th century. To supplement this evening program, takeaway dinner themed to a 1903 ocean liner's menu is offered! The Museum's creative catering partner, For the Love of Food & Drink in Wells, crafted a 1903 dining menu. Participants will pick up their dinners at the Museum and return to their homes to watch the program. To register, visit www.brickstoremuseum.org or call

(207)985-4802.

Thursday, May 26: "Unearthed History" lecture, Brick Store Museum, via Zoom, 2:00pm. The "Expanded Perspectives of History" lecture series by the Brick Store Museum (supported by the Maine Humanities Council) welcomes Kathy Ostrander Roberts, Kennebunk Town Historian, will speak on "Unearthed History: Freed Enslaved Peoples and the Poor Farm," having conducted research in both areas for over twenty years. Registration is free, but required to receive Zoom link. To register, visit www.brickstoremuseum.org or call (207)985-4802.

AWS

Thursday, May 5, 12, 19, 26 @ 3:30 pm & 4:00 pm – Rescue Readers AWS Adoption Center 46 Holland Road, Kennebunk Rescue Readers brings together elementary/middle school students and AWS resident pets for a half hour of reading aloud. Students have access to special reading materials and receive reading comprehension guidance from our Humane Educator, as needed. Students are also welcome to bring their own reading materials. FREE, registration is required. Weekly registration opens at Noon on Sunday at <https://animalwelfaresociety.org/youth/rescue-readers/>

Mondays, May 2, 9, 16, 23 @ 5:45 pm – Small Breed Learn + Play * No session on Memorial Day AWS Training Classroom 46 Holland Road, Kennebunk Open to dogs 5 months and older, under 25 lbs and have completed Basic Training Level 1, or an equivalent obedience/manners group class. Learn + Play for small breeds is a series of sessions that build upon basic training – reinforce skills, learn new skills, bond with your dog and have fun. \$25 per session. Attend one, or take them all! Pre-registration is required: <https://animalwelfaresociety.org/training/learn-play/>

Tuesdays, May 3, 10, 17, 24, 31 @ 4:30 pm – Puppy Learn + Play AWS Training Classroom 46 Holland Road, Kennebunk. Open to puppies 5 months and under. Learn and Play is a series of one-time sessions that tackle the basics of raising a puppy. Each session includes a mix of socialization, obedience training, life skills, play and fun! \$25 per session. Attend one, or take them all! Pre-registration is required: <https://animalwelfaresociety.org/training/learn->

Wells Reserve

Tuesday, May 3, 10am-12pm Wonderful Weeds. The weeds we often disregard and destroy are life giving and healing. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve so you will recognize them as you explore your own yard or local park. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Wednesday, May 4, 12:30-2:30pm Signs of the Seasons Citizen Science Training. Are you in tune with nature? Do you notice when the red maple flowers burst, when monarch caterpillars munch on milkweed, or when the first leaves fall? Signs of the Seasons is for you. Learn how to turn your nature observations into valuable data used by scientists to document the effects of climate change. Free. Registration required through wellsreserve.org/calendar.

Thursday, May 5, 10:30-11:30am Preschool Story Hour. Enjoy an outdoor reading of Whales Are Amazing... Just Like You! by Tony Viehmann, then investigate whale artifacts and take part in playful discovery. For ages 3 to 5 with a caregiver. Free. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Tuesday, May 10, 10am-12pm Secrets of the Soil. Play in the dirt with Maine Master Naturalist Linda Littlefield Grenfell. Learn about the origin of soil and its necessity for all life. Dig in and get dirty to examine soil up close. \$8/\$6 individual, \$20/\$15 family. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Saturday, May 14, 7:30-9:30am Bird Walk. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Sunday, May 15, 7-8pm Total Lunar Eclipse: A Celestial Show! This virtual program will prepare you for the night's special celestial event—Earth's shadow completely covering the Moon. Scott Negley, a NASA solar system ambassador, will describe what causes both lunar and solar eclipses and will talk about the solar eclipse coming to Maine in 2024. Register at wellsreserve.org/calendar.

Monday, May 16, 12-1pm Marine Debris and Birds in the Gulf of Maine Region. Learn about the adverse impacts of marine debris on coastal and marine birds with Michael Andranovich and Meg Harrington. Birds can become trapped or entangled by marine debris, they unwittingly eat it, and it degrades their nests and breeding colonies. Andranovich partnered with the NOAA Marine Debris Program and U.S. Fish and Wildlife Service to produce a report that is helping people understand and address marine debris impacts while identifying gaps in knowledge about the problem. Harrington is coordinating actions meant to reduce impacts, focusing on bird interactions with fishing and aquaculture debris. Free. Register at wellsreserve.org/calendar.

Thursday, May 19, 1-2pm Habitat Restoration and Climate Resilience in Southern Maine. People have been altering coastal landscapes for centuries, altering how they function and degrading their condition. Today, coastal communities face growing impacts from coastal storms, sea level rise, and development in vulnerable areas. In this virtual talk, Wells Reserve Stewardship Director Jacob Aman describes how coastal communities in southern Maine work with state and federal partners, local conservation organizations, and others to enhance resilience in response to changing conditions while improving the health of coastal ecosystems. Free. Register at wellsreserve.org/calendar.

Saturday, May 21, 12-4pm Introduction to the Contemplative Nature of Saltwater Fly Fishing. Immerse yourself in fly casting and fly tying while exploring the connections between estuarine ecology and fly fishing. Study baitfish patterns while tying a clouser minnow, learn how to single haul and

double haul a fly rod, and develop strategies for catching stripers and bluefish based on your new knowledge of the estuary. Led by Eric McDuffie, whose passion for all forms of fly fishing extends back over 50 years. Eric taught middle and high school environmental science classes for nearly two decades, receiving several Environmental Educator of the Year honors from his home state of North Carolina. Through contemplative fly fishing, he continually honors his grandfather, who began teaching him the sacred art on his third birthday. For ages 12 and up. \$50/\$40. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Tuesday, May 24, 10am-12pm Spring Wildflowers. Join Maine Master Naturalist, Linda Littlefield Grenfell, for a trail walk in search of the ephemeral flowers of spring. Learn about flower anatomy and plant propagation while admiring wildflowers along the way. Ages 10 and up. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Wednesday, May 25, 6-7pm Coastal Archaeology and Climate Change in the 21st Century. As sea level rises, erosion is affecting coastal heritage and archaeological sites, a worldwide issue that disproportionately impacts Indigenous communities. In this virtual talk, Arthur Anderson, an assistant teaching professor at the University of New England, explains how archaeologists are responding to the rapid destruction of Maine's important coastal archaeological sites. Free. Register at www.wellsreserve.org/calendar.

Saturday, May 28, 7:30-9:30am

Bird Walk. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Tuesday, May 31, 10-11:30am

Estuary Discoveries. Take a peaceful and easy meander along the accessible trail at Harbor Park in Wells. We will learn about the value and importance of estuaries, where rivers meet the sea. Free. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Louis T. Graves Library

Special Limited Offer - Not Many Remaining — Please call us to order your History Book Set, Kennebunkport: the Evolution of an American Town, researched and written by local historian Joyce Butler. This 400 year history includes people, places, and events that have shaped our lovely village over time. Hundreds of images, maps, photos, charts, and stories are included in this two-volume set. Please call the Graves Memorial Library at 967-2778 for more details. \$50 per set (includes the handsome cardboard sleeve). All proceeds benefit the Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport.

TECH HELP @ GRAVES LIBRARY We have tech help just for you every weekday from 2:30 - 4:00. If you are trying to (1) set up Facebook, (2) need help downloading a book on Cloud Library, (3) make a picture folder, or (4) learn how to add things to a virtual shopping cart, etc., please stop by the Graves Library.

Kennebunk High School students are here to help with all of your technology needs. No appointment necessary! This program is being offered through a grant from the American Library Association. The Graves Library is located at 18 Maine Street, Kennebunkport. Please give us a call for more details (967-2778).

Mondays @ 7:00 pm. What's Your Story? Have you heard about our Interview Show? Each week, our Library Director, Mary-Lou Boucouvalas, sits down with a community member and talks to them about where they came from, what they do, interests, etc. A great way to get to know who lives in your neighborhood, attends your church, or waits on you at a local business. You never know who you might see on What's Your Story? Tune in Monday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301.

Wednesdays @ 7:00 pm. Portside Readers. Who does not like to be read a story? Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers, book club members and a musician who love the written word and want to share the joys of reading and listening. Tune in Wednesday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. Please call the Library for more information on this creative collaboration of friends and neighbors!

Tuesday, May 10 @ 10:00 am. Miss Lyn Likes! Join us for a fun, informative program (virtually) with Miss Lyn who will feature various picture books that she loves for a plethora of reasons. Tune in to Facebook or YouTube and see what is suggested. Any of them sound good? Call us to reserve! (967-2778).

Thursday, May 12 @ 9:45 am. Morning Book Group. This group meets the second Thursday of every month. For May, the group is reading *The Shell Seekers* by Rosamunde Pilcher. New members are always welcome. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at <http://www.graveslibrary.org>.

Wednesday, May 18 @ 9:30. Your Health Matters. Please join us and staff from the Kennebunkport Health Department to identify ways to improve healthy choices and overall well-being. Copies of the book *A Molecule Away from Madness* by Sara Peskin are available at the Library. Not able to read the book before the discussion? Please feel free to join us and learn more about this month's book pick. Help set the course for a healthy you! Graves Library is located at 18 Maine Street, Kennebunkport, Maine. Please give us a call for further details about this healthy monthly program. (967-2778).

Wednesday, May 18 @ 10:00 am. Book Look with Miss Terri. Join Miss Terri (via Facebook or YouTube) to learn about books to inspire young writers. A fun program for all ages.

Thursday, May 19 @ 5:30 pm. A Pop-Up Wine Tasting. Join us on May 19 @ 5:30 pm for a fun hour of tasting, information, and trivia right here at the Graves Library. For May, we will be tasting four different wines — paired with four different Maine cheeses. Our two

experts, Lani Dietz and Betsy Ross, will be on hand to guide us through the program. Please call the Library (967-2778) to register for this fundraiser. Space is limited. A suggested donation is \$25pp.

Wednesday, May 25 @ 9:30 am. Cognitive Decline. Did you know that the Kennebunkport Health Department is celebrating its 75th year in service to the community? As part of the celebration, they are hosting monthly discussions held at the Graves Library. For May, Officer Candice Simeoni (head of elder crimes in York County) will talk about what cognitive decline means and why this impairment is a risk factor for victimization. This session will also introduce ways to help family members with cognitive impairment and also recognize the responsibilities of the caregivers. Light refreshments will be served! The Library is located at 18 Maine Street, Kennebunkport.

Thursday, May 26 @ 5:00 pm. Evening Book Group. Join us on Thursday, May 26 for this month's book group. For this session, we will be discussing *The Thursday Murder Club* by Richard Osman. All are welcome to attend. Please give us a call if you are interested or need a copy. (967-2778).

Ongoing:

Our Fabulous Friday Virtual Family readings every Friday at 10:00 am on the Louis T. Graves Memorial Public Library Facebook Page (www.facebook.com/GravesLibrary) on YouTube (www.youtube.com) and local channel 1301. This program includes stories, finger plays, and songs. Crafts for the weekly Storytime can be picked up starting on Monday (located on the front porch bench). The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 and ask for the Junior Room or visit our website at <http://www.graveslibrary.org>.

A Photography Exhibit of Hidden Kennebunkport. To continue or celebration of local heroes, local talent, more of Steve (Roscoe) Ross' photographs will be on exhibit and sale at Graves Library through the months of winter. Fifty-percent of all proceeds benefit Graves Library. The Library is located at 18 Maine Street, Kennebunkport. Come see Steve's new images on the walls at Graves Library! An exhibit not to miss.

Ongoing Book Sale at the Louis T. Graves Memorial Public Library. Visit the Book Cellar for what's in the store. Thousands of books to choose from — during Library hours. We also have notecards, journals, special books, ball caps, special gift books, coffee mugs, tote bags, bookmarks, and more. If you are unable to make it in, you can call us with your genre requests and we will fill a bag for \$10.00 (10 for \$10). For information, please call 967-2778 or our website at <http://www.graveslibrary.org>. Cookbooks, sports, religion, fiction, biography, history, children's, classics, health, and a whole lot more!

Caps for Sale! We are now selling ball caps with our unique Library Logo. Colors are Gray and Raspberry. Hats are made locally (Arundel) at Charlie Horse. \$20.00. Give us a call for purchase or inquiry. We are happy to ship too! (207-967-2778). Check out our Store on either our Website ([graveslibrary.org](http://www.graveslibrary.org)) or Facebook (www.facebook.com/GravesLibrary) for more items. All proceeds benefit

the Graves Library. We thank you very much!

Meet Us @ the Museum — Starting May 1, 2022, the Graves Memorial Public Library will have passes to six different Museums throughout Maine for all Kennebunkport residents and patrons to visit for free. Brick Store Museum, Ogunquit Museum of Art, Seashore Trolley Museum, Children's Museum of Maine, Portland Museum of Art, and Coastal Botanical Gardens. Please give us a call at (207) 967-2778 to reserve a pass for a particular day.

Kennebunk Free Library



The Kennebunk Free Library announces its May exhibition, "Elvers at the Mousam River", featuring the pastels of Kennebunk resident Leo A. Martel. **The exhibit will be shown Monday, May 2nd to Tuesday, May 31st.** Leo Martel has no formal artist training, but was intrigued by elver (baby eel) fishing he saw along the Mousam River and took many photographs of the fisherman at work. He later turned the photos into lively pastels capturing this unique industry.

Leo explains the exhibit "What started as merely a series of pastels depicting various stages of the elver harvesting season has grown into a real-life experience. Each pastel has a plaque next to it relating to a different fact or anecdote about the harvesting. The industry started back in 1970-71 where one pound of eels was valued around \$150-200, hardly worth it for all the work involved, for such a short season. The value of one pound of elver in 2019 was as high as \$2,500." **Mr. Martel will host a reception on Wednesday, May 4 from 3 — 7:30 pm.** It will feature a copper model of a Fyke net used by elver fisherman, and a short video of the local elver harvest that will be shown on a loop. Kennebunk Free Library looks forward to displaying this special exhibit.

KFL Puzzle Exchange Meet-Up Over the long, trapped-inside months of the pandemic, many of us developed an expensive puzzle habit. On Wednesdays, May 24, June 14, and July 12 stop by the Kennebunk Free Library from 6:00 to 7:00 p.m. to swap a stack of puzzles you've completed for new-to-you puzzles. Puzzles of all sizes are welcome! We do ask that puzzles brought for the swap be in good condition, have all of their pieces, and come from a smoke-free home. It's helpful if the pieces are contained in a large Ziploc bag so none get lost during the exchange. This program is free and wheelchair accessible. The Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For

Kennebunk Free Library

more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org.

KFL May Day Book Sale On Saturday May 7, 2022 from 8:30 a.m. to 1:30 p.m., the Friends of KFL will host a May Day Book Sale. This will be our biggest sale since 2019! There will be a wide variety of books — fiction and nonfiction, for all ages — to choose from, plus DVDs, audio books, and puzzles. All members of the Friends will receive a free book of their choice at the sale. To join the friends, just pick up an application at the library, at the book sale, or visit our website: kennebunklibrary.org/aboutfriends.asp This program is wheelchair accessible. The Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org. Climate Policy Workshop with Peter Dugas

Join us at the Kennebunk Free Library on Monday, May 23, 2022 at 6:30 p.m. for an engaging interactive Climate Policy Workshop to explore effective and equitable solutions to the climate crisis. Speaker Peter Dugas will use MIT's EN-ROADS Climate Simulator to explore policy options, and lead a discussion on what we all can do to ensure a safe and livable future for all. This program is cosponsored by the Kennebunk Free Library and the Planeteers of Southern Maine. Peter Dugas is an EN-ROADS Climate Ambassador, Citizens' Climate Lobby Liaison to Senator Angus King, and 2021 Maine Sunday Telegram Source Award Winner. This program is free and wheelchair accessible. The Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org.

Outdoor Storytime at Kennebunk Free Library Outdoor storytimes are back! We're so excited! On most Mondays at 10:00 a.m., storytimes will be held outside the library near the faerie garden. Join Miss Maria for songs, stories, and fun! Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will be held on Facebook Live. The location of storytime will be announced by 8 a.m. on the morning of storytime, and will be shared on our Facebook page and website. These events are free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173. Upcoming storytime dates include:

May 2 • May 9 • May 16 • May 23 •

STEAM To Go Kits for Children at Kennebunk Free Library Looking for an activity with a side of STEAM? Kennebunk Free Library will be offering STEAM To Go kits for grades K and up with all the supplies for a fun experiment or activity. No registration required, available while supplies last! Kits will be available in the library and curbside by request. This month, we will be offering the materials to faerie play-dough! Use the ingredients and follow the simple recipe to make

play-dough fit for a faerie. Kits will be available starting Monday, May 2. Visit us to grab everything you need for a STEAM-tastic good time!

Book Stacks for Children from Kennebunk Free Library Would you like to borrow a stack of library items handpicked by a librarian? We'd love to choose some materials for you! A KFL library card is required. If you're interested, fill out the Google Form and give us some information about your interests and the types of things you like to borrow from the library. If you have any questions, you can reach us via email at ys@kennebunklibrary.org or by phone at 985-2173. We're excited to choose library items for you!

Take and Make Kits for Children at Kennebunk Free Library Looking to get crafty? Kennebunk Free Library will be offering take and make craft kits with all the materials to make a craft or two. No registration required, available while supplies last! Kits will be available in the library and curbside by request. This month, we will be offering crafts to celebrate magical creatures! Kits will be available starting Monday, May 2. Visit us to grab some supplies that will help you get creative!

Virtual Stories on Facebook from Kennebunk Free Library Want to add some more stories to your day? Join in virtually for stories with Miss Emmaline! Keep an eye on our Facebook page -- you will find videos from Miss Emmaline sharing fun stories and songs. Videos will typically be posted once a week. Our Facebook page can be accessed at <https://www.facebook.com/KennebunkFreeLibrary>. You do not need to have a Facebook account to view our page! Settle in and enjoy the stories!

Scavenger Hunt at Kennebunk Free Library Calling all sleuths and searchers! Kennebunk Free Library offers a new scavenger hunt every month in the Children's Room. This month, faeries have visited the library, and they need your help to make a potion for Spring! Hidden in the Kennebunk Free Library Children's Room are 6 ingredients for you to find inside of 6 colored envelopes. Find and take each item on the list, mark it off on your potion maker's sheet, and turn it in to the special files box for a prize! Keep up the faerie fun at home by checking out some faerie books, and be sure to attend our Faerie Festival on May 7!

Faerie Festival at Kennebunk Free Library The days are getting longer and warmer, which can only mean one thing — it's time to welcome the faeries back to Kennebunk Free Library! Join us on Saturday, May 7, from 9:30 to 11:00 a.m. for faerie crafts and fun! Did you submit a faerie house to the library by Wednesday, May 3? Come find Miss Maria during Faerie Festival for your certificate! Wear your faerie finery! This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www.KennebunkLibrary.org.

Author Heather Morrison-Tapley at KFL

Author Heather Morrison-Tapley will be at the Kennebunk Free Library on Tuesday, May 17 at 6:00 p.m. to discuss and sign copies of her new novel *The Herbalist*.

About "The Herbalist"

Eden Martin had the perfect life in New York City: an amazing job as a professor, a successful fiancée, great apartment on the Upper West Side. But in one night her whole world comes crashing down. So, she does what any sensible woman would do, she abandons her life and moves to a tiny village in England, leaving everyone and everything behind. Lost and confused, a new life emerges as she follows her dream to write a book. In the process, she meets a local healer, the last in a centuries-long line of magical herbalists. She also finds love, and challenges, in ways she could never have



imagined. In this village of strange and mystical events, Eden finally learns that finding love, hope, or even your destiny can't provide happiness until you find yourself. "5 Stars. LOVED this! Absolutely enchanting, magical and inspiring!" — Amazon Reader Review
About the Author

Heather Morrison-Tapley is a nationally licensed acupuncturist and Chinese herbalist with a practice in Kennebunk, Maine, where she lives with her husband and children. She recently published her first novel. Set in both New York City and a village in England, Heather is a dual US/UK citizen and grew up spending school years at home in the New York area and summers in Great Britain with her family. She has a master's degree in Oriental Medicine and completed an internship in Acupuncture & herbal medicine at the Sino-Japanese Friendship Hospital in Beijing, China. She also has a master's degree from the University of Chicago in Social Science. Heather also spent time each summer in Maine where she fell in love with the state. After living in New York, San Francisco, Paris, and Santa Fe, she moved here and never plans to leave! Heather feels Maine has the kind of magic that she loves to write about — that special something you can't quite put your finger on, but that you can feel all around.

She is currently working on her second novel, set in the Scottish Highlands. This program is free and wheelchair accessible. The Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org.



River Tree Arts

HIGHLIGHT: A Community Art Show with River Tree Arts Friday, May 27, 2022 (6-8pm)

River Tree Arts is pleased to announce our 2022 community art show "Highlight." This year's event will begin with an opening reception on Friday, May 27th. The show will be hung in the main River Tree gallery through June 17th. All proceeds from works sold in this show go directly back to the artists, so this is a fantastic opportunity to support our local artistic community! For details around the call for artists and opening reception please visit rivertreegallery.org. River Tree Arts, 35 Western Ave, Kennebunk.

Wandering Watercolors Adult Summer Art Class with River Tree Arts (8 weeks) May 25 – July 13, 2022

Join instructor Russel Whitten for an 8-week exploratory watercolor class. The class will be a hybrid class with some classes held inside at River Tree Arts and outdoors weather permitting. We will try to be outdoors as much as possible! This is a wonderful program for experienced beginners or intermediate to advanced artists looking to fine-tune their skills. Registration required. River Tree Arts, 35 Western Ave, Kennebunk. rivertreearts.org

Creating Inner Calm Through Creative Writing 2 Day Workshop for Adults at River Tree Arts Tuesday, June 7 & Wednesday, June 8 (5pm-7pm)

The intention of this two-part workshop is to ignite your creativity and activate your imagination, as you ascend to wondrous new places, encompassing beautiful scenes, sights, scents, sounds, thoughts, and feelings. Together, we will engage in various fun, soothing, mind-shifting creative writing exercises — each akin to taking a mini guided meditation/ vacation. Instructor: Caroline Joy Adams, M.Ed. \$75. Registration required. River Tree Arts, 35 Western Ave, Kennebunk. rivertreearts.org

Great Travels Writing Workshop 2 Day Workshop for Adults at River Tree Arts Tuesday, July 5 & Wednesday, July 6 (11am-1pm)

We will focus, in this two-part workshop, on travel writing with a specific intention: Our goal will be to shape a short, finished, compelling travel-themed story that goes beyond information, or description of a place, and instead offers our readers a key, specific life insight we have gained while traveling. Instructor: Caroline Joy Adams, M.Ed. \$75. Registration required. River Tree Arts, 35 Western Ave, Kennebunk. rivertreearts.org

Horse's Exquisite Senses: Touch

The skin has many roles including protection, sensory, immune, excretion and absorption, regulating body temperature and Vitamin D production. As with us, it is horse's largest organ with an intricate network of nerve endings and receptors supplying every millimeter. Part of the integumentary system, in humans includes glands, hair and nails, while in horses includes all hair coverings including whiskers, glands and hooves made of the same material as nails.

Their complex nervous system senses temperature, pressure, touch and pain. It is surprising then, that in horse circles one still hears comments regarding a disbelief horses feel and react to flies, whips and spurs. Without sensation there would be no protection.

Protection: Thinner in some areas like the face and lower legs, horse's skin is composed of the same layers as human skin and is just as sensitive. Even though most of the skin is covered with fur, it acts as a physical barrier protecting tissues inside from moisture, trauma, microbes that cause disease and UV rays. Due to this role, skin is often referred to as an 'immune organ'.

Thermoregulation: Skin helps regulate body temperature. Horses sweat to cool down and like us warm up by shivering. They can not however replenish fluids and electrolytes lost through sweat or find their way out of hot trailers. They are also helpless to get relief in freezing cold conditions when they are not given appropriate shelter.

Despite the body's attempts to cool down, hot conditions particularly humidity can be dangerous. Horses heat up 10 times faster than humans. It's necessary for barns to have good ventilation with fans to cool and circulate air. Though barns are always the best option, open shelters should provide a large space for the horse - a minimum of 12x12 as small spaces hold more heat even when open.

Keeping horses in hot horse trailers can have devastating effects on horses health in summer, similarly to leaving dogs in hot cars. Sweating helps dissipate heat but also causes

skin irritation. As with human skin, alcohol rubs, wiping with a cool washcloth or rinsing a horse off helps prevent irritation. The inside of horses legs where there is less fur are particularly vulnerable. In the wild, horse search and find cool areas with shade and a breeze but are helpless to do that in captivity. Providing clean, cool drinking water is an important part of management

Horses are more comfortable in cold weather with little wind or heavy precipitation as their core temperature is about 2 degrees higher than humans. Most healthy horses of most breeds grow heavy winter coats which is another reason to be cautious when blanketing as they can easily become uncomfortably hot. Blankets should be checked daily and alternated to prevent rubs. Leaving filth and manure on blankets irritates skin. Blankets should be changed according to temperatures. Leaving a heavy blanket offering below zero protection in 30 degree weather will overheat a horse. Most breeds if healthy with a good winter coats do not need be blanketing if they have a barn which provides a dry space out of the elements particularly in harsh climates like Maine. Though thermoregulation helps, horses rely on us to keep them healthy and comfortable.

Sensory: Horses are delicate animals with a nervous system like ours. They feel the bit in their mouth and every strap placed on their bodies for leverage. They feel the crop, the whip, the saddle, and the person bouncing upon it. They feel the weight of a leather halter that is never removed and the chain on the side of their face, under the chin or on their ankles. They feel the kick to the ribs, the spurs and strike to the head. Contrary to common myths, they feel everything.

Horses feel pain. Wounds and irritations on their bodies referred to as 'rain rot' on bodies and 'scratches' on lower legs are painful and arise from being kept in wet, damp conditions and filthy footing including mud often



Gently stroking a horse is comforting while slapping a horse's neck - a prey animal, is an aggressive action even when trying to show affection

mixed with manure, also detrimental to hooves. Dermatitis is often due to mismanagement making a horse miserable. Often these problems arise due to inattentiveness, ensuring horse's footing is dry and any irritation is attended to before it worsens. Often people are fooled into thinking a lame horse is not in pain when they do not understand that as prey, survival means hiding pain.

Horses tolerate a lot but once behavioral problems arise it may be too late. Stoicism works against them. If horses cried out in pain like dogs, we would pay more attention and be less apt to hurt them. If people understood how sensitive to touch a horse is, they may stop using them traditionally altogether, but this would be detrimental to the billion dollars equine industry.

Touching a horse: Many people still believe that because a horse is a large animal, it is not only insensitive to pain, but to touch. It's not unusual to observe a person slapping a horse on the neck repeatedly in a gesture of affection. This is incorrect because horses respond positively and feel a gentle stroke which is much more comforting and soothing.

Ageing & Disease: As with ours, horses skin ages. With age comes vulnerability loss of elasticity and ineffectiveness in protection especially if their skin didn't receive proper care. Horses in the wild have short life spans - predators, disease and injury take them, while captive horses are here for use and enjoyment with longer life spans. There is a responsibility attached. Since horses live in the elements they need more protection and care. Skin disease and conditions including cancers, infections,

Gabriela Rodriguez Quinn,
Director
BlixxHorses

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allergies, rashes, insect bites leading to itchy skin and rubbing, lesions from poorly fitting saddles or blanket rubs are preventable and can damage skin.

Horse are sentient beings. They are healthiest when kept clean, warm and dry. Nutrition, genetics, autoimmune disease, environmental factors and care all contribute to a horse's well being. There is much we can do to ensure they are comfortable and in good physical and mental health. Neglect and poor management cause suffering. Since horses continue to be passed on often placed in unhealthy situations with a lifespan of at least 20 years, they are even more vulnerable to neglect. A horse in health radiates beauty from the inside - not from products applied to hide disease or be a quick fix for the judge, but from good care for life. •

Give Them a Break

Why are horses not allowed access to barns when barns should be a safe space? Often horse owners are more concerned with keeping fresh shavings from being soiled. There are ways to get around this by making changes in habits. Removing manure and urine in the morning but waiting until evening to apply fresh shavings in one way. Another is to keep fresh bedding against the walls of the stall.

A 3rd option is to take time to 'house train' horses. Although it is difficult with manure as they produce it almost hourly, horses learn quickly, copy behavior of trained horses and can be taught to urinate in the same spot outdoors on soiled bedding or hay dust. This can be placed into the manure pile so it does not seep into the ground. Horses urinate 3-4 times a day and urine is more caustic than manure.

When a horse is forced to be outdoors in obvious discomfort in any season but particularly in the heat of summers when biting insects are rampant, it is not fair to the horse. Allowing them entry into a cool, dark barn not only makes them safer to handle, but comfortable and healthier.



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