

# fresh deals

AUG 3 – 16, 2022 \*



**\$3.99** /lb

**Candy Snap Red Grapes**  
A sweet summer snack!



*new!*



**\$1.99** /lb

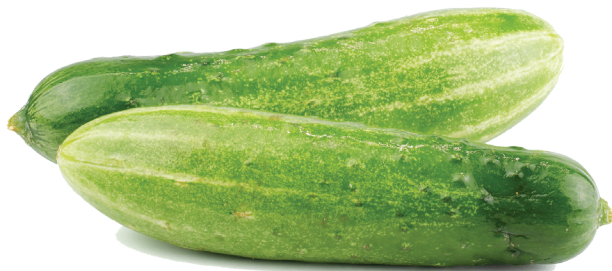
**Sunburst Squash**  
Adorable and delicious!



**local**

**20% off**

**27th Heaven Bread  
Mini & Regular Loaves**  
Locally made in Spokane  
Reg. \$3.25-7.25



**\$1.79** /lb

**Full Bushel Farm Cucumbers**  
Grown locally in Medical Lake



**\$8.99**

**Flax 4 Life Muffins**  
Free of gluten, dairy, and nuts  
Reg. \$9.49

\*Sales good while supplies last. 44 W Main Ave, Spokane, WA • [www.mainmarket.coop](http://www.mainmarket.coop) | Mon-Sat 8am-8pm Sun 10am-7pm

