

**Thames Path Walk for RDA**

* **Who:** Mike Clark, resident of May Tree Close
* **What:** I'm planning on **walking 170 miles** of the Thames Path to raise funds for Watershed RDA; [**https://watershedrda.co.uk/**](https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwatershedrda.co.uk%2F&data=04%7C01%7C%7C1ef862dd9d2b48608e4208da01b3a132%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637824168253267419%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=v6A2ExCZxhbTuwR93CsAgbxa%2FqA5Q4Vdedv2IF4hEHA%3D&reserved=0) where I am a volunteer.
* **When:**Friday 6th May – 12th May
* **Where:**Coates (source of the Thames) to London Bridge
* **How to take part:** I've split the walk into **20 stage**s, if you are keen to do a stage or a full day's walking to raise money for Watershed RDA **please send me an email:** [**mikeclark32@hotmail.co.uk**](mailto:mikeclark32@hotmail.co.uk)
* **How to donate:**If you'd like to support, but don't fancy the walk; this is my JustGiving page: **justgiving.com/fundraising/michael-clark64**

**I'm aiming to raise £1700 (£10 / mile walked)**

**Watershed Riding for the Disabled** in Coates, Near Cirencester has been offering riding therapy since 1993, and is a thriving and successful group of the **National RDA.**

Riding and interaction with horses is known to provide profound benefits for people of all ages, particularly for those whose lives may be limited or challenged through disability.A person taking a selfie

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