

TOILETING AND WASHING

To develop toileting skills that are age appropriate and performed in a hygienic manner.

Parent/Guardian Responsibilities:

- To ensure carer is kept informed about child's toileting progress and requirements.
- Dress child in clothing that the child can easily remove with little adult assistance, e.g. pants with elastic waist.
- To ensure there are adequate changes of clothing for the whole day.

Child Carer Responsibilities:

- Observe toddlers to assess their readiness for toilet training.
- Discuss these observations with the child's family to determine whether toilet training should be started.
- To ensure that toileting is performed according to the Parent/Guardians' beliefs and child rearing practices.
- To ensure that toileting occurs at regular intervals and when children show an interest.
- To follow toileting procedure correctly.
- To communicate child's toileting progress each day with Parent/Guardian.
- To ensure that toileting, hand washing and bathing facilities are safe and appropriate to the ages of children in care, and must have products and equipment for cleaning those facilities whenever necessary.
- All reasonable attempts to clean child with wet ones are made when a child has a soiled nappy or pants. Only in extreme circumstances should a child be placed in a bath.
- At no time is any child to be left alone in the bath and the child to be dressed in clear sight of other children in care.
- At all times during toileting, bathing and dressing a child's right to privacy and dignity is to be respected.

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Toilet training for children in nappies or underpants:

- Wash your hands following the correct hand washing procedure.
- Place disposable gloves on both hands
- Remove child's nappy following the 'Nappy change' procedure if the child is in nappies.
- Assist child from the change mat and walk into bathroom.
- Assist the child to remove clothing and assist onto the toilet.
- Assist child with wiping bottom front to back.
- Remove and dispose of gloves
- Assist child to re-dress or walk back to change mat to put clean nappy on.
- Help the child wash their hands.
- Clean and disinfect the change mat.
- Wash & dry your own hands thoroughly.

For children who have had toileting accidents:

- Respond to child in a calm, positive, supportive manner.
- Wash your hands following the correct hand washing procedures.
- Put on gloves and remove child's soiled clothing.
- Place as much faeces as possible into the toilet then place clothing into double plastic bag, seal tightly and remove gloves.
- Put on gloves and clean child's bottom thoroughly with toilet paper or wet wipe.
- Help child use the toilet.
- Remove gloves.
- Help the child wash their hands. Encourage older child to wash their own hands.
- Carer to wash own hands (use as role modelling experience for older child).
- Help the child re-dress in clean clothes.
- Place clothing in double plastic bag, seal tightly and store out of reach of children for collection by Parent/Guardians at the end of the day.