**Maximum Strength 5000 Vitamin D (365 Tablets / 1 Year Supply) 100% Pure Certified Vitamin D3 Cholecalciferol**

* BioPharm-X Vitamin D3 provides unparalleled 5000 IU of Vitamin D3 per tablet – strongest available!
* Manufactured within an FDA and MHRA approved facility for your highest level of safety
* BioPharm-X Vitamin D3 from cholecalciferol is the same form of Vitamin D skin cells produce naturally when exposed to sun.
* It plays a vital role in bone development and health by regulating calcium and phosphorous around the body.
* All benefits have been approved by the European Food Safety Authority (EFSA)

**Premium Grade Vitamin D3 - 365 Powerful Tablets (1 Year Supply)**

Vitamin D has several important functions. You need Vitamin D to regulate your body’s absorption of calcium and phosphorus to ensure your bones, teeth and muscles remain healthy and strong. Getting sufficient Vitamin D is essential in early years for growth and development of bones and teeth, as well as facilitating normal immune system function and improved resistance against certain diseases.

* Maintains a strong immune system
* Strengthens teeth and bones
* Support healthy muscle function

Public Health England recommends a daily Vitamin D3 supplement to be taken by all "to help keep healthy bones, teeth and muscles."

**All benefits have been approved by the European Food Safety Authority (EFSA)**

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| **Strengthens Teeth and Bones** Vitamin D is required to regulate the absorption of calcium and phosphorus to ensure your bones and teeth remain healthy and strong.  | **Maintains a Strong Immune System** Vitamin D is involved in the activation of T cells of the immune system. T cells are a crucial part of the immune system as stabilize cells that are infected with germs.  | **Support Healthy Muscle Function** Vitamin D is important for muscle function because of its role in calcium absorption.Calcium enables muscle movement, contracts and the relaxation of muscles.  | **Improved Mood** Ever noticed how much happier you feel when you’ve been outside in the sunshine? The brain is full of Vitamin D receptors that underlie healthy mood and many of the most basic cognitive functions.  |



Vitamin D is an essential nutrient that has great health benefits, but to accomplish these benefits vitamin D levels need to be maintained in a certain range. The majority of adults struggle to obtain and maintain sufficient vitamin D levels. Our body’s main source of vitamin D is produced as your skin absorbs ultraviolet rays from direct sunlight. Despite this ability to make this crucial nutrient ourselves from the sun, an estimated 75% of people are deficient. Many factors affect the skins ability to produce vitamin D, including; time of day, skin colour, sunscreen and age.

BioPharm-X offers a quality promise to all customers. This is to provide you with total peace of mind when purchasing any of their products. Backed by nutritional science and with a dedication to premium quality, their products reflect core values of award winning quality and efficiency, from scientific research to manufacturing. BioPharm-X manufacturing department is MHRA licensed, GMP certified and ISO accredited, operating within compliance of all relevant laws and regulations.

* Suitable for Vegetarians
* GMO Free
* Maximum Strength Formulation
* Premium Grade Ingredients

**BioPharm-X: Superior Standards in Nutritional Supplements**

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| **vitamin d3** | **vitamin d3** | **vitamin d3** |
| **Maximum Strength** BioPharm-X has the goal of enhancing the well-being of their customers around the world by delivering premium quality, best value nutritional supplements. Each capsule has been formulated to safely provide significantly more then the minimum NRV levels for maximum effect.  | **Quality Promise** Every bottle is manufactured in the UK in a fully licensed facility, using only premium graded ingredients. Rest assured that we would never consider manufacturing an item that did not fully meet these requirements.  | **Directions for Use** Adults: As a supplement begin by taking 1 tablet in the morning on an empty stomach with at least 8fl oz of water. Do not exceed stated dose in a 24-hour period. Use only as directed.  |