

Community Development Partnerships, Inc.

**Project REACH (Drug
Free Community)
Resource Directory**

January 2020

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General Resources/Searches

[Project REACH \(Drug Free Community\) Resources \(PDF\)](#)

Provides general resources and resources divided by county

[Project REACH Resources](#)

Search Project REACH Resources by keywords

Basic Needs

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

Bexar County Department of Community Resources

www.Bexar.org/CDP

Appointment by phone only on Tuesday at 9a; Utility assistance, pauper burial

233 N. Pecos, Suite 590
San Antonio, TX 78207
210-335-3666 (phone)
210-335-6788 (fax)

Catholic Charities, Archdiocese of San Antonio, Inc

www.ccaosa.org

202 W. French Pl.
San Antonio, TX 78121-5818
210-222-1294 (phone)
210-227-0217 (fax)

Christian Assistance Ministry

www.christianassistanceministry.org

Hours: 9a - 3:30p (Monday – Thursday); 9a to Noon (Friday)

110 McCullough
San Antonio, TX 78215
210-223-6648 (phone)
210-223-6679 (fax)

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

Salvation Army

www.salvationarmysatx.org

1324 South Flores
San Antonio, TX 78204
210-223-6877 (phone)
210-223-4448 (fax)

San Antonio Fighting Back, Inc

Hours: 8a - 5p (Monday – Friday)

2803 E. Commerce Street
San Antonio, TX 78203
210-271-7232 (phone)
210-271-1087 (fax)

San Antonio Food Bank

www.safoodbank.org

Hours: 8a - 5p (Monday – Friday)

5200 Old Hwy 90 West
San Antonio, TX 78227
210-337-3663 (phone)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (phone)

Clothing

Career Gear

www.careergear.org

Hours: 9a - 5p (Monday – Thursday); 9a - 4p (Friday)

600 N. Frio
San Antonio, TX 78207
210-737-1515 (phone)
210-737-1616 (fax)

Catholic Charities, Archdiocese of San Antonio, Inc

www.ccaosa.org

202 W. French Pl.
San Antonio, TX 78121-5818
210-222-1294 (phone)
210-227-0217 (fax)

Christian Assistance Ministry

www.christianassistanceministry.org

Hours: 9a - 3:30p (Monday – Thursday); 9a to Noon (Friday)

110 McCullough
San Antonio, TX 78215
210-223-6648 (phone)
210-223-6679 (fax)

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries; Provides for men, women and children

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

Dress for Success San Antonio (DFSSA)

www.dressforsuccess.org

Provides for women; Hours: 9a - 5p (Monday – Thursday); 9a - 4p (Friday)

600 N. Frio
San Antonio, TX 78207
210-737-1515 (phone)
210-737-1616 (fax)

Goodwill Industries

www.goodwillsa.org

Goodwill Industries (Downtown) Job Help Center

Provides for men, women, and children

Hours: 8a - 7p (Monday – Friday); 10a - 2p (Saturday)

406 W. Commerce (at Santa Rosa)

San Antonio, TX 78207

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (North) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

13311 San Pedro Ave (at Bitters Road)

San Antonio, TX 78216

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (Northeast) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

1533 Austin Highway (at Harry Wurzbach)

San Antonio, TX 78218

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (Northwest) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

3401 Fredericksburg Road (at Vance Jackson)

San Antonio, TX 78201

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (Northwest) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

12332 W. IH 10 (at De Zavala Road)

San Antonio, TX 78230

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (South) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

2902 Goliad (at SE Military Drive)

San Antonio, TX 78223

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (South) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

2514 Southwest Military Drive (at Southpark)

San Antonio, TX 78224

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill Industries (Southwest) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

1743 SW Loop 410 (at Marbach)

San Antonio, TX 78227

210-924-8581 (phone)

210-924-3011 (fax)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street

San Antonio, TX 78221

210-922-6922 (Phone)

Counseling & Support Groups

[List of Bereavement Support Groups](#) by the [Ecumenical Center](#)

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

For family member support groups for those affected by mental illness, please contact NAMI.

510 Belknap Pl.
San Antonio, TX 78212
210-734-3349 (phone)

Anxiety Support Groups

Tuesday, 10a

Incarnate Word Retirement Center
4707 Broadway St.
San Antonio, TX 78209

Dudley Falgoust
210-543-8522 (phone)
210-385-0994 (mobile)
Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)

Wednesdays, 7p

Ecumenical Center
8310 Ewing Halsell Drive
San Antonio, TX 78229

Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)

Arete Mental Health Counseling

4615 Walzem Road, Ste. 208
San Antonio, TX 78218

Rosalind R. Gonzales, Office Manager/Marketing Director
254-213-9649 (phone)
210-267-9243 (fax)

Believers United Christian Ministries

Mental Health Support Group

This group welcomes anyone affected by mental illness needing support. Email or call to sign up.

1409 East Commerce
San Antonio, TX 78205

Senior Pastor Darrell R. Younger
210-212-0544 (phone)

Catholic Charities Counseling and Consultation Center

www.ccaosa.org/counseling/ccounseling.html

Income Based/Sliding Scale Counseling

231 W. Commerce
San Antonio, TX 78205

Suzanne Carter LPC-S, NCC, LCDC
Managing Director
210-377-1133 (phone)
210-377-1230 (fax)

The Clubhouse

www.saclubhouse.org

[Click here to download The Clubhouse eligibility details and application](#)

“The San Antonio Clubhouse offers a supportive community where members recover from mental illness through meaningful relationships and rewarding work.”

6851 Citizens Parkway
San Antonio, TX 78229

4126 San Luis St.
San Antonio, TX 78237

210-798-1619 (phone)
210-798-1620 (fax)

Community Bible Church

Living Grace Group, Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support.

2477 North Loop 1604 East
(Between Redland Road and US Hwy 281)
San Antonio, TX 78232

Carol Morton
512-626-3559 (phone)

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road

past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Faith Based Family and Offender Support Group, Tuesdays, 7p

For those affected by incarceration, family members and ex-offenders (Key focus is re-entry into the community; not specializing in serious mental illness)

2477 North Loop 1604 East
(Between Redland Road and US Hwy 281)
San Antonio, TX 78232

[Carol Morton](#)

210-692-4594 (office phone)
512-626-3559 (mobile)

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road
School Library, Building B
San Antonio, TX 78258
(Corner of Huebner and 1604)
210-479-1477 (phone)

Depression and Bipolar Support Alliance of Bexar County

Mondays, 7 - 9p

Support group for people with bipolar disorder and clinical depression.

Methodist Specialty and Transplant Hospital
8026 Floyd Curl Drive, Classroom 1
San Antonio, TX 78229

Kathy Franklin
210-945-0689 (phone)

Kathie Baker
210-394-6631 (phone)

Saturdays, 2 - 4p

All welcome, including friends and family.

St. Benedict Church
4623 Lord Road
San Antonio, TX 78220

Larry Forbrich
210-262-2596 (phone)

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road
Faith Building, Room 102
Universal City, TX 78148
210-658-1660 (phone)

First Presbyterian Church

3rd Tuesday, 6:30 – 8p

For family member support groups for those affected by mental illness, please contact NAMI.

404 N. Alamo
Room 300
San Antonio, TX 78205
(Free parking in church spaces on Avenue E)
210-226-0215 (phone)

Jewish Family Services

www.jfs-sa.org

Income Based/Sliding Scale Counseling

12500 N. W. Military Hwy, #250
San Antonio, TX 78231
210-302-6920 (phone)
210-302-6952 (fax)

Mind Body and Soul

Substance abuse treatment (opiate dependent) for veterans along with referrals for mental health and family therapy for the entire family. We are a nonprofit Intensive Outpatient Treatment facility.

[Albert Bryan](#)

NAMI Connection (National Alliance on Mental Illness, San Antonio)

Thursdays, 6:30 - 8p

NAMI Connection is a recovery support group for people living with mental illness. Meets weekly for about 90 minutes, free of charge, and follows a flexible structure without an educational format.

Christ Episcopal Church
510 Belknap Place, Room 231
San Antonio, TX 78212
210-734-3349 (phone)

Education Coordinators:
Liza Jenson
Verna Lister

President, Dough Beach
210-602-5733

OCD Counseling

Faith-based OCD Counseling
Santo Nino Catholic Church
57655 Rigsby Avenue
San Antonio, TX 78222
210-648-1705 (main office phone)

Karen Bagwell
210-649-1208 (phone)
210-264-2565 (phone)

OCD Texas

www.ocdtexas.org/support-groups

OCD support groups

Mateusz Donda
210-216-6063 (phone)
info@ocdtexas.org

Recovery, Inc.

For those with severe anxiety, panic, depression and phobias

The Ecumenical Center
8310 Ewing Halsell Drive
San Antonio, TX 78229

Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)

River Bend Counseling

www.riverbend-counseling.com

Last Friday of the Month, 5:45p

All welcome, separate groups for caregivers. Simultaneous support groups for adults and teens/children. Also, self-directed support group for caregivers/parents meets at the same location and time.

145 Landa Street
New Braunfels, TX 78130
830-515-8480

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain

injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call 210-616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg)
1st Floor Conference Room
San Antonio, TX 78217

Hector Villarreal
210-347-1597 (phone)

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229
210-616-0885 (phone)

San Antonio Council on Alcohol and Drug Abuse (SACADA)

www.sacada.org

South Texas Centre
Dave Coy Building
7500 Hwy 90 West, Suite 201
San Antonio, TX 78227
210-225-4741 (phone)

Serenity House Drug and Alcohol Treatment Center

Tuesdays, 6 - 7:30p

FREE Family Support Group for the loved ones of alcoholics and addicts. (Open to any adult in a personal relationship with an alcoholic or an addict.)

St. George Episcopal Church
6904 West Avenue
Conference Room
San Antonio, TX 78213

Joan Ellis LPC, LCDC
Group Facilitator
210-525-1979 (phone)

Karin Fuenson
210-508-6003 (phone)

St. Brigid Catholic Church

2nd Saturday, 10a

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St.
McKenna Building
San Antonio, TX 78240

Carmen Ortiz
210-521-9161 (phone)

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

For support groups for those affected by mental illness, please contact NAMI.

6904 West Avenue
Conference Room
San Antonio, TX 78213
(at NW Military Highway)
210-342-4261 (phone)

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, TX 78205
210-226-2426 (phone)

St. Mary's University Family Life Center

www.stmarytx.edu/academics/graduate/masters/counseling/family-life-center/

The Family Life Center provides counseling for individuals, couples and families on a sliding scale.

251 W. Ligustrum
San Antonio, TX 78228
210-438-6411 to schedule an appointment

St. Peter-St. Joseph Children's Home (St. PJ's)

www.stpjhome.org

Monday, Wednesday, Thursday, 8:30a - 6p; Tuesday, 8:30a - 7p; Fridays, 8:30a - 5p;
Evening appointments available

Income Based/Sliding Scale Counseling - [Read the flyer](#)

919 Mission Road
San Antonio, TX 78210

James Castro, LPC, LMFT
Executive Director
210-533-1203 (main phone)

Andrea Gonzalez, LPC
Therapist – Team Lead
210-531-8547 (phone)

St. Stephen Catholic Church

3rd Tuesday, 6:30 – 8p

This group welcomes anyone affected by mental illness needing support. This group is bilingual. [Read the St. Stephen Support Group flyer](#) for details.

2127 South Zarzamora St.
San Antonio, TX 78207

Mary May
210-888-5533 after 6p

Syliva Luna
210-393-3664 (phone)

Survivors of Loved Ones' Suicide (S.O.L.O.S.)

1st & 3rd Wednesdays, 7 - 8:30p

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229

Tony Mata
210-885-7069 (phone)

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, TX 78244

Albert Bryan
210-551-8244 (phone)

Crisis Services

Center for Health Care Services

www.chcsbc.org

527 North Leona, 2nd Floor
San Antonio, TX 78207
1-800-316-9241 (24-hour Crisis Hotline)
210-225-5481 (phone)

The Rape Crisis Center

www.rapecrisis.com

David Coy Building
7500 U.S. Hwy 90 West
Building 2, Suite 201
San Antonio, TX 78227
210-349-7273 (24-hour Crisis Hotline)
210-521-7273 (office)

SAMMinistries

www.samm.org

5254 Blanco Road
San Antonio, TX 78216
210-340-0302 (phone)
210-224-5999 (fax)

San Antonio Police Department (SAPD)

www.sanantonio.gov/sapd

For emergencies: 911

United Way of San Antonio and Bexar County

www.unitedwaysatx.org

211 (24-hour Helpline)
To speak with a Call Specialist: 210-227-HELP (4357)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (Phone)

Dental Care

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

CentroMed Clinic Near Haven for Hope

www.centromedsa.com

Hours: 8a - 10pm (Monday – Friday); 8a - 5p (Saturday); Opens at 1p first Wednesday of every month

1 Haven for Hope Way
Building 1, Suite 300
San Antonio, TX 78207
210-220-2330 (phone)
210-220-2332 (fax)

CentroMed Somerset Clinic

www.centromedsa.org/services/dental

Hours: 8a - 5p (Monday to Friday); Opens at 1p on first Wednesday of every month

7315 South Loop 1604 West
Somerset, TX 78069
210-624-3045 (phone)
830-701-7020 (phone)
830-429-3584 (fax)

CentroMed South Park Dental Clinic

www.centromedsa.org/services/dental

Hours: 8a - 9:30p (Monday, Wednesday, and Thursday); 8a - 7p (Tuesday); 8a - 5p (Friday and Saturday); Opens at 1p on first Wednesday of every month

910 Wagner
San Antonio, TX 78211
210-924-7344 (phone)
210-923-7929 (fax)

CentroMed Southside Clinic

www.centromedsa.org/services/dental

Hours: 8a - 7p (Monday and Thursday); 8a - 8p (Tuesday and Wednesday); 8a - 5p (Friday)

3750 Commercial Avenue
San Antonio, TX 78221
210-334-3750 (phone)
210-923-4167 (fax)

CentroMed Walzem Clinic

www.centromedsa.org/services/dental

Hours: 8a - 10p (Monday – Friday); 8a - 5p (Saturday); Opens at 1p on first Wednesday of every month

5253 Walzem Road
San Antonio, TX 78218
210-637-2450 (phone)
210-590-8970 (fax)

Methodist Healthcare Ministries, Bishop Ernest T. Dixon Jr. Clinic

www.mhm.org

[Download the Methodist Healthcare Ministries registration requirements](#)

Bishop Earnest T. Dixon Jr. Clinic
1954 E Houston Street, Suite 201
San Antonio, TX 78202
210-527-1505 (phone)

University of Texas Health Science Center – Dental School Clinic

<http://dental.uthscsa.edu>

7703 Floyd Curl Drive
San Antonio, TX 78229
210-450-3700 for appointments

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (Phone)

Education

Alamo Community College District (ACCD)

www.alamo.edu

210 W. Sheridan
San Antonio, TX 78204-1429
210-485-0000 (phone)

Northeast Lakeview College

1201 Kitty Hawk Road
Universal City, TX 78148
210-486-5000 (phone)

Northwest Vista College

3535 North Ellison Road
San Antonio, TX 78251
210-486-4000 (phone)

Palo Alto College

1400 W. Villaret
San Antonio, TX 78224
210-486-3000 (phone)

St. Philip's Southwest Campus

800 Quintana Road
San Antonio, TX 78211
210-486-7000 (phone)

St. Philip's College

1801 Martin Luther King Drive
San Antonio, TX 78203
210-486-2000 (phone)

San Antonio College

1300 San Pedro Avenue
San Antonio, TX 78212-4299
210-486-0000 (phone)
210-486-0777 (technology hotline)

Alpha and Omega Career Center

www.alphaomegactc.org

705 Hammond Ave.
San Antonio, TX 78210
210-341-2890 (phone)
210-524-9501 (fax)

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-9609 (toll free phone)
210-490-4300 (phone)

Graduate Equivalency Diploma (GED) Testing

San Antonio Independent School District (GED) Testing

623 South Pecos
San Antonio, TX 78207
210-227-1237 (phone)

San Antonio College

1300 San Pedro Ave.
San Antonio, TX 78212
210-486-0449 (phone)

St. Philip's College

1801 Martin Luther King Drive
San Antonio, TX 78203
210-531-3525 (phone)

Edgewood Independent School District GED Testing Center

563 Southwest 40th Street
San Antonio, TX 78237
210-444-7952 (phone)

Edgewood Independent School District GED Testing Center

1602 W. Thompson
San Antonio, TX 78226
210-444-7952 (phone)

Northeast Independent School District

8750 Tesoro
San Antonio, TX 78217
210-407-0140 (phone)

Judson Education Resource Center

8205 Palisades Drive
San Antonio, TX 78233
210-619-0427 (phone)

Northside Independent School District GED Testing Center

6632 Bandera Road
San Antonio, TX 78238
210-397-7569 (phone)

Harlandale Independent School District

12121 S. E. Loop 410
San Antonio, TX 78221
210-989-4921 (phone)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (Phone)

Employment

Career Gear

www.careergear.org

Hours: 9a - 5p (Monday – Thursday); 9a - 4p (Friday)

600 N. Frio
San Antonio, TX 78207
210-737-1515 (phone)
210-737-1616 (fax)

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

Dress for Success San Antonio (DFSSA)

www.dressforsuccess.org

Provides for women; Hours: 9a - 5p (Monday – Thursday); 9a - 4p (Friday)

600 N. Frio
San Antonio, TX 78207
210-737-1515 (phone)
210-737-1616 (fax)

Goodwill Industries

www.goodwillsa.org

Goodwill Industries (Downtown) Job Help Center

Hours: 8a - 7p (Monday – Friday); 10a - 2p (Saturday)

406 W. Commerce (at Santa Rosa)
San Antonio, TX 78207
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (North) Job Help Center

Hours: 8a - 5p (Monday – Friday)

13311 San Pedro Ave (at Bitters Road)
San Antonio, TX 78216
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (Northeast) Job Help Center

Hours: 8a - 5p (Monday – Friday)

1533 Austin Highway (at Harry Wurzbach)
San Antonio, TX 78218
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (Northwest) Job Help Center

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3401 Fredericksburg Road (at Vance Jackson)
San Antonio, TX 78201
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (South) Job Help Center

Hours: 8a - 5p (Monday – Friday)
2902 Goliad (at SE Military Drive)
San Antonio, TX 78223
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (South) Job Help Center

Hours: 8a - 5p (Monday – Friday)
2514 Southwest Military Drive (at Southpark)
San Antonio, TX 78224
210-924-8581 (phone)
210-924-3011 (fax)

Goodwill Industries (Southwest) Job Help Center

Hours: 8a - 5p (Monday – Friday)
1743 SW Loop 410 (at Marbach)
San Antonio, TX 78227
210-924-8581 (phone)
210-924-3011 (fax)

Project Quest, Inc.

www.questsa.com

Hours: 8a - 5p (Monday – Friday)
515 SW 24th St.
San Antonio, TX 78207-4446
210-270-4690 (phone)
210-270-4691 (fax)

Workforce Solutions Alamo

www.workforcesolutionsalamo.org

115 E. Travis, Suite 220
San Antonio, TX 78205
210-272-3260 (phone)
210-928-3985 (phone)
210-272-3290 (fax)

Full Service Career Centers

East: *Hours: 8a - 5p (Monday – Friday)*

4535 E. Houston
San Antonio, TX 78220-1701
210-581-0190 (phone)
210-581-0191 (fax)

Northeast: *Hours: 8a - 5p (Monday – Friday)*

4615 Walzem Road, Suite 100
San Antonio, TX 78218
210-822-7640 (phone)
210-822-9623 (fax)

Northwest: *Hours: 8a - 5p (Monday – Friday)*

1499 Hillcrest Drive
San Antonio, TX 78228-3900
210-438-0581 (phone)
210-438-8057 (fax)

South: *Hours: 8a - 5p (Monday – Friday)*

6723 S. Flores St. Suite 100
San Antonio, TX 78221-1741
210-928-3985 (phone)
210-928-3987 (fax)

West: *Hours: 8a - 5p (Monday – Friday)*

7008 Marbach Road
San Antonio, TX 78227-1940
210-436-0670 (phone)
210-436-5166 (fax)

Finances

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

Greenpath (Formerly: CCCS)

www.greenpath.org

Balcones Heights Location

4243 Piedras Drive East, Suite 270
San Antonio, TX 78228
210-979-4300 (phone)
210-979-4330 (fax)

Eastside Location

1945 South WW White Rd.
San Antonio, TX 78228
210-979-4300 (phone)
210-979-4330 (fax)

Health Services

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

CentroMed

www.centromedsa.org

3750 Commercial Ave.
San Antonio, TX 78221
210-334-3700 (phone)
210-922-0162 (fax)

CentroMed Clinic near Haven for Hope

www.centromedsa.org

Hours: 8a - 10p (Monday – Friday); 8a - 5p (Saturday); Opens at 1p on first Wednesday of every month

1 Haven for Hope Way
Building 1, Suite 300
San Antonio, TX 78207
210-220-2330 (phone)
210-220-2332 (fax)

CentroMed Santa Rosa Clinic

www.centromedsa.org

Hours: 8a - 7p (Monday and Wednesday); 8a - 5p (Tuesday, Thursday, and Friday); Opens at 1p on first Wednesday of every month

315 N. San Saba, Suite 103
San Antonio, TX 78207
210-738-8222 (phone)
210-738-8644 (fax)

CentroMed Somerset Clinic

www.centromedsa.org

Hours: 9a - 6p (Monday – Thursday); 9a - 4p (Friday)

7315 S. Loop 1604 West
Somerset, TX 78069

CentroMed South Park Clinic

www.centromedsa.org

Hours: 8a - 7p (Monday – Thursday); 8a - 5p (Friday); 9a - 1p (Saturday)

6315 S. Zarzamora
San Antonio, TX 78211-3238
210-977-1900 (phone)
210-977-9326 (fax)

CentroMed Southside Clinic

www.centromedsa.org

Hours: 8a - 5p (Monday – Friday)
3750 Commercial Ave.
San Antonio, TX 78221
210-334-3700 (phone)
210-922-0162 (fax)

CentroMed Walzem Clinic

www.centromedsa.org

Hours: 8a - 10p (Monday – Friday); 8a - 5p (Saturday); Opens at 1p on first Wednesday of every month
5253 Walzem Rd.
San Antonio, TX 78218
210-637-2450 (phone)
210-590-8970 (fax)

Methodist Healthcare Ministries

www.mhm.org

[Download the Methodist Healthcare Ministries registration requirements](#)

Bishop Earnest T. Dixon Jr. Clinic
1954 E Houston Street, Suite 201
San Antonio, TX 78202
210-527-1505 (phone)

Ryan White Programs (AIDS/HIV)

www.bexar.org/498/Community-Health

Call Ms. Mary Kay Newman for service provider information at 210-335-7056.

University Health System

www.universityhealthsystem.com

University Hospital

4502 Medical Drive
San Antonio, TX 78229
210-358-4000 (phone)
210-358-8536 (fax)

University Family Health Center Northwest

Hours: 7:30a - 8p (Monday – Thursday); 8:30a - 4p (Friday); 8a to Noon (Saturday)
7726 Louis Pasteur
San Antonio, TX 78229
210-358-9400 (phone)
210-358-8143 (fax)

University Family Health Center – North

Hours: 8a - 8p (Monday – Thursday); 9a - 4p (Friday); 8a to Noon (Saturday)
302 West Rector Street
San Antonio, TX 78216
210-358-0800 (phone)
210-358-0850 (fax)

University Family Health Center – Southwest

Hours: 8a - 8p (Monday – Thursday); 9a - 4p (Friday); 8a to Noon (Saturday)
2121 S.W. 36th Street at Highway 90
San Antonio, TX 78237
210-358-5100 (phone)
210-358-5157 (fax)

University Center for Community Health – Texas Diabetes Institute

Hours: 8a - 5p (Monday – Friday)
701 S. Zarzamora
San Antonio, TX 78207
210-358-7000 (phone)
210-358-7405 (fax)

University Health System Dialysis West

Hours: 8a to 5p (Monday – Friday)
701 South Zarzamora St.
San Antonio, TX 78207
210-358-7300 (phone)
210-358-7405 (fax)

Robert B. Green Campus, University Health Center Downtown

Hours: 8:30a - 8p (Monday – Friday); 8:30a - 4p (Saturday)
903 W. Martin
San Antonio, TX 78207
210-358-3400 (phone)

University Health System Dialysis Southeast

1407 Fair
San Antonio, TX 78223
210-358-5780 (phone)

University Health System Dialysis South

3750 Commercial, Suite 110
San Antonio, TX 78221
210-921-5620 (phone)

University Health System Dialysis Northwest

7540 Louis Pasteur, Suite 100
San Antonio, TX 78229
210-358-2675 (phone)

University Family Health Center – Southeast

1055 Ada Street
San Antonio, TX 78223
210-358-5511 (phone)

University Health System Bob Ross Center

2219 Babcock
San Antonio, TX 78229
210-207-5332 (phone)

University Health System Clinics

Eastside Clinic

210 N. Rio Grande
San Antonio, TX 78202
210-644-8700 (phone)

Kenwood Clinic

302 Dora
San Antonio, TX 78212
210-644-8000 (phone)

Naco Perrin Clinic

4020 Naco Perrin
San Antonio, TX 78217
210-644-8900 (phone)

Old Hwy 90 Clinic

911 Old Hwy 90
San Antonio, TX 78237
210-644-8050 (phone)

Salinas Clinic

630 S. General McMullen
San Antonio, TX 78237
210-644-8500 (phone)

South Flores Clinic

7902 S. Flores
San Antonio, TX 78221
210-644-8100 (phone)

Westend Clinic

1226 N.W. 18th Street
San Antonio, TX 78207
210-644-8400 (phone)

Zarzamora Clinic

4503 S. Zarzamora
San Antonio, TX 78221
210-644-8600 (phone)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (Phone)

Housing

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

The Awakening

Open to women; provides support for major medical illness and major mental illness; not open to sex offenders

4015 West Martin
San Antonio, TX 78207
210-777-8040 (phone)

Barabbas Ministries

www.barabbasministries.org

Open to men; does not support major medical illness or major mental illness

Write to: PO Box 461531
San Antonio, TX 78217

Behold, New Thing Ministries

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

701 S. W. 24th Street
San Antonio, TX 78207-4669
210-433-7272 (phone)

Bexar County Department of Community Resources

Tenant Based Rental Assistance

www.bexar.org/494/Community-Development-Housing

Referral rEQUIRED; *Open to men and women*

233 North Pecos, Suite 590
San Antonio, TX 78207
210-335-3666 (phone)
210-335-6788 (fax)

The Clubhouse at Monticello Park

Contact: Ben Hammond

431 Club Drive
San Antonio, TX 78201
210-204-2401 (phone)

- Men ages 18+
- Drug and alcohol free living environment
- 90 day program
- No sex offenders considered (zoned by a school)

- \$110.00 weekly rent and deposit (ideal total: \$330.00)
- Referrals from collaborating agencies

Deborah's House

Contact: *Kate Campbell*

6487 Whitby
San Antonio, TX 78240
210-268-3314 (phone)

- Transitional housing for women in recovery
- Applicants must have worked the first three AA steps
- Have to complete recovery and have a sponsor
- Fee based off 30% of income, not to exceed \$300.00 a month
- Referrals from collaborating agencies

Evolution House

www.evolutionhouse.org

Contact: *Glenn Targac*

210-896-3119 (phone)
gtargac@aol.com

1405 S. Hackberry
San Antonio, TX 78202

1410 Waverly St.
San Antonio, TX 78202

- Men and women's transitional living halfway house
- Drug and alcohol free environment
- Fee: \$12.00 daily/\$84.00 weekly/non-refundable \$75.00 sobriety deposit
- Each house has a live-in manager who conducts random UA's or swabs to maintain a drug/alcohol free environment
- Referrals from collaborating agencies

Grace House, Inc.

www.gracehousesa.com

Open to women; does not support major medical illness or major mental illness; not open to sex offenders

Write to: P.O. Box 781283
San Antonio, TX 78278
210-493-7884 (phone)
210-573-5419(phone)

Haven for Hope of Bexar County

www.havenforhope.org

Open to men and women; provides support for major medical illness and major mental illness; not open to sex offenders

1 Haven for Hope Way
San Antonio, TX 78207
210-220-2100 (phone)

Iron Sharpens Iron

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

151 W. Olmos Dr.
San Antonio, TX 78201
210-386-6741 (phone)

Lifetime Recovery, Inc.

Contact: Craig Lambaria

10290 Southton Road
San Antonio, TX 78223
210-633-0201 (phone)
210-633-2833 (fax)

- Chemical dependency treatment center
- Fee and admission based off insurance

Living Water Faith Church

Open to men; does not support major medical illness or major mental illness

118 Fredericksburg Rd.
San Antonio, TX 78201
210-733-1980 (phone)

Oxford House for Men

www.oxfordhouse.org

Does not support major medical illness or major mental illness; not open to sex offenders

Oxford House – Beacon Hill

310 Cincinnati
San Antonio, TX 78201
210-320-1914 (phone)

Oxford House - Marback

4834 Flicker Street
San Antonio, TX 78217
210-236-5011 (phone)

Oxford House – Davis

730 Hammond Ave.
San Antonio, TX 78210
210-455-3921 (phone)

Oxford House – Fredericksburg Road

311 Cincinnati
San Antonio, TX 78201
210-320-1914 (phone)

Oxford House – Culebra

206 Florencia Avenue
San Antonio, TX 78228
210-276-0657 (phone)

Oxford House – Mistletoe

1130 W. Mistletoe Rd.
San Antonio, TX 78201
210-733-6900 (phone)

Oxford House – Stirrup 2

113 E. Mistletoe Ave.
 San Antonio, TX 78212
 210-447-7260 (phone)

Oxford House – Guilbeau

7619 Braun Oak
 San Antonio, TX 78250
 210-267-1870 (phone)

Oxford House – Wood Oak

5642 Wood Oak Street
 San Antonio, TX 78233
 210-277-7687 (phone)

Oxford House – Carson

627 E. Carson Street
 San Antonio, TX 78208
 210-637-9028 (phone)

Oxford House – Meadow Park

4715 Rosemarys Farm
 San Antonio, TX 78244
 210-346-1066 (phone)

Oxford House – Grayson

422 Spofford Ave
 San Antonio, TX 78208
 210-267-1104 (phone)

Oxford House – Bretton Wood

314 Brettonwood Dr.
 San Antonio, TX 78218
 210-231-0360 (phone)

Oxford House – Awesome

9238 Hilltop Crossing
 San Antonio, TX 78251
 210-265-1250 (phone)

Oxford House – Alamo City

266 Brettonwood Dr.
 San Antonio, TX 78218
 210-265-3239 (phone)

Oxford House – Bashlow

17022 Cortland Rdg.
 San Antonio, TX 78247
 210-254-9795 (phone)

Oxford House – Excelsior

518 Paschal St.
 San Antonio, TX 78212
 210-233-1585 (phone)

Oxford House – Gramercy

2423 W. Gramercy
 San Antonio, TX 78228
 210-562-3007 (phone)

Oxford House – Costigan

522 Redcliff Drive
 San Antonio, TX 78216
 210-320-2324 (phone)

Oxford House – San Pedro

118 Maplewood Lane
 San Antonio, TX 78251
 210-314-3070 (phone)

Oxford House for Women (and Children)

www.oxfordhouse.org

Does not support major medical illness or major mental illness; not open to sex offenders

Oxford House – Leon Valley

Women and children accepted
 5907 Rimkus St.
 San Antonio, TX 78238
 210-272-0050 (phone)

Oxford House – Woodlawn Lake

Women accepted
 155 N. Josephine Tobin Drive
 San Antonio, TX 78201
 210-974-2847 (phone)

Oxford House – Rolling Oaks
Women and children accepted
15610 Knoll Cliff Street
San Antonio, TX 78247
210-451-0372 (phone)

Oxford House – Invicta
Women accepted
228 W. Woodlawn
San Antonio, TX 78212
210-233-1666 (phone)

Oxford House – Blanco
Women and children accepted
1011 W. Magnolia Ave.
San Antonio, TX 78201
210-314-6266 (phone)

Oxford House – Emet
Women accepted
234 W. Woodlawn
San Antonio, TX 78212
210-437-1686 (phone)

Oxford House – Stutters Rim
Women accepted
1002 Stutters Rim
San Antonio, TX 78258
210-437-0061 (phone)

Oxford House – Vinecrest
Women accepted
3419 Vinecrest Dr.
San Antonio, TX 78219
210-451-7289 (phone)

Oxford House – North Star
Women accepted
267 Springwood Lane
San Antonio, TX 78216
210-272-0319 (phone)

Oxford House – Brookview
Women and children accepted
718 Brookview Dr.
San Antonio, TX 78213
210-320-1096 (phone)

Pay It Forward Ministries (at Haven for Hope)

www.payitforwardministries.org

Contact: Alicia New
1 Haven for Hope Way
Building 3, Suite 3.455
San Antonio, TX 78207
210-212-2933 (phone)

- 2 week pay for men and women being processed through for sober living
- Over 25 housing referral sources
- For men and women
- Rental fee: \$90.00-\$125.00 weekly
- Referrals from collaborating agencies

Redemption Mission Ministries

Open to men; does not support major medical illness; provides support for major mental illness; not open to sex offenders
626 East Quincy
San Antonio, TX 78215
210-267-8502 (phone)

Salvation Army

www.salvationarmysatx.org

Men's Emergency Shelter

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

226 Nolan St.
San Antonio, TX 78212
210-226-2291 (men's phone)
210-352-2000 (women's phone)
210-352-2005 (fax)

Transitional Family Housing

Open to men, women, and children; does not support major medical illness or major mental illness; not open to sex offenders

515 W. Elmira St.
San Antonio, TX 78212
210-352-2042 (phone)
210-352-2005 (fax)

Scattered Sites Apartment Program

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

910 N. Flores St.
San Antonio, TX 78212
210-352-2028 (phone)
210-224-1090 (fax)

William Booth Garden Apartments & Catherine Booth Garden Apartments

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

2710 W. Ashby Place
San Antonio, TX 78201
210-733-8210 (phone)
210-733-8508 (fax)

The Village Programs

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

515 West Elmira Street
San Antonio, TX 78212
210-352-2000 (phone)
210-352-2011 (fax)

SAMMinistries

www.samm.org

Open to men and women; provides support for major medical illness and major mental illness; not open to sex offenders

5254 Blanco Road
San Antonio, TX 78216
210-340-0302 (phone)
210-224-5999 (fax)

San Antonio Alternative Housing Corporation

www.saaahc.org

Referral required from Case Manager, Probation Officer, and/or Parole Officer; open to men and women; does not support major medical illness or major mental illness

1215 S. Trinity St.
San Antonio, TX 78207
210-224-2349 (phone)
210-224-9686 (fax)

San Antonio for Christ

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

343 Spaatz Street
San Antonio, TX 78211
210-922-4463 (phone)

Strong Foundation Ministries

www.strongfoundation.org

Open to families; does not support major medical illness or major mental illness; not open to sex offenders

414 N. Hackberry
San Antonio, TX 78202-2821
210-641-4357(phone)

Teen Challenge

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

3850 S. Loop 1604 W., Suite 1
San Antonio, TX 78264
210-624-2075 (phone)

Victory Chapel

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

1742 S. General McMullen Drive
San Antonio, TX 78237-4423
210-432-0826 (phone)

Victory Outreach

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

4703 Goldfield
San Antonio, TX 78218-4604
210-531-0090 (phone)

Volunteers of America: LIGHT Program

Contact: Ramon Gonzales

6487 Whitby Rd.
San Antonio, TX 78240
210-558-0731 (phone)

- Substance Abuse Treatment Services
- Individuals and families: women, children, and pregnant women
- 90 day program
- No violent criminal backgrounds
- Fee based off insurance/monthly income
- Referrals from collaborating agencies and state

Mental Health Care

[Click here to download the Bexar County Directory of Mental Health Resources](#)

English & Spanish

[List of Bereavement Support Groups](#) by the [Ecumenical Center](#)

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

For family member support groups for those affected by mental illness, please contact NAMI.

510 Belknap Pl.

San Antonio, TX 78212

210-734-3349 (phone)

Anxiety Support Groups

Tuesday, 10a

Incarnate Word Retirement Center

4707 Broadway St.

San Antonio, TX 78209

Dudley Falgoust

210-543-8522 (phone)

210-385-0994 (mobile)

Patricia Klar

210-655-6875 (phone)

210-241-8954 (mobile)

Wednesdays, 7p

Ecumenical Center

8310 Ewing Halsell Drive

San Antonio, TX 78229

Patricia Klar

210-655-6875 (phone)

210-241-8954 (mobile)

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue

San Antonio, TX 78216-2005

210-490-4300 (phone)

Arete Mental Health Counseling

4615 Walzem Road, Ste. 208
San Antonio, TX 78218

Rosalind R. Gonzales
Office Manager/Marketing Director
210-267-8993 (phone)
210-267-9243 (fax)

Believers United Christian Ministries

Mental Health Support Group

This group welcomes any one affected by mental illness needing support. Email or call to sign up.

1409 East Commerce
San Antonio, TX 78205

Senior Pastor Darrell R. Younger
210-212-0544 (phone)

Center for Health Care Services

www.chcsbc.org

Adult Behavioral Help: 210-261-1250
Children's Behavioral Help: 210-261-3350

3031 IH 10 West
San Antonio, TX 78201
210-223-4061 (phone)
210-731-1315 (fax)

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

The Clubhouse

www.saclubhouse.org

[Click here to download The Clubhouse eligibility details and application](#)

“The San Antonio Clubhouse offers a supportive community where members recover from mental illness through meaningful relationships and rewarding work.”

6851 Citizens Parkway
San Antonio, TX 78229

4126 San Luis St.
San Antonio, TX 78237

210-798-1619 (phone)
210-798-1620 (fax)

Community Bible Church

Living Grace Group

Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support.

2477 North Loop 1604 East
(Between Redland Road and US Hwy 281)
San Antonio, TX 78232

Carol Morton
512-262-3559 phone

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road
School Library, Building B
San Antonio, TX 78258
(Corner of Huebner and 1604)
210-479-1477 (phone)

Depression and Bipolar Support Alliance of Bexar County

Mondays, 7 - 9p

Support group for people with bipolar disorder and clinical depression.

Methodist Specialty and Transplant Hospital
8026 Floyd Curl Drive, Classroom 1
San Antonio, TX 78229

Kathy Franklin
210-945-0689 (phone)

Kathie Baker
210-394-6631 (phone)

Saturdays, 2 - 4p

All welcome, including friends and family.

St. Benedict Church
4623 Lord Road
San Antonio, TX 78220

Larry Forbrich
210-262-2596 (phone)

Family Service Association

www.family-service.org

702 San Pedro
San Antonio, TX 78212
210-299-2400 (phone)
210-299-4498 (fax)

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road
Faith Building, Room 102
Universal City, TX 78148
210-658-6394 (phone)

First Presbyterian Church

3rd Tuesday, 6:30 – 8p

For family member support groups for those affected by mental illness, please contact NAMI.

404 N. Alamo
Room 300
San Antonio, TX 78205
(Free parking in church spaces on Avenue E)
210-226-0215 (phone)

Jewish Family Services

www.jfs-sa.org

12500 N. W. Military Hwy, #250
San Antonio, TX 78231
210-302-6920 (phone)
210-302-6952 (fax)

Mind Body and Soul

Substance abuse treatment (opiate dependent) for veterans along with referrals for mental health and family therapy for the entire family. We are a nonprofit Intensive Outpatient Treatment facility.

[Albert Bryan](#)

NAMI Connection (National Alliance on Mental Illness, San Antonio)

Thursdays, 6:30 - 8p

NAMI Connection is a recovery support group for people living with mental illness. Meets weekly for about 90 minutes, free of charge, and follows a flexible structure without an educational format.

Christ Episcopal Church
510 Belknap Place, Room 231
San Antonio, TX 78212
210-734-3349 (phone)

Education Coordinators:
Liza Jenson
Verna Lister

President, Dough Beach
210-602-5733

OCD Counseling

Faith-based OCD Counseling

Santo Nino Catholic Church
57655 Rigsby Avenue
San Antonio, TX 78222
210-648-1705 (main office phone)

Karen Bagwell
210-649-1208 (phone)
210-264-2565 (phone)

OCD Texas

www.ocdtexas.org/support-groups

OCD support groups

Mateusz Donda
210-216-6063 (phone)
info@ocdtexas.org

Recovery, Inc.

For those with severe anxiety, panic, depression and phobias

The Ecumenical Center
8310 Ewing Halsell Drive
San Antonio, TX 78229

Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)

River Bend Counseling

www.riverbend-counseling.com

Last Friday of the Month, 5:45p

All welcome, separate groups for caregivers. Simultaneous support groups for adults and teens/children. Also, self-directed support group for caregivers/parents meets at the same location and time.

145 Landa Street
New Braunfels, TX 78130
830-515-8480

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call 210-616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg)
1st Floor Conference Room
San Antonio, TX 78217

Hector Villarreal
210-347-1597 (phone)

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229
210-616-0885 (phone)

St. Brigid Catholic Church

2nd Saturday, 10a

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St.
McKenna Building
San Antonio, TX 78240

Carmen Ortiz
210-521-9161 (phone)

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

For support groups for those affected by mental illness, please contact NAMI.

6904 West Avenue
Conference Room
San Antonio, TX 78213
(at NW Military Highway)
210-342-4261 phone

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, TX 78205
210-226-2426 (phone)

St. Stephone Catholic Church

3rd Tuesday, 6:30 – 8p

This group welcomes anyone affected by mental illness needing support. This group is bilingual. Read the St. Stephone Support Group flyer for details.

2127 South Zarzamora St.
San Antonio, TX 78207

Mary May
210-888-5533 after 6p

Sylvia Luna
210-393-3664 (phone)

Survivors of Loved Ones' Suicide (S.O.L.O.S.)

1st & 3rd Wednesdays, 7 - 8:30p

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229

Tony Mata
210-885-7069 (phone)

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, TX 78244

Albert Bryan
210-551-8244 (phone)

Mentorship

Fatherhood Campaign

www.safatherhood.com

3014 Rivas Street, Suite 20
San Antonio, TX 78228
210-227-3463 (phone)
210-227-4966 (fax)

Goodwill Industries (Downtown) Job Help Center

www.goodwillsa.org

Hours: 8a - 7p (Monday – Friday); 10a - 2p (Saturday)

406 W. Commerce (at Santa Rosa)
San Antonio, TX 78207-3102
210-924-8581 (phone)
210-924-3011 (fax)

Tabernacle Generation Ministry

www.tabernaclegeneration.com

10650 Culebra Road, Ste. 104/116
San Antonio, TX 78251-4949
210-573-6473 (phone)

Spiritual Support

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

For family member support groups for those affected by mental illness, please contact NAMI.

510 Belknap Pl.
San Antonio, TX 78212
210-734-3349 (phone)

Believers United Christian Ministries

Mental Health Support Group

This group welcomes any one affected by mental illness needing support. Email or call to sign up.

1409 East Commerce
San Antonio, TX 78205

Senior Pastor Darrell R. Younger
(210) 212-0544 phone

Catholic Charities Counseling and Consultation Center

www.ccaosa.org/counseling/ccounseling.html

Income Based/Sliding Scale Counseling

231 W. Commerce
San Antonio, TX 78205

Suzanne Carter LPC-S, NCC, LCDC
Managing Director
210-377-1133 (phone)
210-377-1230 (fax)

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

Community Bible Church

Living Grace Group, Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support.

2477 North Loop 1604 East
(Between Redland Road and US Hwy 281)
San Antonio, TX 78232

Carol Morton
512-626-3559 (phone)

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road

past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Faith Based Family and Offender Support Group, Tuesdays, 7p

For those affected by incarceration, family members and ex-offenders (Key focus is re-entry into the community; not specializing in serious mental illness)

2477 North Loop 1604 East
(Between Redland Road and US Hwy 281)
San Antonio, TX 78232

[Carol Morton](#)

210-692-4594 (office phone)
512-626-3559 (mobile)

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road
School Library, Building B
San Antonio, TX 78258
(Corner of Huebner and 1604)
210-479-1477 (phone)

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road
Faith Building, Room 102
Universal City, TX 78148
210-658-6394 (phone)

First Presbyterian Church

3rd Tuesday, 6:30 – 8p

For family member support groups for those affected by mental illness, please contact NAMI.

404 N. Alamo
Room 300
San Antonio, TX 78205
(Free parking in church spaces on Avenue E)
210-226-0215 phone

Methodist Healthcare Ministries

www.mhm.org

[Download the Methodist Healthcare Ministries registration requirements](#)

Bishop Earnest T. Dixon Jr. Clinic
1954 E Houston Street, Suite 201
San Antonio, TX 78202
210-527-1505 (phone)

Ministry of the Third Cross

www.ministryofthethirdcross.org

14207 Spotted Cedar
San Antonio, TX 78249
210-410-4901 (phone)

OCD Counseling

Faith-based OCD Counseling

Santo Nino Catholic Church
57655 Rigsby Avenue
San Antonio, TX 78222
210-648-1705 (main office phone)

Karen Bagwell
210-649-1208 (phone)
210-264-2565 (phone)

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call 210-616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg)
1st Floor Conference Room
San Antonio, TX 78217

Hector Villarreal
210-347-1597 (phone)

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229
210-616-0885 (phone)

St. Brigid Catholic Church

2nd Saturday, 10a

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St.
McKenna Building
San Antonio, TX 78240

Carmen Ortiz
210-521-9161 (phone)

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

For support groups for those affected by mental illness, please contact NAMI.

6904 West Avenue
Conference Room
San Antonio, TX 78213
(at NW Military Highway)
210-342-4261 (phone)

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, TX 78205
210-226-2426 (phone)

St. Peter-St. Joseph Children's Home (St. PJ's)

www.stpjhome.org

Monday, Wednesday, Thursday, 8:30a - 6p; Tuesday, 8:30a - 7p; Fridays, 8:30a - 5p;

Evening appointments available

Income Based/Sliding Scale Counseling - [Read the flyer](#)

919 Mission Road
San Antonio, TX 78210

James Castro, LPC, LMFT
Executive Director
210-533-1203 (main phone)

Andrea Gonzalez, LPC
Therapist – Team Lead
210-531-8547 (phone)

St. Stephen Catholic Church

3rd Tuesday, 6:30 – 8p

This group welcomes anyone affected by mental illness needing support. This group is bilingual. [Read the St. Stephen Support Group flyer](#) for details.

2127 South Zarzamora St.
San Antonio, TX 78207

Mary May
210-888-5533 after 6p

Syliva Luna
210-393-3664 (phone)

TL Taylor Ministries

www.tltaylorministries.com

P.O. Box 39776
San Antonio, TX 78218
210-846-8692 (phone)

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, TX 78244

Albert Bryan
210-551-8244 (phone)

Substance Abuse Treatment & Support

Alcoholics Anonymous (AA)

www.aasanantonio.org

Hours: 9a - 7p (Monday); 9a - 5p (Tuesday – Friday)

Central Service Office

8804 Tradeway

San Antonio, TX 78217

210-821-6325 (phone)

210-822-4491 (fax)

Helpline 24 Hours/Day: 210-828-6235

Alpha Home, Inc.

www.alphahome.org

300 E. Mulberry

San Antonio, TX 78212

210-735-3822 (phone)

210-735-1908 (fax)

Catholic Charities, Archdiocese of San Antonio, Inc

www.ccaosa.org

202 W. French Pl.

San Antonio, TX 78212-5818

210-222-1294 (phone)

210-227-0217 (fax)

Center for Health Care Services

www.chcsbc.org

3031 IH 10 West

San Antonio, TX 78201

210-731-1320 (phone)

210-731-1315 (fax)

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries

503 San Pedro

San Antonio, TX 78212

210-299-4540 (phone)

210-299-1193 (fax)

Elite Counseling

410 South Main Ave., Suite 201

San Antonio, TX 78204

210-822-9493 (phone)

Lifetime Recovery, Inc.

www.lifetimerecoverytx.org

10290 Southton Road
San Antonio, TX 78223
210-633-0201 (phone)
210-633-2833 (fax)

Mid-Coast Family Services

www.midcoastfamily.org

700 S. Zarzamora
San Antonio, TX 78207
210-271-9452 (phone)
210-271-9891 (fax)

Mind Body and Soul

Substance abuse treatment (opiate dependent) for veterans along with referrals for mental health and family therapy for the entire family. We are a nonprofit Intensive Outpatient Treatment facility.

[Albert Bryan](#)

Narcotics Anonymous (NA)/ Alanon and Alateen

www.na.org

Esperanza Area Narcotics Anonymous

210-434-0665 (phone)
800-221-9091 (phone)

Alanon and Alateen

210-829-1392 (phone)

Serenity House Drug and Alcohol Treatment Center

Tuesdays, 6 - 7:30p

FREE Family Support Group for the loved ones of alcoholics and addicts. (Open to any adult in a personal relationship with an alcoholic or an addict.)

St. George Episcopal Church
6904 West Avenue
Conference Room
San Antonio, TX 78213

Joan Ellis LPC, LCDC
Group Facilitator
210-525-1979 (phone)

Karin Fuenson
210-508-6003 (phone)

Volunteers of America

www.voa.org

6487 Whitby
San Antonio, TX 78240
210-558-0731 (phone)

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

[Click here to download the Wesley Health & Wellness Center Calendar](#)

1406 Fitch Street
San Antonio, TX 78221
210-922-6922 (Phone)

Transportation

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)

VIA Bus

www.viainfo.net

Hours: 8a - 4:45p (Monday – Friday)

800 W. Myrtle
San Antonio, TX 78212
210-362-2000 (phone)

Customer Service Centers

VIA Metro Center

Hours: 7a - 6p (Monday – Friday)

1021 San Pedro
San Antonio, TX 78212-5439
210-362-2020 (phone)

Crossroads Park and Ride

Hours: 7a - 1p and 2:30p - 6p (Monday – Friday)

151 Crossroads Blvd.
San Antonio, TX 78201
210-731-6616 (phone)

Downtown Information Center

Hours: 7a - 6p (Monday – Friday); 9a - 2p (Saturday)

211 W. Commerce St.
San Antonio, TX 78205-2458
210-475-9008 (phone)

Ingram Transit Center

Hours: 7:30a - 1p and 2p - 4:30p (Monday – Friday)

3215 Northwestern Dr.
San Antonio, TX 78238-4000
210-521-6773 (phone)

Kel-Lac Transit Center

Hours: 7a - 1p and 2:30p - 6p (Monday – Friday)
7183 Highway 90 West
San Antonio, TX 78227-3535
210-679-0309 (phone)

Madla Transit Center

Hours: 7a - 1p and 2:30p - 6p (Monday – Friday)
1584 Cantrell
San Antonio, TX 78221-2215
210-922-2551 (phone)

Medical Center Transit Center

Hours: 7a - 1p and 2:30p - 6p (Monday – Friday)
7535 Merton Minter
San Antonio, TX 78229-4407
210-614-4615 (phone)

North Star Transit Center

Hours: 7:30a - 1p and 2p - 4:30p (Monday – Friday)
7538 San Pedro
San Antonio, TX 78216-5387
210-524-9272 (phone)

Randolph Park and Ride

Hours: 7a - 1p and 2:30p - 6p (Monday – Friday)
9400 IH 35 North
San Antonio, TX 78233-6601
210-564-8175 (phone)

Ellis Alley Information Center

Hours: 7:30a - 1p and 2p - 4:30p (Monday – Friday)
212 Chestnut
San Antonio, TX 78202-2720
210-299-1213 (phone)

Veterans Services

American GI Forum

519 N. Medina St.
San Antonio, TX 78207
210-448-9714 (phone)

611 N. Flores St.
San Antonio, TX 78205
210-354-4892 (phone)

Bexar County Veterans Service Office

www.bexar.org/509/Veterans-Service-Office

Hours: 8a - 5p (Monday – Friday)
233 North Pecos, Suite 590
San Antonio, TX 78207
210-335-6737 (phone)
210-335-3632 (fax)

Family Endeavors

www.familyendeavors.org

535 Bandera Road
San Antonio, TX 78228
210-431-6466 (phone)
210-431-6470 (fax)

Good Samaritan Veterans Outreach & Transition Center (Alamo Colleges)

www.alamo.edu/spc/gsvotc/

202 Connelly Street
San Antonio, TX 78203
210-486-2185 (phone)
SPC-GSVOTC@alamo.edu

Mind Body and Soul

Substance abuse treatment (opiate dependent) for veterans along with referrals for mental health and family therapy for the entire family. We are a nonprofit Intensive Outpatient Treatment facility.

[Albert Bryan](#)

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for

individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call 210-616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg)
1st Floor Conference Room
San Antonio, TX 78217

Hector Villarreal
210-347-1597 (phone)

The Ecumenical Center
8310 Ewing Halsell Drive
(Corner of Wurzbach)
San Antonio, TX 78229
210-616-0885 (phone)

St. Mark Episcopal Church
Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, TX 78205
210-226-2426 (phone)

United States Department of Veterans Affairs (VA)

www.southtexas.va.gov

Audie Murphy Memorial VA Hospital

Hours: 8a - 4:30p (Monday – Friday); Emergency Room 24 hours/7 days per week

7400 Merton Minter Blvd.
San Antonio, TX 78229
210-617-5300 (phone)
1-877-469-5300 (phone)

Frank M. Tejeda VA Outpatient Clinic

Hours: 8a - 4:30p (Monday, Tuesday, Thursday, Friday); 10a - 4:30p (Wednesday)

5788 Eckhert Road
San Antonio, TX 78240
210-699-2100 (phone)

North Central Federal Clinic

Hours: 7:30a - 4:30p (Monday, Tuesday, Thursday, Friday); 10a - 4:30p (Wednesday)

17440 Henderson Pass
San Antonio, TX 78232-1662
210-483-2900 (phone)

South Bexar VA Outpatient Clinic

Hours: 8a - 4p (Monday, Tuesday, Thursday, Friday); 1p - 4p (Wednesday)
4610 E. Southcross Blvd., Suite #100
San Antonio, TX 78223
210-648-1491 (phone)

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, TX 78244

Albert Bryan
210-551-8244 (phone)

Veterans of Foreign Wars (VFW)

www.vfw.org

Southside VFW Post 4815

3111 Commercial Ave.
San Antonio, TX 78221
210-922-8071 (phone)

Southside VFW Post 4815

3111 Commercial Ave.
San Antonio, TX 78221
210-922-0629 (phone)

Southside VFW Post 9186

650 E. White Rd.
San Antonio, TX 78214
210-532-9191 (phone)

Southside VFW Back Canteen

650 E. White Rd.
San Antonio, TX 78214
210-534-5022 (phone)

Westside VFW

3001 Guadalupe St.
San Antonio, TX 78207
210-434-6303 (phone)

Westside VFW

2410 Pinn Road
San Antonio, TX 78227
210-674-7821 (phone)

Westside VFW

2219 Frio City Rd.
San Antonio, TX 78226
210-923-7007 (phone)

Central VFW (Counseling Services)

611 N. Flores
San Antonio, TX 78205
210-223-4096 (phone)

Central VFW Post 76

10 10th St.
San Antonio, TX 78215
210-223-4581 (phone)

Northwest VFW Post 8541

2222 Austin Hwy
San Antonio, TX 78218
210-655-2944 (phone)

Northwest VFW Post 1533

107 Elmhurst Ave.
San Antonio, TX 78209
210-826-0278 (phone)

Northwest VFW Post 8111

335 Austin Road
San Antonio, TX 78209
210-223-1070 (phone)

Eastside VFW
4436 Valleyfield St.
San Antonio, TX 78222
210-337-8893 (phone)

Southwest VFW Post 6012
4810 W. Military Dr.
San Antonio, TX 78242
210-674-4571 (phone)

Eastside VFW
3202 Ackerman Road
San Antonio, TX 78219
210-661-4072 (phone)

Villa Serena

4455 Horizon Hill
San Antonio, TX 78229
210-321-2700 (phone)

Resources by Location

North San Antonio

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

[Click here to download the Community Resource Directory](#)

13430 West Avenue
San Antonio, TX 78216-2005
210-490-4300 (phone)
Commissioner Pct. 3

Catholic Charities, Archdiocese of San Antonio, Inc

www.ccaosa.org

202 W. French Pl.
San Antonio, TX 78212-5818
210-222-1294 (phone)
210-227-0217 (fax)
Commissioner Pct. 4

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct. 2

Clothing

Goodwill Industries (North) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

13311 San Pedro Ave (at Bitters Road)
San Antonio, TX 78216
210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 3

Goodwill Industries (Northeast) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

1533 Austin Highway (at Harry Wurzbach)
San Antonio, TX 78218

210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 4

Goodwill Industries (Northwest) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

3401 Fredericksburg Road (at Vance Jackson)
San Antonio, TX 78201
210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 2

Goodwill Industries (Northwest) Job Help Center

Provides for men, women, and children

Hours: 8a - 5p (Monday – Friday)

12332 W. IH 10 (at De Zavala Road)
San Antonio, TX 78230
210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 3

Counseling & Support Groups

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

For family member support groups for those affected by mental illness, please contact NAMI.

510 Belknap Pl.
San Antonio, TX 78212
210-734-3349 (phone)
Commissioner Pct. 4

Anxiety Support Groups

Tuesday, 10a

Incarnate Word Retirement Center
4707 Broadway St.
San Antonio, TX 78209

Dudley Falgoust
210-543-8522 (phone)
210-385-0994 (mobile)
Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)
Commissioner Pct. 3

Wednesdays, 7p

Ecumenical Center
8310 Ewing Halsell Drive
San Antonio, TX 78229

Patricia Klar
210-655-6875 (phone)
210-241-8954 (mobile)
Commissioner Pct. 2

Catholic Charities Counseling and Consultation Center

www.ccaosa.org/counseling/ccounseling.html

Income Based/Sliding Scale Counseling

231 W. Commerce
San Antonio, TX 78205

Suzanne Carter LPC-S, NCC, LCDC
Managing Director
210-377-1133 (phone)
210-377-1230 (fax)
Commissioner Pct. 2

The Clubhouse

www.saclubhouse.org

“The San Antonio Clubhouse offers a supportive community where members recover from mental illness through meaningful relationships and rewarding work.”

6851 citizens parkway
San Antonio, TX 78229

210-798-1619 (phone)
210-798-1620 (fax)
Commissioner Pct. 2

Community Bible Church

Living Grace Group Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support. Bexar County Reentry

2477 North Loop 1604 East (Between Redland Road and US Hwy 281)
San Antonio, Texas 78232
Denise Espino (210) 253-5971

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Commissioner Pct. 3

Faith Based Family and Offender Support Group

Tuesdays, 7p

For those affected by incarceration, family members and ex-offenders (Key focus is re-entry into the community; not specializing in serious mental illness)

2477 North Loop 1604 East (Between Redland Road and US Hwy 281)
San Antonio, Texas 78232

Carol Morton
210-692-4594 (office phone)
512-626-3559 cell phone
Commissioner Pct. 3

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road School Library, Building B
San Antonio, Texas 78258
(Corner of Huebner and 1604)

210-479-1477 (phone)
Commissioner Pct. 3

Depression and Bipolar Support Alliance of Bexar County

Mondays, 7 - 9p

Support group for people with bipolar disorder and clinical depression.

Methodist Specialty and Transplant Hospital
8026 Floyd Curl Drive, Classroom 1
San Antonio, Texas 78229

Kathy Franklin
210-945-0689 (phone)
Commissioner Pct. 2

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road Faith Building, Room 102
Universal City, Texas 78148

210-658-6394 (phone)

Commissioner Pct. 4

Jewish Family Services

www.jfs-sa.org

Income Based/Sliding Scale Counseling
12500 N. W. Military Hwy, #250
San Antonio, Texas 78231

210-302-6920 (phone)
210-302-6952 (fax)
Commissioner Pct. 3

NAMI Connection (National Alliance on Mental Illness, San Antonio)

Thursdays, 6:30 - 8p

NAMI Connection is a recovery support group for people living with mental illness. Meets weekly for about 90 minutes, free of charge, and follows a flexible structure without an educational format.

Christ Episcopal Church
510 Belknap Place, Room 231
San Antonio, Texas 78212

210-734-3349 (phone)
Commissioner Pct. 4

Northern Hills United Methodist Church

SAFE - support group for self-injurers
3703 North Loop 1604 East
San Antonio, Texas 78247

Heather Parsons
210-654-8406 (phone)
Commissioner Pct. 3

The Ecumenical Center

8310 Ewing Halsell Drive
San Antonio, Texas 78229
210-616-0885 (phone)

Patricia Klar
210-241-8954 (phone)
Commissioner Pct. 2

River Bend Counseling

www.riverbend-counseling.com

Last Friday of the Month, 5:45p

All welcome, separate groups for caregivers. Simultaneous support groups for adults and teens/children. Also, self-directed support group for caregivers/parents meets at the same location and time.

145 Landa Street
New Braunfels, Texas 78130

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call (210) 616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg)
1st Floor Conference Room
San Antonio, Texas 78217

Hector Villarreal
210-347-1597 (phone)
Commissioner Pct. 3

The Ecumenical Center

8310 Ewing Halsell Drive (Corner of Wurzbach)
San Antonio, Texas 78229

210-616-0885 (phone)
Commissioner Pct. 2

Serenity House Drug and Alcohol Treatment Center

Tuesdays, 6 - 7:30p

FREE Family Support Group for the loved ones of alcoholics and addicts. (Open to any adult in a personal relationship with an alcoholic or an addict.)

St. George Episcopal Church
6904 West Avenue Conference Room
San Antonio, Texas 78213

Joan Ellis LPC, LCDC Group Facilitator
210-525-1979 (phone)
210-508-6003 (phone)

Commissioner Pct. 3

St. Brigid Catholic Church

2nd Saturday, 10a

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St. McKenna Building
San Antonio, Texas 78240

Carmen Ortiz
210-521-9161 (phone)
Commissioner Pct. 3

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

6904 West Avenue Conference Room
San Antonio, Texas 78213 (at NW Military Highway)

210-342-4261 (phone)
fulenwiderj@gmail.com
Commissioner Pct. 3

Survivors of Loved Ones' Suicide (S.O.L.O.S.)

1st & 3rd Wednesdays, 7 - 8:30p

The Ecumenical Center
8310 Ewing Halsell Drive (Corner of Wurzbach)
San Antonio, Texas 78229
210-616-0885 (phone)

Tony Mata
210-885-7069 (phone)
Commissioner Pct. 2

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, Texas 78244

Albert Bryan
210-551-8244 (phone)
Commissioner Pct. 4

Dental Care

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue
San Antonio, TX 78216-2005

210-490-9609 (toll free phone)
210-490-4300 (phone)
Commissioner Pct. 3

CentroMed Walzem Clinic

www.centromedsa.org/services/dental

Hours: 8:00 am to 10:00 pm (Monday – Friday); 8:00 am to 5:00 pm (Saturday); Opens at 1:00 pm on first Wednesday of every month

5253 Walzem Road
San Antonio, Texas 78218

210-637-2450 (phone)
210-590-8970 (fax)
Commissioner Pct. 4

University of Texas Health Science Center – Dental School Clinic

<http://dental.uthscsa.edu>

7703 Floyd Curl Drive
San Antonio, Texas 78229

For an appointment at the Predoctoral Clinic: 210-567-3217
Advanced General Dentistry Clinic: 210-567-3270
Endodontic Clinic (Root Canals): 210-567-3321
Geriatric Dentistry Clinic: 210-567-0327
Oral Medicine: 210-567-3313
Oral Surgery (including implants and facial cosmetic surgery): 210-567-3477
Orthodontics (braces): 210-567-0072
Pediatric Dentistry (Children’s Dentistry): 210-567-6931
Periodontics (Gum Problems and Implants): 210-567-3318
Prosthodontics Clinic (Fixed and Removable Tooth Replacement): 210-567-3323
Commissioner Pct. 2

Education

Northeast Lakeview College

1201 Kitty Hawk Road
Universal City, Texas 78148

210-486-5000 (phone)

Commissioner Pct. 4

Northwest Vista College

3535 North Ellison Road
San Antonio, Texas 78251

210-486-4000 (phone)
Commissioner Pct. 1

San Antonio College

1300 San Pedro Avenue
San Antonio, Texas 78212-4299

210-486-0000 (phone)
210-486-0777 (technology hotline)
Commissioner Pct. 4

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue
San Antonio, TX 78216-2005

210-490-9609 (toll free phone)
210-490-4300 (phone)
Commissioner Pct. 3

San Antonio College

1300 San Pedro Ave.
San Antonio, Texas 78212

210-486-0449 (phone)
Commissioner Pct. 3

Northeast Independent School District GED center

8750 Tesoro
San Antonio, Texas 78217

210-657-8866 (phone)
Commissioner Pct. 3

Judson Education Resource Center

8205 Palisades Drive
San Antonio, Texas 78233

210-619-0427 (phone)

Commissioner Pct. 4

Northside Independent School District GED Testing Center

6632 Bandera Road
San Antonio, Texas 78238

210-397-7569 (phone)
Commissioner Pct. 2

Employment

George Gervin Project Hope

231 West Cypress
San Antonio, TX 78212
POC: Jeanette Bramasco
210-804-1786 (phone)

Career Gear

www.careergear.org

Hours: 9:00 am to 5:00 pm (Monday – Thursday); 9:00 to 4:00 pm (Friday)

600 N Frio
San Antonio, TX 78207

210-737-1515 (phone)
210-737-1616 (fax)
Commissioner Pct. 2

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212

210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct. 2

Dress for Success San Antonio (DFSSA)

www.dressforsuccess.org

Hours: 9:00 am to 5:00 pm (Monday – Thursday); 9:00 to 4:00 pm (Friday)

600 N Frio

San Antonio, TX 78207

210-737-1515 (phone)

210-737-1616 (fax)

Commissioner Pct. 2

Job Help Center Locations

Goodwill

North

Hours: 8:00 am to 5:00 pm (Monday – Friday)

13311 San Pedro (at Bitters Road)

San Antonio, TX 78216

210-924-8581 (phone)

210-924-3011 (fax)

Commissioner Pct. 3

Northeast

Hours: 8:00 am to 5:00 pm (Monday – Friday)

1533 Austin Highway (at Harry Wurzbach)

San Antonio, TX 78218

210-924-8581 (phone)

210-924-3011 (fax)

Commissioner Pct. 4

Northwest

Hours: 8:00 am to 5:00 pm (Monday – Friday)

3401 Fredericksburg (at Vance Jackson)

San Antonio, TX 78201

210-924-8581 (phone)

210-924-3011 (fax)

12332 W. I-10 (at DeZavala)

San Antonio, TX 78230

Commissioner Pct. 2

Workforce Solution

Northeast

Hours: 8:00 am to 5:00 pm (Monday – Friday)

4615 Walzem Road, Suite 100
San Antonio, TX 78218
210-822-7640 (phone)
210-822-9623 (fax)

1499 Hillcrest Drive
San Antonio, TX 78228-3900
210-438-0581 (phone)
210-438-8057 (fax)
Commissioner Pct. 4

Finance

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue
San Antonio, TX 78216-2005

210-490-9609 (toll free phone)
210-490-4300 (phone)
Commissioner Pct. 3

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone) 210-299-1193 (fax)
Commissioner Pct. 2

Consumer Credit Counseling Services of Greater San Antonio

www.cccssa.org

Main Office

Northwest San Antonio Office

Hours: 7:30 am to 6:00 pm (Monday – Thursday); 7:40 am to 5:00 pm (Friday); 9:00 am to 1:00 pm (Saturday); Telephone Counseling until 10:00 pm.

6851 Citizens Parkway, Suite 100
San Antonio, TX 78229
Commissioner Pct. 2
210-979-4300 (phone)
210-979-4330 (fax)

Health Services

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue
San Antonio, TX 78216-2005

210-490-9609 (toll free phone)
210-490-4300 (phone)
Commissioner Pct. 3

CentroMed Walzem Clinic

www.centromedsa.org

Hours: 8:00 am to 10:00 pm (Monday – Friday); 8:00 am to 5:00 pm (Saturday); Opens at 1:00 pm on first Wednesday of every month

5253 Walzem Rd.
San Antonio, TX 78218

210-637-2450 (phone)
210-590-8970 (fax)
Commissioner Pct. 4

University Health System

www.universityhealthsystem.com

University Hospital

4502 Medical Drive
San Antonio, TX 78229

210-358-4000 (phone)
210-358-8536 (fax)
Commissioner Pct. 2

University Family Health Center Northwest

Hours: 7:30 am to 8:00 pm (Monday – Thursday); 8:30 am to 4:00 pm (Friday); 8:00 am to Noon (Saturday)

7726 Louis Pasteur
San Antonio, TX 78229

210-358-9400 (phone)
210-358-8143 (fax)
Commissioner Pct. 2

University Family Health Center – North

Hours: 8:00 am to 8:00 pm (Monday – Thursday); 9:00 am to 4:00 pm (Friday); 8:00 am to Noon (Saturday)

302 West Rector Street
San Antonio, TX 78216

210-358-0800 (phone)
210-358-0850 (fax)

Commissioner Pct. 2

University Health System Bob Ross Center

2219 Babcock
San Antonio, TX 78229

210-207-5332 (phone)
Commissioner Pct. 2

University Health System Kenwood Clinic

302 Dora
San Antonio, TX 78212
210-644-8000 (phone)

University Health System Naco Perrin Clinic

4020 Naco Perrin
San Antonio, TX 78217

210-644-8900 (phone)
Commissioner Pct. 4

University Health System Dialysis Northwest

7540 Louis Pasteur, Suite 100
San Antonio, TX 78229

210-358-2675 (phone)
Commissioner Pct. 2

Housing

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue
San Antonio, TX 78216-2005

210-490-9609 (toll free phone)
210-490-4300 (phone)
Commissioner Pct. 3

Barabbas Ministries

www.barabbasministries.org

Open to men; does not support major medical illness or major mental illness

Write to: PO Box 461531

San Antonio, TX 78217
Commissioner Pct. 3

The Clubhouse at Monticello Park

Contact: *Ben Hammond*
431 Club Drive
San Antonio, TX 78201

- Men ages 18+
- Drug and alcohol free living environment
- 90 day program
- No sex offenders considered (zoned by a school)
- \$110.00 weekly rent and deposit (ideal total: \$330.00)
- Referrals from collaborating agencies

Commissioner Pct. 2

Deborah's House

Contact: *Kate Campbell*
6487 Whitby
San Antonio, TX 78240
210-268-3314 (phone)

- Transitional housing for women in recovery
- Applicants must have worked the first three AA steps
- Have to complete recovery and have a sponsor
- Fee based off 30% of income, not to exceed \$300.00 a month
- Referrals from collaborating agencies

Commissioner Pct. 3

Grace House, Inc.

www.gracehousesa.com

Open to women; does not support major medical illness or major mental illness; not open to sex offenders

Write to: P.O. Box 781283
San Antonio, TX 78278

210-493-7884 (phone)
210-573-5419 (phone)
Commissioner Pct.2

Hope Action Care

Open to men; transitional for men with HIV/AIDS; provides support for major medical illness and major mental illness

132 West Grayson
San Antonio, TX 78212

210-224-7330 (phone)
Commissioner Pct. 4

Iron Sharpens Iron

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

151 W. Olmos Dr.
San Antonio, TX 78201

210-386-6741 (phone)
Commissioner Pct. 4

Living Water Faith Church

Open to men; does not support major medical illness or major mental illness

118 Fredericksburg Rd.
San Antonio, TX 78201

210-733-1980 (phone)
Commissioner Pct. 4

Oxford House for Men

www.oxfordhouse.org

Does not support major medical illness or major mental illness; not open to sex offenders

310

Oxford House – Beacon Hill

Cincinnati
San Antonio, TX 78201

210-320-1914 (phone)
Commissioner Pct. 4

Oxford House – Fredericksburg Road

311 Cincinnati
San Antonio, TX 78201

210-320-1914 (phone)
Commissioner Pct. 4

Oxford House – Mistletoe

1130 W. Mistletoe Rd.
San Antonio, TX 78201
210-320-0702 (phone)

Commissioner Pct. 4

Oxford House – Stirrup

2719 Kerrybrook Court
San Antonio, TX 78240

210-979-6013 (phone)
Commissioner Pct. 3

Oxford House for Women (and Children)

www.oxfordhouse.org

Does not support major medical illness or major mental illness; not open to sex offenders

Oxford House – Leon Valley

5907 Rimkus St.
San Antonio, TX 78238

210-334-0252 (phone)
Commissioner Pct. 2

Oxford House – Woodlawn Lake

155 N. Josephine Tobin Drive
San Antonio, TX 78201

210-467-5334 (phone)
Commissioner Pct. 1

Salvation Army

www.salvationarmysatx.org

210-352-2000

Men's Emergency Shelter

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

226 Nolan St.
San Antonio, TX 78212

210-352-2005 (fax)
Commissioner Pct. 4

Transitional Family Housing

Open to men, women, and children; does not support major medical illness or major mental illness; not open to sex offenders

515 W. Elmira St.
San Antonio, TX 78212

210-352-2005 (fax)
Commissioner Pct. 2

Scattered Sites Apartment Program

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

910 N. Flores St.
San Antonio, TX 78212

210-224-1090 (fax)
Commissioner Pct. 2

William Booth Garden Apartments & Catherine Booth Garden Apartments

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

2710 W. Ashby Place
San Antonio, TX 78201

210-733-8210 (phone)
210-733-8508 (fax)
Commissioner Pct. 2

Home Sweet Home

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

515 W. Elmira St.
San Antonio, TX 78212

210-352-2005 (fax)
Commissioner Pct. 2

Victory Outreach

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

4703 Goldfield
San Antonio, TX 78218-4604

210-531-0090 (phone)
Commissioner Pct 4

Volunteers of America: LIGHT Program

Contact: Ramon Gonzales

6487 Whitby Rd.
San Antonio, TX 78240
210-558-0908 (phone)

- Substance Abuse Treatment Services
- Individuals and families: women, children, and pregnant women
- 90 day program
- No violent criminal backgrounds
- Fee based off insurance/monthly income

- Referrals from collaborating agencies and state
Commissioner Pct. 3

Mental Health Care

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

This is a family member support group for those affected by mental illness.

510 Belknap pl

San Antonio, TX 78212

210-734-3349 (phone)

Commissioner Pct. 4

Anxiety Support Groups

Tuesday, 10a

Incarnate Word Retirement Center

4707 Broadway St.

San Antonio, Texas 78209

Dudley Falgoust

(210) 543-8522 (phone)

Wednesdays, 7p

Commissioner Pct.3

Ecumenical Center

8310 Ewing Halsell Drive

San Antonio, Texas 78229

210-616-0885

Pat Klar (210) 655-6875 phone

(210) 385-0994 mobile

Commissioner Pct.2

The Arc of San Antonio

www.arc-sa.org

For People with Developmental Needs

13430 West Avenue

San Antonio, TX 78216-2005

210-490-9609 (toll free phone)

210-490-4300 (phone)

Commissioner Pct. 3

Center for Health Care Services

www.chcsbc.org

3031 IH 10 West

San Antonio, TX 78201
210-223-4061 (phone) 210-731-1315 (fax)
Commissioner Pct. 4

Chrysalis Ministries

www.chrysmmin.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212

210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct. 2

The Clubhouse

www.saclubhouse.org

6851 citizens parkway
San Antonio, TX 78229
210-798-1619 (phone) 210-798-1620 (fax)
Commissioner Pct.2

Community Bible Church

Living Grace Group

Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support.

2477 North Loop 1604 East (Between Redland Road and US Hwy 281)
San Antonio, Texas 78232
210-496-5096 (phone)

Denise Espino
210-253-5971 (phone)

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Commissioner Pct. 2

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road School Library, Building B
San Antonio, Texas 78258 (Corner of Huebner and 1604)

210-479-1477 phone
Commissioner Pct. 3

Depression and Bipolar Support Alliance of Bexar County
Mondays, 7 - 9p

Support group for people with bipolar disorder and clinical depression.

Methodist Specialty and Transplant Hospital
8026 Floyd Curl Drive, Classroom 1
San Antonio, Texas 78229

Kathy Franklin
210-945-0689 (phone)
www.family-service.org
702 San Pedro
San Antonio, TX 78212

210-299-2400 (phone)
210-299-4498 (fax)
Commissioner Pct. 3

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road Faith Building, Room 102
Universal City, Texas 78148
210-658-6394 (phone)
Commissioner Pct. 4

Jewish Family Services

www.jfs-sa.org

12500 N. W. Military Hwy, #250
San Antonio, TX 78231

210-302-6920 (phone)
210-302-6952 (fax)
Commissioner Pct. 3

NAMI Connection (National Alliance on Mental Illness, San Antonio)

Thursdays, 6:30 - 8p

NAMI Connection is a recovery support group for people living with mental illness. Meets weekly for about 90 minutes, free of charge, and follows a flexible structure without an educational format.

Christ Episcopal Church 510 Belknap Place, Room 231
San Antonio, Texas 78212
210-734-3349 (phone)
Commissioner Pct. 4

Northern Hills United Methodist Church

SAFE - support group for self-injurers

3703 North Loop 1604 East
San Antonio, Texas 78247
210-654-0881 (phone)

Heather Parsons
210-654-8406 (phone)
Commissioner Pct. 3

Recovery, Inc.

For those with severe anxiety, panic, depression and phobias

The Ecumenical Center
8310 Ewing Halsell Drive
San Antonio, Texas 78229
210-616-0885 (phone)

Patricia Klar
210-241-8954 (phone)
Commissioner Pct. 3

River Bend Counseling

www.riverbend-counseling.com

Last Friday of the Month, 5:45p

All welcome, separate groups for caregivers. Simultaneous support groups for adults and teens/children. Also, self-directed support group for caregivers/parents meets at the same location and time.

145 Landa Street
New Braunfels, Texas 78130

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers. Bexar County Reentry Resource Directory Page 49

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call (210) 616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call (210) 616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg) 1st Floor Conference Room
San Antonio, Texas 78217

Hector Villarreal
210-347-1597 (phone)
Commissioner Pct. 3

St. Brigid Catholic Church

2nd Saturday, 10am

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St. - McKenna Building
San Antonio, Texas 78240

Carmen Ortiz
210-521-9161 (phone)
Commissioner Pct 3

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

6904 West Avenue Conference Room Bexar County Reentry Resource Directory Page 50

San Antonio, Texas 78213 (at NW Military Highway)

(210) 342-4261 phone fulenwiderj@gmail.com

Commissioner Pct. 3

Survivors of Loved Ones' Suicide (S.O.L.O.S.)

1st & 3rd Wednesdays, 7 - 8:30p

The Ecumenical Center

8310 Ewing Halsell Drive (Corner of Wurzbach)

San Antonio, Texas 78229

210-616-0885

Tony Mata (210) 885-7069 phone

Commissioner Pct 2

Spiritual Support

Alamo Heights United Methodist Church

3rd Thursday, 9 – 11a

This is a family member support group for those affected by mental illness.

510 Belknap Pl
San Antonio, TX 78212

210-734-3349 (phone)
Commissioner Pct. 4

Catholic Charities Counseling and Consultation Center

www.ccaosa.org/counseling/ccounseling.html

Income Based/Sliding Scale Counseling

231 W commerce
San Antonio, Texas 78205

Suzanne Carter LPC-S, NCC, LCDC
Managing Director
210-377-1133 (phone)
210-377-1230 (fax)
Commissioner Pct. 2

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212
210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct 2

Community Bible Church

Living Grace Group

Thursdays, 6:30 – 8p

This group welcomes individuals affected by mental illness needing support.

2477 North Loop 1604 East (Between Redland Road and US Hwy 281)
San Antonio, Texas 78232
210-496-5096 (phone)

Denise Espino
210-253-5971 (phone)

The group usually meets Thursday evenings 6:30 – 8p in the Pastoral Care offices on the 2nd floor of the CBC Central Building. Parking lot entrances are on the 1604 access road past Redland Road, at the corner of 1604 and Gold Canyon, and at the dead end (east side) of Sonterra Blvd.

Commissioner Pct. 3

Faith Based Family and Offender Support Group Tuesdays, 7p

For those affected by incarceration, family members and ex-offenders (Key focus is re-entry into the community; not specializing in serious mental illness)

2477 North Loop 1604 East (Between Redland Road and US Hwy 281)
San Antonio, Texas 78232

Carol Morton
210-692-4594 (office phone)
512-626-3559 (cell phone)
Commissioner Pct. 3

Concordia Lutheran Church

Thursdays, 7 – 8:30p

This is a ministry for families of children and youth under 18 with serious mental illness.

16801 Huebner Road School Library, Building B
San Antonio, Texas 78258 (Corner of Huebner and 1604)
210-479-1477 (phone)
Commissioner Pct. 3

First Baptist Church

3rd Tuesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

1401 Pat Booker Road Faith Building, Room 102
Universal City, Texas 78148
210-658-6394 (phone)

Scott and Donna Bass
210-658-1660 (phone)
Commissioner Pct. 4

Ministry of the Third Cross

www.ministryofthethirdcross.org

14207 Spotted Cedar
San Antonio, TX 78249

210-410-4901 (phone)
Commissioner Pct. 3

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call 210-616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call 210-616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg) 1st Floor Conference Room
San Antonio, Texas 78217

Hector Villarreal
210-347-1597 phone
Commissioner Pct. 3

The Ecumenical Center

8310 Ewing Halsell Drive (Corner of Wurzbach)
San Antonio, Texas 78229

210-616-0885 phone
Commissioner Pct. 3

St. Brigid Catholic Church

2nd Saturday, 10am

This group is a bilingual and a family member support group for those affected by mental illness.

6907 Kitchener St. McKenna Building
San Antonio, Texas 78240

Carmen Ortiz
210-521-9161 phone
Commissioner Pct. 3

St. George Episcopal Church

2nd Wednesday, 7 – 8:30p

This group welcomes anyone affected by mental illness needing support.

6904 West Avenue Conference Room
San Antonio, Texas 78213 (at NW Military Highway)
Commissioner Pct. 3

210-342-4261 (phone)
fulenwiderj@gmail.com

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, Texas 78244

Albert Bryan
210-551-8244 (phone)
Commissioner Pct. 4

Substance Abuse Treatment and Support

Alcoholics Anonymous (AA)

www.aasanantonio.org

Hours: 9:00 am to 7:00 pm (Monday); 9:00 am to 5:00 pm (Tuesday – Friday)

Narcotics Anonymous (NA)

www.na.org

Esperanza Area Narcotics Anonymous
210-434-0665 (phone)
800-221-9091 (phone)

Central Service Office
8804 Tradeway
San Antonio, TX 78217
210-821-6325 (phone)
210-822-4491 (fax)
Helpline 24 Hours/Day: 210-828-6235
Commissioner Pct 3

Alanon and Alateen

210-829-1392 (phone)

Alpha Home, Inc.

www.alphahome.org

300 E. Mulberry
San Antonio, TX 78212

210-735-3822 (phone)
210-735-1908 (fax)
Commissioner Pct. 2

Catholic Charities, Archdiocese of San Antonio, Inc

www.ccaosa.org

202 W. French Pl.
San Antonio, TX 78212-5818

210-222-1294 (phone)
210-227-0217 (fax)
Commissioner Pct. 4

Chrysalis Ministries

www.chrysmi.org

Formerly Bexar County Detention Ministries

503 San Pedro
San Antonio, TX 78212

210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct 2

Volunteers of America

www.voa.org

6487 Whitby

San Antonio, TX 78240

210-558-0731 (phone)
Commissioner Pct. 3

Transportation

The Arc of San Antonio

www.arc-sa.org
13430 West Avenue
San Antonio, TX 78216-2005
210-490-9609 (toll free phone) 210-490-4300 (phone)
Commissioner Pct. 3

Chrysalis Ministries

www.chrysmmin.org
Formerly Bexar County Detention Ministries
503 San Pedro
San Antonio, TX 78212

210-299-4540 (phone)
210-299-1193 (fax)
Commissioner Pct. 2

VIA Bus

Main Administrative Office
www.viainfo.net
Hours: 8:00 am to 4:45 pm (Monday – Friday)
800 W. Myrtle
San Antonio, TX 78212

210-362-2000 (phone)
Commissioner Pct. 4

Customer Service Centers

VIA Metro Center
Hours: 7:00 am to 6:00 pm (Monday – Friday)
1021 San Pedro
San Antonio, TX 78212-5439
210-362-2020 (phone)
Commissioner Pct. 4

Crossroads Park and Ride

Hours: 7:00 am to 1:00 pm and 2:30 pm to 6:00 pm (Monday – Friday)
151 Crossroads Blvd.
San Antonio, TX 78201

210-731-6616 (phone)
Commissioner Pct. 2

Ingram Transit Center

Hours: 7:30 am to 1:00 pm and 2:00 pm to 4:30 pm (Monday – Friday)
3215 Northwestern Dr.
San Antonio, TX 78238-4000

210-521-6773 (phone)
Commissioner Pct. 2

Medical Center Transit Center

Hours: 7:00 am to 1:00 pm and 2:30 pm to 6:00 pm (Monday – Friday)
5330 Medical Dr.
San Antonio, TX 78229-4407

210-614-4615 (phone)
Commissioner Pct. 2

North Star Transit Center

Hours: 7:30 am to 1:00 pm and 2:00 pm to 4:30 pm (Monday – Friday)
7538 San Pedro
San Antonio, TX 78216-5387

210-524-9272 (phone)
Commissioner Pct. 3

Randolph Park and Ride

Hours: 7:00 am to 1:00 pm and 2:30 pm to 6:00 pm (Monday – Friday)
9400 IH 35 North
San Antonio, TX 78233-6601

210-564-8175 (phone)
Commissioner Pct. 4

Veteran Services

San Antonio Coalition for Veterans (SACV)

3rd Wednesday, 1:30 - 3:30p

SACV is an organization dedicated to Veterans, families and caregivers.

No Cost Counseling: Family members of active duty military personnel are eligible to receive no cost counseling services through TRICARE at the Ecumenical Center. Call (210) 616-0885 to set an appointment.

Sliding Scale Counseling Services: The Ecumenical Center for Religion & Health has received a grant from the Texas Veterans Commission to provide counseling services on a sliding scale to members of the military and their families. The program covers aid for individuals, families, group therapy, play therapy, neurofeedback (for traumatic brain injuries or ADHD) and spousal therapy. Services are available on a first come/first serve basis and while funds last. Call (210) 616-0885 to set an appointment.

8700 Tesoro Drive (AACOG Bldg.) 1st Floor Conference Room
San Antonio, Texas 78217

Hector Villarreal
210-347-1597 (phone)
Commissioner Pct. 3

The Ecumenical Center

8310 Ewing Halsell Drive (Corner of Wurzbach)
San Antonio, Texas 78229

210-616-0885 (phone)
Commissioner Pct. 2

Audie Murphy Memorial VA Hospital

Hours: 8:00 am to 4:30 pm (Monday – Friday); Emergency Room 24 hours/7 days per week
7400 Merton Minter Blvd.
San Antonio, TX 78229

210-617-5300 (phone)
1-877-469-5300 (phone)
Commissioner Pct. 2

Frank M. Tejada VA Outpatient Clinic

Hours: 8:00 am to 4:30 pm (Monday, Tuesday, Thursday, Friday); 10:00 am to 4:30 pm (Wednesday)
5788 Eckhart Road
San Antonio, TX 78240

210-699-2100 (phone)
Commissioner Pct. 2

North Central Federal Clinic

Hours: 7:30 am to 4:30 pm (Monday, Tuesday, Thursday, Friday); 10:00 am to 4:30 pm (Wednesday)
17440 Henderson Pass
San Antonio, TX 78232-1662

210-483-2900 (phone)
Commissioner Pct. 3

Northwest VFW Post 8541

2222 Austin Hwy
San Antonio, TX 78218

210-655-2944 (phone)
Commissioner Pct. 4

Northwest VFW Post 1533

107 Elmhurst Ave.
San Antonio, TX 78209

210-826-0278 (phone)
Commissioner Pct. 4

Northwest VFW Post 8111

335 Austin Road
San Antonio, TX 78209

210-229-1807 (phone)
Commissioner Pct. 4

Central San Antonio

San Antonio Police Department (SAPD)

www.sanantonio.gov/sapd

210-227-7201

For emergencies: 911

United Way of San Antonio and Bexar County

www.unitedwaysatx.org

211 (24 Hour Helpline)

To speak with a Call Specialist: 210-227-HELP (4357)

Bexar County Department of Community Resources

www.Bexar.org/CDP

Appointment by phone only on Tuesday at 9:00 a.m.; Utility assistance, pauper burial

233 N. Pecos, Suite 590

San Antonio, TX 78207

210-335-3666 (phone)

210-335-6788 (fax)

Commissioner Pct. 2

Christian Assistance Ministry

www.christianassistanceministry.org

Hours: 9:00 am to 3:30 pm (Monday – Thursday); 9:00 am to Noon (Friday)

110 McCullough

San Antonio, TX 78215

210-223-6648 (phone)

210-223-6679 (fax)

Commissioner Pct.4

Salvation Army

www.salvationarmysatx.org

1324 South Flores

San Antonio, TX 78204

210-223-6877 (phone)

210-223-4448 (fax)

Commissioner Pct. 1

Clothing

Career Gear

www.careergear.org

Open to men

Hours: 9:00 am to 5:00 pm (Monday – Thursday); 9:00 to 4:00 pm (Friday)

600 N Frio

San Antonio, TX 78207

210-737-1515 (phone)

210-737-1616 (fax)

Commissioner Pct. 2

Goodwill Industries (Downtown)

Open to men, women, and children

Hours: 8:00 am to 7:00 pm (Monday – Friday); 10:00 am to 2:00 pm (Saturday)

406 W. Commerce (at Santa Rosa)

San Antonio, TX 78207

210-924-8581 (phone)

210-924-3011 (fax)

Commissioner Pct. 2

Counseling and Support Group

Believers United Christian Ministries**Mental Health Support Group**

This group welcomes any one affected by mental illness needing support. Email or call to sign up.

1409 East Commerce

San Antonio, Texas 78205

Senior Pastor Darrell R. Younger

210-212-0544 (phone)

Commissioner Pct. 4

First Presbyterian Church

3rd Tuesday, 6:30 – 8pm

This is a family member support group for those affected by mental illness.

404 N. Alamo Room 300

San Antonio, Texas 78205 (Free parking in church spaces on Avenue E)

Doug Beach

210-226-0215 (phone)

Commissioner Pct. 4

St. Mark Episcopal Church**Veterans Family Support Group**

For Veterans and their families

315 E. Pecan Street

San Antonio, Texas 78205

Commissioner Pct. 4

St. Stephen Catholic Church

3rd Tuesday, 6:30 – 8p

This group welcomes anyone affected by mental illness needing support. This group is bilingual. Read the St. Stephen Support Group flyer for details.

2127 South Zarzamora St.
San Antonio, Texas 78207

Mary May
210-888-5533 (phone) after 6p

Crisis Services

Center for Health Care Services

www.chcsbc.org

527 North Leona, 2nd Floor
San Antonio, TX 78207

210-223-7233 or 1-800-316-9241 (24 Hour Crisis Hotline)
210-225-5481 (phone)
Commissioner Pct. 2

SAMMinistries**SAMM Shelter at Haven for Hope**

www.samm.org

601 Haven for Hope Way
San Antonio, TX 78207

210-220-2100 (phone)
210-224-5999 (fax)
Commissioner Pct. 2

Center for Health Care Services

www.chcsbc.org

527 North Leona, 2nd Floor
San Antonio, TX 78207

210-223-7233 or 1-800-316-9241 (24 Hour Crisis Hotline)
210-225-5481 (phone)
Commissioner Pct. 2

Dental Care

Bishop Earnest T. Dixon Jr. Clinic

1954 E Houston Street, Suite 201
San Antonio, Texas 78202

210-527-1505 (phone)
Commissioner Pct. 4

Education

Alamo Community College District (ACCD)

www.alamo.edu
210 W. Sheridan
San Antonio, TX 78204-1429
210-485-0000 (phone)
Commissioner Pct. 1

Employment

Goodwill Industries

www.goodwillsa.org

406 W. Commerce (at Santa Rosa)
San Antonio, TX 78207-3102

210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 3

Job Help Center Locations

Downtown

Hours: 8:00 am to 7:00 pm (Monday – Friday); 10:00 am to 2:00 pm (Saturdays)

406 W. Commerce (at Santa Rosa)
San Antonio, TX 78207-3102
210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 3

Project Quest, Inc.

www.questsa.com

Hours: 8:00 am to 5:00 pm (Monday – Friday)

515 SW 24th St
San Antonio, TX 78207-4446

210-270-4690 (phone)
210-270-4691 (fax)
Commissioner Pct. 3

Workforce Solutions Alamo

www.workforcesolutionsalamo.org

115 E. Travis, Suite 220
San Antonio, TX 78205

210-272-3260 (phone)
210-272-3290 (fax)
Commissioner Pct. 2

Health Services

CentroMed Haven for Hope Clinic

www.centromedsa.org

Hours: 8:00 am to 10:00 pm (Monday – Friday); 8:00 am to 5:00 pm (Saturday); Opens at 1:00 pm on first Wednesday of every month

601 Haven for Hope Way
Building 1, Suite 300
San Antonio, TX 78207

210-220-2330 (phone)
210-220-2332 (fax)
Commissioner Pct. 2

CentroMed Santa Rosa Clinic

www.centromedsa.org

Hours: 8:00 am to 7:00 pm (Monday and Wednesday); 8:00 am to 5:00 pm (Tuesday, Thursday, and Friday); Opens at 1:00 pm on first Wednesday of every month

315 N. San Saba, Suite 103
San Antonio, TX 78207

210-738-8222 (phone)
210-738-8644 (fax)
Commissioner Pct. 2

Bishop Earnest T. Dixon Jr. Clinic

1954 E Houston Street, Suite 201
San Antonio, Texas 78202

210-527-1505 (phone)
Commissioner Pct. 4

Housing

Behold, New Thing Ministries

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

701 S. W. 24th Street

San Antonio, TX 78207-4669

210-433-7272 (phone)
Commissioner Pct. 2

Mental Health

Family Service Association

www.family-service.org

702 San Pedro
San Antonio, TX 78212

210-299-2400 (phone)
210-299-4498 (fax)
Commissioner Pct. 4

Believers United Christian Ministries

Mental Health Support Group

This group welcomes any one affected by mental illness needing support. Email or call to sign up.

1409 East Commerce
San Antonio, Texas 78205

Senior Pastor Darrell R. Younger
210-212-0544 (phone)
Commissioner Pct. 4

First Presbyterian Church

3rd Tuesday, 6:30 – 8p

This is a family member support group for those affected by mental illness.

404 N. Alamo Room 300
San Antonio, Texas 78205

Doug Beach
210-226-0215 (phone)
Commissioner Pct. 4

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, Texas 78205
Commissioner Pct. 4

Spiritual Support

Believers United Christian Ministries

Mental Health Support Group

This group welcomes any one affected by mental illness needing support. Email or call to sign up.

1409 East Commerce
San Antonio, Texas 78205
Senior Pastor Darrell R. Younger

210-212-0544 (phone)
Commissioner Pct. 4

Mentorship

First Presbyterian Church

3rd Tuesday, 6:30 – 8p

This is a family member support group for those affected by mental illness.

404 N. Alamo Room 300
San Antonio, Texas 78205

Doug Beach
210-226-0215 (phone)
Commissioner Pct. 4

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street
San Antonio, Texas 78205
Commissioner Pct. 4

St. Stephen Catholic Church

3rd Tuesday, 6:30 – 8p

This group welcomes anyone affected by mental illness needing support. This group is bilingual. Read the St. Stephen Support Group flyer for details.

2127 South Zarzamora St.
San Antonio, Texas 78207
210-224-8474

Mary May
(210) 888-5533 (phone) after 6p
Commissioner Pct. 4

Substance Abuse Treatment and Abuse

Mid-Coast Family Services

www.midcoastfamily.org

700 S. Zarzamora

San Antonio, TX 78207

210-271-9452 (phone)

210-271-9891 (fax)

Commissioner Pct. 2

Transportation

Downtown Information Center

Hours: 7:00 am to 6:00 pm (Monday – Friday); 9:00 am to 2:00 pm (Saturday)

211 W. Commerce St.

San Antonio, TX 78205-2458

210-475-9008 (phone)

Commissioner Pct. 2

Ellis Alley Information Center

Hours: 7:30 am to 1:00 pm and 2:00 pm to 4:30 pm (Monday – Friday)

212 Chestnut

San Antonio, TX 78202-2720

210-299-1213 (phone)

Commissioner Pct. 4

Veteran Services

St. Mark Episcopal Church

Veterans Family Support Group

For Veterans and their families

315 E. Pecan Street

San Antonio, Texas 78205

Commissioner Pct. 4

American GI Forum (Counseling Services)

611 N. Flores

San Antonio, TX 78205

210-223-4096 (phone)

Commissioner Pct. 2

Central VFW Post 76

10 10th St.

San Antonio, TX 78215

210-223-4581 (phone)
Commissioner Pct. 4

South San Antonio

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street
San Antonio, TX 78221

210-922-6922 (phone)
Commissioner Pct. 1

Clothing

Goodwill Industries (South)

Open to men, women, and children

Hours: 8:00 am to 5:00 pm (Monday – Friday)

2902 Goliad (at SE Military Drive)
San Antonio, TX 78223

210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 4

Goodwill Industries (South)

Open to men, women, and children

Hours: 8:00 am to 5:00 pm (Monday – Friday)

2514 Southwest Military Drive (at Southpark)
San Antonio, TX 78224

210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 1

Goodwill Industries (Southwest)

Open to men, women, and children

Hours: 8:00 am to 5:00 pm (Monday – Friday)

1743 SW Loop 410 (at Marbach)
San Antonio, TX 78227

210-924-8581 (phone)
210-924-3011 (fax)
Commissioner Pct. 1

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street

San Antonio, TX 78221

210-922-6922 (phone)
Commissioner Pct. 1

Counseling and Support

OCD Counseling

Faith-based OCD Counseling

Santo Nino Catholic Church
57655 Rigsby Avenue
San Antonio, Texas 78222
Karen Bagwell
210-648-1705 (phone)

OCD Texas

www.ocdtexas.org/support-groups

OCD support groups

512-413-4376 (phone)
info@ocdtexas.org
Commissioner Pct. 4

St. Peter-St. Joseph Children's Home (St. PJ's)

www.stpjhome.org

Monday, Wednesday, Thursday, 8:30a - 6p; Tuesday, 8:30a - 7p; Fridays, 8:30a - 5p; Evening appointments available

Income Based/Sliding Scale Counseling

919 Mission Road
San Antonio, Texas 78210

James Castro, LPC, LMFT Executive Director
210-533-1203 (main phone)

Andrea Gonzalez, LPC Therapist – Team Lead
210-531-8547 (phone)
Commissioner Pct. 1

Crisis Services

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street

San Antonio, TX 78221
210-922-6922 (phone)
Commissioner Pct. 1

Dental Care

CentroMed Somerset Family Clinic

www.centromedsa.org/services/dental

Hours: 8:00 am to 5:00 pm (Monday to Friday); Opens at 1:00 pm on first Wednesday of every month

7315 South Loop 1604 West
Somerset, Texas 78069

210-624-3045 (phone)
830-701-7020 (phone)
830-429-3584 (fax)
Commissioner Pct. 1

CentroMed South Park Dental Clinic

www.centromedsa.org/services/dental

*Hours: 8:00 am to 9:30 pm (Monday, Wednesday, and Thursday); 8:00 am to 7:00 pm (Tuesday);
8:00 am to 5:00 pm (Friday and Saturday); Opens at 1:00 pm on first Wednesday of every month*

910 Wagner
San Antonio, TX 78211

210-924-7344 (phone)
210-923-7929 (fax)
Commissioner Pct. 1

CentroMed Southside Medical

www.centromedsa.org/services/dental

*Hours: 8:00 am to 7:00 pm (Monday and Thursday); 8:00 am to 8:00 pm (Tuesday and Wednesday);
8:00 am to 5:00 pm (Friday)*

3750 Commercial Avenue
San Antonio, Texas 78221

210-334-3750 (phone)
210-923-4167 (fax)
Commissioner Pct. 1

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street
San Antonio, TX 78221

210-922-6922 (phone)

Commissioner Pct. 1

EDUCATION

Palo Alto College

1400 W. Villaret
San Antonio, Texas 78224

210-486-3000 (phone)
Commissioner Pct. 1

St. Phillips Southwest Campus

800 Quintana Road
San Antonio, Texas 78211

210-486-7000 (phone)
Commissioner Pct. 1

Alpha and Omega Career Center

www.alphaomegactc.org

705 Hammond Ave.
San Antonio, Texas 78210

Email - info@aotc.org
210-524-9501 (fax)
Commissioner Pct. 4

Graduate Equivalency Diploma (GED) Testing Harlandale Independent School District

12121 S. E. Loop 410
San Antonio, Texas 78221

210-989-4921
Commissioner Pct. 1

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street
San Antonio, TX 78221

210-922-6922 (phone)
Commissioner Pct. 1

Employment

Job Help Center Locations

South

Goodwill

Hours: 8:00 am to 5:00 pm (Monday – Friday)

2902 Goliad (at SE Military Dr.)

San Antonio, TX 78223

210-924-8581 (phone)

210-924-3011 (fax)

Goodwill

2514 SW Military (at Southpark)

San Antonio, TX 78224

210-924-8581 (phone)

210-924-3011 (fax)

Commissioner Pct. 4

Southwest

Hours: 8:00 am to 5:00 pm (Monday – Friday)

1743 SW Loop 410 (at Marbach)

San Antonio, TX 78227

210-924-8581 (phone)

210-924-3011 (fax)

Commissioner Pct. 1

Full Service Career Centers**South**

Hours: 8:00 am to 5:00 pm (Monday – Friday)

6723 S. Flores St. Suite 100

San Antonio, TX 78221-1741

210-928-3985 (phone)

210-928-3987 (fax)

Commissioner Pct. 1

Finance**Southwest San Antonio Office****Air Force Federal Credit Union (AFFCU)**

Hours: By appointment only

151 Valley Hi Drive

San Antonio 78221

210-979-4300 (phone)

210-979-4330 (fax)

Commissioner Pct. 1

Health Services

CentroMed South Park Clinic

www.centromedsa.org

Hours: 8:00 am to 7:00 pm (Monday – Thursday); 8:00 am to 5:00 pm (Friday); 9:00 am to 1:00 pm (Saturday)

6315 S. Zarzamora
San Antonio, TX 78211-3238

210-977-1900 (phone)
210-977-9326 (fax)
Commissioner Pct. 1

CentroMed Southside Medical

www.centromedsa.org

Hours: 8:00 am to 5:00 pm (Monday – Friday)

3750 Commercial Ave.
San Antonio, TX 78221

210-334-3700 (phone)
210-922-0162 (fax)
Commissioner Pct. 1

Wesley Health & Wellness Center

1406 Fitch Street
San Antonio, Texas 78211

210-922-6922 (phone)
Commissioner Pct. 1

University Family Health Center – Southwest

Hours: 8:00 am to 8:00 pm (Monday – Thursday); 9:00 am to 4:00 pm (Friday); 8:00 am to Noon (Saturday)

2121 S.W. 36th Street at Highway 90
San Antonio, TX 78237

210-358-5100 (phone)
210-358-5157 (fax)
Commissioner Pct. 1

University Health System Dialysis Southeast

1407 Fair
San Antonio, TX 78223
210-358-5780 (phone)
Commissioner Pct. 4

University Health System Dialysis South

3750 Commercial, Suite 110
San Antonio, TX 78221

210-921-5620 (phone)
Commissioner Pct. 1

University Family Health Center – Southeast

1055 Ada Street
San Antonio, TX 78223

210-358-5511 (phone)
Commissioner Pct. 4

University Health System – South Flores Clinic

7902 S. Flores
San Antonio, TX 78221

210-644-8100 (phone)
Commissioner Pct. 1

University Health System – Zarzamora Clinic

4503 S. Zarzamora
San Antonio, TX 78221

210-644-8600 (phone)
Commissioner Pct. 1

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street
San Antonio, TX 78221

210-922-6922 (Phone)
Commissioner Pct. 1

Housing

Lifetime Recovery, Inc.

Contact: *Craig Lambaria*

10290 Southton Road
San Antonio, TX 78223

210-633-0201 (phone)
210-633-2833 (fax)

- Chemical dependency treatment center
- Fee and admission based off insurance

Commissioner Pct. 1

San Antonio for Christ

Open to men; does not support major medical illness or major mental illness; not open to sex offenders

343 Spaatz Street
San Antonio, TX 78211

210-922-4463 (phone)
Commissioner Pct. 1

Teen Challenge

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

3850 S. Loop 1604 W. Suite 1
San Antonio, TX 78264

210-624-2075 (phone)
Commissioner Pct. 1

Mentorship

Wesley Health & Wellness Center

1406 Fitch Street
San Antonio, Texas 78211

210-922-6922 (phone)
Commissioner Pct. 1

St. Peter-St. Joseph Children's Home (St. PJ's)

www.stpjhome.org

Monday, Wednesday, Thursday, 8:30a - 6p; Tuesday, 8:30a - 7p; Fridays, 8:30a - 5p; Evening appointments available

919 Mission Road
San Antonio, Texas 78210

James Castro, LPC, LMFT Executive Director (210) 533-1203 main phone
Andrea Gonzalez, LPC Therapist – Team Lead (210) 531-8547 phone
Commissioner Pct. 1

Substance Abuse Treatment and Support

Lifetime Recovery, Inc.

www.lifetimerecoverytx.org

10290 Southton Road
San Antonio, Texas 78223

210-633-0201 (phone) 210-633-2833 (fax)
Commissioner Pct. 1

Wesley Health & Wellness Center

www.mhm.org/community/mhm-in-the-community/wesley-health-a-wellness-center

1406 Fitch Street
San Antonio, TX 78221

210-922-6922 (phone)
Commissioner Pct. 1

Transportation

Madla Transit Center

Hours: 7:00 am to 1:00 pm and 2:30 pm to 6:00 pm (Monday – Friday)

1584 Cantrell
San Antonio, TX 78221-2215

210-754-8287
Commissioner Pct. 1

Veteran Services

South Bexar VA Outpatient Clinic

Hours: 8:00 am to 4:00 pm (Monday, Tuesday, Thursday, Friday); 1:00 pm to 4:00 pm (Wednesday)

4610 E. Southcross Blvd., Suite #100
San Antonio, TX 78223

210-648-1491 (phone)
Commissioner Pct. 4

Veterans of Foreign Wars (VFW)

www.vfw.org

Southside VFW Post 4815

3111 Commercial Ave.
San Antonio, TX 78221

210-922-8071 (phone)
Commissioner Pct. 1

Southside VFW Post 4815

3111 Commercial Ave.
San Antonio, TX 78221

210-922-0629 (phone)
Commissioner Pct. 1

Southside VFW Post 9186

650 E. White Rd.
San Antonio, TX 78214

210-532-9191 (phone)
Commissioner Pct. 1

Southside VFW Back Canteen

650 E. White Rd.
San Antonio, TX 78214

210-534-4525 (phone)
Commissioner Pct. 1

Southwest VFW Post 6012

4810 W. Military Dr.
San Antonio, TX 78242

210-674-4571
Commissioner Pct. 1

East San Antonio

San Antonio Fighting Back, Inc

Hours: 8:00 am to 5:00 pm (Monday – Friday)

2803 E. Commerce Street
San Antonio, TX 78203

210-271-7232 (phone)
210-271-1087 (fax)
Commissioner Pct. 4

Counseling and Support Group

Depression and Bipolar Support Alliance of Bexar County

Saturdays, 2 - 4p

All welcome, including friends and family.

St. Benedict Church
4623 Lord Road
San Antonio, Texas 78220

Larry Forbrich
(210) 262-2596 phone
Commissioner Pct. 4

Education

St. Philip's College

1801 Martin Luther King Drive
San Antonio, Texas 78203

210-486-2000 (phone)
Commissioner Pct. 4

Graduate Equivalency Diploma (GED) Testing

St. Philip's College

1801 Martin Luther King Drive
San Antonio, Texas 78203

210-486-2000 (phone)
Commissioner Pct. 4

Employment

Full Service Career Centers

East

Hours: 8:00 am to 5:00 pm (Monday – Friday)

4535 E. Houston
San Antonio, TX 78220-1701

210-581-0190 (phone)
210-581-0191 (fax)
Commissioner Pct. 4

Health Services

University Health System Eastside Clinic

210 N. Rio Grande
San Antonio, TX 78202

210-644-8700 (phone)
Commissioner Pct. 4

Housing

Evolution House

www.evolutionhouse.org

Contact: Glenn Targac
210-721-8233 (phone)

mgtargac@aol.com

1405 S. Hackberry
San Antonio, TX 78202

- Men and women's transitional living halfway house
- Drug and alcohol free environment
- Fee: \$12.00 daily/\$84.00 weekly/non-refundable \$75.00 sobriety deposit
- Each house has a live-in manager who conducts random UA's or swabs to maintain a drug/alcohol free environment
- Referrals from collaborating agencies

Commissioner Pct. 4

Oxford House – Davis

730 Hammond Ave.
San Antonio, TX 78210

210-265-1593 (phone)
Commissioner Pct. 4

Redemption Mission Ministries

Open to men; does not support major medical illness; provides support for major mental illness; not open to sex offenders

325 Maryland
San Antonio, TX 78203

210-267-8502 (phone)
Commissioner Pct. 4

Strong Foundation Ministries

www.strongfoundation.org

Open to families; does not support major medical illness or major mental illness; not open to sex offenders

414 N. Hackberry
San Antonio, TX 78202-2821

210-641-4357 (phone)
Commissioner Pct. 4

Mental Health Care

Depression and Bipolar Support Alliance of Bexar County

Saturdays, 2 - 4p

All welcome, including friends and family.

St. Benedict Church

4623 Lord Road
San Antonio, Texas 78220

Larry Forbrich
210-262-2596 phone
Commissioner Pct. 4

OCD Counseling

Faith-based OCD Counseling
Santo Nino Catholic Church
57655 Rigsby Avenue
San Antonio, Texas 78222

Karen Bagwell
210-648-1705 phone

OCD Texas

www.ocdtexas.org/support-groups

OCD support groups

512-413-4376 phone
info@ocdtexas.org
Commissioner Pct. 4

Veterans Family Support Group

Veterans, their children and spouses are our main focus but non-veterans and their families are also welcome. Contact Albert Bryan for further information and appointment.

6039 Lakeview Drive
San Antonio, Texas 78244

Albert Bryan
210-551-8244 (phone)
Commissioner Pct. 4

Mentorship

OCD Counseling

Faith-based OCD Counseling
Santo Nino Catholic Church 57655 Rigsby Avenue San Antonio, Texas 78222
Karen Bagwell (210) 648-1705 phone

OCD Texas

www.ocdtexas.org/support-groups
OCD support groups
(512) 413-4376 phone info@ocdtexas.org
Commissioner Pct. 4

Transportation

Ellis Alley Information Center

Hours: 7:30 am to 1:00 pm and 2:00 pm to 4:30 pm (Monday – Friday)

212 Chestnut
San Antonio, TX 78202-2720

210-299-1213 (phone)
Commissioner Pct. 4

Veterans Services

Eastside VFW

4436 Valleyfield St.
San Antonio, TX 78222

210-337-8893 (phone)
Commissioner Pct. 4

Eastside VFW

3202 Ackerman Road
San Antonio, TX 78219

210-661-4072 (phone)
Commissioner Pct. 4

West San Antonio

San Antonio Food Bank

www.safoodbank.org

Hours: 8:00 am to 5:00 pm (Monday – Friday)

5200 Old Hwy 90 West
San Antonio, TX 78227

210-337-3663 (phone)
Commissioner Pct. 2

Counseling and Support Groups

The Clubhouse

www.saclubhouse.org

“The San Antonio Clubhouse offers a supportive community where members recover from mental illness through meaningful relationships and rewarding work.”

4126 San Luis St
San Antonio, TX 78237
Commissioner Pct. 2

Crisis Services

The Rape Crisis Center

www.rapecrisis.com

David Coy Building
7500 U.S. Hwy 90 West
Building 2, Suite 201
San Antonio, TX 78227

210-349-7273 (24 Hour Crisis Hotline)
210-521-7273 (office)
Commissioner Pct. 1

Education

Graduate Equivalency Diploma (GED) Testing

San Antonio Independent School District (GED) Testing

623 South Pecos la Trinidad
San Antonio, Texas 78207
210-227-1237 (phone)
Commissioner Pct. 2

Edgewood Independent School District GED Testing Center

563 Southwest 40th Street

San Antonio, Texas 78237

210-444-7952 (phone)
Commissioner Pct. 2

Edgewood Independent School District GED Testing Center

1602 W. Thompson
San Antonio, Texas 78226

210-444-7952 (phone)
Commissioner Pct. 1

EMPLOYMENT

Full Service Career Centers

West

Hours: 8:00 am to 5:00 pm (Monday – Friday)
7008 Marbach Road
San Antonio, TX 78227-1940

210-436-0670 (phone)
210-436-5166 (fax)
Commissioner Pct. 1

Health Services

University Center for Community Health – Texas Diabetes Institute

Hours: 8:00 am to 5:00 pm (Monday – Friday)
701 S. Zarzamora
San Antonio, TX 78207

210-358-7000 (phone)
210-358-7405 (fax)
Commissioner Pct.2

University Health System Dialysis West

Hours: 8:00 am to 5:00 pm (Monday – Friday)
701 South Zarzamora St.
San Antonio, TX 78207

210-358-7000 (phone)
210-358-7405 (fax)
Commissioner Pct. 2

Robert B. Green Campus, University Health Center Downtown

Hours: 8:30 am to 8:00 pm (Monday – Friday); 8:30 am to 4:00 pm (Saturday)
903 W Martin
San Antonio, TX 78207

210-358-3400 9 (phone)
Commissioner Pct.2

University Health System Old Hwy 90 Clinic

911 Old Hwy 90
San Antonio, TX 78237

210-644-8050 (phone)
Commissioner Pct. 2

University Health System – Salinas Clinic

630 S. General McMullen
San Antonio, TX 78237

210-644-8500 (phone)
Commissioner Pct. 2

University Health System – Westend Clinic

1226 N.W. 18th Street
San Antonio, TX 78207

210-644-8400 (phone)
Commissioner Pct. 2

Housing

Oxford House – Loma Park

206 Florencia Avenue
San Antonio, TX 78228

210-276-0657 (phone)
Commissioner Pct. 2

San Antonio Alternative Housing Corporation

www.saahc.org

Referral required from Case Manager, Probation Officer, and/or Parole Officer; open to men and women; does not support major medical illness or major mental illness

1215 S. Trinity St.
San Antonio, TX 78207

210-224-2349 (phone)
210-224-9686 (fax)
Commissioner Pct. 2

Victory Chapel

Open to men and women; does not support major medical illness or major mental illness; not open to sex offenders

1742 S. General McMullen Drive
San Antonio, TX 78237-4423

210-432-0826 (phone)
Commissioner Pct. 1

Mentorship

Fatherhood Campaign

www.safatherhood.com

3014 Rivas Street, Suite 20
San Antonio, Texas 78228

210-227-3463 (phone)
210-227-4966 (fax)
Commissioner Pct. 3

Mental Health

The Clubhouse

www.saclubhouse.org

“The San Antonio Clubhouse offers a supportive community where members recover from mental illness through meaningful relationships and rewarding work.”

4126 San Luis St
San Antonio, TX 78237
Commissioner Pct. 2

Substance Abuse Treatment and Support

Elite Counseling

700 S. Zarzamora
San Antonio, Texas 78207

210-822-9493 (phone)
Commissioner Pct. 2

Transportation

Kel-Lac Transit Center

Hours: 7:00 am to 1:00 pm and 2:30 pm to 6:00 pm (Monday – Friday)

7183 Highway 90 West
San Antonio, TX 78227-3535

210-679-0309 (phone)
Commissioner Pct. 1

Veterans Services

American GI Forum

519 N. Medina St.
San Antonio, TX 78207
210-448-9714 (phone)

611 N. Flores St.
San Antonio, TX 78205
210-354-4892 (phone)
Commissioner Pct. 2

Westside VFW

3001 Guadalupe St.
San Antonio, TX 78207

210-434-6303 (phone)
Commissioner Pct. 2

Westside VFW

2410 Pinn Road
San Antonio, TX 78227
210-674-7821 (phone)

Commissioner Pct. 2

Westside VFW

2219 Frio City Rd.
San Antonio, TX 78226

210-923-7007 (phone)
Commissioner Pct. 1