

# At-Risk Afterschool Menu

Center Name: \_\_\_\_\_

Mth/Yr: \_\_\_\_\_

	Mon ____	Tue ____	Wed ____	Thur ____	Fri ____
<b>AM Snack</b>  <i>Serve any 2 of the food components.</i>  Milk Bread Fruit or Juice Vegetable Meat or meat alternate	<b>Milk</b>  <b>Cheese Stick</b>	<b>Milk</b>  <b>Apples</b>	<b>Milk</b>  <b>Sausage</b>	<b>Milk</b>  <b>Strawberries</b>	<b>Milk</b>  <b>Cheese Stick</b>
<b>PM Snack</b>  <i>Serve any 2 of the food components.</i>  Milk Bread Fruit or Juice Vegetable Meat or meat alternate	<b>100% Juice</b>  <b>WG Teddy Grahams</b>	<b>100% Juice</b>  <b>WG Cheez Its</b>	<b>100% Juice</b>  <b>WG Peanut Butter Crackers</b>	<b>100% Juice</b>  <b>WG Pretzels</b>	<b>100% Juice</b>  <b>WG Doritos</b>

*1% unflavored milk served to kids aged 2 and older. Whole milk served to one-year olds.*

*This institution is an equal opportunity provider*