



Valley Community Services Board

85 Sanger Lane

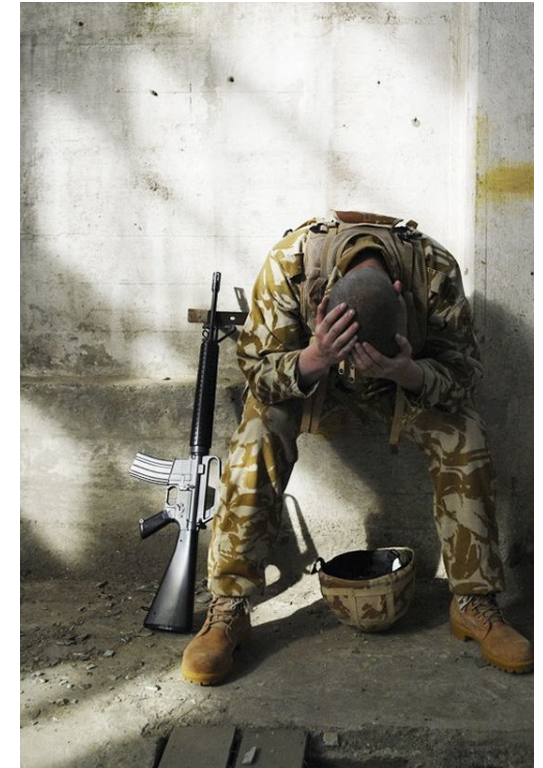
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www.myvalleycsb.org

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What is Veteran Peer Support Service?

- Provides networking to the Veterans Administration (VA) system for Veterans and their families.
- Advocates for Veterans and their families.
- Provides support to Veterans and their families.
- Supports CSB involvement with state and regional legislative endeavors that support Veterans and their families.
- Connects Veterans and their families with resources and outside organizations.

Valley
Community
Services
Board

*Veteran Peer
Support Services*

Veteran Peer Support Specialist.

Serves as a recovery agent by providing and advocating for effective wellness and holistic recovery-oriented services with the goal of helping Veterans achieve improved health, wellness, and quality of life through a change process

Assists Veterans in discovering and identifying their personal strengths, abilities and needs and articulating personal recovery goals using individual meetings and telecommunications

Serves as a liaison between the Clinical Team and the Veteran

Encourages Veterans to develop new and/or re-establish positive, personally meaningful relationships

Supports Veterans' efforts to identify personally meaningful roles and activities in the communities of the Veteran's choice

Identifies, accesses and when needed, accompanies Veterans to available community resources, supports, and services (e.g., self-help groups, legal services, food bank, housing)

Shares recovery tools and resources with Veterans

Supports Veterans in the development of self-advocacy skills

Veteran Peer Support Specialist provide outreach, connection and support to veterans and their families as they address the challenges of military service, transition, deployments, PTS and behavioral health concerns, physical and traumatic brain injuries. The position assists Veterans in treatment based on the principles of recovery, wellness, and resiliency by promoting self-determination, personal responsibility, and the empowerment inherent in self-directed recovery.

“There’s a lot of change going on...how we touch people throughout our country that are out there in what I call this sea of goodwill, who want to help our people and their families...we have got to figure out a way to do that.” – Admiral Michael Mullen, United States Navy



Who is the Veteran Peer...

About Me

My name is Leah Hale and I am a Veteran's wife. I have been by his side for 10 years of military service. We have moved five times in that time. I have gone through TBI clinics with him, and the hardest task of transitioning out of the military. I am now here to help others with their journeys and serve other Veterans. I want to help outreach and locate resources for Veterans who were lost within the system.

Contact Me

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