**TOILETING AND WASHING**

To develop toileting skills that are age appropriate and performed in a hygienic manner.

**Parent/Guardian Responsibilities:**

* To ensure carer is kept informed about child’s toileting progress and requirements.
* Dress child in clothing that the child can easily remove with little adult assistance, eg; pants with elastic waist.
* To ensure there are adequate changes of clothing for the whole day.

**Child Carer Responsibilities:**

* + - * Observe toddlers to assess their readiness for toilet training.
* Discuss these observations with the child’s family to determine whether toilet training should be started.
* To ensure that toileting is performed according to Parent/Guardians’ beliefs and child rearing practices.
* To ensure that toileting occurs at regular intervals and when children show an interest.
  + - * To follow toileting procedure correctly.
      * To communicate child’s toileting progress each day with Parent/Guardian.
* To ensure that toileting, hand washing and bathing facilities are safe and appropriate to the ages of children in care, and must have products and
* equipment for cleaning those facilities whenever necessary.
* All reasonable attempts to clean child with wet ones are made when a child has a soiled nappy or pants. Only in extreme circumstances should a child be placed in a bath.
* At no time is any child to be left alone in the bath, and the child to be dressed in clear sight of other children in care.
* At all times during toileting, bathing and dressing a child’s right to privacy and dignity is to be respected.

**TOILETING AND WASHING**

**Toilet training for children in nappies or underpants:**

* + - * Wash your hands following the correct hand washing procedure.
      * Place disposable gloves on both hands
* Remove child’s nappy following the nappy change procedure if child is in nappies.
  + - * Assist child from change mat and walk into bathroom.
      * Assist the child to remove clothing and assist onto the toilet.
      * Assist child with wiping bottom front to back.
      * Remove and dispose of gloves
      * Assist child to re-dress or walk back to change mat to put clean nappy on.
      * Help the child wash their hands.
      * Clean and disinfect change mat
      * Wash your own hands.

**For children who have had toileting accidents:**

* + - * Respond to child in a calm, positive, supportive manner
      * Wash your hands following correct hand washing procedures.
      * Put on gloves and remove child’s soiled clothing.
* Place as much faeces as possible into the toilet then place clothing into double plastic bag, seal tightly and remove gloves.
  + - * Put on gloves and clean child’s bottom thoroughly with toilet paper or wet wipe.
      * Help child use the toilet.
      * Remove gloves
      * Help the child wash their hands. Encourage older child to wash their hands.
      * Carer to wash own hands (use as role modelling experience for older child)
      * Help the child re-dress in clean clothes.
      * Place clothing in double plastic bag, seal tightly and store out of reach of children for collection by Parent/Guardians at the end of the day.