#### Massage & Bodywork

Each session is customized to your individual needs. Complimentary hot towels and aromatherapy are always included. Sessions range from 10-120 minutes. Types of Massage and Bodywork offered:

- Deep Tissue
- Prenatal
- Swedish

- Hot Stone
- Lymphatic
- Corp Chair
- Cuppina Facial
- Bowenwork

#### Facial Massages – 60 Minutes

Eastern therapies facial massage is a treatment in which pressure points on the face and neck are stimulated in order to release blockages in the flow of qi, or vital energy. Lotions or oils are not used on the face in acupressure techniques of facial massage.

Western therapies, facial massage uses light therapy combined with topical skincare products to create a radiant alow. Look vounger, healthier, and more refreshed without the pain of injections or the recovery time of a chemical peel.

During a facial massage, we will use upward, gentle, vet stimulating strokes. Facial massage is often considered an anti-aging treatment as it can help keep the skin looking vouna, smooth, and firm. The treatment includes a cleanse.

#### **Facial Cupping**

The ancient practice of cupping uses suction cups directly on the skin. The suction promotes increased blood circulation, which may help relieve muscle tension, promote cell repair, and aid in other regeneration. When it comes to the face and jawline, the practice helps with sinus congestion and headaches while restoring fresh-skin tissues, stimulating your skin and muscles.

30 / 60 / 90 / 120 Minutes 50 / 90 / 125 / 180 10 / 20 Minute Corporate Chair Massage 20 / 40

Add-Ons (each):

20

- Amethyst Bio-Mat
- CBD Oil
- Ion Footbath
- IR Sauna Foot Soak Halotherapy
- Hot Stone • LED Facial • Peppermint Head

## **Couples & Event Services**

Have an event coming up? Bridal, Birthday, GNO, just because! Plan your next event services with us! Customize the type and number of services you'd like. We can service from 2-20.

#### Referral Program

We LOVE referrals! When you refer your friends, you'll both receive a reward! Just our way of saying thanks and welcome! You both choose your own reward: 15% off your next spa service or Free Tan or RLT Session.

#### **Package Pricing & Memberships**

For many, massage is not a discretionary activity, but a necessary component of overall health and wellness. To ease the financial burden, we offer memberships and package discounts. All memberships require a minimum 12 month commitment and a one-time \$20 membership fee. Fees are paid monthly via debit or credit card.

Packages: 3 Pk-5% off, 6 Pk-10% off, 12 Pk-15% off Corporate Wellness – Call for info.

Memberships:

Massage – 69.95 (60 Minute)

Esthetics – 64.95 (Facials, Microderm)

Spa - 74.95 (Your choice of one service/month. Choose a different service each month is you want. Choose from: IR Sauna Bodywrap, Massage (60 min), Facial, Microderm, RLT (one month unlimited), Tanning (one month unlimited), or Sauna/Halotherapy (4 visits/month).

Halotherapy / Full Spectrum Sauna – Three membership options are available based on the number of visits per month: 75 (4 visits) - 125 (8 visits) - 175 (12 visits)

RLT - 49.95

**Tanning** – Pink 19.95/ Green 29.95 / Yellow 39.95

#### **Halotherapy**

Session Length: 40 Minutes

Halotherapy is an alternative treatment that involves breathing medical grade Himalayan salt dispensed in the air. It can treat a number of respiratory and skin conditions. It has also been used to treat depression and anxiety. See our Halotherapy brochure for more information.

Single Session (Child/Adult)	15 / 30
5/10 Sessions (Child/Adult)	65 / 100130 / 200
Add a person (max 3 people) Add-on Session with Massage	(Child/Adult) 7.50 / 15
Add-on Session with Massage	20
Membership options are also o	ıvailable.

#### **UV Tanning**

Relax as your skin gets that "right off the beach glow" in one of our innovative tanning units. Further extend the life of your tan with our exclusive tanning after care products We offer three primary ways to relax and tan: memberships, visit packages (minute and session), and single visits. Each option has its own unique set of advantages, select the one that's best for you. We offer three levels of tanning, so you get the safest, best results. Ask about our Current Specials.

#### **EQUIPMENT:**

Base Level (Pink) (20 Min/1 Facial) Mid-Level (Green) (15 Min/2 Facials) Max Level (Yellow) (10 Min/3 Facials & Standup)

# **Alexis Rose Esthetics**

#### Lash/Brow Services

#### **Classic Eyelash Extensions** Full Sot /180 Minutos)

Lash/Brow Services	
Large Fill (40-50% left – 90 Minutes)	60
Regular Fill (50-75% left – 75 Minutes)	45
Quick Fill (75% left – 60 Minutes)	35
1011361 (100 1/11110163)	/3

35

25

50

75

# Waxina

Lash Tint (20 Minutes)

Brow Tint (20 Minutes)

Lash Lift & Tint (60 Minutes)

Lash Lift (45 Minutes)

<u> </u>	
Arms (Half/Full) (30 / 45 Min)	40 / 60
Back – Lower/Full (45 / 75 Min)	22 / 45
Bikini – Basic (60 Min)	40
Cheeks – Sides (20 Min)	12
Chest (45 Min)	45
Chin (15 Min)	12
Chin & Lip (30 Minutes)	20
Eye Brow (20 Min)	17
Leg – Lower/Full (60 / 90 Min)	50 / 70
Lip (15 Min)	10
Stomach (30 Min)	15

#### Skin Care Treatments

nemicai Peei – Single / 6 Pack (50 Min)	/5 / 425
Microdermabrasion – Single / 6 Pack (30 Min)	75 / 360
Facials –	
Spa Facial (50 Min)	70
Signature Facial (50 Minutes)	55
Express Facial (25 Minutes)	35
Quench Facial (60 Minutes)	65
Soothe Facial (70 Minutes)	60
Balance/Refine Facial (80 Minutes)	80
Anti-Aging Rejuvenate Facial (85 Minutes)	85
Recover (Acne) Facial (80 Minutes)	90
Facial Enzyme Steam (30 Min)	40
Back Facial (35 Min)	60
Micro-Current with Express Facial (100 Min)	115

#### Skin Care Products

We offer solutions for those who desire a natural approach to beauty and wellness. Product brands offered include: Arbonne, Asea, Dermalogica, PCA Skincare, Bella Lash, BWL (Body With Light), M-61 and Soleil Spa's custom-blended essential oil products. Balancing pH levels for varying skin types, and are packed with all-natural ingredients that revitalize and rebuild skin tissue at the cellular level.

### **Infrared Treatments**

We offer a variety of infrared treatments through our Full Spectrum Sauna, Red Light Skin Renewal Therapy Bed, Bio-Mat, and Bodyshapina Sauna Blanket.

#### Top Reasons to Use Infrared Treatments

- Arthritis
- Calms Nervous System
- Carpal Tunnel / Fibromyalgia Improve Skin Problems
- Cardio Conditionina
- Improve Immune System
- Reduce Cellulite
- Reduce Inflammation
- Stress Relief

- Increase Flexibility/ROM
- Increase Circulation
- improve skin Problem
- Detoxifying Effects
- Promote Sound Sleep
- Pain Relief & Relaxation
- Sciatica / Scoliosis
- Weight Loss

#### Full Spectrum Infrared Sauna

Session Length: 45 Minutes

Sessions: 1 / 5 / 10 30/ 130 / 200 Add a person (max 3 people) / Add-on Service 15 / 20 Membership options are also available.

#### Red Light Skin Renewal Therapy

Session Length: 20 Minutes

Discovered by NASA, red light therapy is characterized by the use of infrared light, which possesses strong wavelengths that penetrate deeply into the skin. Red light encourages cells to naturally stimulate the production of collagen and elastin, reduce fine lines and wrinkles, improve skin tone and diminish sun/age spots, promote healing, and improve overall appearance. Also effectively used as pain therapy.

Single Session / 12 Sessions	16 / 75
Unlimited: 1 Month / 2 Months / 3 Months	75 / 140 / 195

#### **Amethyst Bio-Mat**

The BioMat uses far infrared and negative ion technology, including a concentrated layer of superconducting pure amethyst to convey healing rays deeply into the body.

<u>Single Session / 5 Session Package</u> 30 min - 20 / 80 45 min - 30 / 120 60 min - 40 / 160

#### **Bodyshaping Sauna Blanket**

Session Length: 60 Minutes

Melt away fat while burning inches. This treatment reduces fat and inflammation, and promotes healthy skin while removing toxins. Also an excellent treatment for pain management.

Sessions: 1 / 3 / 7 / 10 59 / 129 / 259 / 329

#### **Vibration Therapy**

Session Length: 10-30 Min \$1 Per Minute

Produces extreme rapid muscle contractions with little effort to help tone the body and relieve tense muscles. Features 99 levels to adjust workout intensity with a convenient remote control and includes resistance bands to activate the upper body. Pivotal or triangular oscillating vibration prevents head vibration and dizziness, making it superior to lineal vibration. Platform assists in increasing hip bone density and muscle strength if used consistently.

#### **Compression Therapy**

Session Length: 30 Minutes

The lymphatic system is responsible for filtering out old and damaged cells, pathogens, cancerous cells, and more. But it requires a little extra work on our end to ensure it functions properly. Unlike the circulatory system, the lymphatic system is pumpless. And its upward movement is dependent on the movement and contraction of our muscles and joints. The sensation is similar to a relaxing massage and promotes a natural feeling of relaxation and wellness, perfect after workouts, facial treatments, or other body treatments. Additionally, it reduces the appearance of cellulite.

Single Session / 5 Sessions	30 / 125
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#### <u>Ion Footbath Therapy</u>

Session Length: 30 Minutes

The health benefits of negative ions are well known, and their unique properties are what makes an ionic foot bath detox so effective. A detox foot spa revitalizes and cleanses you with all-natural mechanisms. Available as a stand-glone or add-on treatment.

Single Session	35
5 Sessions	115
10 Sessions	200
Add Foot Massage (10 Minutes)	15
Add-on with other service	20

#### **Retail Products**

We offer products for people, pets and homes. We are happy to custom-make a product for your needs. Our retail products include:

- Custom-blended organic essential oil products (lotions, body butters, sugar scrubs, soaps, bath gels, body and linen sprays, massage oils, beard oils, lip balms)
- CBD Hemp oils, balms, capsules, gel caps, gummies, soaps, bath bombs and bath salts
- Indoor tanning lotions, Essential oil diffusers, oils, inhalers, rollerballs, a variety of skin care and eyelash serums.

Looking for something we don't currently offer? Let us know!



# Service Menu

130 N. Main Street Oregon, WI 53575 608-835-2544 Info@Soleil-Spa.net www.Soleil-Spa.Net

Schedule your services on-line at your convenience through Schedulicity.com or find a direct link on our website and Facebook page.

# Hours of OperationMonday – Thursday9am – 7pmFriday9am – 6pmSaturday – Sunday9am – 1pm

Walk-ins welcome for Tanning and Red Light Therapy. All other services require appointments.

Prices and hours subject to change without notice.

