

Well-being Week

The Greenfield Club is a non-profit making charity, set up in 1996 to provide out of school care, for children aged 4-11 years. We are open from 7:45am until 6pm every week day during the school holidays, except for Bank Holidays. We are accepting children who start Reception class in September so please come along and visit us to book your sessions!



July	Friday 22 nd	Monday 25th	Tuesday 26 th	Wednesday 27 th	Thursday 28 th	Friday 29 th
Open 7:45am	Emoji Face Painting	Nature	Parachute Games	Lavender Bag Making	Giant Dot to Dot Art	Sports Collages
9:30am		Walk	Y Y Y Y Y Y	P		× 7 ×
12:00pm	Music & Dance Workshop	Healthy packed lunch	with ice pack for 12pm	dinner each day please!	Kid's Yoga	Park Play Picnic in the park!
	N D	Meditation Time	Water Bomb Fun	Indoor Hockey	大于上	10
1:00pm	$\overline{\mathbf{v}}$				Gymnastics	
2:30pm	Penalty Shoot Out	Hungry Caterpillar	mental health MATTERS	Hand Painting		
		Creations		4	Join in - if you dare!	Sleeping Lions Wind Down Game
4:00pm	Oral Hygiene	Balloon Tennis	The Key Game	Healthy Eating		65
Close 6pm					746	
DOF	N'T FORGET: 1	Tuck shop 20p	am/pm or 40	o/day Ofsted	Don't miss out The booking deadline is Fr	







This week we are going to be focusing on dance, music, instruments, singing, arts and crafts along with free expression creativity

August Open 7:45am 9:30am 12:00pm	Monday 1st "Feel the Beat"	Tuesday 2nd Karaoke Time	Wednesday 3rd Animation Workshop	Thursday 4th	Friday 5th	
7:45am 9:30am 12:00pm	"Feel the Beat"	Karaoke Time	Animation Workshop	6 16 0		
12:00pm	10		Allination Volkshop	Self Portraits	Pom-Pom Characters	
£	Dance Off	KARAOKE			A STATE OF THE STA	
1:00pm	Foot Printing Session		pack for 12pm dinner each day ase!	Board Game Creations	Splatter Painting	
1:00pm	and the same of th	Free Painting Fun	African Drumming Time	MONOPOLY		
				Basketball	Fruit Scones	
2:30pm	Beetroot Brownies	Hama Bead Creations	Park Play	Tamallama Makina	Diam. To the Aiddle 0	
				Jewellery Making	Piggy In the Middle & Other Games	
4:00pm Close	Playground Games STUCK THE MUD	British Bulldog Fun	Create Your Own Gift Wrap	Dynamic Dens	67	
6pm						

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The booking deadline is Friday 8th July

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Stay Active



This week the focus will be on having fun whilst staying active. Research shows that children are spending less time being active and more time on technology so we aim to help find something that each child can fall in love with doing that keeps them happy and healthy!

August	Monday 8 th	Tuesday 9 th	Wednesday 10 th	Thursday 11th	Friday 12 th
Open 7:45am 9:30am	Nature Walk	Kerplunk	Monster Bingo	Monopoly Junior MCNPOLY	Sports Injury Body Painting
12:00pm	BOX with ICE PACK please!		op 20p am/pm or 40p/day		
	Circus Skills	Table Football	Jelly Play	a.	
1:00pm 2:30pm	Rainbow Fruit Smoothies	Nature Collages	Top Tip for anxiety: Therapeutic sensory play, using items such as light up toys and therapy balls, can help calm an anxious or restless child	Indoor Hockey	Active Brain Puzzle Sums 1-6 1-6 1-7 1-7 1-7 1-7 1-7 1-7
				Finger Knitting	Tennis & Badminton
4:00pm Close 6pm	Darts 10 10 10 10 10 10 10 10 10 10 10 10 10	Fruity Flapjacks	Air Hockey		
				Don't miss	out!

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Multicultural Mayhem

This week we shall be focusing on our communities, the local area and our diverse city of Bristol. Looking at the differences and similarities between children around the globe, we are looking forward to helping the children to understand and accept all cultures.

August	Monday 15 th	Tuesday 16 th	Wednesday 17 th	Thursday 18 th	Friday 19 th
Open 7:45am	Diversity Crafts	Indian Experience	Day of The Dead	Trying out Mexican Foods	Dressing Up Time
9:30am			S. S.		
12:00pm	All	12pm Lunch - HEALTHY LUN "Hello Friend!"	CH BOX with ICE PACK please!	Yummy Snack Treat	
1:00pm	About Citizenship	(Learn to say hello in different languages)	STEREOTYPES	Aboriginal Art	Multicultural Apples Snack time Activity
2:30pm	Cultural Bristol	Anti-Racism Posters	Dance from Around the World	Sold Control	Music from Around the
4:00pm	Our World,	Racism no RACISM		English Cricket	World Quiz
Close 6pm	Poetry Contest	Design your own anti-racism poster after a chat about discrimination			

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Healthy Lifestyles

How often do we preach exercise & good food choices without really explaining 'why'? Here we will educate the children about how every day decisions can affect their bodies & minds.

August	Monday 22 nd	Tuesday 23 rd	Wednesday 24th	Thursday 25 th	Friday 26 th
Open 7:45am	Meditation Sessions	Sensory Circle	Stress Balloon Making	Kids Yoga	Friendship Selfie Wall
9:30am			CONTRACTOR OF THE PARTY OF THE		
12:00pm		क्र			After 12pm Lunch: Listening to the Wonderful
	Learn why it is good to	Fruit Sand Art	UV Germ Experiments		Sound of Rain - Friday Wind Down
1:00pm	meditate, how to do so & fed back to your friends what it felt like			Fresh Fruit Jam Tarts	
2:30pm	The Importance of Exercise	Obstacle Courses	Hopscotch		5 10 3
	Aim for an average of at least 60 minutes per day across week		15 C		Food Choices – Why Healthy Eating is Worthwhile!
4:00pm	nange 4 Life with	Dance Workshop		Get Creative Session	Taste
4.00pm	HEALTHY	Dance Workshop	CONSENT	Ber Creative Session	the
Close 6pm	FRIENDSHIPS	-Dance-	KiDS		Rainbow
				Don't mis	ss out!

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ICT Week



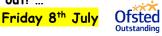
So, tech is the new childhood right?! Wrong! We are going old school with radio shows and polaroid photography but also mixing up this ICT week with remote control goodies and UV parties as well as the usual exercise and creative activities!

August/Sept	Monday 29 th	Tuesday 30 th	Wednesday 31st	September Thursday 1st	Friday 2 nd	
Open 7:45am	BANK HOLIDAY	Animation Time	Design Your		Mex to	
	CLUB CLOSED		Own App		× 561/001	
12:00pm	New ICT Resources	12pm Lunch - HEALTHY LUN	ICH BOX with ICE PACK please!		0	
	This week we will be		Radio Shows	Photography Session	September Friday 2 nd	
	enjoying outside time such as park play whilst using		TAR DO		We are back for both	
	our new ICT resources!				Breakfast Club AND After	
	~~~~~		WAR STORY		School Club today! ©	
1:00pm	Karaoke Fun All Week!	Fruit Muffin Making	PAATO	Make Your own Advert	Planning to join us in	
			MAGGO		September? Please ensure that you	
2:30pm			Remote Control Fun	THE STATE OF THE S	complete both a membership	
·					& allocated places form/email us your requested Adhoc	
					dates.	
4:00pm		Learn about food hygiene and I		St Michael's School	If your child is starting Reception class then please	
<b></b>		how to bake delicious muffins		Back to School & After	complete a Supporting Play &	
<b>a</b> l		using cooking utensil sand fresh	Exagns	School Club Collections as	learning Diary so that we can	
Close 6pm	الله الله الله الله الله الله الله الله	ingredients - yum!		usual	help to settle them in with us	

Don't miss out! ...

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#### Summer Holiday Club 2022 Booking Form

<u>Date</u> PLEASE TICK YOUR SELECTED SESSIONS	Morning Session (7:45am-1pm) = £15	<u>Afternoon</u> (1pm-6pm		<u>All Day Care</u> (7:45am-6pm) = £25	
Fri 22 nd July					
Mon 25 th					П
Tues 26 th					
Weds 27 th					
Thurs 28 th					
Fri 29 th					
Mon 1 ^{s†}					
Tues 2 nd					
Weds 3 rd					
Thurs 4 th					
Fri 5 th					
Mon 8 th August					$\top$
Tues 9 th					
Weds 10 th					
Thurs 11 th					
Fri 12 th					
Mon 15 th					$\top$
Tues 16 th					
Weds 17 th					
Thurs 18 th					
Fri 19 th					
Mon 22 nd					
Tues 23 rd					
Weds 24 th					
Thurs 25 th					
Fri 26 th					
Mon 29 th		BANK HOLIDAY	- CLUB CLOSE	D	
Tues 30 th					
Weds 31st					1
Thurs 1 st September					$\Box$
Fri 2 nd					



#### Summer Holiday Club 2022 Booking Form

Name/s of Children:			Age/s during the Summer Holidays:	
Name of parent/carer:			Telephone number:	
Home Address:				
(House number & Post-code)				
Email address:			School:	
Please circle payment type:	BACS	Childcare Vouchers	Cash no longer accepted	Cheques no longer accepted
Signature:			Date:	

By booking certain dates, you are giving your consent for The Greenfield Club staff to take your child/children off Club premises, to travel by minibus/coach, to the stated trip destination or take part in local play opportunities.

We welcome suggestions for competitively priced trips and visitors to continue to keep fees low.

Please note that trips are compulsory and there will not be an option of staying at Club.

The booking deadline is Friday 8th July - Don't miss it!