

Conventional vs. Unconventional

Here is a simple way of explaining why I base my services under the category of unconventional.

“Conventional” the dictionary descriptions goes as this.

-**Conservative**

-**Conformist**

-**Predictable**

-**Unadventurous**

-**Square**

Interestingly enough “unconventional” dictionary description says,

-**Eccentric**

-**Alternative**

-**Progressive**

-**Activist**

-**Odd quirky and strange.**

Conventional whether intentional or not can clearly suck the sense of **adventure** out of anything. Taking away our creative thoughts and keeping dormant our state of questioning for the right reasons. This is basically a **square box** with only keeping true to what is inside and again no room for expansion. Its **predictable** and conforms to only one said equation, a common result but not limited to is, change = fear. Obviously regardless of its descriptions this system “conventional” has had its purposes, and still play an important role, however I think it is time for modifications. We upgrade constantly, look at our technologies, science, medicine, education, etc. It is evident that progression is inevitable.

This is why I love **unconventional**. This leaves so much space for development and evolution at the discretion of the individual. And let’s be real, sometimes following **alternative** can be **eccentric**, but to whose judgment? The alternative, if allowed, can be constantly **progressive** which is ironically equal to the times we live in. If we don’t intentionally leave room for personal growth and progress, we can find ourselves stuck and stagnant. We question “what is my purpose?”, “where do I go from here?” These feelings and questions may never be fulfilled, if that **conformist** mindset doesn’t get shelved for a while, and the **activist** attitude doesn’t turn up.

So with that said, I don’t want anyone to ever feel like they have to be **conservative** in their personal mental, physical, emotional, spiritual health. If we are not to evolve and personalize our health recipes, what is the point to it all? Time and time again we hear that we are so unique, and this is the TRUTH. No, not only just one type of system should be used if we are to see and experience advancements. Think outside the box and embrace **the odd, the quirky, and the strange** beauty that is all around us, waiting to assist on our little journey we call life.