



2021-2022 DRESS CODE

WHY IS THERE A DRESS CODE?

The dress code helps a dancer focus during class by:

1. Proper dancewear enables the teacher to see the dancers' positions and movements in order to give necessary corrections for the benefit of the dancer
2. Understanding they are going to a structured class (compared to an unstructured playtime, gym time, social setting, etc.)
3. A dress code also teaches discipline
4. Hair being secure and pulled back in a bun or up in a ponytail helps prevent fidget habits and reduces distraction

SDS offers affordable dancewear in addition to the many retailers. We recommend dancers and/or parents set aside specific shorts, leggings, tanks, leotards, etc. for dance class only.

Dancers are required to wear the appropriate attire for each class as outlined below.

- Students should arrive dressed (including hair) and ready to dance 5 minutes before their scheduled class time.
- Please pack extra hair elastics and/or bobby pins in your dance bag.
- No T-Shirts
- Cover Ups may be worn during the colder months for warm up only
- If dancers have ballet and another style on the same day, they should wear their leotard and tights. Shorts can be worn over the leotard but no changing outfits.



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| <p>HIP HOP</p> <ul style="list-style-type: none"> • Tank Top, Sports Bra, Dance Shorts or Leggings • Clean sneakers or tan jazz shoes • Bun or ponytail | <p>JAZZ/TAP, POMS & LYRICAL</p> <ul style="list-style-type: none"> • Tank Top, Sports Bra, Dance Shorts or Leggings • Tan Jazz and Tap Shoes • Bun or ponytail |
| <p>ADULTS</p> <ul style="list-style-type: none"> • Workout Clothing • Long Hair Up | <p>ACRO</p> <ul style="list-style-type: none"> • Tank Top, Sports Bra, Dance Shorts • Socks or Bare Feet • Bun (ponytail hair gets in the way) |
| <p>BALLET/TAP</p> <ul style="list-style-type: none"> • Purple/Pink/Black Leotard & Tights • Pink Ballet & Tan Tap Shoes • Bun or ponytail | <p>CLASSICAL BALLET</p> <ul style="list-style-type: none"> • Black SDS Leotard and Pink Tights • Pink Split Sole Leather Ballet Shoes • Bun |
| <p>MALE DANCERS</p> <ul style="list-style-type: none"> • Tee or Tank and Dark Pants/Shorts • Black Shoes | <p>PRODUCTION</p> <ul style="list-style-type: none"> • SDS Black Leotard & Pink or Tan Tights • Bun |

*All shoes must be purchased from SDS for the annual recital to provide a uniform and professional look on stage.

- We offer New shoes for purchase:
 - Ballet \$20
 - Jazz \$30
 - Tap \$27
 - Foot Thong \$

Used Shoe Trade-In Program

Over the years, families and alumni have donated used shoes (no tears, holes) to SDS. These can then be used for a trade. You may be able to trade your used shoes in for another pair of used shoes. Many dancers have benefited from this program over the years.