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Monthly Newsletter - December 2020

Join Ruth Andresen's Birthday Parade

You're invited to join Active Seniors, Inc. in celebrating Ruth Andresen's 100th Birthday!

A Celebratory Parade will be held Friday, Dec. 11. We will meet at ASI at 9:30 and caravan from ASI to Ruth's house at 9:45. Ruth is expecting us at 10:00.

For more information contact Sharon Piazza at 831-261-8087.



ASI Receives Donation of Masks

Special Thanks to: Brian & Elizabeth Birkeland, Margaret Wilhite and the JJ Mae Rainbeau Company.

ASI member Elizabeth Birkeland told her sister Margaret Wilhite, who works at a clothing company, all about ASI. The JJ Mae Rainbeau company has been making masks for many organizations around the country and has graciously donated 100 cloth masks to ASI.

If you or someone in your household needs a mask, please contact ASI by phone or email and make an appointment to pick up one or more. Please note that we cannot deliver or mail them.

Thank you and stay safe.
Dwight Freedman, ASI President

ASI Projects

During the ASI Board meeting held on November 10, 2020, a proposal was brought up to look at getting our wood floors refinished. The Board voted unanimously to approve the project. We are now in the process of looking for a contractor for the project.

We now have an ASI Projects webpage on our website to inform Members of any new projects.

January ASI Board Election

In accordance with ASI's By-Laws, the Membership elects Governing Board Members each January. The Board is structured so that two or three Members term out each year, leaving vacancies, and two or three others are up for re-election.

The Nominating Committee is required to present a slate of candidates to the entire Membership one month before the election. This article is our way of meeting that legal requirement, in lieu of posting the nominees on the ASI bulletin board.

The Committee respectfully submits the following candidates for election to fill upcoming Board vacancies: Scott Stevens, Mary Linzer and Lionel Gill. The Committee also recommends that Dwight Freedman, Nanci Crompton and Thad Evans be re-elected to the Board.

The Committee is also entertaining nominations from the "floor." If any Member would like to nominate another Member for election to the Board, please call in your nomination to Committee Chair George Niesen, (831) 595-3165, email it to him at gniesen@redshift.com, or USPS mail to 18 Willow St., Salinas, CA. 93901. Please make sure your candidate is willing to serve before submitting that person's name. Thank you. Nominations will be accepted through Dec. 31.

The Committee wishes to thank outgoing Board Members Sharon Piazza, Sylvia Teixeira and George Niesen for their four years of service on the Board.

Election procedures will be different this year. Instead of a voice vote during the Membership meeting at the January luncheon, voting will be conducted online and via the US mail. The ASI newsletter the first week of January will include brief information on each candidate, a ballot which can be cut out of the printed letter and returned by mail, and instructions and a non-repeatable link to a secure and anonymous online ballot.

(Continued on next page)

Board Elections (continued from P. 1)

The "polls" will open with the publication of the January newsletter and will remain open until an announced date or until 7.5% of the membership (about 45 Members) has voted, which constitutes a quorum.

Thank you for going along with our new COVID-19 induced procedures. Please be sure and vote, as that's absolutely necessary at this point to make ASI operate effectively. Stay safe and thank you.

Genealogy Basics Workshop

Jissela Duarte, Salinas Public Library

Date: Tuesday, December 8, 2020. Time: 5:30-7:00 pm. Location: Virtually on Zoom

Description: If you're interested in your family history and want to give genealogy a try, it can be tough to sort out what resources are out there, and how best to use them. This introduction covers the basics to help you explore with confidence. You'll find out what resources people use the most, how to gather information from family and friends, making the most of the internet, and more!

Register online at: <https://zoom.us/meeting/register/tJckcuGrrzooG9RXUohrwIwbpfNvOZKcryfo>

Questions? Contact Cathy at CathleenA@ci.salinas.ca.us

Blue Zones MoCo Project Ramps Up

The link below takes you right to a page on the extensive Blue ones Project Web site. The page, titled "What's Cooking in the Blue Zones Project Kitchen," features several online cooking demonstrations and permits you to register for a drawing, to be held Dec. 31, for a \$100 grocery gift card, Blue Zones cookbook and an apron.

While you're at it, you might as well browse the entire Web site. Lots of good Blue Zones information. Here's the link to the site:

[WHAT'S COOKING IN THE BLUE ZONES KITCHEN?](#)

Thanks to Sera Hirasuna for the heads up.

Yet Another Fraud Alert

Homeland Security investigators are working with Pfizer, Moderna and dozens of other drug companies racing to complete and distribute vaccine and treatments for the virus. The goal: To prepare for the scams that are coming, especially after the mess of criminal activity this year with phony personal protective equipment, false cures and extortion schemes. Beware of any calls or emails offering CV-19 vaccinations. (Thanks to Jim Tripp.)

CV-19 Status Update—from the Salinas Chamber

Today (December 3) Governor Newsom announced new government directives to contain the spread of coronavirus and prevent COVID-19 patients from overwhelming hospitals. Monterey County is now classified in a new "Bay Area" region for a Regional Stay Home Order being issued.

It's likely that in the next couple of weeks the State of California will direct some businesses in the Bay Area region (including Monterey County) to close or further restrict commercial activity.

Hotels will be allowed to open only for "critical infrastructure support." Restaurants will be allowed to serve customers "only for take-out, pick-up, or delivery." Retail and shopping centers will be limited to 20% capacity with entrancing metering. Hair salons, barbershops, and personal care services will close.

More information about the looming restrictions is available on this State of California website:

<https://covid19.ca.gov/stay-home-except-for-essential-needs>





Thank you T & A

For mailing these!



10 Christmas Light Safety Tips

Spending time with family is the most important part of Christmas, and making our homes inviting and cheerful with holiday lights, great-smelling candles and festive decorations is often a treasured household tradition. In the hustle and bustle of holiday entertaining, it can be easy to get so distracted with family activities that we forget how hazardous some of our decorations can be if we don't exercise proper precautions.

Follow these 10 Christmas light safety tips to ensure that your Christmas décor is merry, bright and, most importantly of all, safe for the family and friends you cherish.

1. Never leave lights on unattended
2. Consider using LED lights instead of incandescent lights
3. Be mindful where you place candles
4. Indoor and outdoor lights are not interchangeable
5. Only use three strands per outlet
6. Get rid of old lights
7. Securely fasten outdoor light strings
8. Avoid using lights on metallic trees
9. Be smart using extension cords
10. Keep your Christmas tree from becoming a fire hazard

Whether you go big or small with your Christmas decorations this season, protecting your home and family should be your number one priority. Follow these 10 Christmas light safety tips to have a happy, secure holiday. (Thanks to Jim Tripp.)

