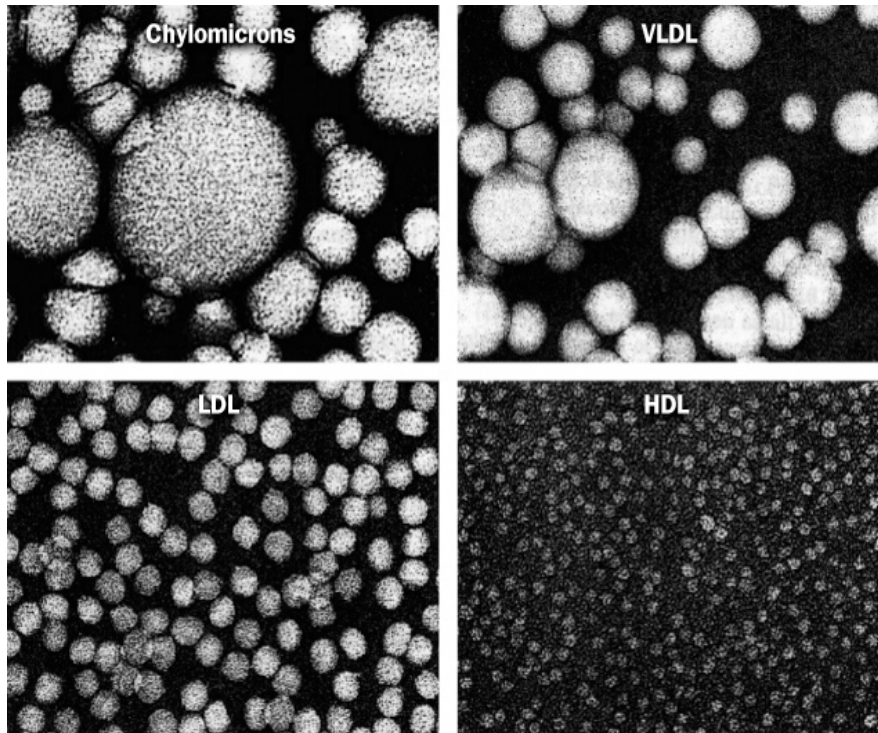


SB29 Hypercholesterolemia and Synthesis of Bile Salts and Vitamin D

Objective 1

- Identify the four major groups of plasma lipoproteins and the four major lipid classes they carry

- **Chilomicrons**
- **VLDL** (Very Low Density Lipoprotein)



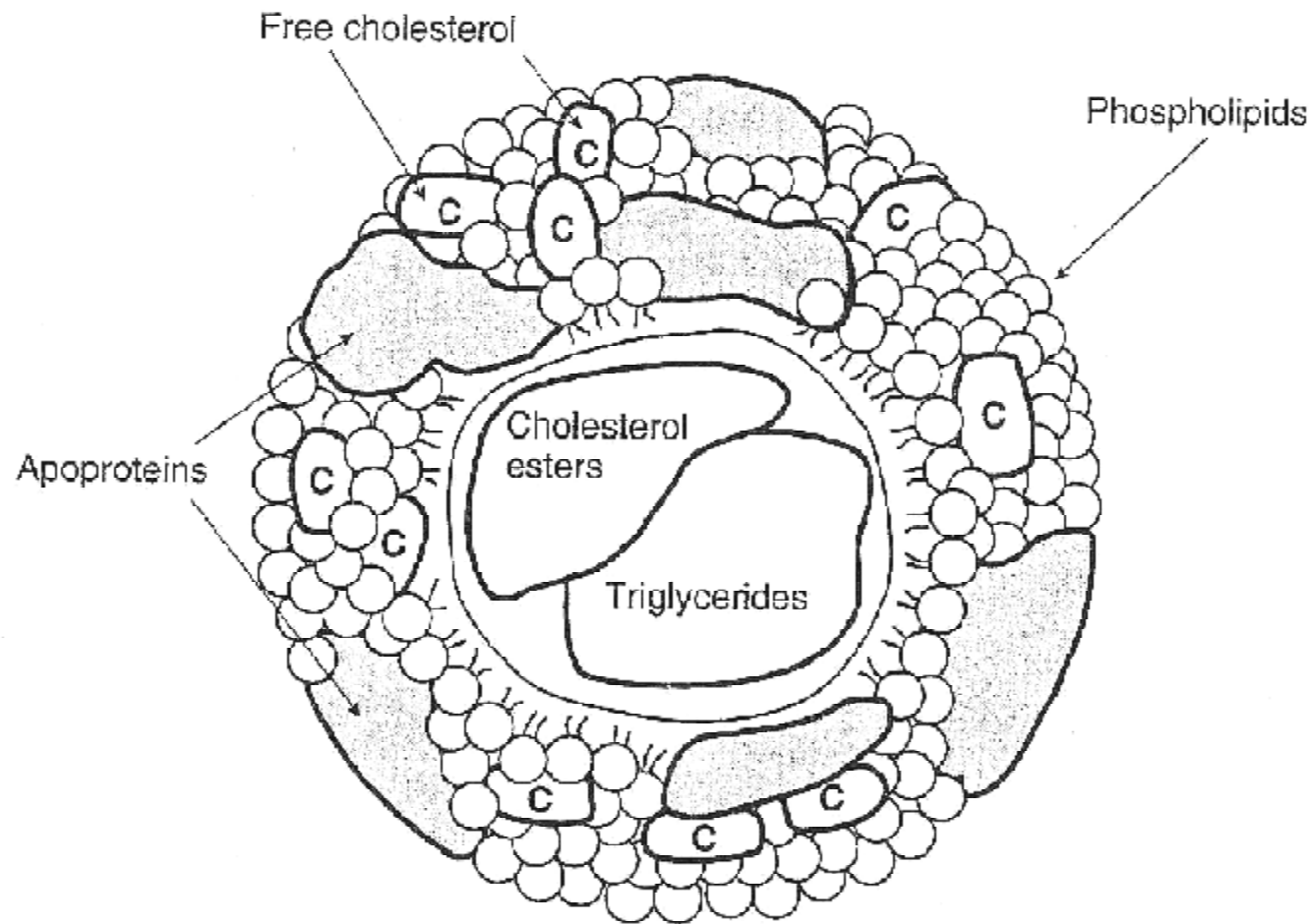
- **LDL** (Low Density Lipoprotein)
- **HDL** (High Density Lipoprotein)

Four major lipid classes in lipoproteins

- triacylglycerols
- phospholipids
- cholesterol
- cholesteryl esters

Objective 2

- Illustrate the structure of lipoprotein particle



- LP core
 - Triglycerides
 - Cholesterol esters
- LP surface
 - Phospholipids
 - Proteins
 - Cholesterol

Objective 3

- Indicate the major types of apolipoprotein found in different lipoprotein classes

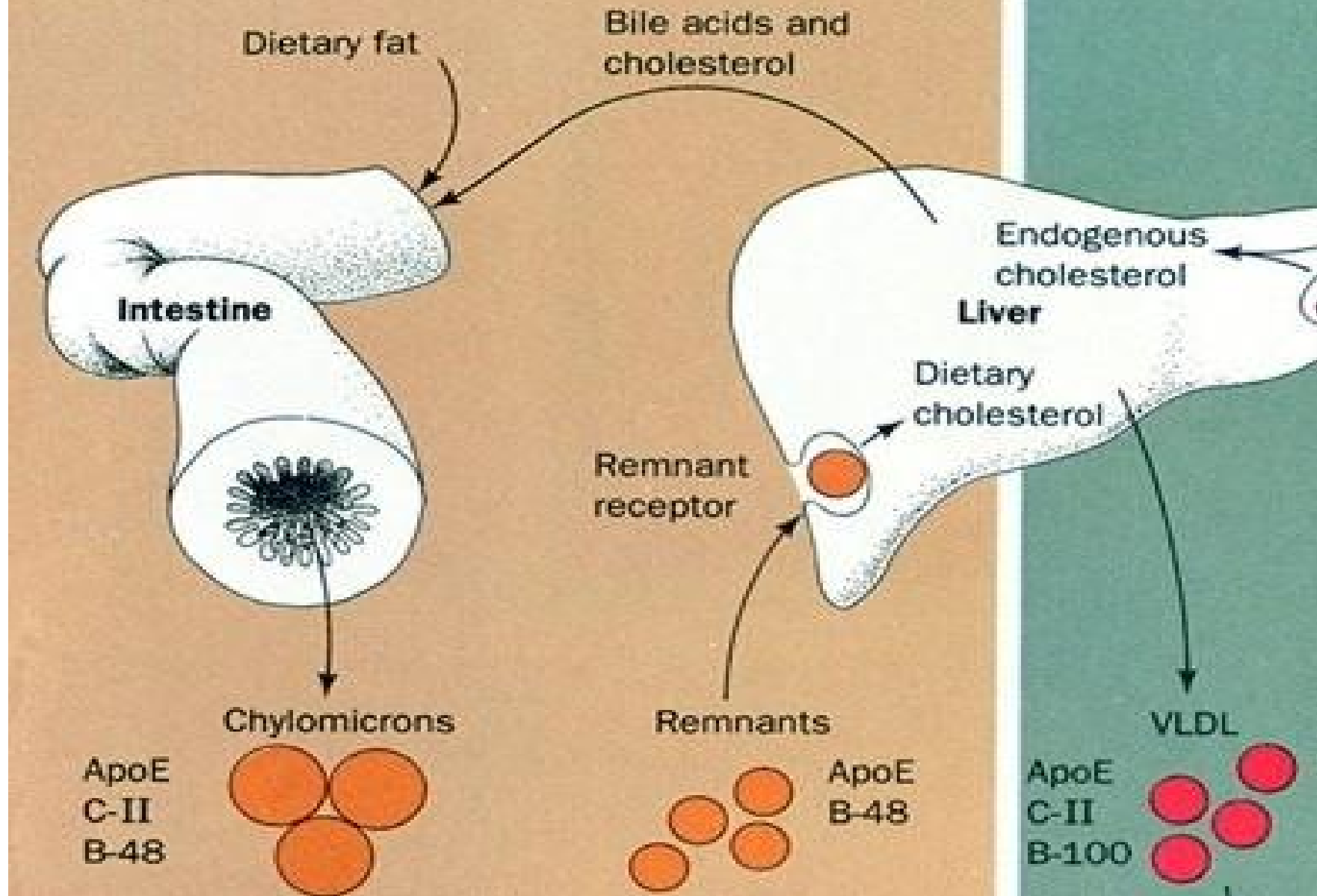
Apolipoproteins carry out several roles

- (1) form part of the structure of the lipoprotein, eg, apo B
- (2) enzyme cofactors, eg, C-II for lipoprotein lipase
- (3) act as ligands for interaction with lipoprotein receptors in tissues, eg, apo B-100 for the LDL receptor

Objective 4

- Explain that triacylglycerol is carried from the intestine (after intake from the diet) to the liver in the chylomicrons
- and from the liver to extrahepatic tissues in VLDL
- and these particles are synthesized in intestinal and liver cells, respectively, by similar processes

Exogenous pathway

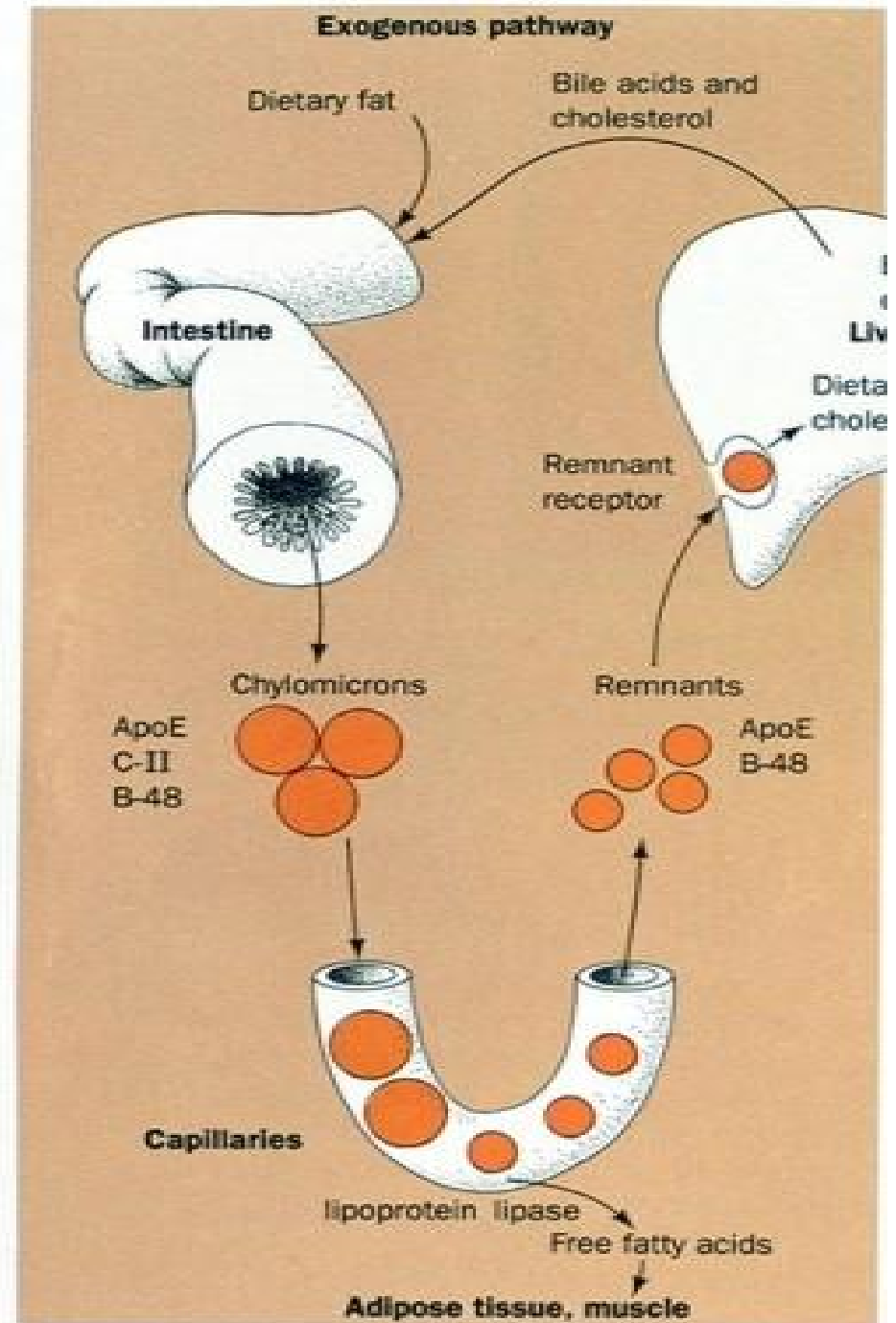


Objective 5

- Illustrate the processes by which **chilomicrons** are metabolized by lipases
- to form **chilomicron remnants**,
- which are then removed from the circulation **by the liver**

Objective 5

- Illustrate the processes by which **chylomicrons** are metabolized by lipases
- to form **chylomicron remnants**,
- which are then removed from the circulation by the liver



The diagram illustrates the endogenous pathway of lipoprotein metabolism. It begins in the liver, where endogenous cholesterol and triglycerides are packaged into VLDL (Very Low Density Lipoprotein) particles, which contain ApoE, C-II, and B-100. These VLDL particles enter the bloodstream and travel to capillaries. In the capillaries, lipoprotein lipase acts on the VLDL, releasing free fatty acids for use by adipose tissue and muscle. The remaining VLDL core is converted to IDL (Intermediate Density Lipoprotein). IDL can be taken up by the liver via LDL receptors or converted to LDL (Low Density Lipoprotein). LDL is then taken up by extra-hepatic tissues via LDL receptors. HDL (High Density Lipoprotein), containing ApoA-I and A-II, is also shown. Plasma LCAT (lecithin cholesterol acyl transferase) is involved in the maturation of HDL. The diagram shows the flow of lipoproteins and the release of fatty acids from the capillaries.

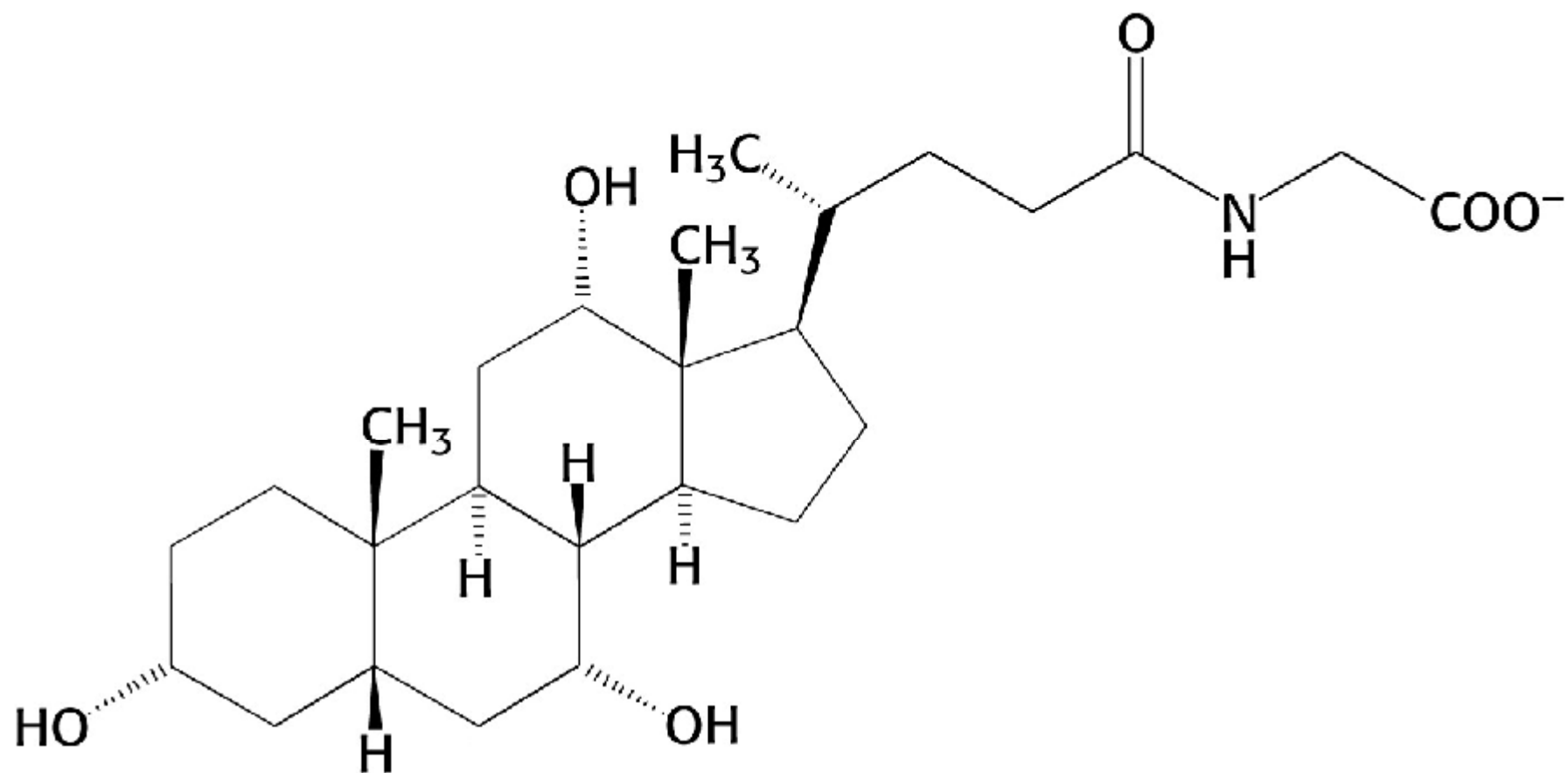
- 13

Objective 7

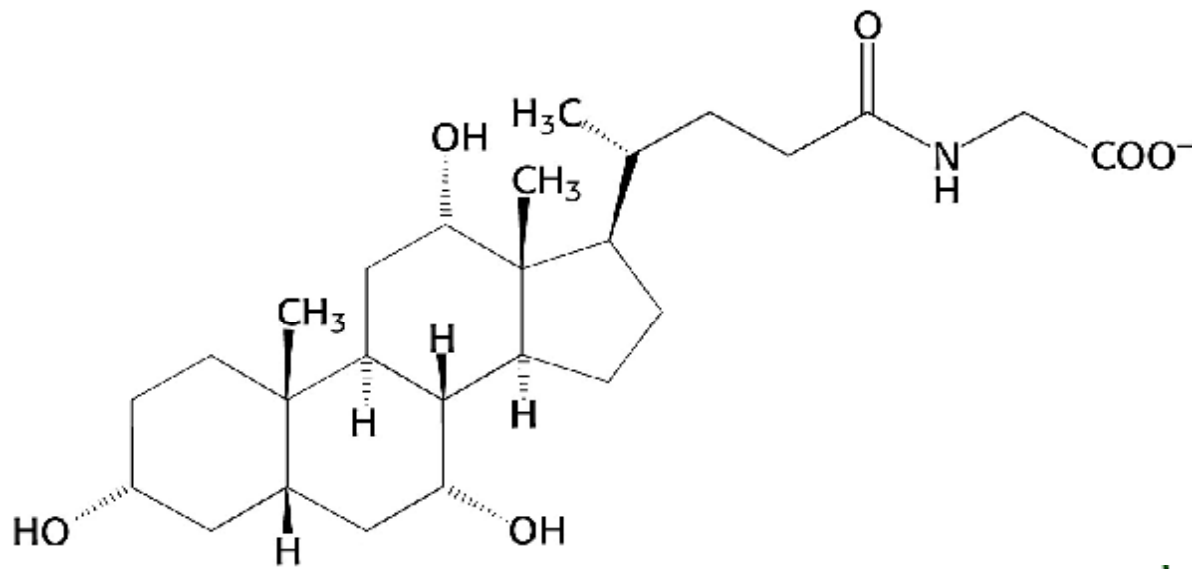
- Understand how the **liver** plays a **central role in lipid transport and metabolism**
- and how **hepatic VLDL secretion is regulated by the diet and hormones**

THE LIVER PLAYS A CENTRAL ROLE IN LIPID TRANSPORT & METABOLISM

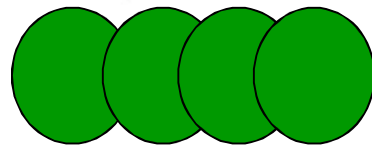
- 1. It facilitates the digestion and absorption of lipids by the production of **bile**,
- which contains cholesterol and bile salts
- synthesized within the liver de novo or after uptake of lipoprotein cholesterol



Glycocholate

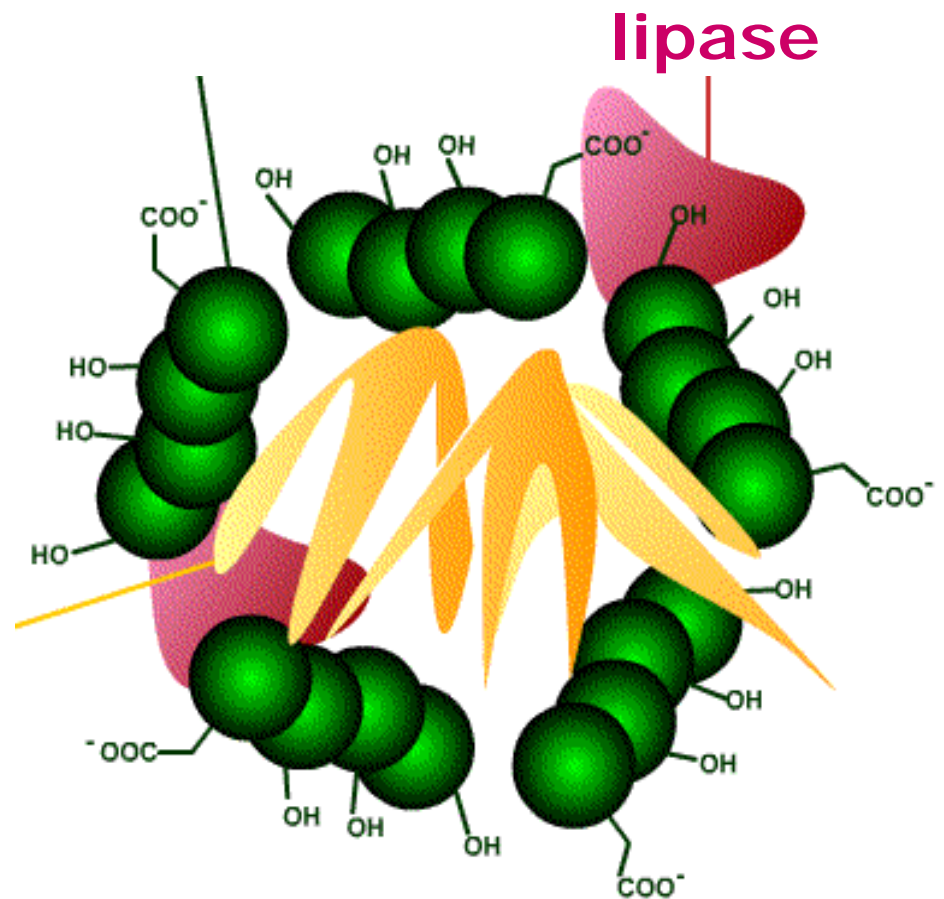


Glycocholate



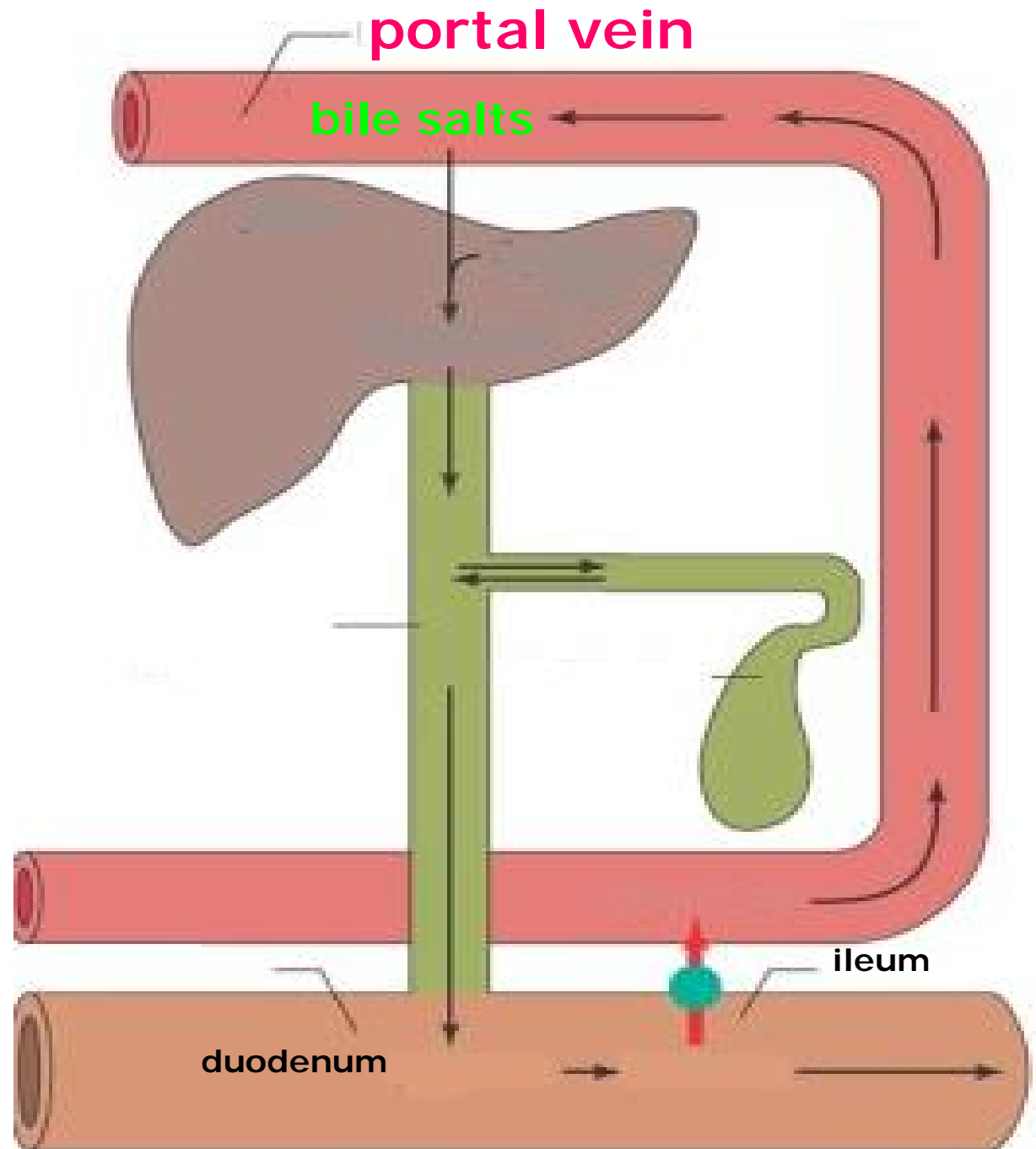
- **Bile acids**
in the
digestion
and
absorption
of **fats**

**Triacyl-
glycerol**



Excess cholesterol is excreted from the liver in the bile as cholesterol or **bile salts**

A large proportion of bile salts is absorbed into the portal circulation and **returned to the liver** as part of the enterohepatic circulation



THE LIVER PLAYS A CENTRAL ROLE IN LIPID TRANSPORT & METABOLISM

- 1. It facilitates the digestion and absorption of lipids by the production of bile,
 - which contains cholesterol and bile salts
 - synthesized within the liver de novo or after uptake of lipoprotein cholesterol
- 2. It actively synthesizes and oxidizes fatty acids
 - and also synthesizes triacylglycerols and phospholipids
- 3. It converts fatty acids to ketone bodies (ketogenesis)
- 4. It plays an integral part in the synthesis and metabolism of plasma lipoproteins

Factors that enhance
both the synthesis of triacylglycerol
and the secretion of VLDL by the liver

- (1) the fed state rather than the starved state
- (2) the feeding of diets high in carbohydrate (particularly if they contain sucrose or fructose) leading to high rates of lipogenesis and esterification of fatty acids
- (3) high levels of circulating free fatty acids
- and...

Factors that enhance
both the synthesis of triacylglycerol
and the secretion of VLDL by the liver

- (4) ingestion of ethanol
- (5) the presence of **high** concentrations of **insulin**
- and **low** concentrations of **glucagon**,
- which enhance fatty acid **synthesis** and **esterification**
- and inhibit their oxidation

Objective 8

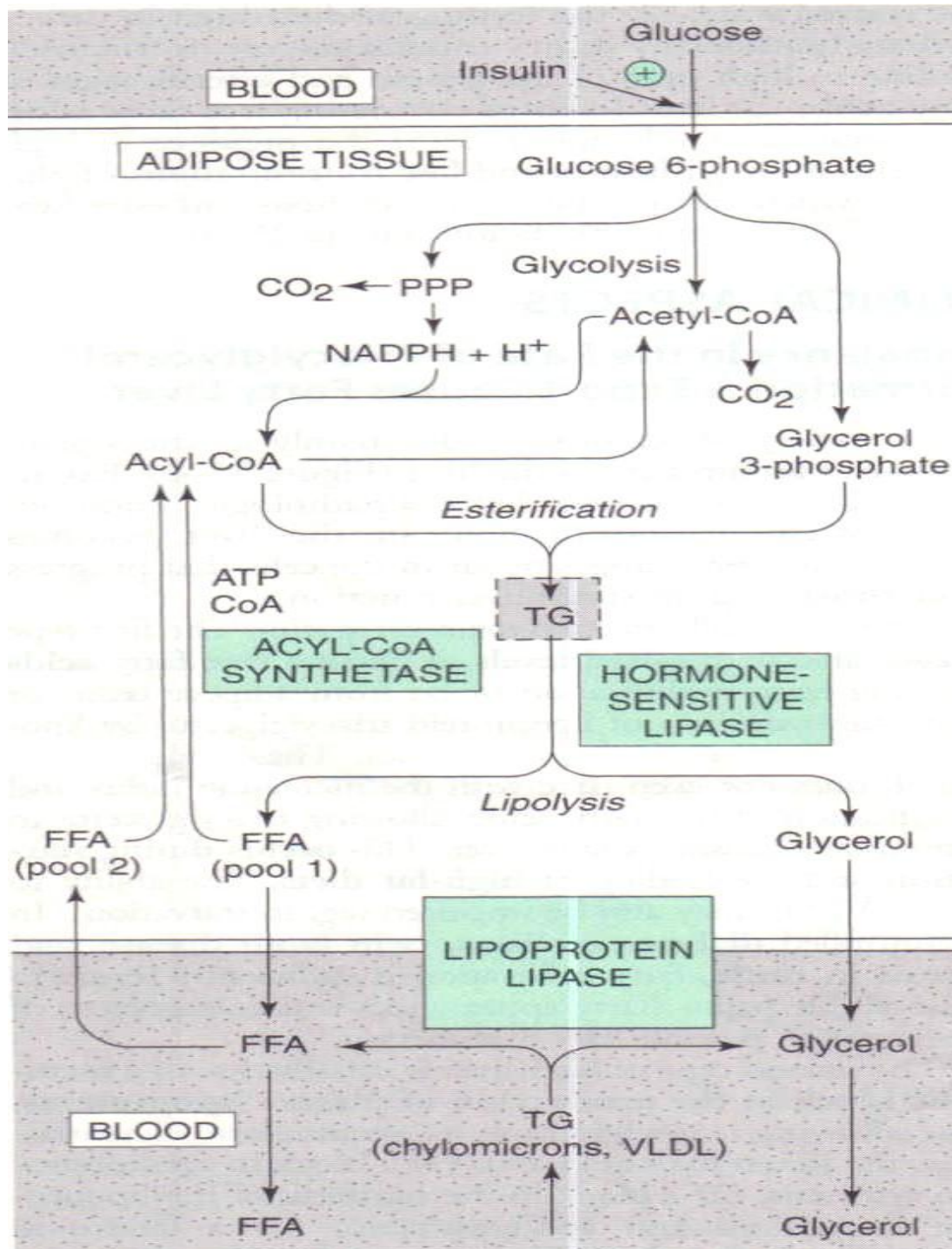
- Indicate the causes of alcoholic fatty liver disease

Alcoholic fatty liver is the first stage in alcoholic liver disease

- $\text{CH}_3\text{-CH}_2\text{-OH} + \text{NAD}^+ \rightarrow \text{CH}_3\text{-CHO} + \text{NADH} + \text{H}^+$
- 1. Which coenzyme is needed for fatty acid β -oxidation?
- 2. Will fatty acid β -oxidation be increased or decreased in the presence of ethanol?
- 3. Which reaction undergo fatty acid if there is not coenzyme NAD^+ available?

Objective 9

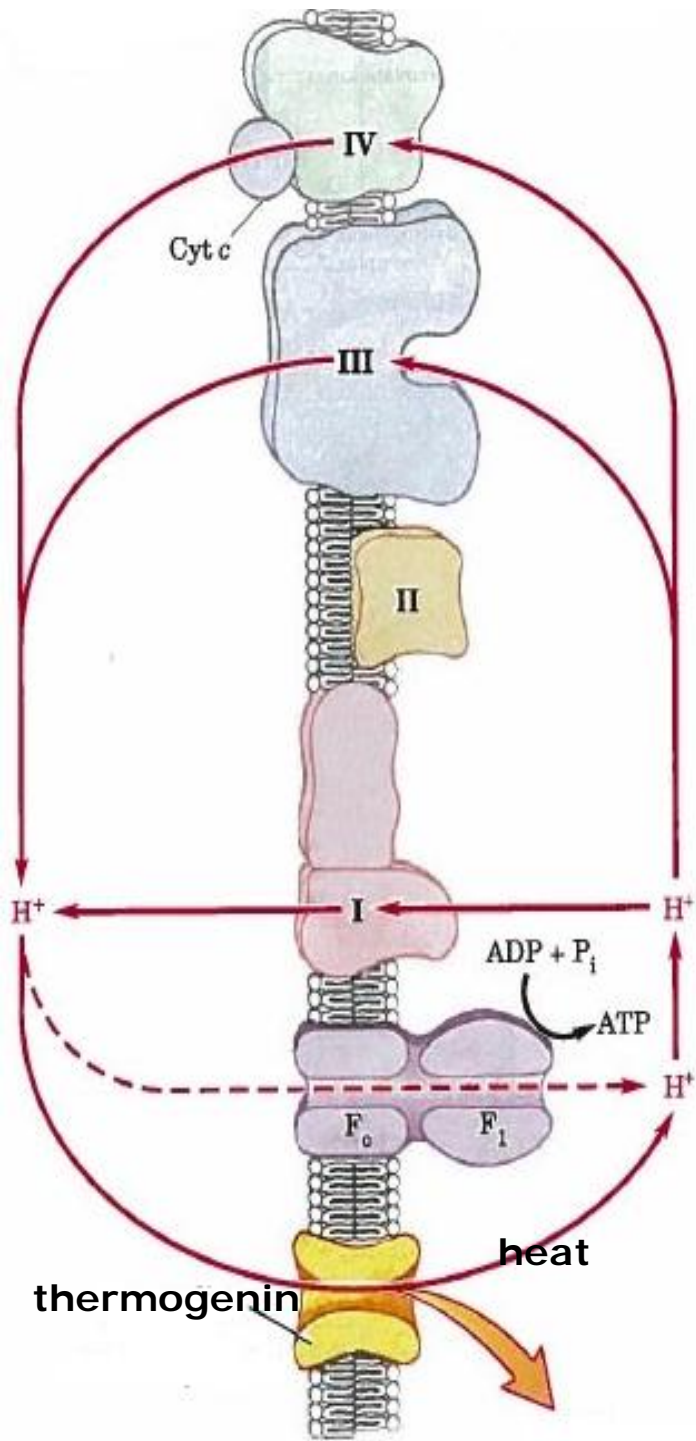
- Appreciate that adipose tissue is the main store of triacylglycerol in the body and explain the processes by which fatty acids are released and how they are regulated



- **FIGURE 25–7**
Triacylglycerol metabolism in adipose tissue.
- **Hormone-sensitive lipase is activated by**
- **ACTH, TSH, glucagon, epinephrine, norepinephrine, and vasopressin**
- **and inhibited by insulin, prostaglandin E1, and nicotinic acid.**

Objective 10

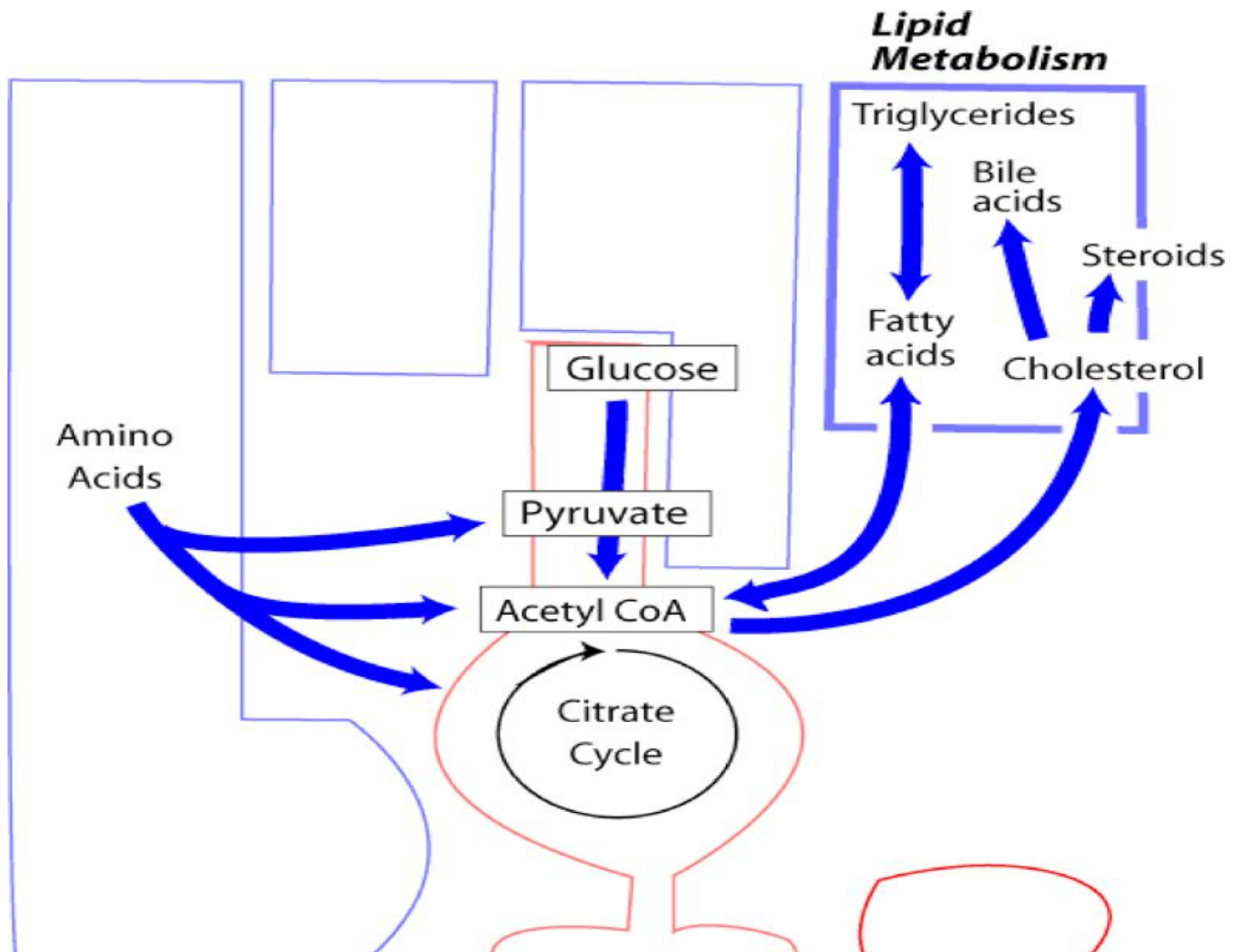
- Understand the role of brown adipose tissue in the generation of body heat



- Brown adipose tissue is the site of “nonshivering thermogenesis”
- It is found in hibernating and newborn animals and is present in small quantity in humans
- Thermogenesis results from the presence of an uncoupling protein, **thermogenin**, in the inner mitochondrial membrane

Cholesterol

- Presursor of all other steroids
 - Corticosteroids
 - Sex hormones
 - Bile acids
 - Vitamin D
- Important structural role in
 - Membrane
 - Outer layer of lipoproteins



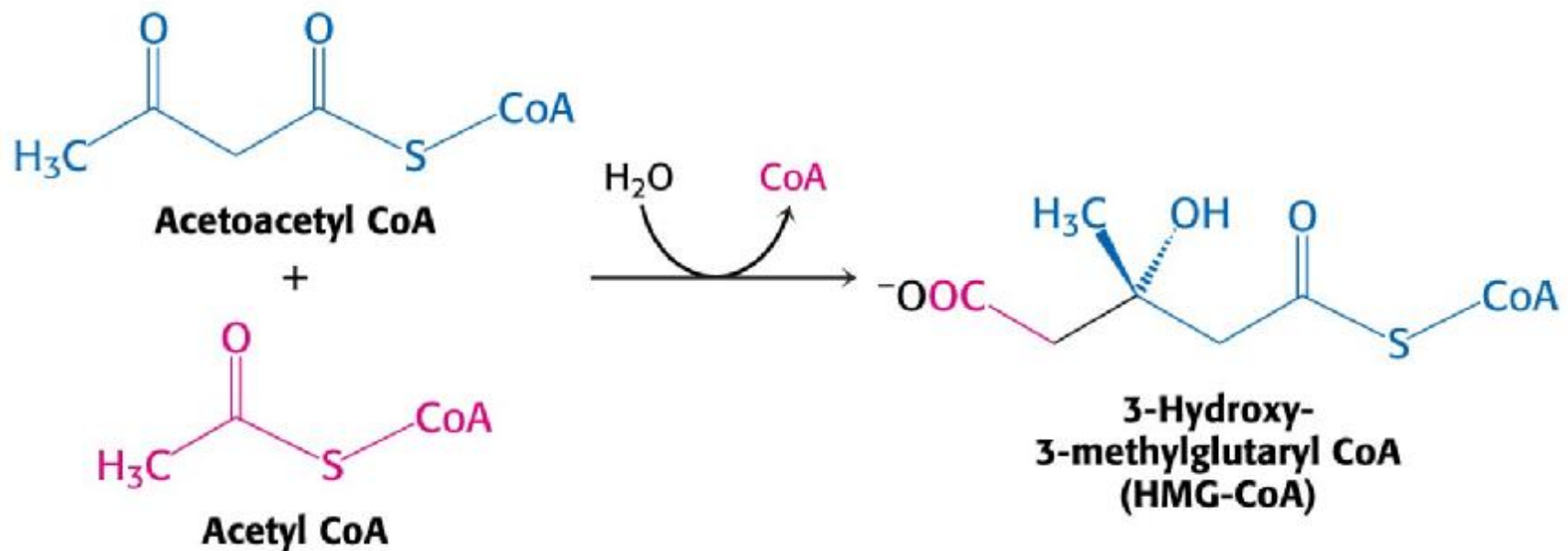
Objective 11

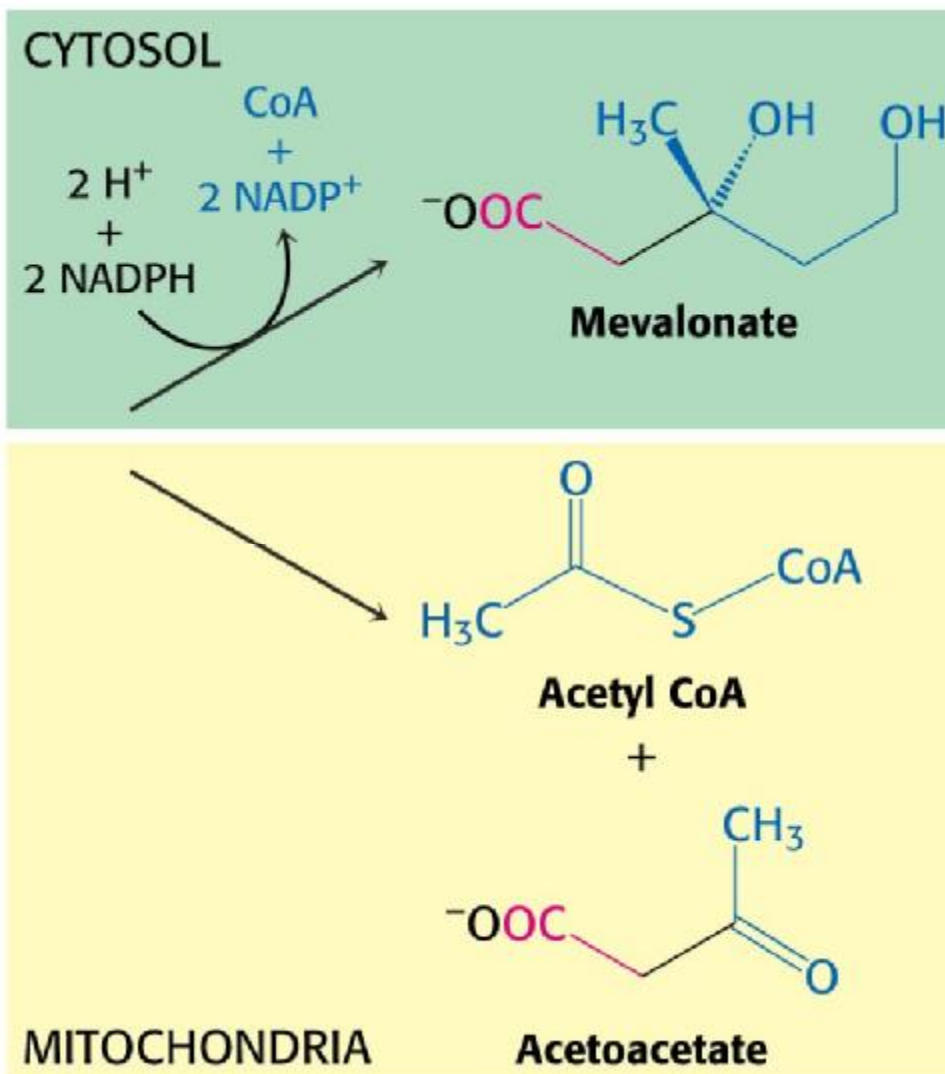
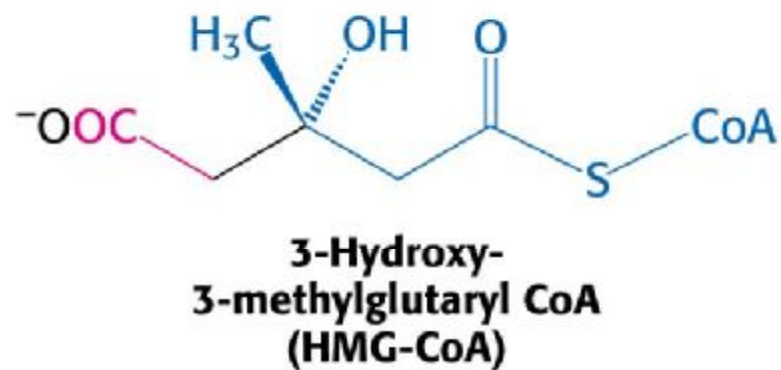
- Identify the five stages in the biosynthesis of cholesterol from acetyl-CoA.

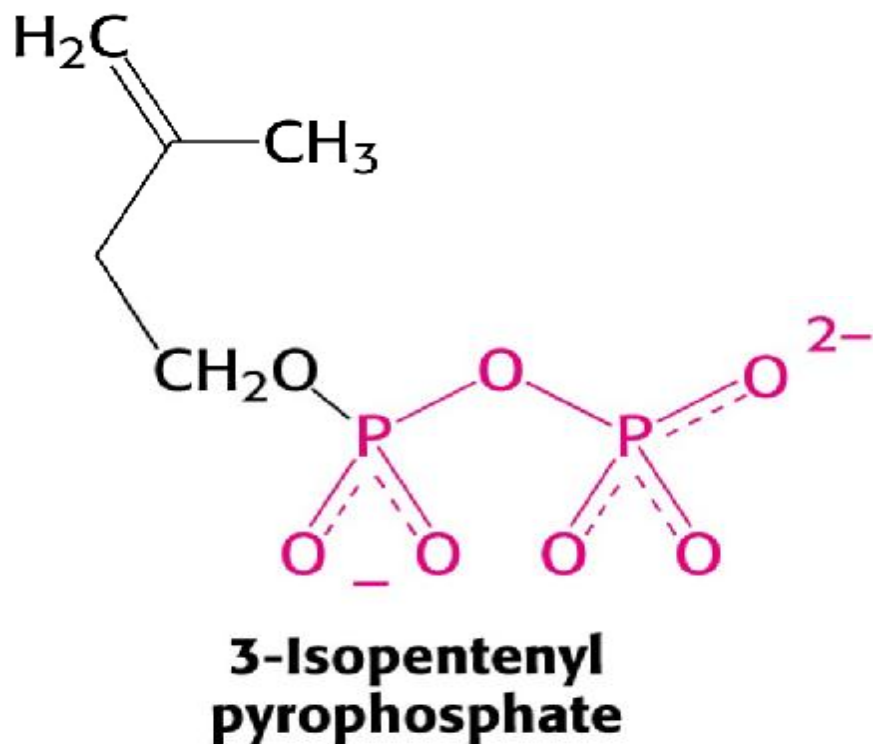
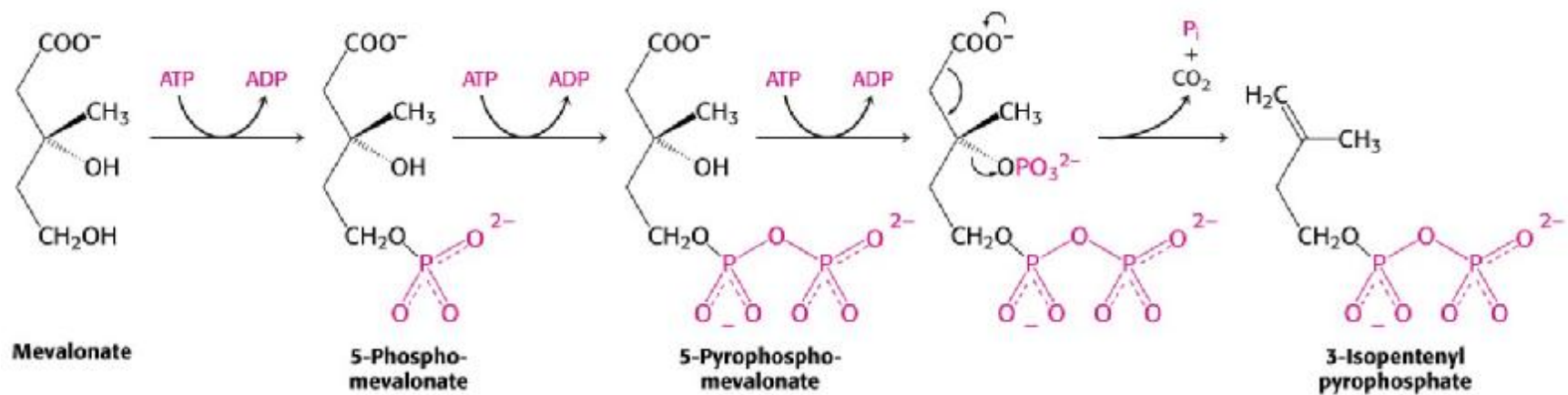
Cholesterol is synthesized in the body entirely from acetyl-CoA

- 1. Three molecules of acetyl-CoA form mevalonate via the important regulatory reaction for the pathway, catalyzed by HMG-CoA reductase.
- 2. Next, a five-carbon isoprenoid unit is formed,
- 3. and six of these condense to form squalene.
- 4. Squalene undergoes cyclization to form the parent steroid lanosterol,
- 5. which, after the loss of three methyl groups and other changes, forms cholesterol.

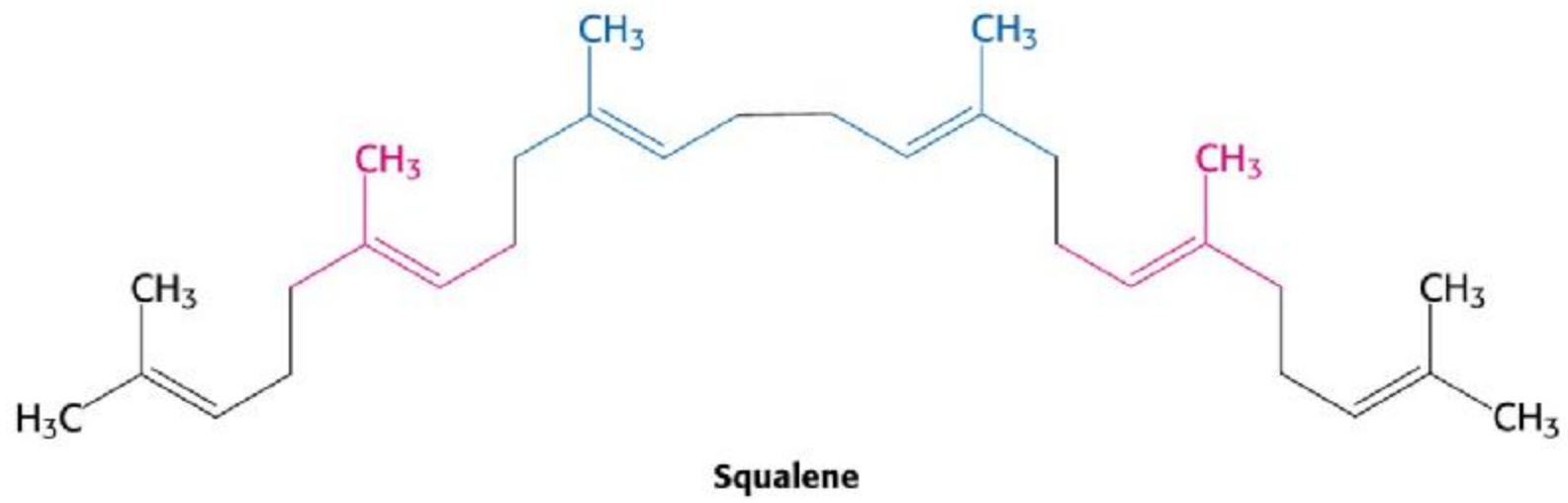
1. Three molecules of acetyl-CoA form mevalonate via the important regulatory reaction for the pathway, catalyzed by HMG-CoA reductase



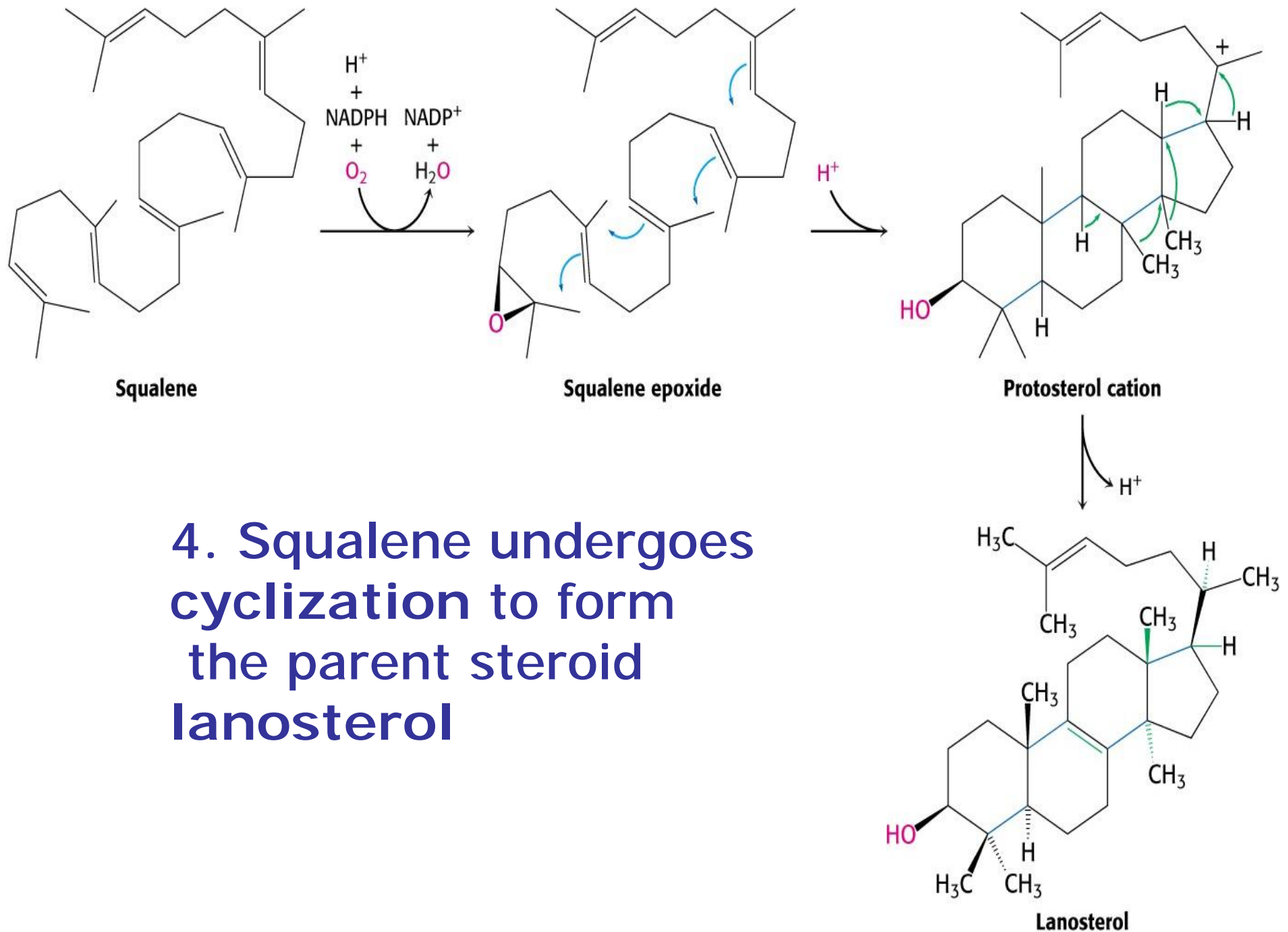




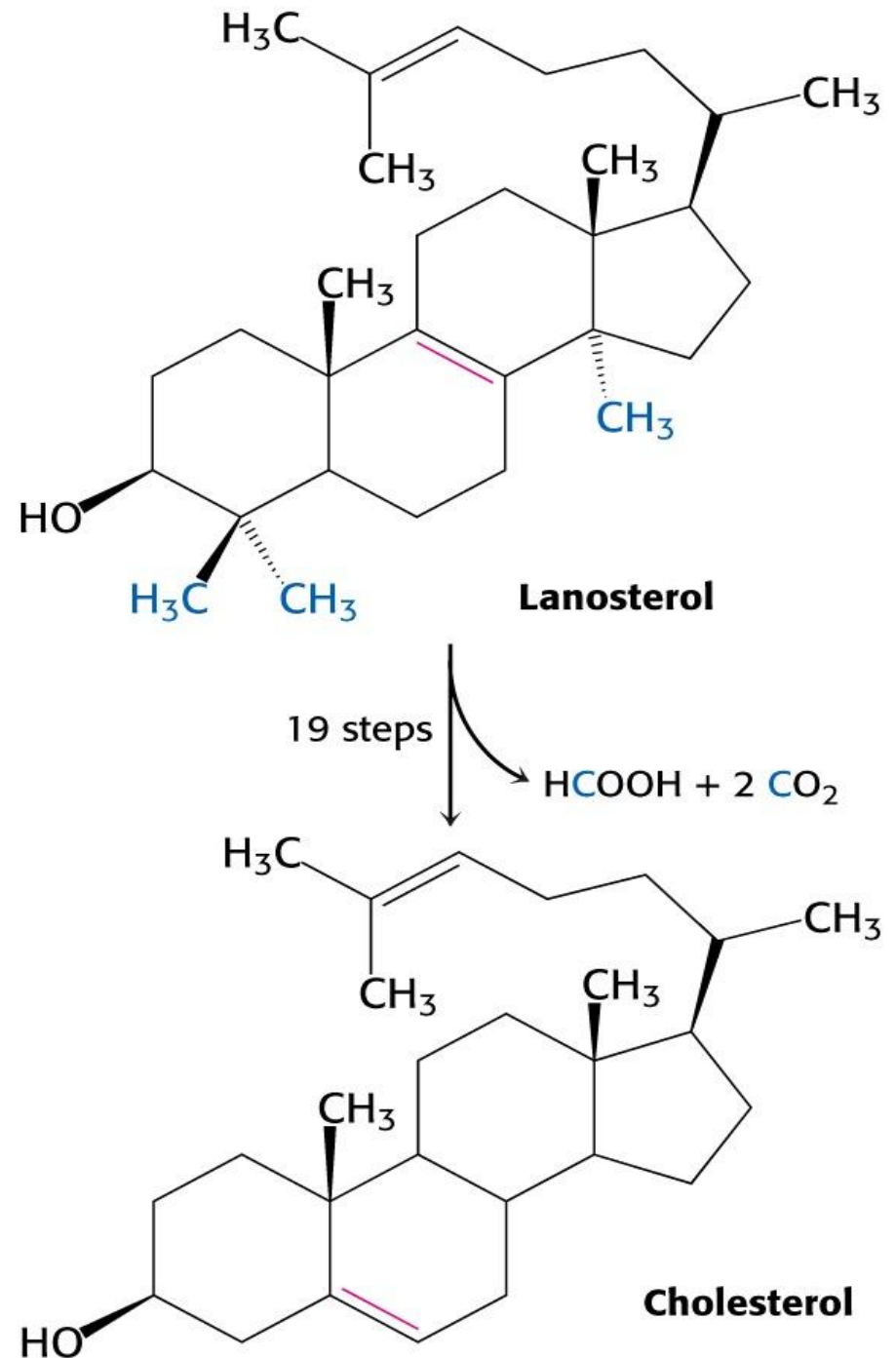
2.
Five-carbon
isoprenoid
unit
is formed



3. Six isoprenoids
condense
to form
squalene



5. Lanosterol,
after the **loss**
of three methyl
groups and other
changes, forms
cholesterol



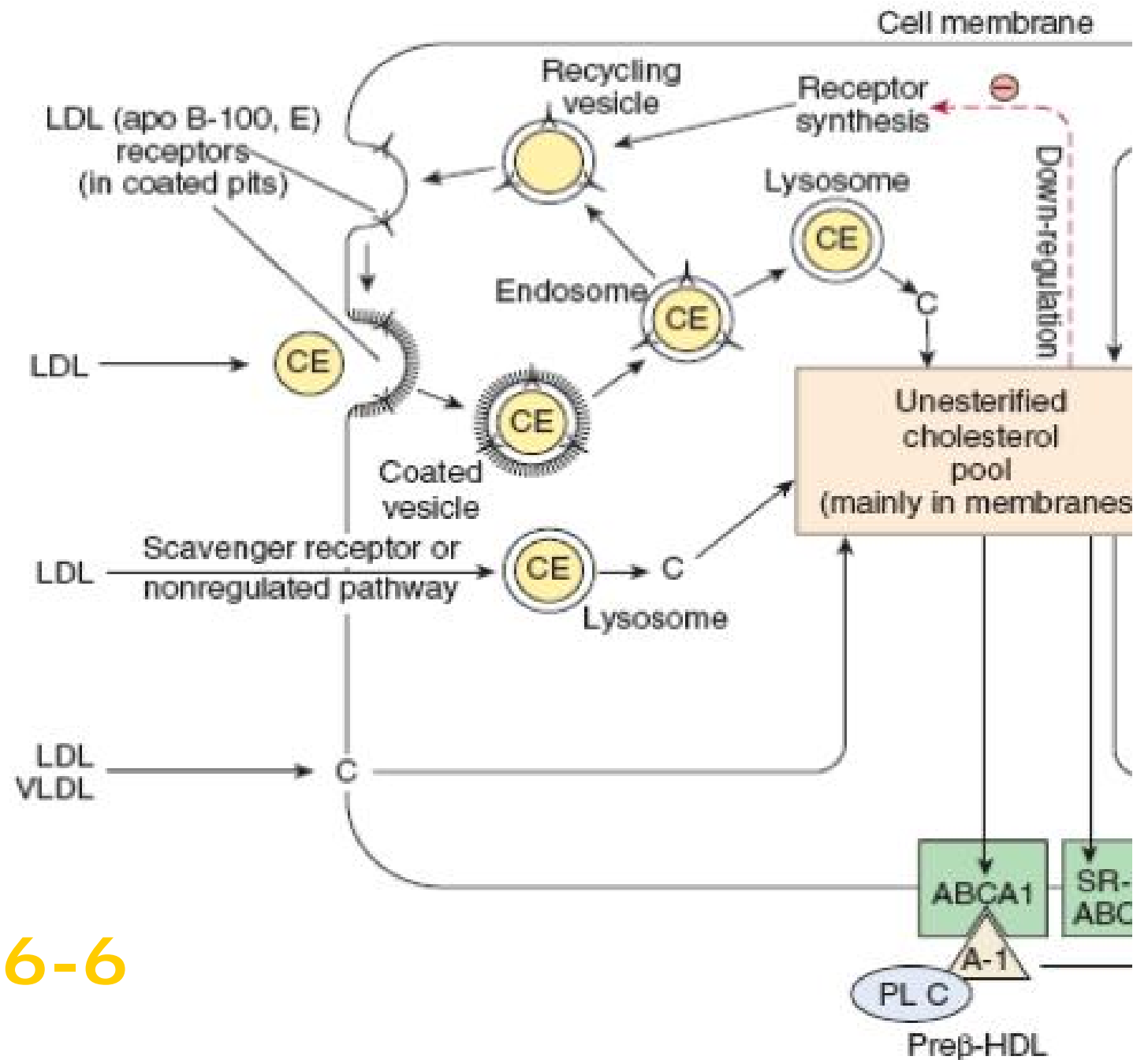
Objective 12

- Understand the role of 3-hydroxy-3-methylglutaryl CoA reductase (HMG-CoA reductase)
- in controlling the rate of cholesterol synthesis
- and explain the mechanisms by which its activity is regulated

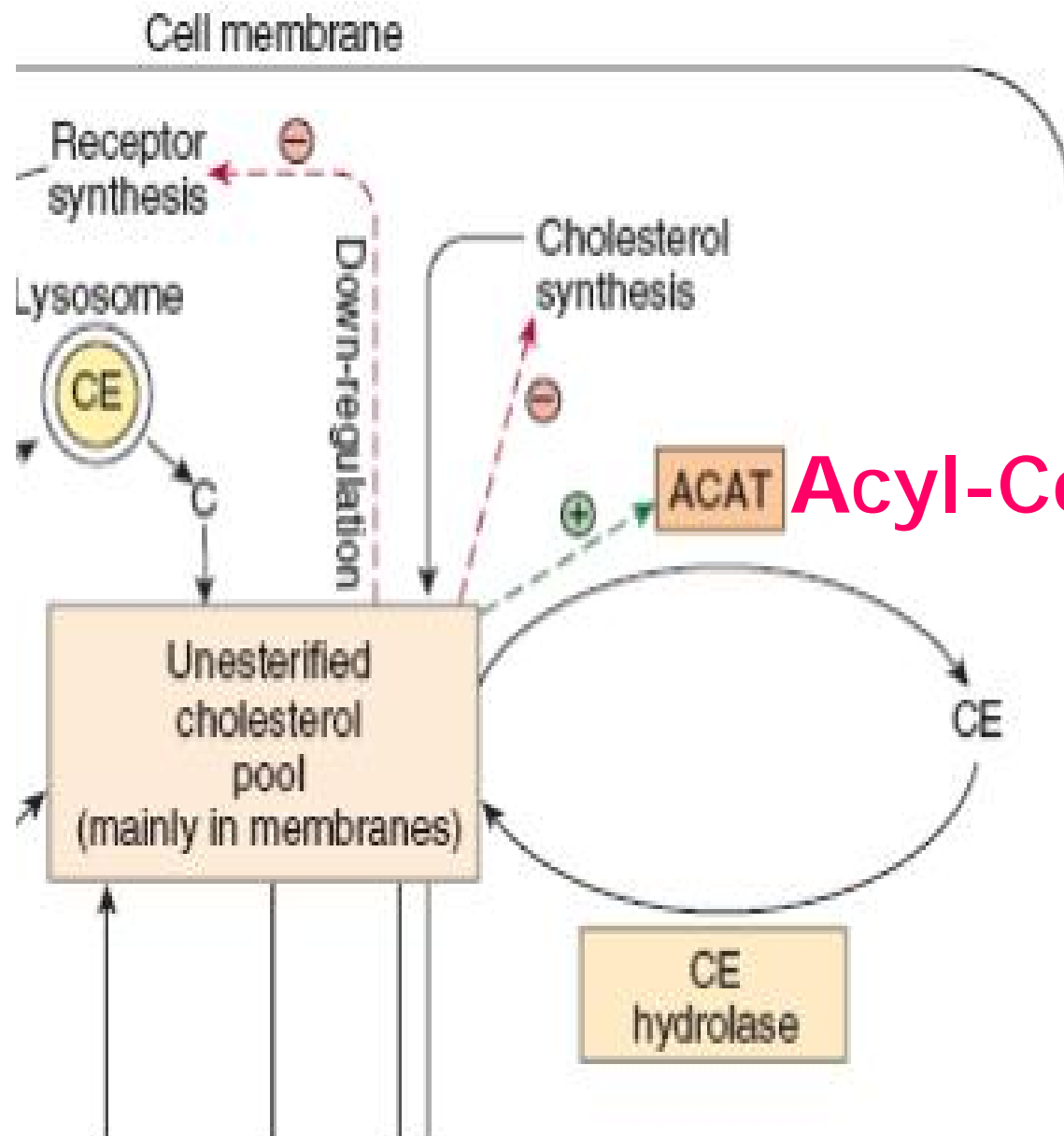
- Cholesterol represses transcription of the HMG-CoA reductase
- via activation of a sterol regulatory element-binding protein (SREBP)

Objective 13

- Appreciate that cholesterol balance in cells is tightly regulated and indicate the factors involved in maintaining the correct balance.



• Figure 26-6

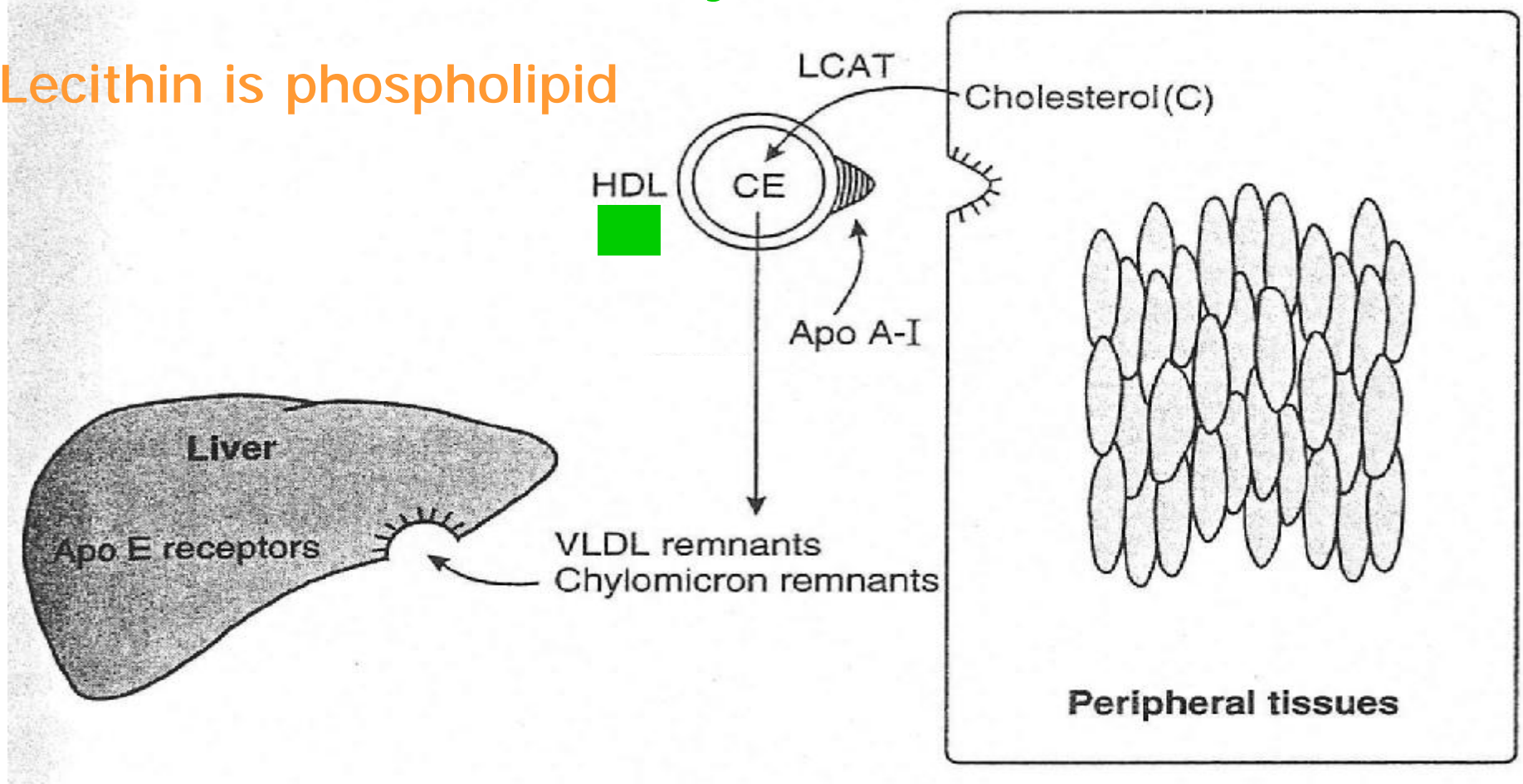


Acyl-CoA:cholesterol
acyltransferase

Reverse cholesterol transport

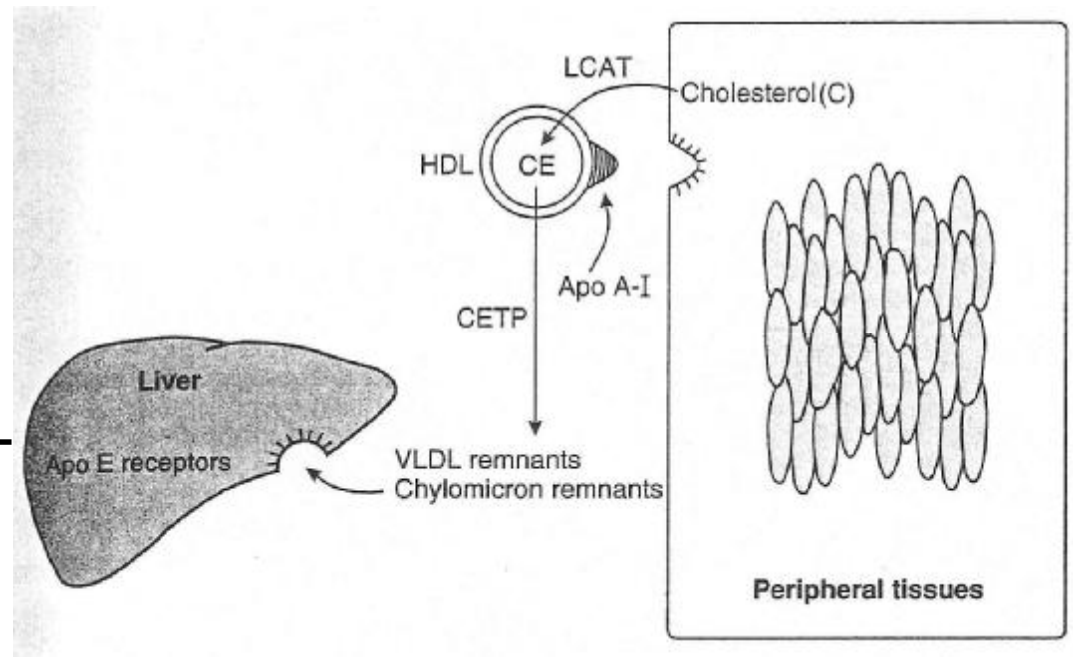
lecithin:cholesterol acyltransferase

Lecithin is phospholipid



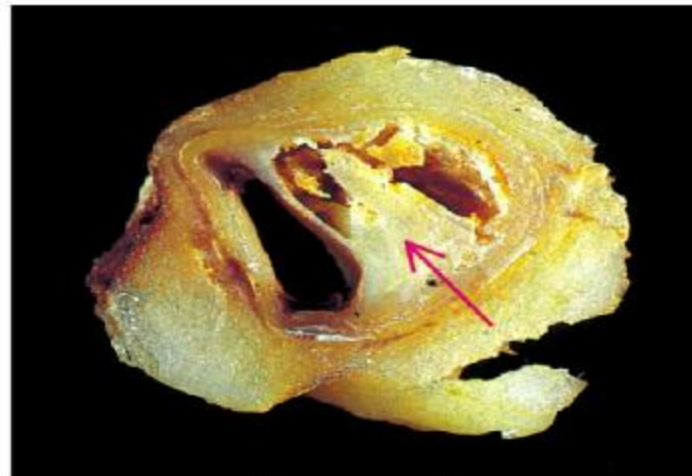
Reverse cholesterol transport

- Uptake of cholesterol from peripheral tissues (binding by apo-A-I)
- Esterification of HDL-C by LCAT
 - LCAT activated by apoA1
- Transfer of CE to lipoprotein remnants (IDL and CR)
- removal of CE-rich remnants by liver, converted to bile acids and excreted

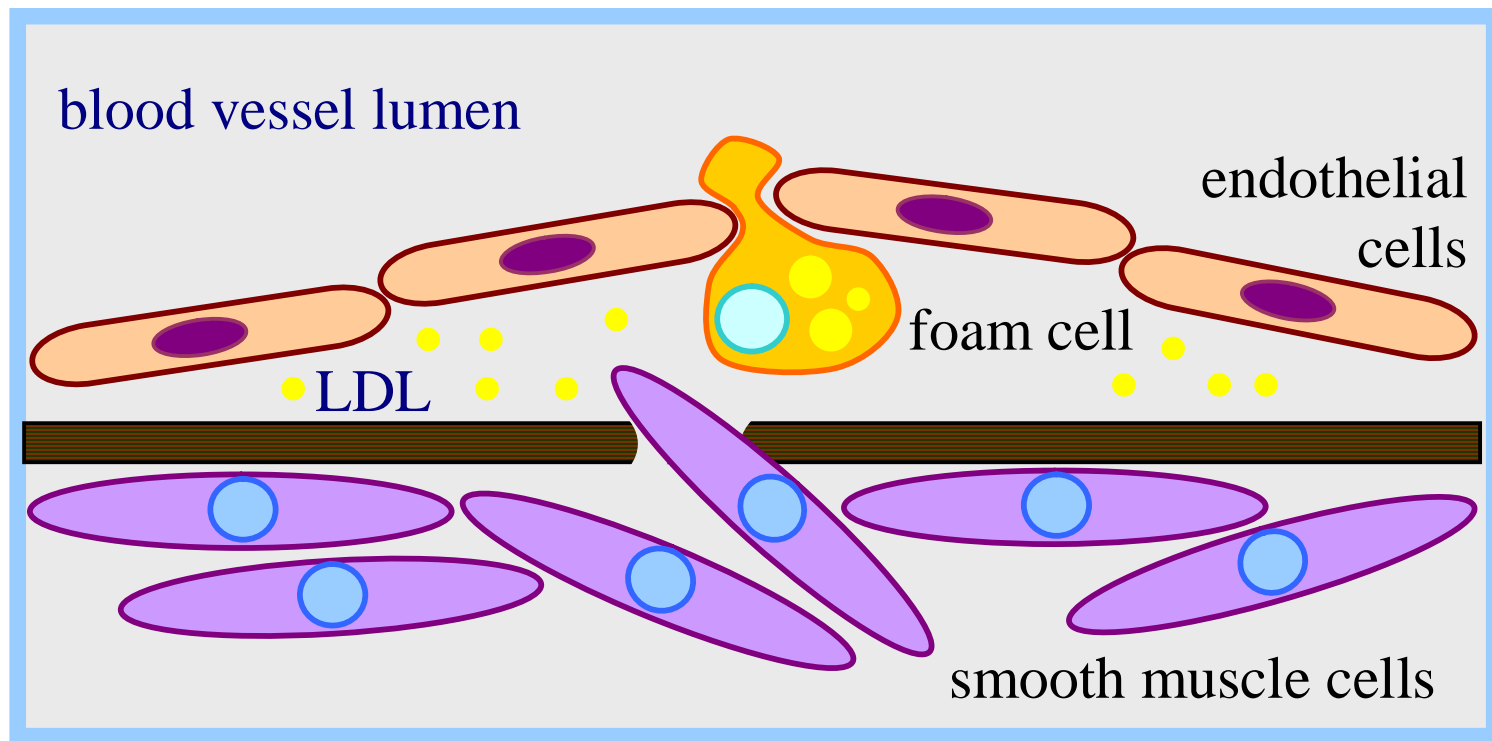


Objective 14

- Indicate pathological role of cholesterol in atherosclerosis development
- Be aware of the roles of LDL and HDL in promoting and retarding, respectively, the development of atherosclerosis

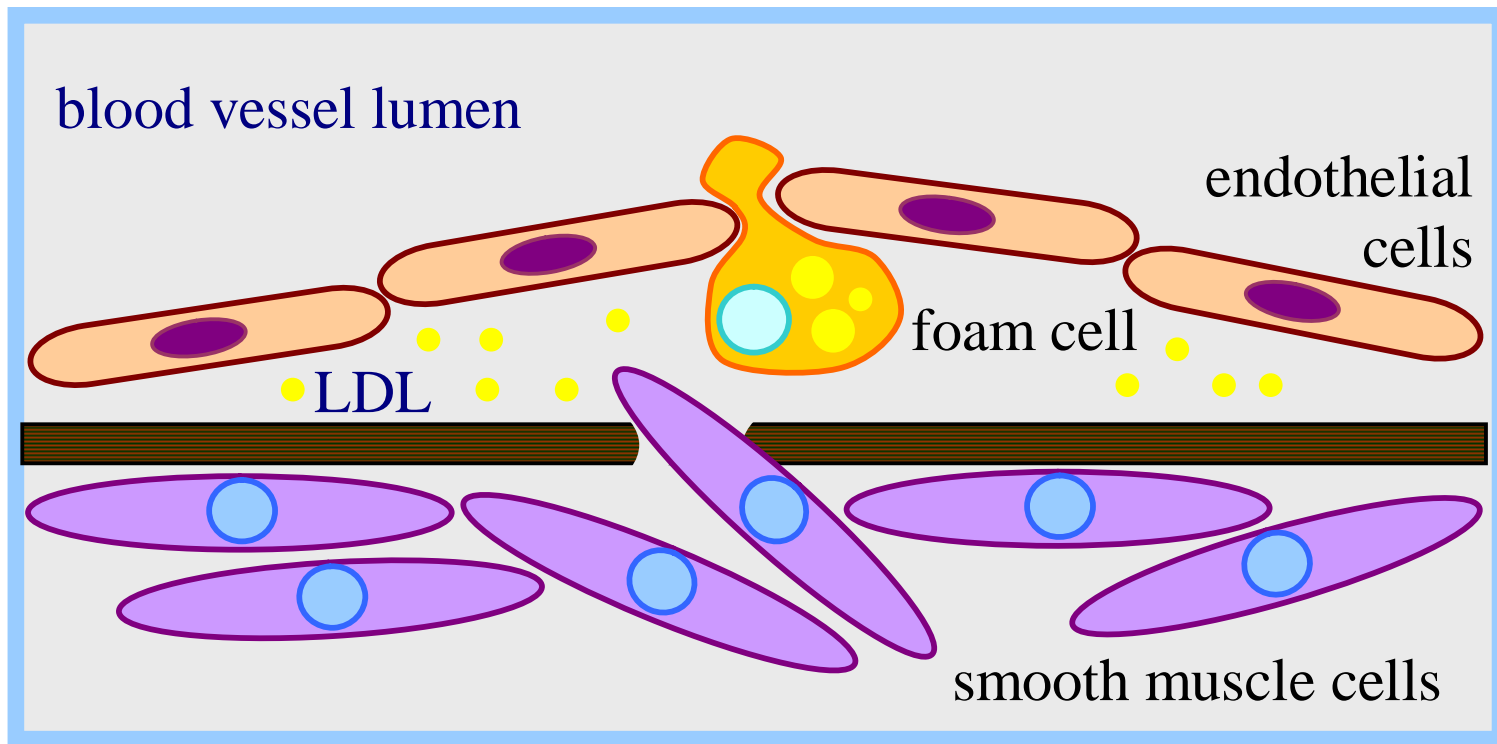


Lipid deposits



Macrophages have on their surface **scavenger receptors** that cause them to **take up oxidized lipoproteins** becoming "**foam cells**" that have many cytoplasmic lipid droplets.

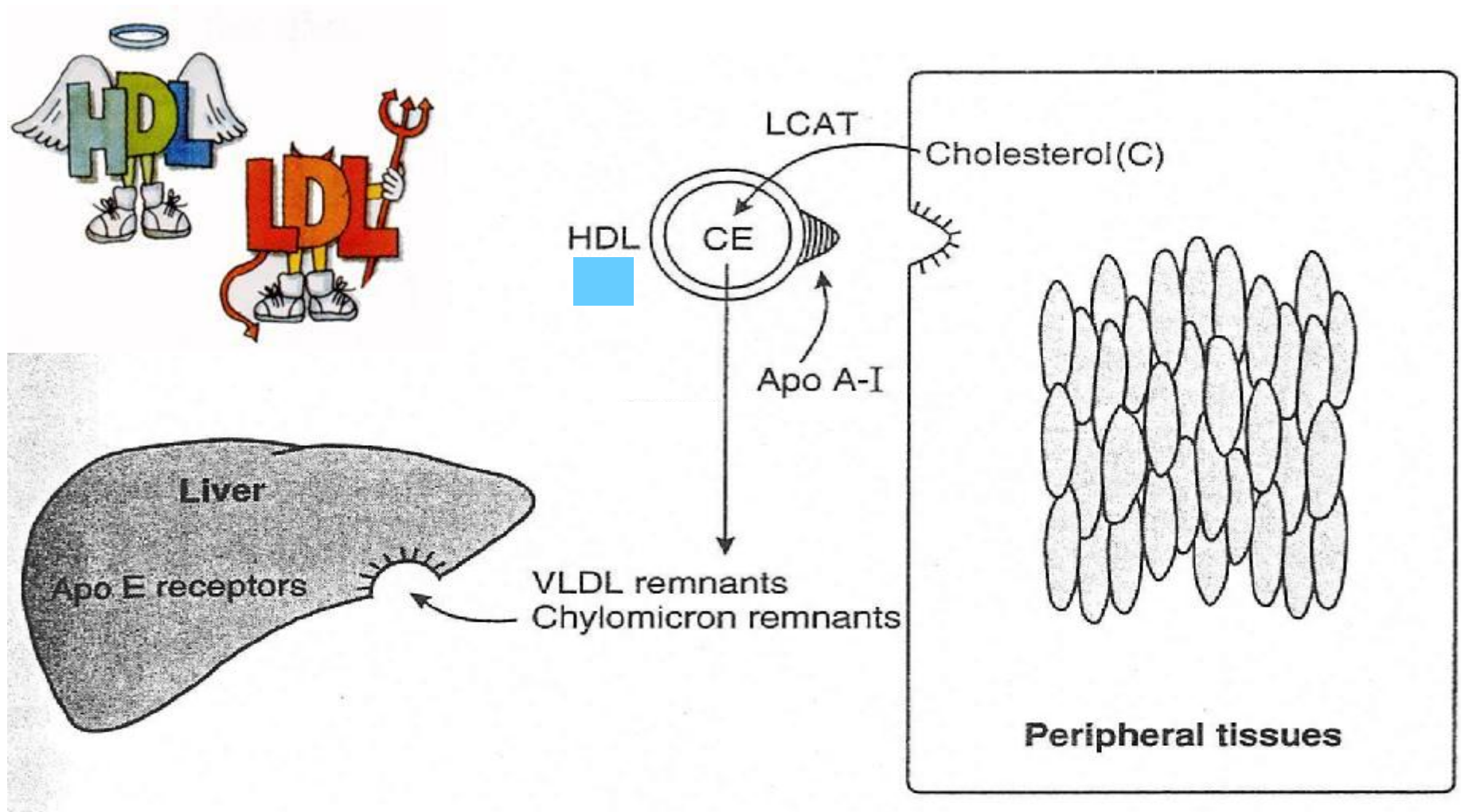
Although in humans **foam cells** mainly develop from macrophages, **smooth muscle cells** may also migrate into the subendothelial space & become foam



Foam cells aggregate within the developing arterial plaque.

Within the **plaque core** foam cells eventually undergo **necrotic death**, releasing harmful cellular contents that can promote plaque **rupture** & development of **blood clots**.

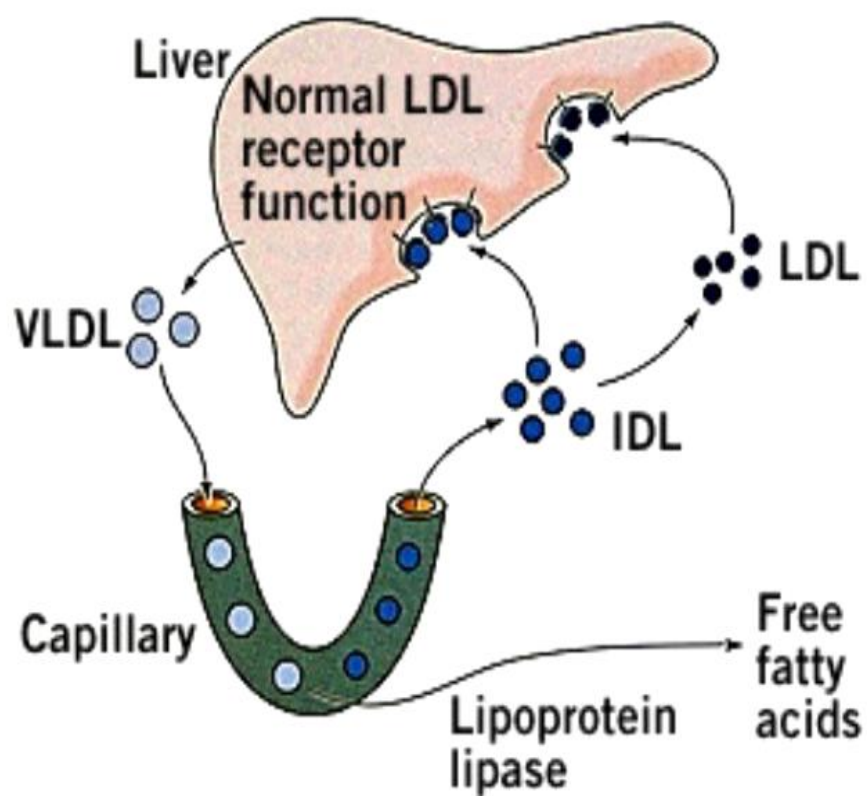
Reverse cholesterol transport



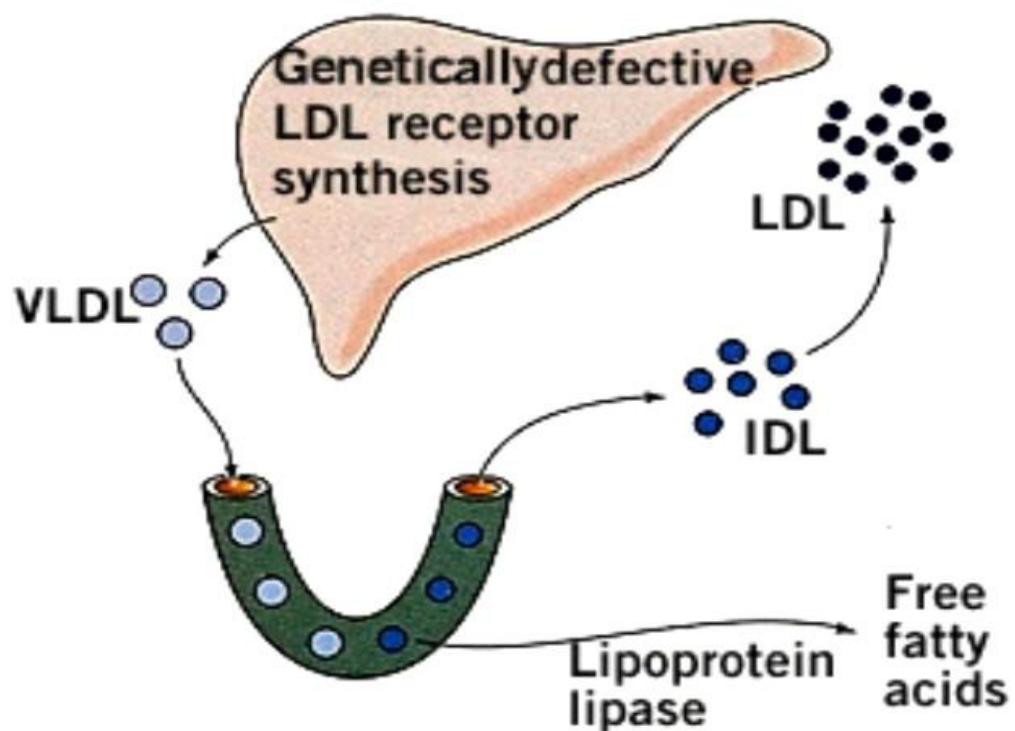
Objective 15

- Identify the **lifestyle factors** that influence plasma cholesterol concentrations and thus affect the risk of coronary heart disease:
- Give examples of inherited and noninherited **conditions affecting lipoprotein metabolism** that cause hypo- or hyperlipoproteinemia.

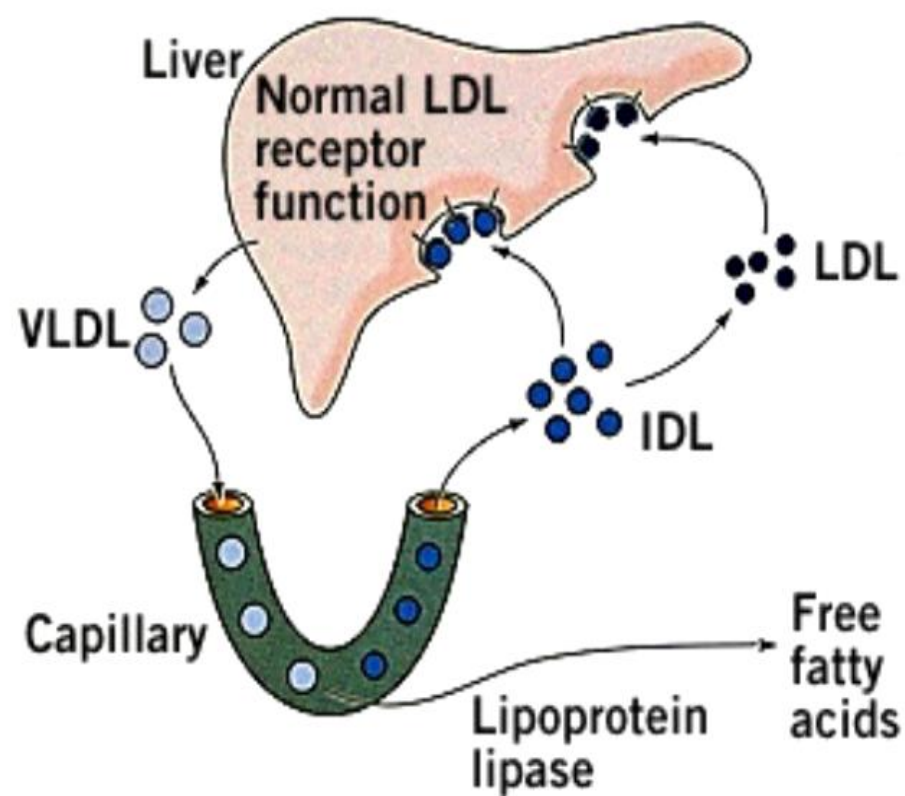
(a) Normal



(b) Familial hypercholesterolemia



(a) Normal



(c) High cholesterol diet

