

LANA B. GILICH, MSW/CSW, is a Certified Social Worker. Lana obtained her Bachelor's Degree in Social Work at the University of Kentucky in 2020. She went on to earn her Master's Degree in Social Work through the Advanced Standing Program at the University of Kentucky in 2022. Lana completed a 500-hour undergraduate internship at The Cabinet for Health and Family Services in Lexington, and completed a 500-hour graduate internship at Wilson Counseling. Lana has additionally worked for The Cabinet for Health and Family Services in Kentucky as part of the Protection and Permanency team as an investigator. Lana started working for Wilson Counseling in January of 2022 and launched a psychoeducation group for kids and currently leads an anger management group for adults. Lana is also certified as a Batterer Intervention Provider. Lana is working toward LCSW licensure. Lana is driven to succeed in helping her clients explore difficulties, enhance their ability to cope, and facilitate positive change.

Lana currently provides child, adolescent, and adult therapy at Wilson Counseling.

Lana's primary therapeutic approaches include Cognitive-Behavioral Therapy, Solution-Focused Therapy, and Expressive Therapies.