



VOLLEYBALL CLUB

COVID-19 Education Resources

Dear Club Members,

We must ensure that all staff, coaches, athletes, parents, members, and volunteers are aware of the new safety and hygiene protocols within the club. Please find below Government-approved information on ways to limit the spread of COVID-19.

Please review all the resources below:

Ontario Public Health Public Resources:

<https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

Ministry of Health – Ontario: COVID-19 Reference Document for Symptoms:

http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf

The following resources are also available on the Ontario Public Health website. Please ensure you are using the most up-to-date version of these tools by consulting the address above.

Topic	Tool
Hand Hygiene	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-19-hand-hygiene.pdf?la=en
Physical Distancing	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-19-guide-physical-distancing.pdf?la=en
How to Self-Monitor	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-wear-mask.pdf?la=en
When and How to Wear a Mask	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-wear-mask.pdf?la=en
How to Self-Isolate	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-wear-mask.pdf?la=en
Ontario COVID-19 Online Self-assessment Tool	https://covid-19.ontario.ca/self-assessment/