

# November

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>BREAKFAST:</b> milk, french toast sticks, syrup, cup fruit <b>LUNCH:</b> milk, lasagna, bread sticks salad, fruit	<b>2</b> <b>BREAKFAST:</b> milk, yogurt, granola bar, blue berries, strawberries <b>LUNCH:</b> milk, sloppy joes on a bun, baked beans, chips, fruit	<b>3</b> <b>BREAKFAST:</b> milk, cereal /oat meal, fruit <b>LUNCH:</b> milk, mini corn dogs, green beans, fruit	<b>4</b> <b>BREAKFAST:</b> milk, biscuits & gravy, sausage patty, fruit <b>LUNCH:</b> milk, walking taco, lettuce, tomatoes, chili, fruit	<b>5</b> <b>BREAKFAST:</b> milk, long johns, bananas <b>LUNCH:</b> milk, big daddy pizza, salad, fruit
<b>8</b> <b>BREAKFAST:</b> milk, pancake on stick, fruit, syrup <b>LUNCH:</b> milk, chicken nuggets, mac&cheese, steamed broccoli, fruit	<b>9</b> <b>BREAKFAST:</b> milk, sausage egg &cheese biscuit, fruit <b>LUNCH:</b> milk, hamburger on bun, tater tots, fruit	<b>10</b> <b>BREAKFAST:</b> milk, cereal /oat meal, fruit <b>LUNCH:</b> milk, ravioli, peas, bread sticks, fruit	<b>11</b> <b>BREAKFAST:</b> milk, scrambled eggs, hash brown, sausage link, fruit <b>LUNCH:</b> milk, spaghetti, salad, bread sticks, fruit	<b>12</b>  No school
<b>15</b> <b>BREAKFAST:</b> milk, french toast sticks, syrup cup, fruit <b>LUNCH:</b> milk, chili, peanut butter sandwich, celery stick, fruit	<b>16</b> <b>BREAKFAST:</b> milk, yogurt, granola bar, blue berries, strawberries <b>LUNCH:</b> milk, chicken wrap, baby carrots, chips, fruit	<b>17</b> <b>BREAKFAST:</b> milk, cereal /oat meal, fruit <b>LUNCH:</b> milk, hot dog on bun, chili, chips, fruit	<b>18</b> <b>BREAKFAST:</b> milk, biscuits & gravy, sausage patty, fruit <b>LUNCH:</b> milk, country fried steak, mashed potatoes, corn, fruit	<b>19</b> <b>BREAKFAST:</b> milk, long johns, bananas <b>LUNCH:</b> milk, big daddy pizza, salad, fruit
<b>22</b> <b>BREAKFAST:</b> milk, pancake on stick, fruit, syrup cup <b>LUNCH:</b> milk, soup, grilled cheese, carrot sticks, fruit	<b>23</b> <b>BREAKFAST:</b> milk, sausage egg &cheese biscuit, fruit <b>LUNCH:</b> milk, riblet on a bun, tater tots, fruit	<b>24</b>  Happy	<b>25</b> 	<b>26</b>  Thanksgiving
<b>29</b> <b>BREAKFAST:</b> milk, french toast sticks, syrup, fruit <b>LUNCH:</b> milk, chicken alfredo, peas, bread stick, fruit	<b>30</b> <b>BREAKFAST:</b> milk, yogurt, granola bar, blue berries, strawberries <b>LUNCH:</b> milk, mini corn dogs, green beans, fruit	<b>1</b> <b>BREAKFAST:</b> milk, cereal /oat meal, fruit <b>LUNCH:</b> milk, poppin chicken bowl, fruit	<b>2</b> <b>BREAKFAST:</b> milk, scrambled eggs, hash brown, sausage link, fruit <b>LUNCH:</b> milk, hamburger on a bun, tater tots, fruit	<b>3</b> <b>BREAKFAST:</b> milk, long johns, bananas <b>LUNCH:</b> milk, big daddy pizza, salad, fruit

An alternate lunch option will still be available for 3<sup>rd</sup>-8<sup>th</sup> grades.  
Lunch items will be:

2 slices whole wheat bread, 2 oz. peanut butter, applesauce, carrot sticks, cheese sticks

wig = whole grain

This institution is an equal opportunity provider.