



**THE  
THRONE  
—OF—  
SELF**



**NANCY ANGOVE**

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## DEDICATION

I sincerely dedicate this book—dedication isn't to be taken lightly—to every self-centered person who comes in contact with this writing, and I might add even to the part-time self-centered person,

And to every person who thinks they're not self-centered, but are being deceived and think it would be beneath them to think seriously about it,

And to those who have been told they are self-centered (many times by a mate), but didn't believe it, got upset and took it out on the kids,

And to those who will try harder to get delivered from selfishness after reading this book (your friends and family will love you for it).

(I would like to cast out your self-absorption, love of self, self-indulgence and sometimes being engulfed and absorbed by ugly self, but you need to repent first).



## **TO MY READERS:**

I like to pen a little note to my readers. I think of you as friends in the battles of life that we are facing at the same time in history on this earth. I love you even if you think my books are poorly written, which no-one has ever expressed that to me, but it shows my love is great to have an attitude that accepts criticism. I do like to make a stab at sounding fairly spiritual as it helps people to accept the truths in my books.

The title of this book sounds so anemic. It's not exciting sounding, like I saw three dragons come down out of heaven and snap up bad people, or I have visions of evil spirits swarming over

the earth destroying all the food, and even worse, the coffee beans. But as you go on in this book, you will be surprised to find out who and what your worst enemy is. As some long-haired philosopher said, “I have seen the enemy, and it is me.” Yes, this person of you that you think is so great, always right, and should always lead, is actually an enemy you are so proudly carrying around for everyone to tolerate.

So read on, and remember the main focus of this inspired book is to tip, push, slide, or blast you off your precious throne of self where you're so comfy and snug, surrounded by pillows, family, occasional good works, witty remarks, and maybe athletic ability. You think that throne is yours and the one you built and deserve to lead your life from, but God says get off, even little by little, and let me be the Throne in your life, decisions, atti-

tudes, and the big One—to actually stop sulking if you don't get your way.

Your servant, (I can say that without guilt because I'm learning not to walk in s-e-l-f).

Nancy

**Note:** The King James and Amplified Bibles are mainly used. If you don't know the difference, I question your knowledge of the Word. Tongues & interpretations quoted in this book are usually from the tongues (sounds funny) of Nancy Angove and interpretation by Jack Angove, a proven interpreter in our ministry who has been interpreting privately and in churches for many years. (If the word “tongues” scares you, let's replace it with “spirit-language.”)

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## **THOUGHT 1**

### **Molded into Self**

Examining your life often for Self (I wanted to say the disease of) can be shrouded in some mystery because Self has so attached itself to us (with our permission and delight sometimes), that we don't really see its encroachment in our behavior. Much Self has been passed down to us by our selfish, egotistical relatives (Ex. 33:7). Much of the Source of Self started in our lives at conception, as our forefathers were good at it, maybe didn't know (or maybe care) how much they would bind their descendants, and voila, s-e-l-f started at your not immaculate conception.

Many are so encased in Self, except for a few benevolent moments here and there, that they are blinded to it. If you're too touchy to be told, that's a sign of Self. Remember, the one thing Satan uses against us is deception, and I have known many self-centered Christians who would place their pudgy fingers on their Amplified Bible and swear that they are not self-centered.

Here's a fairly deep thought for you: We are supposed to be in the image and likeness of Christ, but we haven't had serious deliverance from Self so our lives become self-absorbed in thinking about our needs and wants (even though we're "good" people). We actually morph into Self and take on the image more of Self than Christ. Like wet clay, we are crafted into an image of the Self we have made ourselves into instead of being absorbed and molded into the image of Christ. We make a golden calf of ourselves and are more

conscious of dancing around that than being conscious of the needs and feelings of those around us. (Kind of cleverly put.) If you don't know your Old Testament stories read Ex. 32:4.

This happens layer upon layer, thought upon thought, decision upon decision, desire upon desire, Self upon Self. (Ask your mate.) We love our image.



## **THOUGHT 2**

### **How SELF was Brought to my Attention**

Somehow, in spite of mySELF, God always leads me on what to write regarding a next book. Bringing “SELF” to my attention was a little different as He had me write down what He was telling me.

That’s not real understandable unless you know that sometimes God gives me the interpretations to my spirit-language through me sitting down with pen and paper and He then puts His thoughts down as I write. It’s a little hard to explain. But it’s true.

I try to speak in my spirit-language (tongues) for an hour a day. I ask the Lord for the interpretation then or sometime, and it comes to my mind, through a circumstance or through writing.

I am not an interpreter of tongues as my husband is who can almost interpret tongues anywhere by anyone at any time. We sometimes ask the Lord a question, I speak in tongues and faithful Jack interprets. These gifts are available to many who have not received them. This happened as soon as we were baptized in the Holy Spirit and didn't know what we were doing as we had no instruction until later. It has been invaluable in our ministry.

I say about the writing because on November 11, 2016, I walked and prayed in tongues for an hour, sat down to think of the Lord, felt like He was saying to "write." So I wrote the question, "Lord, you said to write—what do you want to

write through Me?” (I always say “thank you, Nancy” to be sure He knows who is writing the question.) I had not one thought in mind about what it was going to be.

Before quoting the writing, I think what Kimberly Daniels of *Spoken Word Ministries* said in a book is good to know:

“We have a choice to make, not only in accepting Jesus as Lord and Savior, but also in taking Him at His Word. The gospel is not bound between the books of Genesis and Revelation. There is no book that could contain all that truth! The full gospel includes *every word that proceeds out of the mouth of God*. When the Holy Spirit speaks a word to our heart concerning our personal affairs, or from another source, and it is in accordance with the written Word, it is to be respected and believed.”

## The Writing:

“You can write that I am concerned for the world as it is contaminating My nature, My Spirit, and My Son—and His death, burial, and resurrection—with wrong words, wrong attitudes, wrong appetites, sexual perversion, and *most of all, SELFishness almost beyond My comprehension*, after I have given everything I have and Am to them. This SELFishness amongst Christians is what makes Me spue them out of mouth. SELFishness causes lukewarmness because you can’t serve two masters: God and SELF.

“Being lukewarm breeds bacteria. If hot you would push that poison out. Lukewarm means you adjusted to your environment and put Me out of your lives at different times. When you lose your salt, you’ve lost Jesus.”

I was surprised about the seriousness of SELF. Then God put different thoughts on my mind, some in the following pages. But it opened my eyes to SELFishness big time, and Jack and I are still repenting of even small ways it sneaks up on us and in us, especially Jack.



## **THOUGHT 3**

### **Peer Into Your Own Life**

It's so easy to see the sin of Selfishness in others, but not our own wonderful self. The book of James expresses how we can be at times:

He says (talking to Christians):

“What leads to strife (discord and feuds), and how do conflicts (quarrels and fightings) originate among you? Do they not arise from your sensual desires that are ever warring in your bodily members?”

“You are jealous and covet [what others have] and your desires go unfulfilled; so you become murderers. You burn with envy and anger and are not able to obtain [the gratification, the contentment, and the happiness that you seek], so you fight and war.

“...you ask God and yet fail to receive because your intention is [when you get what you desire] to spend it in sensual pleasures.” (James 4:2-3)

The Lord told us something one time that I'm aware of in seeing families together. We were asking regarding a husband's relationship with his wife (they had asked us to seek the Lord), and the Lord said: **“He loves his wife, but he loves himself more.”**

That is a profound statement to think about in relation to your own life. In many of our decisions and reactions we favor ourselves, and yes, we

would lay down our lives for our children. But... when confronted with even small issues, we snap or are crabby with our kids because of Self, you're bothering me and I've had a hard day. We're mad if they spill their milk or annoy us or take up our time or expect us to read or do homework (like maybe they expect their mother to be a mother; who else are they going to annoy)? Parents are tired and think I can't *always* treat them with love (why not? Self). My feelings can seem more important than consistently showing my children (or anyone) love and respect, not to mention kindness. Many parents love their children but in some respects love themselves even a little more, and their everyday choices point more to what they want to do rather than what is good for their children or others.

Many dads love their kids, cheer them at their sporting events, kiss them good night, but can

be rude, cutting, and sharp-toned at other times, like a rude “quit bothering me, I’m watching football, go play somewhere, anywhere.” I read somewhere, oh yeah it was in the Bible, Matthew 7:16-17, 20. One fruit of the Spirit of God is *kindness*, I heard that another fruit of the Spirit of God is *gentleness*, I read in Galatians 5 where *patience, self-control, and love* are expected out of your mouth if you are a Christian. If you can’t act this way you need to repent and get the fruit of a selfish Christian out of you. Or tell people you haven’t learned to act like a Christian yet, sorry for sending mixed signals and being a bad example.

## **THOUGHT 4**

### **Jesus, Our Example**

We all know that Jesus is our example, that we are “to walk even as He walked” (Jn. 2:6), that we are to be “conformed into His image.” It can sometimes sound so futuristic, like an unrealistic goal that God wants us to belly-crawl towards, but it’s the infallible Word of God, so keep climbing that mountain of holiness, which has no paths of Self. God actually tells us to “be holy as He is holy.” And then there is the admonition, “holiness without which no man shall ever see the Lord,” which sounds suspiciously abnormal and must mean when we get to heaven. But all my Bibles say

those Words in Hebrews 14:12 so it must be true.

“The Word of God is quick and powerful and sharper than a two-edged sword,” and you can feel a little piercing when you read certain scriptures like Romans 15:1-3:

“We who are strong [in our convictions and of robust faith] ought to bear with the failings and the frailties and the tender scruples of the weak; [we ought to help carry the doubts and qualms of others] ***and not to please ourselves.***

“Let each one of us make it a practice to please (make happy) his neighbor for his good and for his true welfare, to edify him [to strengthen him and build him up spiritually].

**“For Christ did not please Himself** [gave no thought to His own interests].”

Now if families and friends would take the following Word of God to heart, we would have harmony and peace in all our relationships. Romans 15:5-6:

“Now may the God Who gives the **power of patient endurance** (steadfastness) and Who supplies encouragement, grant you to live in such mutual harmony and such full sympathy with one another, in accord with Christ Jesus,

“That together you may unanimously with united hearts and one voice, praise and glorify the God and Father of our Lord Jesus Christ.”

Doesn't that sound peaceful? Maybe even fun. This is not possible if we choose SELF over unself. Unselfishness and peace live together. Self and anger and nervousness blend together really well. You can extract most verses from the Bible, examine them one by one, and if you remove your selfish ways from each one, the power in that verse will form itself into your life. If you add Self to your words, decisions, and actions, the power of darkness will overshadow your life.

“Patient endurance” takes actual “power” and God will supply it to you if you hunger for it.

**Mean, impatient, crabby, harsh, unkind words** should be extrapolated (intelligent sounding word) from your life. If you care to know my pet peeve this might be the Pet. I hate it when I hear parents sounding harsh and unkind to their kids (but of course sweet to their friends and pastor). I want to go up to them and say, do you real-

ize how much harm you are doing by your “shut up brats” tone? And of course offer to pray for their coarseness, ha. That crabby mean tongue should be swallowed down your throat to choke on until you learn to speak kindly. Especially if the kids aren’t doing anything evil or terrible, they just interfered with *your* selfish attitude of don’t bother me, I worked hard all day, so you guys all be quiet so I don’t wallop you (or similar displays of anger and temper against being disturbed).

Many people aren’t happy with their life, and bitterness and happiness come out of their mouth and atmosphere. They should carry this verse in their pocket and pull it out on shopping days with the kids. 1 Peter 3:10-12:

“For he that will *love life, and see good days,*  
let him refrain his [mean] tongue from evil,  
and his lips that they speak no guile.

“...Let him search for peace (harmony; undisturbedness from fears, agitating passions...and seek it eagerly. Do not merely desire peaceful relations with God, with your fellowmen, and with yourself, but pursue, go after them!

“For the eyes of the Lord are upon those who speak right” [and may I add, those who are curt, overbearing and no fun to be with] and His ears attentive to their prayer,” [one of our greatest needs].

**Be as nice to your kids every day  
like you are on vacation.**

Yes, you who are impatient and curt, God hears every word and all I can say is, like we used to say to our siblings years ago, “you’ll be sorry, I’m going to tell my dad.”

“Life and death are in the power of the tongue” (Prov. 18:21). So if you manly men want power, watch your words, speak kindness and wisdom, and everyone will appreciate your (manly) kindly power. You will be widely recognized as a virile understanding human. Your kids will brag that their dad never snaps at them like the other dads and has never once said he was going to throttle them if they didn’t stop fighting. Actually, you cave men (and loud-voiced women) should read the whole chapter of Proverbs 18.

Please take I Thessalonians 5:14-16 into your spirit, especially if you want to be more popular and loved by everyone. I had these verses taped to my cupboard for a while because I always like to try and convict everyone in my household:

“Encourage the timid & fainthearted, help and give your support to the weak souls,

and be *very patient with everybody, always keeping your temper.*

“Always aim to *show kindness* and seek to do good to one another and to everybody.

“Be *happy* in your faith and *rejoice* and be *glad-hearted continually.*”

So happy up parents and anybody reading this. Get the scowl off your face and act like you appreciate being alive: your kids will emulate you. Enjoy (that word is important) your outings and times with your family and invite yourself into the occasion instead of this big chore attitude and can't wait to get home to watch the Mariners, Seahawks, Donald and Hillary, all those people who are more meaningful to me at that time than my children. (Long true sentence.)

Impress your family and friends with your Christianity. You did tell them you were a born-again Christian didn't you?

I just noticed 1 Peter 3:8-9:

“All of you should be of one and the same mind, sympathizing with one another, loving each other..compassionate and courteous (tenderhearted and humble).

“Never return evil for evil or insult for insult (scolding, tongue-lashing, berating), but on the contrary blessing [praying for their welfare, happiness, and protection, and truly pitying and loving them]. For know that to this you have been called, that *you may yourselves inherit a blessing* [from God, as heirs, bringing welfare and *happiness* and protection].”

Those who truly love their family and others more than themselves will treat them just this way. If it doesn't seem possible now, desire and work toward it.

Apologize to those you mistreat.

Give serious consideration to yourSELF—which you do anyway—and see how you *really* treat everybody, and God means all the time, not just when you're in a happy mood.

So soldier on and God will give you the power to be kind and gentle. You know, like a “new creature in Christ.”

## **THOUGHT 5**

### **Ponder the Following Truths**

Ana Mendez Ferrell of *Voice Of The Light Ministries* said:

“The reason why we just receive revelation as with an eyedropper is because we live isolated under a structure of selfishness, of self-protection, with barriers that isolate us from one another. This is darkness that covers our heart. He who is in darkness can only see his own needs.”

See, truth doesn't have to be lengthy to be profound. She has a wonderful teaching on Communion which I read parts of whenever I take communion. Throughout the Bible God is trying to get our attention to walk in love—the opposite of SELFishness. Love is the greatest force in the universe, and as we set our hearts to walk in love, to see others' needs and actually try to take the time to help or pray for them, we are walking as Jesus walked. I know you hear sermons about love, but take the time to look up verses and ponder. I just looked in my concordance and love is mentioned in one form or another about 486 times.

Many people are insecure and want everyone to make them feel secure and loved. That's up to you and God to work on together if you stop getting offended over everything. Men, your masculinity will be attacked but deal with it like

the man you think you are.

God is earnestly trying to snap you out of your angry responses of don't bother me, and if I want to fill the atmosphere with my sullenness and hurt feelings, so be it, deal with it, I enjoy being a Tower of Oppression and see the scared looks of those around me that I might get upset.

Our brothers in the Lord have enough battles without us giving them another one by treating them less than kindly and compassionate. Love isn't only mushy: it turns a person from their sin. Love everyone in the sense of helping them, but hating the sin that is destroying them. Love transgressors, but for God's sake, and especially your own, don't be one. We all need to get a grip on what God wants, and has written in His Word for our lives, whether it's should I be a homosexual (no), should I be curt and surly to my kids (no), should I be self-centered (no); the Bible is clear

on the shoulds and the shouldnots.

I am not very profound but the Lord told me (spoke to my heart and I wrote) the following excerpts:

“When you start feeling down or depressed, think immediately what you can do for others and the darkness will leave. *It attaches itself to SELF.* Then people start thinking of how to please themselves to feel better and comfort the flesh instead of rising above the darkness of SELF and thinking of others. Send your light outward.”

“Cast off the shadow and stresses of  
Everyday Life

Let the joy of Life come in

Be patient, be kind,

And I will do anything for you.”

One morning I was reading Ecclesiastes 2:24-26:

“There is nothing better for man than to eat, drink, and to enjoy his work. I have seen that even this is from God’s hand. **For who can eat and who can enjoy life apart from Him.** For to the man who is pleasing in His sight [who walks in love] He gives wisdom, knowledge, and joy, but to the sinner [a selfish prig as they say] He gives the task of gathering and accumulating in order to give to the one who is pleasing [the unselfish] in God’s sight.”

You selfish ones are not going to like giving your stuff to the unselfish ones. You will be jealous of God’s favor on the laying-down-our-lives-for-the-saints people and start talking about them. I hope I have so much blessing on my life that selfish people will burn with envy and want to

change. Actually, being a deliverance minister I will offer to pray for them, no charge.

Heaviness of Life:

My daughter and I were having lunch one day and asked my husband (Jack, the Man) to enjoy it with us. When he sat down and joined us a foreign atmosphere came over the table and the fun wasn't welcome any more. He was talking about something that was bothering him, and the air was so negative I wanted to cast something out of him in Applebee's, but that isn't a lunchtime special there.

So the next morning I subtly brought it up and asked him if we could ask the Lord. We did and the Lord spoke in tongues and interpretation:

“The Lord says pray for this man that he would not let the *heaviness of life* influence him. There is a heaviness of life throughout this world, but believers need to resist and never let it take hold. This spirit of heaviness of life is in the world, and the Lord says people can resist, and this man needs to ask forgiveness for not resisting it. And he needs [and all God’s people] to learn to cast all his cares upon Me.”

I know you care, so will tell you that the Man can be fun-loving, but he had his seasons mixed up, like we all do at times.

So lighten up. There is a time and season for everything.



## **THOUGHT 6**

### **From Judah Smith of City Church, Seattle, WA**

Some members of my family attend *City Church*, and they appreciate the teachings of Pastor Judah Smith, also pastor to the *Seahawks* football team. The following are excerpts from two of his books, *Jesus Is...* and *Life is...*:

“The opposite of love is not hate; it is selfishness. Adam and Eve chose self over love. They chose self over God.

“Selfishness is the essence of sin. Think about it: How much of the pain and suffering in the world is not caused by natural disasters or by accidents, but by humans willfully pursuing their own desires? If we could simply follow the golden rule, treat others the way we would want to be treated, imagine what would happen to much of the evil in the world.

“Think about the contrast between Adam’s selfishness and Jesus’ love. Adam chose self and sin, and although his selfishness, evil entered the world. Jesus chose love over self and, through his love, the power of sin and evil was destroyed.”

Jesus said in Mark 8:34-37:

“Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?”

“Jesus was giving people an invitation to abundant life—not just to existence, but to abundant life. The only catch is, we get life via death. It’s a paradox. Jesus was saying that the way we typically think about life and satisfaction and fulfillment is backward.

“He was saying that *living selfishly will actually produce death*. It will steal our joy, steal our fulfillment, and steal our lives. However, if we deny ourselves, take up our cross, and follow him, we find life.

“We can strive and finally get everything we think we want, and it dawns on us this is not it and we still feel hollow and unsatisfied. Jesus was saying that even if we get what we want, when we want it, and how we want it, we’ll miss out on true life. We won’t find lasting satisfaction. Selfishness is never the path to happiness. It is actually a very real obstacle to living the abundant life God offers us through Jesus.

“So if selfishness produces death and dissatisfaction, what produces life? The answer is true, unconditional, sacrificial love. We lose our lives for ‘My sake and the gospel’s.’ Jesus is saying the motive for losing our lives is essentially love. We

consider Jesus; we consider the people who need to know about His love, His mercy, His story, and His salvation, and we are internally motivated to give our lives and find true life in Him.

“Love is the opposite of selfishness. Love gives; selfishness takes. Love thinks about others; selfishness thinks about itself.

“The problem is that, as human beings, we are not naturally loving, giving, and generous. We are selfish. Don’t take that personally; it’s human nature. We tend to be self-focused and self-absorbed. We were born that way. We have to learn to love and give and serve.

“The answer to many of our problems is simple: it’s thinking about Jesus more than ourselves. Jesus has to be first on a practical, emotional level—not just a mental agreement level—or complexity and fear and anxiety will begin to control our minds and hearts.

“I am frequently guilty of making myself first. Actually, I’ve been a prodigy from a very young age at considering myself first. No-one had to teach me or train me to do it. I was born with an immense capacity to think about myself first in every situation and circumstance.

“Imagine what our lives would look like if Jesus were first in everything, if He were the first thing we considered in everything, if He were the first person we vented to in every circumstance, if He were our knee-jerk reaction.

“Imagine if every time tragedy threatened, our automatic, immediate response was to think, *First, I’ve got to go to Jesus. First, I’ve got to talk to Jesus. First, I’ve got to trust Jesus. First, I’ve got to cast my cares on Jesus. Jesus is my source. Jesus is my answer.*

“That is far better than, *I’ve got to fix the problem and figure this out. I’ve got to have the answers*

*right now, for everything and everyone, or everything will fall apart.*

“When we keep Jesus first, the rest of life falls into place. Our stress level drops. Our pulse slows back down. The fear that paralyzed us evaporates, and we are free to evaluate and prioritize and maneuver through the speed bumps of life.

“Life makes more sense when we don’t make it about ourselves.”



**THOUGHT(S) 7**  
**Continue to Ponder**  
**on Bindings of SELF**

On March 16, 2016, Dr. Caroline Leaf posted on Facebook:

“Serving others is one of the best ways to improve mental health. Constantly thinking about your own issues, however, can cause damage in the brain. This is not surprising since we are created in the image of a loving God who came to earth as a *servant*.”

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C.S. Lewis said, “True humility is not thinking less of yourself; it is thinking of yourself less.”

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We were praying for a young person one day and the Lord told us that she, like a lot of people, live in their own world, and when anyone threatens this world they need to be straightened out.

That’s why people get so defensive, and even angry, when you disagree with them or try to instruct them—you’re interfering with the world they have built up and surrounded themselves with and love—that nature of SELF.

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Our ministry was discussing with someone that they were not doing God’s will in a certain situation. The Lord told us:

“The Lord says you’re getting into an area that the Adversary has always used since the beginning of time, and that is SELF. And one of the things that SELF does is convince you that you’re right. As you go on in this subject, you are going to learn much, and as you learn it you will be changed, and others around you will be changed too.

“The Lord has many truths in this area, and the Lord is more than willing to give you these truths because this is an area of deliverance that the world needs.”

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Kenneth Copeland of *Kenneth Copeland Ministries* says, “There are two major forces in this world: love and selfishness.”

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SELF will be multiplied in us as we give into it, like a creepy thing that pops out of us with our expressions of pain and sorrow if we're not having a good day or a good time or someone hurt our immature feelings. We sometimes want everybody to comfort us and give us a good time and we're not making the effort to comfort others or see that their time is good around you. This takes an effort of coming out of yourself and reaching out to those around you. I saw a sign recently, "Be like those you want to be around."

I read a quote by John G. Lake. [If you don't know who he is, look him up as his anointed life is inspirational.]

"The greatest manifestation of the Holy Ghost baptized life ever given to the world was not in the preaching of the apostles, it was not in the wonderful manifestations of

God that took place at their hands, **it was in the unselfishness manifested by the church.** Think of it! Three thousand Holy Ghost baptized Christians in Jerusalem from the day of Pentecost onward who loved their neighbor's children as much as their own, who were so anxious for fear their brethren did not have enough to eat, that they sold their estates, and brought the money and laid it at the apostle's feet and said: Distribute it, carry the glow and the fire and the wonder of this divine salvation to the whole world. Oh, I wish we could arrive at that place where our churches were **baptized in that degree of unselfishness."**

Write this out or tattoo it in red ink and tape it on your mate and kids' chest or forehead (doesn't matter):

**EVERYTHING YOU DO IS A SEED**

**EVERYTHING YOU SAY IS A SEED**

**Even your expressions are a seed**

**Everything that happens around you  
right now is a harvest of past seeds.**

**Think Seed All The Time!**

**What kind of harvest do you want  
from the seeds you plant?**

## **THOUGHTS 8**

### **and on and on and on**

I was contemplating how to break up the rest of the chapters to give a semblance of efficiency, and to have it all laid out professionally like the rest of the authors do that I read. It started to perplex me so I thought who really cares how organized it is if the thoughts are inspiring and typed in plain English for the readers. I will perhaps put some kind of symbol or line between the thoughts to help us out. Also, the word “self” is in many different forms to emphasize it; indecision plays a role in this.

When Jack and I were trying to get some people delivered from SELF, including ourselves because God brought it to our attention, the Lord spoke through tongues and interpretation the following:

“The Lord says you need to pray and ask the Lord to deliver you completely from SELF and the hold that SELF has had on you throughout your life.

“From the beginning babies cry for SELF, so you need, and all those that you come in contact with, to be delivered from that Spirit and that Tool of the Adversary, which is called SELF.

I may sound undelivered at times, but over the years God has taught me (us) many truths about deliverance. And always being in need of deliverance myself, I ferret out spiritual and self-im-

provement keys to appropriate in my life and give to others. I am 82 now and there are some challenges of faith to stay strong, healthy, and somewhat relevant. But I'm a Kenneth Copeland partner so always hear uplifting, doesn't-matter-how-old-you-are, messages from their ministry. The image of old age is not always pretty, and I would name the images but don't want them on my mind and to come on me while typing. (Kindof kidding.)

We gathered with others to pray concerning SELF. The Lord spoke through tongues and interpretation:

“The Lord says, the main thing through now and through life is that you believe that you can be changed, that you believe that you do not have to walk in SELF. There are many things in life that are envy

and jealousy, but the source of those, and others, is SELF, your SELF-will, wanting to do your will rather than Mine.

“So the Lord says there can be complete changes in your life if you believe, but if you do not believe there will be no change.”

“You need to pray and ask the Lord that you be not deceived, for there will be those that will take lightly of this, and they are deceived, so the Lord says pray and ask Me to move so they are not deceived but they accept it, they walk in it, and they receive the blessing. For the blessings, as I said before, only flow when you walk in the will of the Lord.”

On June 1, 2016, the Lord spoke to us:

“The Lord says to you, SELF is the only restriction that believers have in their lives, for many people seek Me and want deliverance and can do many of the things for deliverance, but you need to be empty of SELF for complete blessings and complete deliverance. Even in getting healed physically SELF can restrict.”

I love to admonish so I admonish you to not think more highly of yourself than you should but to be aware every day, and maybe hour by hour, of self, until some of yourself starts evaporating and your spirit gets stronger. By the sweat of your brow, try to be more conscious of everyone around you, to help them by words, and strain to lay aside your grumpy atmosphere because you'd rather be getting your long gummy fake nails

done than at least *trying* to have fun with your kids. And men are good at skulking around with a tense self-absorbed expression because they want to snack in front of the TV for the LPGA five hour golf tournament, the NBA finals, and no real man should miss the track meets, especially from Haywood field in Oregon.

We were praying for a selfish person and the Lord told us to pray against fear because selfish people have a fear they won't get their own way, and this person even had a fear that he would have to be pleasant and socialize at times when he didn't feel like it.

Selfish people sometimes bow down to self in social situations, get quiet and let the other person carry the load for conversation while they meditate on their selfish thoughts. Making the effort to socialize when Self isn't in the mood is too much of an effort for some. There is a time for

everything under the sun, and when you're with your family or others, that's the time to enjoy and put your social energy into it.

It does take some outgoing energy—particularly if you're not used to it—to encourage everybody you're around. Being social is more important than you think: you may be rich or handsome but if you don't care or don't know how to socialize there is a lack in you. Pleasant words have a power to help people.

We can have so much self-awareness and how our flesh feels that we're not aware of the atmosphere and how the people around us feel. Our selfish feelings fill us and we won't allow ourselves to be aware of the needy feelings of others to be able to help them, even by a few words, “an apt word spoken at the right time—how good it is!” (Pr.15:23). “Pleasant words are as an honeycomb, sweet to the soul, and health to the bones,” (Pr.

16:24). So get out of yourself and let your spirit man prevail.

Remember this: Our whole reason for being here is to help, edify, exhort, and even rebuke people to help them, bless them, strengthen them, and prepare them for eternal life. Jesus, our Example, “went about doing good, healing all that were oppressed of the devil; for God was with Him” (Acts 10:38).

You turn into what you love and give attention to. If you don't get rid of Self, it will multiply in you choice by choice, thought by thought, until you *become* Self (I keep emphasizing this in different ways). Many of our kids now have everything their selfish hearts desire, and a much higher standard of living than their parents did at their age. They don't have to strive and develop grit to get things; we hand it to them without proper responsibility or teaching And are they happy?

Many have a sullen look, and you recognize the brat (not my child) who didn't get their way that day.

It is sad they don't know how to work up joy and strength in themselves to combat the flesh. It's a bored generation, and the Church hasn't always done an inspiring job of teaching and showing them that God is exciting, fun, and more rewarding than anything else they could give their heart and life to.

The Lord told me in my writing that "Self is strong and mighty, of fierce anger when challenged, and a warrior in full battle when confronted."

If you go to bed selfish you get up selfish. Some Christians say their prayers, read their Bible, don't fornicate or swear, so of course put themselves in the good-Christian category. But take stock of the rest of the day, your choices, your words, your

heart attitude. How much is peaceful, loving and helpful? Do you share yourself with those around you?

I'm a believer in non-gluttony. I wasn't always that way because I could glutton down and not gain weight (many have been jealous of me because of that, which I have tolerated, and continued to eat fried chicken and any dessert, in front of them). I have since changed my eating habits and my attitude toward those that were jealous of me. My grandson is a naturopath doctor so we park behind McDonald's in case he goes by. (This is a rare case but sometimes the golden arches are handy.)

The impression of a Christian is improved if they are not overweight. Because of getting older I am more aware of older people with plenteous bellies and grease spots down their front. I admonish my husband to quit wearing baggy old-

man pants. Don't let Self slob you down as you get older. Christians should look presentable and not too historic (I love the comb over cuts for the guys now).

Perry Stone tells the story of a man going to cast a demon(s) out of a boy. The spirit spoke to him through a door and said, "I'm not going to obey you, you're too fat." The minister went home, fasted for a while, went back some time later and cast the spirit out. There is something to be said for being lean and mean.

The Lord told us at one of our home meetings:

"In most marriages people allow things to come in, which is always Self, and Self rules and reigns in many marriages. So the Lord says, if you will crucify the flesh, Self will not come in and *it will never have power because you crucify it whenever it raises up.*"

My son [a spiritual son] just stopped by while I was typing on this and we got to talking about how many people's conversation is all about themselves and they don't ask any questions about you, and your whole non-precious time with them is all about their pets and problems. We have had friends stay with us for a few days and they never ask one question about our ministry, etc., even after hours of conversation. And we truly are interested in their life, kids, and ministries so have many questions for them. My son said some of his friends are interested in his life like he is theirs so they have fruitful conversations.

Creepy thought: A well-known minister said the Lord told him, "*Self-focus is a form of cannibalism. Continuously feed on yourself, and you'll get sick.*"

## **THOUGHTS 9**

**and on, etc., etc.**

### **Tunnel Vision:**

I had a vision, yes, I have visions (not a ton), and they are from God. You may not believe that or care, but they are. I was looking out a window by the anointed place I sit and read godly things, like a Bible, and meditate. I saw:

A long tunnel that kept narrowing, at the end of the tunnel a person was sitting on a chair, one leg over another, relaxed and didn't seem to know they were in a tunnel.

Then I had the words “tunnel vision.” The dictionary said re tunnel vision: “drastically narrowed field of vision, as in looking through a tube (tunnel).” Also, “narrow-mindedness.”

The meaning was that a person can be surrounded by a tunnel of self-centeredness: not even realizing it because the person at the end of the tunnel is happy there. The tunnel can blind them to finding the strength to encourage and help others, even in their own family.

Down through the years the person allows himself to be pushed back further in the tunnel, and every act of self-centeredness or not caring or lackadaisicalness helps complete the covering. The person can actually like the tunnel and be comfortable in their self-absorbed personality, and get used to tossing things off of them that would require effort and strength on their behalf.

If I were praying with someone along this

line that wanted deliverance I would have them say they do not want to be in a comfort tunnel, like womb [self], but to come out of themselves and use their strength to help others. These tunnel people can disdain or avoid others that don't make them happy. People, especially the family, may yearn for their true company, instead of a person too busy or detached to put themselves out for them. People build up a self-personality that's hard for even God to break through. And they are usually very opinionated.

So this person needed to come out of the tunnel of self-centeredness, close the door behind them, and look around through eyes of love and caring. It's good for everybody to get over expecting much to be done for them, while they do little for anyone else. Those of us who have people in our life like this, we would like to sincerely say to you get over it! Thank you.

So take this subject seriously, be aware daily of the hold SELF might have in and on you, and change to where you live to please others. I like to say that perhaps men are more skilled at being jerks than women, but I would be sued for showing favoritism, being unfair, racist, or worse, being truthful.

You will help be an example to those around you if you separate yourself from any habits or way of life *that would harm anyone*. Of course that would include smoking, swearing, and possibly making faces at others. But, seriously, the Lord has told us “**The way you lean is the way you fall.**” That is a profound statement.

If you lean toward pornography, gossip, sexual perversion, drinking, etc., that could be the opening the Adversary uses to make you fall. These are traps, and I might add accepted traps in much of the body of Christ. I fell into the drinking wine

trap after becoming a Christian and like one well-known pastor said, “It is a dangerous liberty.” But actually the wine was delicious, and you weren’t quite yourself, which was a blessing, but now I’m cautious of anything that would change my thinking or emotions. And don’t allow yourself to get hypnotized at the fair or anywhere.

In case you’re curious, I did not fall into a perversion trap, but pray for those who do. Some of the younger people in the church today think the values that older Christianity had are out of date, old-fashioned, and not trendy. That is a trap.

I don’t see many miracles, healings, and supernatural manifestations of God because of the liberality. The church today has made many improvements in their social, come as you are, fun times, and seeker-friendly attitudes and programs, praise God. But you modern Christians, don’t discount the old-time Christian values of holiness.

They didn't have the espresso bars and chic surroundings, but many had miracles and healings that we don't see in most churches today.

SELF will not allow you to do or be anything that will cause your brothers to stumble. That's a good rule to what you allow into your life. There are many scriptures on this, like Romans 14, especially verses 15 and 21:

“But if your brother is being pained or his feelings hurt or if he is being injured by what you eat, then you are no longer walking in love. [You have ceased to be living and conducting yourself by the standard of love toward him.] Do not let what you eat hurt or cause the ruin of one for whom Christ died! The right thing is to eat no meat or drink no wine [at all], or [do anything else] if it makes your brother stumble or hurts his conscience or offends or weakens him.”

I don't judge those who chow down or drink wine (because I know it's delicious and makes you feel lighter), but I will say again, think twice about everything you do or say; and without preaching, your example will be a help to everyone. At least you won't have to feel guilty about being a bad example. Gird up the loins of your whole life (whatever all that means).



## **THOUGHT 10**

### **Get Delivered**

The main tool that will get you delivered from Self is you recognizing it, wanting it, asking God about it, and pursuing the freedom from you, you, you...

SELF will definitely push you away from God and those around you. The heart of God is our freedom, and SELF is our biggest enemy. We are made in His image and to have dominion over the problems of life, and many of our problems are caused by SELF. I was happy when I learned that Jesus proclaimed deliverance to the captives,

and SELF is pretty captivating to the selfish person.

Years ago a prophetess we knew prophesied and in it God said, “Selfishness comes up as a stench to Me.”

Many have a Spirit of Self in them. This can be cast out. Casting out spirits is explained in chapter 6 of *Get the Hell Out so Heaven Can Come in*, a *Lite of Life* book which can be downloaded from our website. There is a Strongman and Stronghold of SELF, explained in chapter 7 of the same book. It can be like an actual plague in some people’s lives. Our very favorite prayer is the Iniquity/Conception prayer, explained in chapter 26 of our book, *The Blessing, What Did God Speak?*

When the Lord quickened to us the importance of walking in the Spirit constantly and not giving in to the flesh, we were seeking Him on it,

and He spoke through tongues and interpretation:

“The Lord says you need to pray and ask the Lord to deliver you completely from Self and the hold that Self has had on you throughout your life.

“Right from the beginning babies cry for Self, so you need, and all those that you come in contact with, to be delivered from that Spirit and that Tool of the Adversary, which is called Self.”

A good source of deliverance that Jack and I (and consequently our family and friends) have discovered recently has to do with emotional deliverance. Many Christians have their act (or God's) together in some ways, but have emotional weaknesses, which are embedded in their cells and cause them to react

in negative ways. In other words, toxic emotions (taught by Caroline Leaf also). The following ministry has been a help to us, our family, and others. This ministry was brought to our attention because of the endorsement of Sid Roth, Host of the TV program, *It's Supernatural*.

It's the ministry of Dennis and Dr. Jen Clark. The Clarks founded *Full Stature Ministries*, are pastors at *Kingdom Life Church* in Fort Mill, South Carolina. [www.forgive123.com](http://www.forgive123.com) and [www.kingdomlifechurch.us](http://www.kingdomlifechurch.us).

We started out with the book *Releasing the Divine Healer Within*, which can be ordered with three CD's of the same name.

We also used their other materials connected with inner peace and healing, the books *Practicing God's Presence 24/7*, *The Supernatural Power of Peace*, *Deep Relief Now*, and their other CD's. Order away. These will help you to be a de-

sirable Self. Your cells that have been traumatized by your angry outbursts, fears, worries, and depression will love you for it. Interesting fact: Our bodies have approximately 50 to 75 trillion cells, and each one could survive on its own if removed and put in a Petri dish. What a Creator! Think of what our precious cells have been through. They need peace, and this teaching will tell you how to have happy cells. I encourage you to get their material. It's easy to understand and do.

We are also enjoying the ministry of *Corey Russell*, a member of the senior leadership team of the International House of Prayer under Mike Bickle (IHOP).

The Lord told us on January 5, 2016 when Jack and I were discussing the importance of this subject:

“You need to pray and ask the Lord that you be not deceived, for there will be those that will take lightly of this, and they are deceived, so the Lord says pray and ask Me to move so they are not deceived but they accept it, they walk in it, and they receive the blessing. For the blessings, as I said before, only flow when you walk in the will of the Lord.”

Don't be deceived into thinking more highly of yourself than you ought, o.k.?

Well, I think I have really tried to help you selfish or part-time selfish people out there. I am practicing and trying to apply all that this book teaches. (And because of this I think if you knew me you would like me.) Just retain the fact that all the pride, snits, bloviating, unhappiness, and self-serving has to be released from your life so people will love you as much as you love your

own way and desires, or, sorry, used to put yourself first..

The deepest deliverance help I can give you is to be open to change, pursue it, and when God gives you something for healing or convicts you of walking in the flesh, tell Him you're really sorry and pursue changing for the better. Don't be complacent, and speaking of complacency the Lord gave us a little teaching on it, which is on our website.

We pray for all our readers, and we would appreciate your prayers. Thanks for being a part of my life.

It's time to be a Happy Self,

Sister Nancy

Nancy has authored:

***Get a Better Life***—mainly for women on how to obtain a better family, home, and social life.

***Twinkle Twinkle Little Star***—mainly for women on how to appreciate and be fulfilled in their own life.

***The Chocolate Cake Principle: Feasting on the Presence of the Lord***—will help you appreciate and obtain the presence of the Lord. Published by Zulon Press.

***Multiplying the Bread of Life***—expanding and enriching your prayer life.

***Remember Love***—good reminder on importance of love (which never fails!).

***Christ in Hell***—treasures about Christ's burial in hell after the Cross.

***Life in the Death Rattle***—a real death and life family experience.

***Get the Hell Out so Heaven Can Come In***—*deals with deliverance from curses/bad things.*

***Victory is the Eye of Every Battle***—*how to avoid and get through our battles.*

***The BLESSING: What did God Speak?***—*The BLESSING spoken to Mankind.*

***Bad Sex Stuff***—*you can figure the contents from the title.*

***Don't Wake up in Hell Thinking You Were on Your way to Heaven***—*scary.*

***The Packed Empty Church***—*good teaching on the Baptism of the Holy Spirit.*

***The Throne of SELF***—*examine your selfish ways, change, & surprise everyone.*

There have been publishing offers on these books, and some have been published, but we prefer spending our funds on self-publishing. These books, and further deliverance information, can be downloaded from our website [liteoflifeministries.com](http://liteoflifeministries.com). If you are unable to download this book, write to us and we will mail you a free copy. These *Lite of Life* books have been featured in five *Charisma* magazines, *Ministry Today*, and *Discipleship Journal* magazines.

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