NAME	PROVINCIAL HEALTH NUMBER
DATE OF BIRTH	AGE
ADDRESS	CITY/TOWN
TELEPHONE (C)	POSTAL CODE
(C)(W)	OCCUPATION
EMAIL	
Is this a work related injury that may involve WCB? N Y	Does this visit involve SGI? N Y Claim Number
Are you a member of VAF/CAF/RCMP/DND? N Y	Current Medical Doctor
HEALTH INFORMATION	
Reason for your clinic visit today?	
When did this discomfort initially present?	What brought this discomfort on?
Have you seen any other health care professionals for this	s discomfort? N Y If yes, describe
Have you had: X-rays? N Y Date & findings	
CT? N Y Date & findings _	
o =	
Is this discomfort interfering with: Work? N Y Daily Rou	utine? N Y
Do you sleep well? N Y Circle sleep position: Side	Back Stomach Are you pregnant? N Y
Any personal injury or motor vehicle collision? N Y Date	e and nature of injury
Any surgery? N Y List Any med	ical conditions? N. V. List
Any hardware (plates, pins, screws)? N Y Location	Any electrical devices such as a pacemaker? N Y
List your prescribed and non-prescribed medications	
Do you participate in regular exercise? N Y Examples of	
Alcohol /day Coffee/Tea/Cola /day	Tobacco /day
Any unexplained weight change? N Y	

Using the chart below, indicate any health conditions in your family:

FAMILY	AGE	HEALTH ISSUES
Father		
Mother		
Brother(s)		
Sister(s)		

Using the body diagrams, mark the areas of discomfort:

RIGHT SIDE BACK FRONT LEFT SIDE LEET RIGHT RIGHT LEFT UM

Circle the words that describe the discomfort:

Dull	Ache	Stiff	Tight
Sharp	Numb	Bu	rning
Electric	Tinglir	g	Throbbing

Circle the number(s) that represent the general intensity of your discomfort at its best & worst:

0	1	2	3	4	5	6	7	8	9	10	
No Pain									Severe Pain		

CIRCLE the conditions you PRESENTLY experience and UNDERLINE the conditions you experienced in the PAST:

	_
General Symptoms	
Fever	
Weakness	
Nervousness	

Endocrine

Night Sweats

Diabetes Thyroid

Muscles & Joints

Joint Pain Stiffness Swelling Redness Arthritis Fractures Foot discomfort Spinal curvature

Gastrointestinal

Ulcers Nausea Vomitina Jaundice Gallbladder Hemorrhoids Poor appetite Stomach pain Bowel control Excessive gas Excessive hunger Constipation/Diarrhea Cardiovascular Stroke Chest pain Heart disease Varicose veins Ankle swelling Atherosclerosis Bleeding disorder High blood pressure Elevated cholesterol

Respiratory

Asthma COPD Emphysema Chronic cough Spitting up blood Spitting up mucus Shortness of breath

Eyes, Ears, Nose, Throat

Vision - double or blurred Eye pain Hearing - ring/buzz, loss of hearing Ear pain Nose - loss of smell Throat - pain, hoarseness Sinus infections Enlarged glands Seasonal allergies Difficulty speaking or swallowing Neurological Dizzy Fainting Seizure Clumsy Headaches Concussion Cold hands or feet Numbness or Tingling

Genitourinary

Bedwetting Blood in urine Prostate issues Kidney/Bladder infection Frequent urination Bladder control Urination - painful, difficult

For Women

Irregular cycle Breast lumps Cramps/Backache Painful menstruation Menopausal symptoms

Is there anything concerning your health history that has not been asked?