

# Winter / January 2022 Newsletter

Envisioning a world where everyone thrives!



**Happy New Year!**

*Envisioning a world that works for you and everyone else*

Herewith our prayer for 2022 & beyond.

**1**

## VIRTUAL HOLISTIC YOGA

Available 24/7 for Free via  
Pre-recorded Video Sessions

**2**

## HOLISTIC HEALING MEDITATION PROGRAM

Live Zoom Sessions available on  
Request

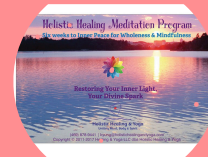
**3**

## GIFT TICKET SWAP MEETUP

Sunday, January 23rd, 2022  
2pm-3pm (CST)  
Live Zoom Session



**Virtual Holistic Yoga  
Program available  
24/7**



**Holistic Healing  
Meditation Program  
available on request.  
Learn more here**



**Gift Ticket Swap  
Meetup  
at 2pm(CST) on  
Sunday, January  
23rd, 2022.  
RSVP here.**

- *May we remember the beginning*
- *May we heal ourselves of all that is not at ease within*
- *May we see the infinite possibilities that lie before us*
- *May we choose our thoughts carefully*
- *May we choose our words carefully*
- *May we focus our attention to that which we truly want*
- *May we take action every day towards our vision*

With love & blessings,

**Kyung & Seagan Yi-O'Kelly with Ari & Geri**

Your partner in Our Healing Journey

Holistic Healing & Yoga, Uniting mind, body & spirit

Divine Spark Allies, Envisioning a world where everyone thrives

