

Menus

School: Cowgill R-VI School

Meal: All

Month: September 2021

Academic Year: 2021-22

September				
M	Tu	W	Th	F
30	31	1	2	3
6	<p>Breakfast: Sausage Biscuit Juice or Fruit Milk</p> <p>Lunch: Cheeseburger, Chips & Peaches</p>	<p>Breakfast: Breakfast Pizza Juice or Fruit Milk</p> <p>Lunch: Breakfast Burrito, Tri-Tater, Yogurt & Mandarin Oranges</p>	<p>Breakfast: Egg & Cheese Biscuit Juice or Fruit Milk</p> <p>Lunch: Tuna Casserole, Peas & Applesauce</p>	<p>Breakfast: Donut & Yogurt Juice or Fruit Milk</p> <p>Lunch: Uncolored, String Cheese, Baby Carrots & Banana</p>
<p>Breakfast: Muffin & Yogurt Juice or Fruit Milk</p> <p>Lunch: McRibb, Mixed Veggies & Pears</p>	<p>Breakfast: Sausage Biscuit Juice or Fruit Milk</p> <p>Lunch: Burrito, Corn, String Cheese & Cinnamon Apples</p>	<p>Breakfast: Breakfast Pizza Juice or Fruit Milk</p> <p>Lunch: Sweet & Sour Chicken, Broccoli, Rice & Pineapple</p>	<p>Breakfast: Egg & Cheese Biscuit Juice or Fruit Milk</p> <p>Lunch: Corn Dog, BBQ Beans & Applesauce</p>	<p>Breakfast: Donut & Yogurt Juice or Fruit Milk</p> <p>Lunch: Chef Salad, Crackers, Banana & Cookie</p>
<p>Breakfast: Muffin & Yogurt Juice or Fruit Milk</p> <p>Lunch: Pizza, Corn & Applesauce</p>	<p>Breakfast: Sausage Biscuit Juice or Fruit Milk</p> <p>Lunch: Grilled Chicken Sandwich, Carrots & Mandarin Oranges</p>	<p>Breakfast: Breakfast Pizza Juice or Fruit Milk</p> <p>Lunch: Beef Taco Salad, Black Beans & Cinnamon Apples</p>	<p>Breakfast: Egg & Cheese Biscuit Juice or Fruit Milk</p> <p>Lunch: Meatball Sub, Green Beans & Peaches</p>	24
<p>Breakfast: Muffin & Yogurt Juice or Fruit Milk</p> <p>Lunch: Hot Dog, BBQ Beans & Pears</p>	<p>Breakfast: Sausage Biscuit Juice or Fruit Milk</p> <p>Lunch: Creamy Chicken Over Biscuit, Applesauce & Brownie</p>	<p>Breakfast: Breakfast Pizza Juice or Fruit Milk</p> <p>Lunch: Shrimp, Peas, String Cheese & Tropical Fruit</p>	<p>Breakfast: Egg & Cheese Biscuit Juice or Fruit Milk</p> <p>Lunch: Deli Sandwich, Chips & Banana</p>	<p>Breakfast: Donut & Yogurt Juice or Fruit Milk</p> <p>Lunch: Honey Baked Ham, Green Beans, Mashed Potatoes, Gravy, Rolls & Peach Crisp</p>