



### **COACHING SERVICES**

- Holistic Life Coaching: \$125/Session
  - o Six Pack- 10% discount (save \$75): \$675
- Career Coaching: \$150/Session
  - o Includes Resume Help and Branding Support
- Leadership Coaching:
  - o New to Mid-Level Managers: \$200/Session
  - o Senior Leaders: \$300/Session
- Workshops and Seminars—Customized to Event.

### **WELLNESS SERVICES**

- 60 Minute Reiki Treatment: \$85 (all reiki treatments include reiki infused water, reiki card reading, and hot stones)
- 90 Minute Reiki Treatment: \$110
- Aromatic Scalp Massage: \$75 (includes all essential oils, hot and cold towels, hot stone trigger point therapy, and lemon water).
- Infrared Sauna Salt Cave: \$45 (includes fruit infused water and peppermint oil cold towel)
- Ionic Foot Spa Detoxification: \$45 (includes probiotic drink and 5 minute CBD foot rub)
- Personalized Visualization Meditation: \$40 (customized in advance to individual)

### **STANDARD PACKAGES**

- #PurposePackage
  - o \$1,500 for 3 Months
  - o Bi-Weekly Career Coaching, Resume, Interviewing & Negotiation Help
- #Passion Package
  - o \$300/Retreat
  - o Holistic Life Coaching, Reiki, Meditation- Tea, Sound Healing, 7 Day Follow Up
- Sweat & Soak
  - o \$80
  - o 30 Minute Sauna Salt Cave and 30 Minute Ionic Foot Detox Bath (probiotics, lemon water, cold towel, and 5 minute foot rub included)
- The Tranquil Trio
  - o \$160
  - o 50 Minute Aromatic Scalp Massage, 30 Minute Sauna Salt Cave and 30 Minute Ionic Foot Detox Bath
  - o Refreshments, hot towel and hand massage, cold towel, and 5 minute foot rub included
- North Country Community Wellness Membership (billed monthly or annually)
  - o \$190/month
  - o 1 Coaching session per month of your choice (holistic life, career, or leadership)
  - o 1 Wellness service per month (Reiki, Scalp Massage, Foot Detox, Meditation, Sauna Salt Cave)
  - o Additional coaching sessions only \$100/session
  - o Discounted events



## **PRODUCTS**

- CBD For Life
  - o CBD Body Lotion: \$22
  - o CBD Foot Cream: \$20
  - o CBD Lavender Rub: \$25
  - o CBD Topical Spray: \$26
  - o CBD 300mg Tincture: \$40
  - o CBD 600mg Tincture: \$75
  - o CBD Oral Spray: \$25
  - o CBD Bath Bomb: \$12
  
- LifeVantage Retail
  - o AXIO: \$64
  - o Omega+: \$50
  - o Probio: \$54
  - o PhysIQ Prebiotic: \$54
  - o PhysIQ Fat Burn: \$65
  - o Protandim NAD Synergizer: \$65
  - o TrueScience Anti-Aging Cream: \$89
  - o Petandim for Dogs: \$35
  
- LifeVantage Monthly subscription via Website
  - o AXIO: \$50.99/Monthly
  - o Protandim Duel Synergizer: \$85.99/Monthly
  - o Protandim Tri-Synergizer: \$127.99/Monthly
  - o Ultimate Stack: \$239.99/Monthly
  - o Omega+: \$40.99/Monthly
  - o Probio: \$40.99/Monthly
  - o PhysIQ Prebiotic: \$40.99/Monthly
  - o TrueScience Anti-Aging Cream: \$70.99/Monthly
  - o Petandim for Dogs: \$25.99/Monthly
  
- Solvasa
  - o Golden Moment Turmeric Elixir: \$38
  - o Crystal Energy Wand: \$200
  - o DeStressance Serum Glide: \$85
  - o Destressance Wand Duo: \$220
  - o Golden Harmony Cleansing Mask: \$41
  - o Clarity Soothing Eye Wipes: \$38
  - o Breathe Mindful Oil: \$44

