

Sprague Racquetball 2022-2023

SpragueRball.com

Group Messaging!
Join by texting
@rball2223 to 81010

Coaches

Bill Edmiston	503.780.3575	Bill@SpragueRball.com
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Eric Nelson	503.508.9075	Eric@SpragueRball.com
Dan Arnold	503.949.4111	DanA@SpragueRball.com
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Ryan Edmiston	503.991.1331	Ryan@SpragueRball.com
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Tucker Elkins	971.283.1211	Tucker@SpragueRball.com
Lisa Edmiston	503.510.2709	Lisa@SpragueRball.com

Practices

Sun 2-4 @ South Dan A / Nate	Sun 4-6 @ South Don / Eric	
Tue 6-8 @ South Drill and Games	Wed 7-9 (6:30) @ South Don / Arash / Ryan	Thu 6-8 @ South Bill
<p>Note: Practice times will be adjusted as the season progresses. Please attend the practices you are assigned to, ask permission if you want to attend a different practice, and always let a coach know if you are unable to make your assigned practice. Your two practices a week are considered mandatory! Be 10 minutes early so you can be ready on-time!</p>		

Events

September	28, 30	First practices!
October	9 th	Registration forms for league are due – bring to practice! [\$60]
	10 th	Gear Store Closes (Click gear store from the SpragueRball.com menu)
November	10th - 13th	ORA Tournament – Turkey Shoot– Sunset Athletic Club
	19th	League Match #1
December	1st-4th	ORA Tournament - John Pelham Tournament of Champions - MAC
	10th	League Match #2
	17st	League Match #3
January	14th	League Match #4
	5 th	Player/Parent Mtg about State [\$50]
	9 th	Gear Store Closes (Click gear store from the SpragueRball.com menu)
	25-29th	High School State Championships (Portland site TBA)
February	2 nd	Nationals Money due [\$150ish]
	2 nd	Josh Nelson Scholarship Application Due
	16-19th	ORA Tournament - Beaver Classic at Timberhill
	TBA	High School National Championships (MAC - Portland)
March	15-19 th	ORA Tournament – Oregon State Championships
April	9 th	Sprague Rball Year-End Potluck!
	19 -23rd	ORA Tournament – Regionals – Cascade Athletic Club
May	TBA	Josh Nelson Memorial Tournament!

Note – **Bolded** events are considered mandatory team events

www

Use our Web Site for Match Times and Locations

www.SpragueRball.com

The up-to-date source for notices/forms/calendar/pics

Oregon Racquetball Web Site

www.highschoolracquetball.org

(match locations and times will also be posted here)

www.facebook.com/SpragueRball * [Instagram/spraguehs_racquetball](https://www.instagram.com/spraguehs_racquetball)