

# Sermon Notes for Young People

July 7, 2019 | Col. 2:18-23, "Worldly Religion"

## I. **Introduction:**

**A. What are the stages of Paul's attack on False Teaching in Col. 2:8-23?**

**B. Why are all the attempts and methods of the false teachers aimed at higher spirituality in vain?**

## II. **Main Argument**

**A. Against Self-Worship (vv. 18-19): Mysticism**

1. Umpires (v. 18): what is mysticism?
2. Three Obsessions of the False Teachers (v. 18)
  - a. Obsessed with false \_\_\_\_\_
  - b. Obsessed with worship of \_\_\_\_\_
  - c. Obsessed with their own \_\_\_\_\_
  - d. **Application**: Genuine spirituality must never be confused with what?
3. Justification (vv. 18-19)
  - a. Rather than being humble, what are they?
  - b. What do worldly people want?

4. Gospel Growth (v. 19)

- a. What were the food laws of vv. 16-17 designed to do for Old Covenant Israel?
- b. What does "Christian" mysticism do?
- c. **Application**: How are food laws and mysticism contrary to the ultimate work of Christ?

**B. Against Worldliness (vv. 20-23): Asceticism**

1. Understanding Christ's Death (v. 20)
2. Rules to Disregard (vv. 21-22)
  - a. Why do the immature need more rules?
  - b. How does Paul mockingly summarize the regulations of the false teachers?
3. Result of Regulations (v. 23)
  - a. What is *asceticism*?
  - b. What do all these rules and practices actually do to the (sinful) desires of the flesh?
  - c. How does the Lord's Supper confront us with the necessity of God's saving grace in Christ?

**III. Questions** for my Parents or the Pastor: